

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><u>January Birthdays</u></p> <p>1/01 Vicky Furgal 1/10 Burgess Mehrhoff 1/12 Anne Mowry 1/27 Celine Murphy 1/28 Robert Gabosh</p>	<p>1831 N Jasper Dr Flagstaff, AZ 86001 928-660-6898</p>	<p>"May the year ahead be filled with moments that matter."</p>	<p>Happy Birthday Vicky Furgal! 10:30 Coffee and Treats w/ a Manager! 10:30 <u>Pray the Rosary</u> 11:15 Learn Something - New Year's 1:00 Texas Hold 'Em 3:00 "No Hour Like Happy Hour" with Terry Alan</p>	<p>10:00 Balance & Bloom 11:15 <u>Coffee & Upcoming Activities</u> 12:00 <u>Bookmobile!!</u> 1:00 Blackjack with Joe 2:00 <u>Mall Outing</u> 4:00 Bingo</p>	<p>10:00 Jeopardy! 11:15 Be Prepared to Take the Stairs 1:00 Rumikub 2:00 Mexican Train 3:00 Snazzie Snacks & Store w/ Highgate Bucks!</p>
<p>9:30 <u>Catholic Communion</u> 11:00 Trivia Trek 1:00 B-I-N-G-O! 2:15 <u>Cocoa Cart</u> 2:15-2:30! 3:00 <u>Hymns with Grace Church</u></p>	<p>4 10:00 Balance & Fall Prevention 11:15 Trivia - Guess the Song: 1950's 1:00 Blackjack 2:00 <u>Christian Fellowship with Pastor Lauren</u> 2:00 Mexican Train 2:00 <u>Veteran's Cafe</u> 3:30 Family Feud</p>	<p>5 10:00 Self Care Station - Hand Warmers 10:00 <u>Tear Soup - Grief Discussion</u> 1:00 Blackjack 11:30 <u>Resident Ambassador Lunch</u> 1:00 Bingo with Compassus 2:30 Music with Meghan 4:00 <u>Wheel of Fortune!</u></p>	<p>6 10:00 <u>Fry's Shopping Outing</u> 1:00 <u>Brainy Steps</u> 2:00 <u>Scrabble</u> 4:00 <u>Tech Support - Bring your devices</u></p>	<p>7 10:30 Coffee and Treats w/ a Manager! 10:30 <u>Pray the Rosary</u> 11:15 Learn Something - Square Dancing 1:00 Texas Hold 'Em 3:00 "No Hour Like Happy Hour" with Steve & Justin</p>	<p>8 10:00 Balance & Bloom 11:15 <u>Coffee & Upcoming Activities</u> 11:45 <u>Lunch in Winslow at The Turquoise Room</u> 1:00 Blackjack 3:00 <u>Monthly Birthday Celebration</u></p>	<p>9 Happy Birthday Burgess Mehrhoff! 10:00 Jeopardy! 11:15 Be Prepared to Take the Stairs 1:00 Rumikub 2:00 Mexican Train 3:30 Arts & Crafts with GG 4:00 <u>Music with B!</u></p>
<p>9:30 <u>Catholic Communion</u> 11:00 Trivia Trek 1:00 B-I-N-G-O! 2:15 <u>Cocoa Cart</u> 2:15-2:30! 3:00 <u>Sunday Service with Bridge Church</u></p>	<p>11 Happy Birthday Anne Mowry! 10:00 Balance & Fall Prevention 11:15 Brain Games: Word Peck & Crossword Puzzles 1:00 Blackjack 2:00 Mexican Train 3:30 Family Feud</p>	<p>12 10:00 Self Care Station - Lavendar Sachets 1:00 B-I-N-G-O!! 2:15 Micheal Douglas Series - The Kominsky Method 3:00 Resident Council Meeting 4:00 <u>Wheel of Fortune!</u></p>	<p>13 10:00 <u>Homegoods & Ross Trip!</u> 1:00 <u>Brainy Steps</u> 3:30 <u>Flagstaff Symphony Orchestra's very own pianist: Sandy!</u></p>	<p>14 10:30 Coffee and Treats w/ a Manager! 