

January 2021
AL Monthly Activities

Monthly Activities

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>January cont'd</div> <div>31</div> <div><div>Be Inspired</div><div>WWW.SENIORLIFESTYLE.COM</div><div>Activities are subject to change</div></div>		<div><div>MEADOWBROOK AT AGOURA HILLS</div><div>a Senior Lifestyle community</div></div>	<div>● CONNECT</div> <div>● CONTRIBUTE</div> <div>● FEEL</div> <div>● GROW</div> <div>● MOVE</div> <div>● REFLECT</div>	<div>Location Keys</div> <div>Activity Room A</div> <div>Dining Room D</div> <div>Media Room M</div> <div>Parlor P</div> <div>Recreation Room R</div>		<div>New Year's Day</div> <div>1</div> <div>9:15 ● Rose Parade</div> <div>10:00 ● Let's Move with Luis ! [R]</div> <div>11:00 ● UNO in the Parlor [R]</div> <div>1:45 ● Spanish Loteria [A]</div> <div>3:00 ● Comedy Movie [M]</div>	<div>2</div> <div>9:30 ● Garden Walk</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Penny Card Game [A]</div> <div>1:45 ● Black Jack [A]</div> <div>3:00 ● Video Concert [M]</div>
<div>3</div> <div>9:00 ● Sunshine Walk</div> <div>10:00 ● Sunday Fitness! [R]</div> <div>11:00 ● Crossword Game [A]</div> <div>1:45 ● Conversational Spanish [A]</div> <div>3:00 ● Bingo Lovers ! [A]</div>		<div>4</div> <div>9:15 ● Sunshine Walk</div> <div>10:00 ● Sit & Be Fit ! [R]</div> <div>11:00 ● Chicken Soup for the Soul !</div> <div>1:30 ● Sharper Minds! [A]</div> <div>3:00 ● Word Game [A]</div>	<div>5</div> <div>9:00 ● Patio Walk</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Jeopardy [A]</div> <div>1:45 ● Bingo [A]</div> <div>3:00 ● Cheese & Crackers in the Parlor</div>	<div>6</div> <div>9:15 ● Wild Walkers</div> <div>10:00 ● Fitness Class [R]</div> <div>11:00 ● Word Game !</div> <div>1:45 ● Black Jack [R]</div> <div>2:00 ● Scenic Drive</div> <div>3:00 ● Happy Wheels & More !</div>	<div>7</div> <div>9:15 ● Walk at the Garden</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Creative Art Class [A]</div> <div>1:45 ● Bingo Fun!! [A]</div> <div>3:00 ● Banana Split Party Meet Your New Neighbors ! [P]</div>	<div>8</div> <div>9:15 ● Sunshine Walk</div> <div>10:00 ● Let's Move with Luis ! [R]</div> <div>11:00 ● UNO in the Parlor [R]</div> <div>1:45 ● Spanish Loteria [A]</div> <div>3:00 ● Comedy Movie [M]</div>	<div>9</div> <div>9:30 ● Garden Walk</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Penny Card Game [A]</div> <div>1:45 ● Black Jack [A]</div> <div>3:00 ● Video Concert [M]</div>
<div>10</div> <div>9:00 ● Sunshine Walk</div> <div>10:00 ● Sunday Fitness! [R]</div> <div>11:00 ● Crossword Game [A]</div> <div>1:45 ● Sunday Trivia [A]</div> <div>3:00 ● Bingo Lovers ! [A]</div>		<div>11</div> <div>9:15 ● Sunshine Walk</div> <div>10:00 ● Sit & Be Fit ! [R]</div> <div>11:00 ● Book Club ! [A]</div> <div>1:30 ● Sharper Minds! [A]</div> <div>3:00 ● Word Game [A]</div>	<div>12</div> <div>9:00 ● Patio Walk</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Jeopardy [A]</div> <div>1:45 ● Bingo [A]</div> <div>3:00 ● Fun on Wheels !</div>	<div>13</div> <div>9:15 ● Wild Walkers</div> <div>10:00 ● Fitness Class [R]</div> <div>11:00 ● Word Game !</div> <div>1:45 ● Black Jack [R]</div> <div>2:00 ● Scenic Drive</div> <div>3:00 ● Happy Wheels & More !</div>	<div>14</div> <div>9:15 ● Walk at the Garden</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Creative Art Class [A]</div> <div>1:45 ● Bingo Fun!! [A]</div> <div>3:00 ● Nachos & Music in the Parlor!</div>	<div>15</div> <div>9:15 ● Sunshine Walk</div> <div>10:00 ● Let's Move with Luis ! [R]</div> <div>11:00 ● UNO in the Parlor [R]</div> <div>1:45 ● Spanish Loteria [A]</div> <div>3:00 ● Comedy Movie [M]</div>	<div>16</div> <div>9:30 ● Garden Walk</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Penny Card Game [A]</div> <div>1:45 ● Black Jack [A]</div> <div>3:00 ● Video Concert [M]</div>
