



















































































































































































































































# February 2021

## Meadowbrook Embrace Calendar(BHM)

## Monthly Activities

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>MEMORY CARE <b>embrace</b> BY SENIOR LIFESTYLE</p> <p>WWW.SENIORLIFESTYLE.COM Activities are subject to change</p> <p> <b>MEADOWBROOK AT AGOURA HILLS</b> a Senior Lifestyle community</p> <p>  *BOOKMARKS   *THYMELESS   CONNECT   CONTRIBUTE   FEEL   GROW   MOVE   REFLECT </p> <p><b>Location Keys</b></p> <p>Activity Room    A Dining Room    D Parlor    P Patio    PT</p>		<p>9:00  Happy Morning Wishes [D] <b>1</b></p> <p>9:30  Lets Move to the Beat [P]</p> <p>10:30  Table Games [A]   Up to Date   Woman's Black Jack   Snack social Chit Chat   Movie Hour [P]   One On One Moment</p>	<p><b>Groundhog Day</b> <b>2</b></p> <p>9:00  Tuesday Humor [D]</p> <p>9:30  Meditation Yoga w/ Rita [A]</p> <p>10:30  Candy Bingo   News! News! News!   Lets get Crafty w/ Yanet [A]   Root Beer Floats Social [A]   Reminiscing Time [A]   One On One Moment</p>	<p>9:00  Morning Chit Chat [D] <b>3</b></p> <p>9:30  Chair Zumba w/ Yanet [P]</p> <p>10:15  Nail Day [P]</p> <p>1:30  Daily Chronicles   Word Game   Snack Cart   Lets Travel [P]   One On One Moment</p>	<p>9:00  Meet The Day w/ Laughter [D] <b>4</b></p> <p>9:30  Sit &amp; Stretch w/ Yanet [P]</p> <p>10:30  B.I.N.G.O.   Daily Chronicles   Learn How to Play Rummikub   Embrace Beauty Salon w/ Yanet   Karaoke Fun [P]   Root Beer Floats   Movie Night [A]   One On One Moment</p>	<p>9:00  Sunshine Walk [PT] <b>5</b></p> <p>9:30  Chair Exercise [P]</p> <p>10:00  Connection Circle w/ Felipe</p> <p>1:30  Daily Chronicles   Bingo Time [P]   Puzzle Mania [P]   One On One Moment</p>	<p>9:00  Sip &amp; Chat [D] <b>6</b></p> <p>9:30  Move to The Grove [P]</p> <p>10:30  Reflexology Hand Massage   Top News   Book Club   Garden Chit Chat [PT]   Card Games [P]   One On One Moment</p>
	<p><b>Super Bowl Sunday</b> <b>7</b></p> <p>9:00  Meet The Day with a Smile [D]</p> <p>9:30  Coffee Chit Chat [P]</p> <p>10:30  Learn How to Play Rummikub [P]</p> <p>1:30  Chronicles of The Day   Movie Hour [P]   Super Bowl Party! [A]   Sunday News Paper   One On One Moment</p>	<p>9:00  Happy Morning Wishes [D] <b>8</b></p> <p>9:30  Lets Move to the Beat [P]</p> <p>10:30  Table Games [A]   Up to Date   Woman's Black Jack   Snack social Chit Chat   Movie Hour [P]   One On One Moment</p>	<p>9:00  Tuesday Humor [D] <b>9</b></p> <p>9:30  Meditation Yoga w/ Rita [A]</p> <p>10:30  Candy Bingo   News! News! News!   Lets get Crafty w/ Yanet [A]   Root Beer Floats Social [A]   Reminiscing Time [A]   One On One Moment</p>	<p>9:00  Morning Chit Chat [D] <b>10</b></p> <p>9:30  Chair Zumba w/ Yanet [P]</p> <p>10:15  Nail Day [P]</p> <p>1:30  Daily Chronicles   Word Game   Snack Cart   Lets Travel [P]   One On One Moment</p>	<p>9:00  Meet The Day w/ Laughter [D] <b>11</b></p> <p>9:30  Sit &amp; Stretch w/ Yanet [P]</p> <p>10:30  B.I.N.G.O.   Daily Chronicles   Learn How to Play Rummikub   Embrace Beauty Salon w/ Yanet   Karaoke Fun [P]   Root Beer Floats   Movie Night [A]   One On One Moment</p>	<p><b>Chinese New Year</b> <b>12</b></p> <p>9:00  Sunshine Walk [PT]</p> <p>9:30  Chair Exercise [P]</p> <p>10:00  Connection Circle w/ Felipe</p> <p>1:30  Daily Chronicles   Bingo Time [P]   Puzzle Mania [P]   One On One Moment</p>	<p>9:00  Sip &amp; Chat [D] <b>13</b></p> <p>9:30  Move to The Grove [P]</p> <p>10:30  Reflexology Hand Massage   Top News   Garden Chit Chat [PT]   Card Games [P]   One On One Moment</p>
