| July 2021<br>Meadowbrook Disability Awareness Month   |  |  |  |  |   |   |   |
|---|--|--|--|--|---|---|---|
| meddensi een biodbiin   | Sunday   | Monday   | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
| Beinspired  WWW.SENIORLIFESTYLE.COM  Activities are subject to change                               | MEADOWBROOK AT AGOURA HILLS a Senior Lifestyle community   | CONNECT CONTRIBUTE FEEL GROW MOVE REFLECT        | Location Keys  AL AL Activity Room A Dining Room D Media Room M Parlor P Recreation Room R   | ·  | 9:15 Morning Shopping 9-12  9:15 Walk at the Garden  10:00 Exercise Class [R]  10:45 Creative Art Class [A]  1:45 Bingo Fun!! [A]  3:00 Banana Split Party Meet | 9:15 Sunshine Walk 0:00 Let's Move with Luis! [R] 0:45 UNO in the Parlor [R] 1:45 Spanish Loteria [A] 3:00 Poker Club [A] 6:15 Comedy Movie [A]           | 9:30 • Garden Walk  10:00 • Exercise Class [R]  10:45 • Penny Card Game [A]  1:45 • Black Jack [A]  3:00 • Video Concert [M]                  |
| MEADOWBROOK AT AGOURA HILLS a Senior Lifestyle community  | 9:00 Sunshine Walk  10:00 Sunday Fitness! [R] 10:45 Crossword Game [A] 2:30 Independence Day Celebration! [D] 6:30 Wine Social in the Parlor  3:0                | 00 • Sit & Be<br>Fit![R]                         | 10:00 • Catholic Service 10:00 • Exercise Class [R] 10:45 • Jeopardy [A] 1:45 Bingo [A] 3:00 • Poker Club [A] 6:30 Table Games 10:00     |  | Shopping 9-12 9:15 • Walk at the Garden 10:00 • Exercise Class [R] 10:45 • Creative Art Class (DAM) [A] 1:45 • Bingo Fun!! [A]                                  | 9:15 Sunshine Walk 0:00 Let's Move with Luis! [R] 0:45 UNO in the Parlor [R] 1:45 Poker Club [A] 3:00 Shabbat Service w/ Rabbi Len [D] 6:15 DAM Movie [A] | 9:30 • Garden Walk  10:00 • Exercise Class [R]  10:45 • Penny Card Game [A]  1:45 • Black Jack [A]  3:00 • Video Concert [M]                  |
| <ul><li>CONNECT</li><li>CONTRIBUTE</li><li>FEEL</li><li>GROW</li><li>MOVE</li><li>REFLECT</li></ul> | Walk  10:00 Sunday Fitness! [R]  10:45 Crossword Game [A] 1:45 Bingo Lovers! [A] 3:00 Sunday Trivia [A] 3:0  | 00 ● Sit & Be<br>Fit ! [R]<br>I5 Book Club ! [A] | 10:00 • Catholic Service 10:00 • Exercise Class [R] 10:45 • Jeopardy [A] 1:45 • Bingo [A] 1:00 • Horse Race Game                         | 00 Fitness Class [R] 00 Celebration of Jewish Life w/Rabbi Jim | Shopping 9-12  9:15 • Walk at the Garden 10:00 • Exercise Class [R] 10:45 • Creative Art Class [A] 1:45 • Bingo Fun!! [A] 3:00 • Root Beer Floats in the        | 9:15 Sunshine Walk 0:00 Let's Move with Luis! [R] 0:45 UNO in the Parlor [R] 1:45 Spanish Loteria [A] 3:00 Poker Club [A] 6:15 Comedy Movie [A]           | 9:30 • Garden Walk  10:00 • Exercise Class [R]  10:45 • Penny Card Game [A]  1:45 • Black Jack [A]  3:00 • Video Concert [M]                  |
| Location Keys  AL AL Activity Room A Dining Room D Media Room M Parlor P Recreation Room R          | Walk  10:00 Sunday Fitness! [R]  10:45 Crossword Game [A] 1:45 Bingo Lovers! [A] 3:00 Conversational Spanish [A] 6:30 Wine Social in the                         | Fit ! [R]  | 10:00 • Catholic Service 10:00 • Exercise Class [R] 10:45 • Jeopardy [A] 10:45 • Sing Along w/ Paula! [D] 3:00 • Poker Club [A]          | Walkers Z  00 Fitness Class [R]                                | Shopping 9:15 • Walk at the Garden 10:00 • Exercise Class [R] 10:45 • Creative Art Class (DAM) [A] 1:45 • Bingo Fun!! [A]                                       | 9:15 Sunshine Walk  0:00 Let's Move with Luis! [R]  0:45 UNO in the Parlor [R]  1:45 Spanish Loteria [A]  3:00 Poker Club [A]  6:15 Comedy Movie [A]      | 9:30 • Garden Walk  10:00 • Exercise Class [R]  10:45 • Penny Card Game [A]  1:45 • Black Jack [A]  3:00 • Video Concert [M]                  |
|   | Walk  10:00 • Sunday Fitness! [R]  10:45 • Crossword Game [A]  1:45 • Bingo Lovers! [A]  3:00 • Sunday Trivia ADA ( History-Facts) [A]  6:00 • Wing Orginish the | 00 ● Sit & Be<br>Fit ! [R]                       | 10:00 • Catholic Service 10:00 • Exercise Class [R] 10:45 • Jeopardy [A] 10:2:00 Resident Council Meeting [D] 1:3:00 • Poker Club [A] 3: | Walkers ZO  O Fitness Class [R]                                | Shopping 9-12  10:00 Exercise Class [R] 10:45 Creative Art Class [A] 1:45 Bingo Fun!! [A] 3:00 July B-Day Celebration!  | 9:15 Sunshine Walk 0:00 Let's Move with Luis! [R] 0:45 UNO in the Parlor [R] 1:45 Spanish Loteria [A] 3:00 Poker Club [A] 6:15 DAM Movie [A]              | 9:30 • Garden Walk  10:00 • Exercise Class [R]  10:45 • Penny Card Game [A]  1:45 • Black Jack [A]  3:00 • Video Concert [M]  Lic. #197608878 |