10:30 <u>Pray the Rosary</u> 11:15 Learn Something - Bowling 1:00 Texas Hold 'Em 3:00 <u>No Hour Like Happy Hour w/Doug Morgan</u></p>	<p>15 10:00 Balance & Bloom 11:15 <u>Coffee & Upcoming Activities</u> 11:45 <u>Men's Luncheon with Joe</u> 1:00 Blackjack 1:00 <u>Book Club</u> 2:00 <u>Trip to the Library!</u> 4:00 Bingo</p>	<p>16 10:00 Jeopardy! 11:15 Be Prepared to Take the Stairs 1:00 Rumikub 2:00 Mexican Train 3:00 Snazzie Snacks & Store w/ Highgate Bucks!</p>
<p>9:30 <u>Catholic Communion</u> 11:00 Trivia Trek 1:00 B-I-N-G-O! 2:15 <u>Cocoa Cart</u> 2:15-2:30!</p>	<p>18 10:00 Balance & Fall Prevention 11:15 Trivia - Martin Luther King Jr. 1:00 Blackjack 2:00 <u>Christian Fellowship with Pastor Lauren</u> 2:00 Mexican Train 3:30 Family Feud</p>	<p>19 10:00 Self Care Station - Shower Steamers 1:00 Bingo with Samantha! 1:30 <u>Infinity's Brain Yoga</u> 2:15 Micheal Douglas Series - The Kominsky Method 4:00 <u>Wheel of Fortune!</u></p>	<p>20 10:00 <u>Walmart Shopping Outing</u> 1:00 <u>Brainy Steps</u> 4:00 <u>Music with B!</u> 4:00 <u>Tech Support - Bring your devices</u></p>	<p>21 10:30 Coffee and Treats w/ a Manager! 10:30 <u>Pray the Rosary</u> 11:15 Learn Something - Podcast: The Golden Gang 1:00 Texas Hold 'Em 3:00 <u>Happy Hour w/ SE Willis - Blues</u></p>	<p>22 10:00 Balance & Bloom 11:15 <u>Coffee & Upcoming Activities</u> 1:00 Blackjack with Joe 2:00 <u>Oak Creek Canyon - 89A</u> 4:00 Bingo</p>	<p>23 10:00 Jeopardy! 11:15 Be Prepared to Take the Stairs 1:00 Rumikub 2:00 Mexican Train 3:30 <u>Storytelling - Share about Flagstaff</u></p>
<p>9:30 <u>Catholic Communion</u> 11:00 Trivia Trek 1:00 B-I-N-G-O! 2:15 <u>Cocoa Cart</u> 2:15-2:30! 3:00 <u>Sunday Service with Bridge Church</u></p>	<p>25 10:00 Balance & Fall Prevention 11:15 Trivia - Great Wall of China 1:00 Blackjack 2:00 Mexican Train 3:30 Family Feud</p>	<p>26 Happy Birthday Celine Murphy! 10:00 Wellness Talk with Bradley 1:00 B-I-N-G-O with Danette & Maryam! 2:15 Resident Foodie Forum with Antonio 3:15 Fix-it Clinic - clothing/sewing repair 4:00 <u>Wheel of Fortune!</u></p>	<p>27 Happy Birthday Bob Gabosch! 10:00 Savers Shopping Trip 1:00 <u>Brainy Steps</u> 2:00 <u>Wheel of Fortune!</u> 3:30 <u>Flagstaff Symphony Orchestra's very own pianist: Sandy!</u></p>	<p>28 10:30 Coffee and Treats w/ a Manager! 10:30 <u>Pray the Rosary</u> 11:15 Learn Something - China 1:00 Texas Hold 'Em 3:00 <u>Happy Hour with FoxyKashka</u></p>	<p>29 10:00 Balance & Bloom 11:15 <u>Coffee & Upcoming Activities</u> 1:00 Blackjack with Joe 2:00 <u>Lake Mary and Mormon Lake Loop</u> 2:30 Music with Meghan 4:00 Bingo</p>	<p>30 10:00 Jeopardy! 11:15 Be Prepared to Take the Stairs 1:00 Rumikub 2:00 Mexican Train 3:30 <u>Purposeful Life Interviews</u></p>