October 2021 Meadowbrook Better Together Month Monthly Activities							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beinspired WWW.SENIORLIFESTYLE.COM Activities are subject to change	9:00 • Sunshine Walk 10:00 • Sunday Fitness! [R] 10:45 • Crossword Game [A] 1:45 • Bingo Lovers! [A] 3:00 • Halloween Social Celebration! [P] 6:30 • Wine Social in the Parlor					9:15 Sunshine Walk 10:00 Let's Move with Luis! [R] 10:45 UNO in the Parlor [R] 1:45 Spanish Loteria [A] 3:00 Poker Club [A] 6:15 Comedy Movie [A]	9:30 • Garden Walk 10:00 • Exercise Class [R] 10:45 • Penny Card Game [A] 1:45 • Black Jack [A] 3:00 • Video Concert [M]
MEADOWBROOK AT AGOURA HILLS a Senior Lifestyle community	9:00 • Sunshine Walk 10:00 • Sunday Fitness! [R] 10:45 • Crossword Game [A] 1:45 • Bingo Lovers! [A] 3:00 • Conversational Spanish [A] 6:30 • Puzzle Club	9:15 Sunshine Walk 10:00 Sit & Be Fit! [R] 10:45 Chicken Soup for the Soul! 1:30 German American Heritage! [A] 3:00 Poker Club [A] 6:00 Movie Club! [A]	9:00 Patio Walk 10:00 Catholic Service 10:00 Exercise Class [R] 10:45 Jeopardy [A] 1:45 Sweet Bingo [A] 3:00 Poker Club [A] 6:30 Table Games	Walkers 10:00 Fitness Class [R] 10:45 Word Game! [AL] 1:15 Community Outing 1:45 Black Jack [A]	9:15 Morning Shopping 9-12 0:00 Exercise Class [R] 0:45 Pumpkin Decoration! [A] 1:45 Bingo Fun!! [A] 3:00 Banana Split Party Meet Your New Neighbors! [D] 3:00 Music with Mark! [D] 6:30 Movie & Popcorn in the Activity room	9:15 Sunshine Walk 10:00 Let's Move with Luis! [R] 10:45 UNO in the Parlor [R] 1:45 Spanish Loteria [A] 3:00 Poker Club [A] 6:15 Comedy Movie [A]	10:00 • Exercise
CONNECTCONTRIBUTEFEELGROWMOVEREFLECT	9:00 • Sunshine Walk 10:00 • Sunday Fitness! [R] 10:45 • Crossword Game [A] 1:45 • Bingo Lovers! [A] 3:00 • Sunday Trivia [A] 6:30 • Wine Social in the Parlor	9:15 • Sunshine Walk 10:00 • Sit & Be Fit! [R] 10:45 • Book Club! [A] 1:30 • Polish American Heritage! [A] 3:00 • Poker Club [A] 6:00 • Movie Club! [A]	9:00 Patio Walk 10:00 Catholic Service 10:00 Exercise Class [R] 10:45 Jeopardy [A] 2:00 Sing Along w/Paula ! [A] 3:00 Poker Club [A] 6:30 Table Games	10:00 • Fitness Class [R] 11:00 • Celebration of Jewish Life w/Rabbi Jim [A] 1:15 • Community Outing 1:45 • Black Jack [A] 3:00 • Spanish Loteria [A] 6:30 • Puzzle Club [P]	9:15 Target Shopping 9-12 9:15 Walk at the Garden 0:00 Exercise Class [R] 0:45 Creative Art Class [A] 1:45 Bingo Fun!! [A] 3:00 Harvest Festival w/ Steve & Gerald! [D] 6:30 Movie & Popcorn in the Activity room	9:15 Sunshine Walk 10:00 Let's Move with Luis! [R] 10:45 UNO in the Parlor [R] 1:45 Spanish Loteria [A] 3:00 Poker Club [A] 6:15 Spooky Movie [A]	10:00 • Exercise
Location Keys AL AL Activity Room A Dining Room D Media Room M Parlor P Patio PT Recreation Room R	9:00 • Sunshine Walk 10:00 • Sunday Fitness! [R] 10:45 • Crossword Game [A] 1:45 • Bingo Lovers! [A] 3:00 • Conversational Spanish [A] 6:30 • Puzzle Club	10:00 ● Sit & Be Fit![R]	9:00 Patio Walk 10:00 Catholic Service 10:00 Exercise Class [R] 10:45 Jeopardy [A] 1:45 Sweet Bingo [A] 3:00 Poker Club [A] 6:30 Table Games	Walkers 10:00 Fitness Class [R] 10:45 Word Game! [AL] 1:15 Community Outing 1:45 Black Jack [A] 3:00 Spanish Loteria [A]	9:15 • Morning Shopping 9-12 9:15 • Walk at the Garden 0:00 • Exercise Class [R] 0:45 • Creative Art Class [A] 1:45 • Bingo Fun!! [A] 3:00 October B-Day Celebration! [D] 6:30 • Movie & Popcorn in the Activity room	9:15 Sunshine Walk 10:00 Let's Move with Luis! [R] 10:45 UNO in the Parlor [R] 1:45 Spanish Loteria [A] 3:00 Poker Club [A] 6:15 Comedy Movie [A]	Walk 10:00 • Exercise Class [R]
	9:00 Sunshine Walk 10:00 Sunday Fitness! [R] 10:45 Crossword Game [A] 1:45 Bingo Lovers! [A] 3:00 Sunday Trivia [A] 6:30 Wine Social in the Parlor	9:15 • Sunshine Walk 10:00 • Sit & Be Fit ! [R]	Hat Day! 9:00 Patio Walk 10:00 Catholic Service 10:00 Exercise Class [R] 10:45 Jeopardy [A] 2:00 Resident Council Meeting [D] 3:00 Poker Club [A] 6:30 Table Games	9:15 • Wild Walkers 10:00 • Fitness Class [R] 10:45 • Word Game! [AL] 1:15 • Community Outing 1:45 • Black Jack [A]	9:15 • 99c Store Shopping 9:15 • Walk at the Garden 0:00 • Exercise Class [R] 0:45 • Creative Art Class [A] 2:20 • Halloween Celebration with Tatjana!! [D] 6:30 • Movie & Popcorn in the Activity room	Tie Dye Day! 9:15 Sunshine Walk 10:00 Let's Move with Luis ! [R] 10:45 UNO in the Parlor [R] 1:45 Spanish Loteria [A] 3:00 Poker Club [A] 6:15 Spooky Movie [A]	10:00 • Exercise