	<p><b>Valentine's Day</b> <b>14</b></p> <p>9:00  Meet The Day with a Smile [D]</p> <p>9:30  Coffee Chit Chat [P]</p> <p>10:30  Learn How to Play Rummikub [P]</p> <p>1:30  Chronicles of The Day   Movie Hour [P]   Valentine's Day Celebration [A]   Sunday News Paper   One On One Moment</p>	<p><b>President's Day</b> <b>15</b></p> <p>9:00  Happy Morning Wishes [D]</p> <p>9:30  Lets Move to the Beat [P]</p> <p>10:30  President's Day Trivia [A]   Up to Date   Woman's Black Jack   Snack social Chit Chat   Movie Hour [P]   One On One Moment</p>	<p>9:00  Tuesday Humor [D] <b>16</b></p> <p>9:30  Meditation Yoga w/ Rita [A]</p> <p>10:30  Candy Bingo   News! News! News!   Lets get Crafty w/ Yanet [A]   Root Beer Floats Social [A]   Reminiscing Time [A]   One On One Moment</p>	<p><b>Ash Wednesday</b> <b>17</b></p> <p>9:00  Morning Chit Chat [D]</p> <p>9:30  Chair Zumba w/ Yanet [P]</p> <p>10:15  Nail Day [P]</p> <p>1:30  Daily Chronicles   Word Game   Snack Cart   Lets Travel [P]   One On One Moment</p>	<p>9:00  Meet The Day w/ Laughter [D] <b>18</b></p> <p>9:30  Sit &amp; Stretch w/ Yanet [P]</p> <p>10:30  B.I.N.G.O.   Daily Chronicles   Learn How to Play Rummikub   Embrace Beauty Salon w/ Yanet   Karaoke Fun [P]   Root Beer Floats   Movie Night [A]   One On One Moment</p>	<p>9:00  Sunshine Walk [PT] <b>19</b></p> <p>9:30  Chair Exercise [P]</p> <p>10:00  Connection Circle w/ Felipe</p> <p>1:30  Daily Chronicles   Bingo Time [P]   Puzzle Mania [P]   One On One Moment</p>	<p>9:00  Sip &amp; Chat [D] <b>20</b></p> <p>9:30  Move to The Grove [P]</p> <p>10:30  Reflexology Hand Massage   Top News   Garden Chit Chat [PT]   Card Games [P]   One On One Moment</p>
	<p>9:00  Meet The Day with a Smile [D] <b>21</b></p> <p>9:30  Coffee Chit Chat [P]</p> <p>10:30  Learn How to Play Rummikub [P]</p> <p>1:30  Chronicles of The Day   Movie Hour [P]   Snack Social [A]   Sunday News Paper   One On One Moment</p>	<p>9:00  Happy Morning Wishes [D] <b>22</b></p> <p>9:30  Lets Move to the Beat [P]</p> <p>10:30  Table Games [A]   Up to Date   Woman's Black Jack   Snack social Chit Chat   Movie Hour [P]   One On One Moment</p>	<p>9:00  Tuesday Humor [D] <b>23</b></p> <p>9:30  Meditation Yoga w/ Rita [A]</p> <p>10:30  Candy Bingo   News! News! News!   Lets get Crafty w/ Yanet [A]   Root Beer Floats Social [A]   Reminiscing Time [A]   One On One Moment</p>	<p>9:00  Morning Chit Chat [D] <b>24</b></p> <p>9:30  Chair Zumba w/ Yanet [P]</p> <p>10:15  Nail Day [P]</p> <p>1:30  Daily Chronicles   Word Game   Snack Cart   Lets Travel [P]   One On One Moment</p>	<p>9:00  Meet The Day w/ Laughter [D] <b>25</b></p> <p>9:30  Sit &amp; Stretch w/ Yanet [P]</p> <p>10:30  B.I.N.G.O.   Daily Chronicles   Embrace Beauty Salon w/ Yanet   February 8-Day Celebration! [P]   Root Beer Floats   Movie Night [A]   One On One Moment</p>	<p><b>Purim</b> <b>26</b></p> <p>9:00  Sunshine Walk [PT]</p> <p>9:30  Chair Exercise [P]</p> <p>10:00  Connection Circle w/ Felipe</p> <p>1:30  Daily Chronicles   Bingo Time [P]   Puzzle Mania [P]   One On One Moment</p>	<p>9:00  Sip &amp; Chat [D] <b>27</b></p> <p>9:30  Move to The Grove [P]</p> <p>10:30  Reflexology Hand Massage   Top News   Garden Chit Chat [PT]   Card Games [P]   One On One Moment</p>
	<p>9:00  Meet The Day with a Smile [D] <b>28</b></p> <p>9:30  Coffee Chit Chat [P]</p> <p>10:30  Learn How to Play Rummikub [P]</p> <p>1:30  Chronicles of The Day   Movie Hour [P]   Snack Social [A]   Sunday News Paper   One On One Moment</p>	<p> *BOOKMARKS</p> <p> *THYMELESS</p> <p> CONNECT</p> <p> CONTRIBUTE</p> <p> FEEL</p> <p> GROW</p> <p> MOVE</p> <p> REFLECT</p> <p><b>Location Keys</b></p> <p>Activity Room    A Dining Room    D Parlor    P Patio    PT</p>					