| August 2025 Meadowbrook AL. Your Adventure | | | | | | | |
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| MCadowblook AL. Toul | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| EXPLORE BY SENIOR LIFESTYLE | 9:20 Natural Walk Club | | | All Activities Are Subject to Change Without Notice! * Sign -Up Sheets For Outings & Shopping are in the Front Desk | | 9:30 Sunshine Walk 10:00 Friday Fitness ! [R] 10:50 Group Discussion with Frank "Chaparral" [A] 2:00 Shabbat Service [A] 3:00 Spanish Loteria [A] 3:00 Table Games [P] 6:15 Your Adventure! Movie [M] | 9:30 • Wellness Walk 10:00 • Exercise Class [R] 11:00 • Penny Card Game 1:30 • Saturday Bingo [A] 3:00 • Video Concert [M] 6:15 • Table Games [A] |
| MEADOWBROOK AT AGOURA HILLS a Senior Lifestyle community | International Friendship Day 9:20 | 9:20 Neighborhood Walk 10:00 Sit & Be Fit! [R] 10:45 Chicken Soup for the Soul 1:45 Spanish Loteria [P] 3:00 Poker Club [A] 3:30 Mexican Train [P] 6:00 Movie Club! [M] 6:15 Table Games [P] | 9:20 Patio Walk 10:30 Zumba Class, Move Around the World [P] 11:00 Word Game! [AL] 12:00 Men's Club Lunch [D] 1:45 Double Bingo [A] 3:00 Poker Club [D] 3:15 Rummikub Club [P] 6:30 After Dinner Movie [M] | 9:20 Wild Walkers 10:00 Catholic Service 10:00 Fitness Class [R] 11:00 Penny Card Game [A] 11:30 Out to Lunch (Taste of the World) 1:45 Black Jack [A] 3:00 Art of the World Class [A] 6:30 Puzzle Club [P] | 9:30 Morning Shopping 9:30 Walking Club 10:00 Exercise Class [R] 1:45 Bingo Fun!! [A] 3:00 Banana Split Party Meet Your New Neighbors! [P] 5:00 Chef's Corner [D] 6:30 Movie & Popcorn in the Activity room | 9:30 Sunshine Walk 10:00 Friday Fitness! [R] 10:50 Group Discussion with Frank "Bossa Nova" [A] 2:00 Shabbat Service [A] 3:00 Spanish Loteria [A] 3:00 Table Games [P] 6:15 Your Adventure! Movie | 9:30 • Wellness Walk 10:00 • Exercise Class [R] 11:00 • Penny Card Game 1:30 • Bingo Roulette [A] 3:00 • Ice Cream & Music in the Parlor 6:15 • Table Games [A] |
| *Diversity Event *Enjoy- Dining Partnership Event Explore - Leadership & Volunteerism Explore - Lectures & Learning Explore - Recreation & Entertainment Explore - Self Expression & the Arts Explore - Spiritual Health & Religion Explore - Strength & Vitality Explore - Travels & Treks | 9:20 Natural Walk Club 10:00 Sunday Fitness! [R] 11:00 Crossword Game [A] 1:45 Bingo Lovers! [A] 3:00 Rummikub Club [P] 3:00 Sunday Trivia [P] 6:30 Puzzle Club [P] | 9:20 Neighborhood Walk 10:00 Sit & Be Fit ! [R] 10:45 Book Club ! [A] 1:45 Spanish Loteria [P] 3:00 Poker Club [A] 3:30 Mexican Train [P] 6:00 Movie Club ! [M] 6:15 Table Games [P] | Islands Days 9:20 Patio Walk 10:00 Exercise & Dance [P] 11:00 Word Game! [AL] 1:30 Double Bingo [A] 2:30 Food Committee Meeting [D] 3:00 Islands Days Happy Hour [P] 3:15 Rummikub Club [P] 6:30 After Dinner Movie [M] | Islands Days 9:20 | Islands Days 9:30 ● Target Shopping 9:30 ● Walking Club 10:00 ● Exercise Class [R] 11:00 ● Corn Hole Game [P] 2:00 ※ Islands Days Celebration with Steve & Gerald [D] 3:15 ● Bingo Fun!! [A] 5:00 ※ Chef's Corner [D] 6:30 ● Movie & Popcorn in the Activity room | 9:30 Sunshine Walk 10:00 Friday Fitness! [R] 10:50 Group Discussion with Frank " Richard Nixon" [A] 2:00 Shabbat Service [A] 3:00 Spanish Loteria [A] 3:00 Table Games [P] 6:15 Your Adventure! Movie [M] | 10:30 |
| Location Keys AL AL Activity Room A Dining Room D Media Room M Parlor P Recreation Room R | 9:20 Natural Walk Club 10:00 Sunday Fitness! [R] 11:00 Crossword Game [A] 1:45 Bingo Roulette [A] 3:00 Conversational Spanish [P] 3:00 Rummikub Club [P] 6:30 Puzzle Club [P] | 9:20 Neighborhood Walk 10:00 Sit & Be Fit! [R] 11:00 Ball in a Cup Game [A] 1:30 Spanish Loteria [P] 2:30 Women's Equality Day Social [P] 3:30 Mexican Train [P] 6:00 Movie Club! [M] 6:15 Table Games [P] | 9:20 • Patio Walk 10:30 • Zumba Class, Move Around the World! [P] 11:00 • Word Game! [AL] 1:45 • Double Bingo [A] 3:00 • Poker Club [D] 3:15 • Rummikub Club [P] 6:30 • After Dinner Movie [M] | Service 10:00 Fitness Class [R] 11:00 Penny Card Game [A] 1:15 Out To the Movies 1:45 Black Jack [A] 3:00 Art of the World Class | 8:00 Pajama Breakfast Party! [D] 9:30 Morning Shopping 10:00 Exercise Class [R] 1:45 Bingo Fun!! [A] 3:00 Sing Along with Irby [D] 6:30 Movie & Popcorn in the Activity room | 9:30 Sunshine Walk 10:00 Friday Fitness! [R] 10:50 Group Discussion with Frank "Vincent Van Gogh" [A] 2:00 Shabbat Service [A] 3:00 Spanish Loteria [A] 3:00 Table Games [P] 6:15 Your Adventure! Movie [M] | Walk 10:00 • Exercise Class [R] 11:00 • Penny Card Game 1:30 • Bingo Roulette [A] 3:00 • Ice Tea & Popcorn |
| | 9:20 Natural Walk Club 10:00 Sunday Fitness! [R] 11:00 Crossword Game [A] 1:45 Bingo Lovers! [A] 3:00 Rummikub Club [P] 3:00 Sunday Trivia [P] 6:30 Puzzle Club [P] | Neighborhood Walk | 9:20 Patio Walk 10:00 Exercise & Dance [P] 11:00 Word Game! [AL] 2:00 Resident Council Meeting [D] 3:00 Double Bingo [R] 3:15 Rummikub Club [P] 6:30 After Dinner Movie [M] | 9:20 Wild Walkers 10:00 Catholic Service 10:00 Fitness Class [R] 11:00 Penny Card Game [A] 11:30 Placita Olvera St. Trip 1:45 Black Jack [A] 3:00 Art of the World Class [A] 6:30 Puzzle Club [P] | 9:30 Dollar Tree Store Shopping 9:30 Walking Club 10:00 Exercise Class [R] 11:00 Dart Ball Game [A] 1:45 Bingo Fun!! [A] 3:00 August B-Day Celebration! [D] 5:00 Chef's Corner [D] 6:30 Movie & Popcorn in the Activity room | 9:30 Sunshine Walk 10:00 Friday Fitness! [R] 10:50 Group Discussion with Frank "Funny & Memorable TV Ads" [A] 2:00 Shabbat Service [A] 3:00 Spanish Loteria [A] 3:00 Table Games [P] 6:15 Your Adventure! Movie [M] | 10:00 Exercise Class [R] 11:00 Penny Card Game 1:30 Saturday Bingo [A] 3:00 Video Concert [M] |