

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<u>January Birthdays</u> 1/01 Vicky Furgal 1/10 Burgess Mehrhoff 1/12 Anne Mowry 1/27 Celine Murphy 1/28 Robert Gabosh	1831 N Jasper Dr Flagstaff, AZ 86001 928-660-6898	"May the year ahead be filled with moments that matter."	Happy Birthday Vicky Furgal! 10:30 Coffee and Treats w/ a Manager! 10:30 Pray the Rosary 11:15 Learn Something - New Year's 1:00 Texas Hold 'Em 3:00 "No Hour Like Happy Hour" with Terry Alan	10:00 Balance & Bloom 11:15 Coffee & Upcoming Activities 12:00 Bookmobile!! 1:00 Blackjack with Joe 2:00 Mall Outing 4:00 Bingo	10:00 Jeopardy! 11:15 Be Prepared to Take the Stairs 1:00 Rumikub 2:00 Mexican Train 3:00 Snazzie Snacks & Store w/ Highgate Bucks!
9:30 Catholic Communion 11:00 Trivia Trek 1:00 B-I-N-G-O! 2:15 Cocoa Cart 2:15-2:30! 3:00 Hymns with Grace Church	10:00 Balance & Fall Prevention 11:15 Trivia - Guess the Song: 1950's 1:00 Blackjack 2:00 Christian Fellowship with Pastor Lauren 2:00 Mexican Train 2:00 Veteran's Cafe 3:30 Family Feud	10:00 Self Care Station - Hand Warmers 10:00 Tear Soup - Grief Discussion 11:30 Resident Ambassador Lunch 1:00 Bingo with Compassus 2:30 Music with Meghan 4:00 Wheel of Fortune!	10:00 Fry's Shopping Outing 1:00 Brainy Steps 2:00 Scrabble 4:00 Tech Support - Bring your devices	10:30 Coffee and Treats w/ a Manager! 10:30 Pray the Rosary 11:15 Learn Something - Square Dancing 1:00 Texas Hold 'Em 3:00 "No Hour Like Happy Hour" with Steve & Justin	10:00 Balance & Bloom 11:15 Coffee & Upcoming Activities 11:45 Lunch in Winslow at The Turquoise Room 1:00 Blackjack 3:00 Monthly Birthday Celebration	Happy Birthday Burgess Mehrhoff! 10:00 Jeopardy! 11:15 Be Prepared to Take the Stairs 1:00 Rumikub 2:00 Mexican Train 3:30 Arts & Crafts with GG 4:00 Music with B!
9:30 Catholic Communion 11:00 Trivia Trek 1:00 B-I-N-G-O! 2:15 Cocoa Cart 2:15-2:30! 3:00 Sunday Service with Bridge Church	Happy Birthday Anne Mowry! 10:00 Balance & Fall Prevention 11:15 Brain Games: Word Peck & Crossword Puzzles 1:00 Blackjack 2:00 Mexican Train 3:30 Family Feud	10:00 Self Care Station - Lavendar Sachets 1:00 B-I-N-G-O!! 2:15 Micheal Douglas Series - The Kominsky Method 3:00 Resident Council Meeting 4:00 Wheel of Fortune!	10:00 Homegoods & Ross Trip! 1:00 Brainy Steps 3:30 Flagstaff Symphony Orchestra's very own pianist: Sandy!	10:30 Coffee and Treats w/ a Manager! 10:30 Pray the Rosary 11:15 Learn Something - Bowling 1:00 Texas Hold 'Em 3:00 No Hour Like Happy Hour w/Doug Morgan	10:00 Balance & Bloom 11:15 Coffee & Upcoming Activities 11:45 Men's Luncheon with Joe 1:00 Blackjack 1:00 Book Club 2:00 Trip to the Library! 4:00 Bingo	10:00 Jeopardy! 11:15 Be Prepared to Take the Stairs 1:00 Rumikub 2:00 Mexican Train 3:00 Snazzie Snacks & Store w/ Highgate Bucks!
9:30 Catholic Communion 11:00 Trivia Trek 1:00 B-I-N-G-O! 2:15 Cocoa Cart 2:15-2:30!	10:00 Balance & Fall Prevention 11:15 Trivia - Martin Luther King Jr. 1:00 Blackjack 2:00 Christian Fellowship with Pastor Lauren 2:00 Mexican Train 3:30 Family Feud	10:00 Self Care Station - Shower Steamers 1:00 Bingo with Samantha! 1:30 Infinity's Brain Yoga 2:15 Micheal Douglas Series - The Kominsky Method 4:00 Wheel of Fortune!	10:00 Walmart Shopping Outing 1:00 Brainy Steps 4:00 Music with B! 4:00 Tech Support - Bring your devices	10:30 Coffee and Treats w/ a Manager! 10:30 Pray the Rosary 11:15 Learn Something- Podcast: The Golden Gang 1:00 Texas Hold 'Em 3:00 Happy Hour w/ SE Willis - Blues	10:00 Balance & Bloom 11:15 Coffee & Upcoming Activities 1:00 Blackjack with Joe 2:00 Oak Creek Canyon - 89A 4:00 Bingo	10:00 Jeopardy! 11:15 Be Prepared to Take the Stairs 1:00 Rumikub 2:00 Mexican Train 3:30 Storytelling - Share about Flagstaff
9:30 Catholic Communion 11:00 Trivia Trek 1:00 B-I-N-G-O! 2:15 Cocoa Cart 2:15-2:30! 3:00 Sunday Service with Bridge Church	10:00 Balance & Fall Prevention 11:15 Trivia - Great Wall of China 1:00 Blackjack 2:00 Mexican Train 3:30 Family Feud	Happy Birthday Celine Murphy! 10:00 Wellness Talk with Bradley 1:00 B-I-N-G-O with Danette & Maryam! 2:15 Resident Foodie Forum with Antonio 3:15 Fix-it Clinic - clothing/sewing repair 4:00 Wheel of Fortune!	Happy Birthday Bob Gabosch! 10:00 Savers Shopping Trip 1:00 Brainy Steps 2:00 Wheel of Fortune! 3:30 Flagstaff Symphony Orchestra's very own pianist: Sandy!	10:30 Coffee and Treats w/ a Manager! 10:30 Pray the Rosary 11:15 Learn Something - China 1:00 Texas Hold 'Em 3:00 Happy Hour with FoxyKashka	10:00 Balance & Bloom 11:15 Coffee & Upcoming Activities 1:00 Blackjack with Joe 2:00 Lake Mary and Mormon Lake Loop 2:30 Music with Meghan 4:00 Bingo	10:00 Jeopardy! 11:15 Be Prepared to Take the Stairs 1:00 Rumikub 2:00 Mexican Train 3:30 Purposeful Life Interviews