<div>17</div> <div>9:00 ● Sunshine Walk</div> <div>10:00 ● Sunday Fitness! [R]</div> <div>11:00 ● Crossword Game [A]</div> <div>1:45 ● Conversational Spanish [A]</div> <div>3:00 ● Bingo Lovers ! [A]</div>		<div>Martin Luther King JR. Day</div> <div>18</div> <div>9:15 ● Sunshine Walk</div> <div>10:00 ● Sit & Be Fit ! [R]</div> <div>11:00 ● Ball in a Cup Game [A]</div> <div>1:30 ● Sharper Minds! [A]</div> <div>3:00 ● Word Game [A]</div>	<div>19</div> <div>9:00 ● Patio Walk</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Jeopardy [A]</div> <div>1:45 ● Bingo [A]</div> <div>3:00 ● Happy Hour !</div>	<div>20</div> <div>9:15 ● Wild Walkers</div> <div>10:00 ● Fitness Class [R]</div> <div>11:00 ● Word Game !</div> <div>1:45 ● Black Jack [R]</div> <div>2:00 ● Scenic Drive</div> <div>3:00 ● Happy Wheels & More !</div>	<div>21</div> <div>9:15 ● Walk at the Garden</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Creative Art Class [A]</div> <div>1:45 ● Bingo Fun!! [A]</div> <div>3:00 ● Root Beer Floats in the Parlor !</div>	<div>22</div> <div>9:15 ● Sunshine Walk</div> <div>10:00 ● Let's Move with Luis ! [R]</div> <div>11:00 ● UNO in the Parlor [R]</div> <div>1:45 ● Spanish Loteria [A]</div> <div>3:00 ● Comedy Movie [M]</div>	<div>23</div> <div>9:30 ● Garden Walk</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Penny Card Game [A]</div> <div>1:45 ● Black Jack [A]</div> <div>3:00 ● Video Concert [M]</div>
<div>24</div> <div>9:00 ● Sunshine Walk</div> <div>10:00 ● Sunday Fitness! [R]</div> <div>11:00 ● Crossword Game [A]</div> <div>1:45 ● Sunday Trivia [A]</div> <div>3:00 ● Bingo Lovers ! [A]</div>		<div>25</div> <div>9:15 ● Sunshine Walk</div> <div>10:00 ● Sit & Be Fit ! [R]</div> <div>11:00 ● UNO Game [A]</div> <div>1:30 ● Sharper Minds! [A]</div> <div>3:00 ● Word Game [A]</div>	<div>26</div> <div>9:00 ● Patio Walk</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Jeopardy [A]</div> <div>2:00 ● Resident Council Meeting [D]</div> <div>3:00 ● Bingo [R]</div>	<div>27</div> <div>9:15 ● Wild Walkers</div> <div>10:00 ● Fitness Class [R]</div> <div>11:00 ● Word Game !</div> <div>1:45 ● Black Jack [R]</div> <div>2:00 ● Scenic Drive</div> <div>3:00 ● Happy Wheels & More !</div>	<div>28</div> <div>9:15 ● Walk at the Garden</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Creative Art Class [A]</div> <div>1:45 ● Bingo Fun!! [A]</div> <div>3:00 ● January B-Day Celebration ! [D]</div>	<div>29</div> <div>9:15 ● Sunshine Walk</div> <div>10:00 ● Let's Move with Luis ! [R]</div> <div>11:00 ● UNO in the Parlor [R]</div> <div>1:45 ● Spanish Loteria [A]</div> <div>3:00 ● Comedy Movie [M]</div>	<div>30</div> <div>9:30 ● Garden Walk</div> <div>10:00 ● Exercise Class [R]</div> <div>11:00 ● Penny Card Game [A]</div> <div>1:45 ● Black Jack [A]</div> <div>3:00 ● Video Concert [M]</div>

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