

January 2022
Meadowbrook AL Calendar

Monthly Activities

Sunday		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 WWW.SENIORLIFESTYLE.COM Activities are subject to change  MEADOWBROOK AT AGOURA HILLS <i>a Senior Lifestyle community</i> ● CONNECT ● CONTRIBUTE ● FEEL ● GROW ● MOVE ● REFLECT AL Activity Room Dining Room Media Room Parlor Recreation Room	January cont'd 30 9:00 ● Sunshine Walk 10:00 ● Sunday Fitness! [R] 10:45 ● Crossword Game [A] 1:45 ● Bingo Lovers ! [A] 3:00 ● Rummikub Club [P] 6:30 ● Puzzle Club [P]	31 9:15 ● Sunshine Walk 10:00 ● Sit & Be Fit ! [R] 1:30 ● Sharper Minds! [A] 3:00 ● Poker Club [A] 3:00 Rummikub Game [P] 6:00 ● Movie Club ! [A]		5217 Chesebro Road Agoura Hills, CA 91301 818) 9913544			New Year's Day ! 1 9:30 ● Rose Parade TV [M] 10:00 ● Exercise Class [R] 10:45 ● Penny Card Game [A] 1:45 ● Black Jack [A] 3:00 ● Wine & Cheese in the Parlor [P]
	2 9:00 ● Sunshine Walk 10:00 ● Sunday Fitness! [R] 10:45 ● Crossword Game [A] 1:45 ● Bingo Lovers ! [A] 3:00 ● Conversational Spanish [A] 3:00 ● Rummikub Club [P] 6:30 ● Puzzle Club [P]	3 9:15 ● Sunshine Walk 10:00 ● Sit & Be Fit ! [R] 10:45 ● Chicken Soup for the Soul ! 1:30 ● Sharper Minds! [A] 3:00 ● Poker Club [A] 3:00 Rummikub Game [P] 6:00 ● Movie Club ! [A]	4 9:00 ● Patio Walk 10:00 ● Catholic Service 10:00 ● Exercise Class [R] 10:45 ● Jeopardy [A] 1:45 ● Sweet Bingo [A] 3:00 ● Poker Club [A] 6:30 ● Table Games	5 9:15 ● Wild Walkers 10:00 ● Fitness Class [R] 10:45 ● Word Game ! [AL] 1:15 ● Community Outing 1:45 ● Black Jack [A] 3:00 ● Spanish Loteria [A] 6:30 ● Puzzle Club [P]	6 9:15 ● Morning Shopping 9-12 9:15 ● Walk at the Garden 10:00 ● Exercise Class [R] 10:45 ● Creative Art Class [A] 1:45 ● Bingo Fun!! [A] 3:00 ● Music w/Steve & Gerald ! [D] 3:15 ● Banana Split Party Meet Your New Neighbors ! [P] 6:30 ● Movie & Popcorn in the Activity room	7 9:15 ● Sunshine Walk 10:00 ● Let's Move with Luis ! [R] 10:45 ● UNO in the Parlor [R] 1:45 ● Spanish Loteria [A] 2:00 Shabbat Service [D] 3:00 ● Poker Club [A] 6:15 ● Comedy Movie [A]	8 9:30 ● Garden Walk 10:00 ● Exercise Class [R] 10:45 ● Penny Card Game [A] 1:45 ● Black Jack [A] 3:00 ● Video Concert [M]
	9 9:00 ● Sunshine Walk 10:00 ● Sunday Fitness! [R] 10:45 ● Crossword Game [A] 1:45 ● Bingo Lovers ! [A] 3:00 ● Rummikub Club [P] 3:00 ● Sunday Trivia [A] 3:30 ● Wine & Cheese in the Parlor 6:30 ● Puzzle Club [P]	10 9:15 ● Sunshine Walk 10:00 ● Sit & Be Fit ! [R] 10:45 ● Book Club ! [A] 1:30 ● Sharper Minds! [A] 3:00 ● Poker Club [A] 3:00 Rummikub Game [P] 6:00 ● Movie Club ! [A]	11 9:00 ● Patio Walk 10:00 ● Catholic Service 10:00 ● Exercise Class [R] 10:45 ● Jeopardy [A] 1:45 ● Sweet Bingo [A] 3:00 ● Horse Race Game [A] 3:00 ● Poker Club [A] 6:30 ● Table Games	12 9:15 ● Chumash Casino Trip 10:00 ● Fitness Class [R] 10:45 ● Celebration of Jewish Life w/Rabbi Jim [A] 1:45 ● Black Jack [A] 3:00 ● Spanish Loteria [A] 6:30 ● Puzzle Club [P]	13 9:15 ● Target Shopping 9-12 9:15 ● Walk at the Garden 10:00 ● Exercise Class [R] 10:45 ● Creative Art Class [A] 1:45 ● Bingo Fun!! [A] 3:00 ● Ice Cream & Music in the Parlor 6:30 ● Movie & Popcorn in the Activity room	14 9:15 ● Sunshine Walk 10:00 ● Let's Move with Luis ! [R] 10:45 ● UNO in the Parlor [R] 1:45 ● Spanish Loteria [A] 2:00 Shabbat Service [D] 3:00 ● Poker Club [A] 6:15 ● Comedy Movie [A]	15 9:30 ● Garden Walk 10:00 ● Exercise Class [R] 10:45 ● Penny Card Game [A] 1:45 ● Black Jack [A] 3:00 ● Wine & Cheese in the Parlor [M]
	16 9:00 ● Sunshine Walk 10:00 ● Sunday Fitness! [R] 10:45 ● Crossword Game [A] 1:45 ● Bingo Lovers ! [A] 3:00 ● Conversational Spanish [A] 3:00 ● Rummikub Club [P] 6:30 ● Puzzle Club [P]	Martin Luther King, Jr. Day 17 9:15 ● Sunshine Walk 10:00 ● Sit & Be Fit ! [R] 10:45 ● Ball in a Cup Game [A] 1:30 ● Sharper Minds! [A] 3:00 ● Poker Club [A] 3:00 Rummikub Game [P] 6:00 ● Movie Club ! [A]	18 9:00 ● Patio Walk 10:00 ● Catholic Service 10:00 ● Exercise Class [R] 10:45 ● Jeopardy [A] 1:45 ● Sweet Bingo [A] 3:00 ● Poker Club [A] 3:30 ● Hand Massage Spa! [P] 6:30 ● Table Games	19 9:15 ● Morning Shopping 9-12 10:00 ● Fitness Class [R] 10:45 ● Word Game ! [AL] 1:30 ● Scenic Drive 1:45 ● Black Jack [A] 3:00 ● Spanish Loteria [A] 6:30 ● Puzzle Club [P]	20 9:15 ● Walk at the Garden 10:00 ● Exercise Class [R] 10:45 ● Creative Art Class [A] 1:45 ● Bingo Fun!! [A] 3:00 ● Tea Party Social in the Parlor! 6:30 ● Movie & Popcorn in the Activity room	21 9:15 ● Sunshine Walk 10:00 ● Let's Move with Luis ! [R] 10:45 ● UNO in the Parlor [R] 1:45 ● Spanish Loteria [A] 2:00 Shabbat Service [D] 3:00 ● Poker Club [A] 6:15 ● Comedy Movie [A]	22 9:30 ● Garden Walk 10:00 ● Exercise Class [R] 10:45 ● Penny Card Game [A] 1:45 ● Black Jack [A] 3:00 ● Video Concert [M]
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