

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

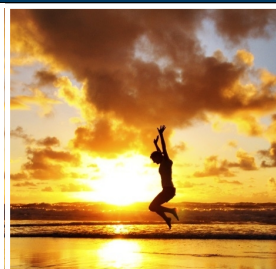
SATURDAY



- CONNECT
- CONTRIBUTE
- FEEL
- GROW
- MOVE
- REFLECT

## Location Keys

Activity Room A  
Dining Room D  
Media Room M  
Outing O  
Parlor P  
Patio PT  
Private Dining Room PD  
Recreation Room R



9:00 Morning Music and Introduction to the Day [P]  
9:15 Sunshine Walk  
9:30 Exercise Class [P]  
9:30 Yoga Class w/Marilyn [R]  
10:00 Catholic Service [A]  
10:00 Morning Snack [P]  
10:30 Color Your Mind [P]  
10:30 UNO in the Parlor [R]  
1:30 Baking Class  
2:00 Shabbat Service [D]  
2:30 Learning Language [P]  
3:15 Spanish Loteria [A]  
3:30 Bingo [P]  
6:00 Movie Night [P]  
7:00 Poker [A]  
7:30 Evening Snack [P]

1

9:00 Morning Music and Introduction to the Day [P]  
9:30 Exercise Class [R]  
9:30 Exercise Class [R]  
10:00 Morning Snack  
10:10 Walking Club  
10:30 Penny Card Game [A]  
10:30 Trivia  
1:30 Black Jack [A]  
1:30 Puzzles [O]  
2:30 Chair Volleyball [P]  
3:00 Ice Cream Social [P]  
3:30 Arts & Crafts [P]  
6:00 Movie Night [P]  
6:30 Dominoes Club [P]  
6:45 Movie & Popcorn in the Activity room [A]  
7:30 Evening Snack [P]

2

**Daylight Saving Time Ends**  
9:00 Morning Music and Introduction to the Day [P]  
9:30 Bodies in Motion [P]  
9:30 Sunday Fitness! [R]  
10:00 Morning Snack [P]  
10:30 Crossword Game [A]  
10:30 Sunday Crossword [P]  
1:30 Conversational Spanish [A]  
2:00 Afternoon Movie in the Media Room [M]  
2:00 Afternoon Reading Hour  
3:00 Afternoon Snack  
3:00 Bingo Lovers! [A]  
3:30 Chair Volleyball [P]  
6:00 Movie Night [P]  
6:15 Puzzle Club [P]  
6:30 Wine Social in the Parlor [P]  
7:30 Evening Snack [P]

3

9:00 Morning Music and Introduction to the Day [P]  
9:30 Sit & Be Fit! [R]  
9:30 Sit & Stretch [P]  
10:00 Morning Snack [P]  
10:10 Sunshine Walk  
10:30 Aqua Painting [P]  
10:30 Book Club  
1:00 Sing Along w/Frances [P]  
1:30 Sharper Minds! [A]  
2:00 Bingo [P]  
3:00 Word Game [A]  
3:30 Art Class [P]  
6:00 Movie Night [P]  
6:30 Table Games in the Parlor  
7:00 Poker Game [A]  
7:30 Evening Snack [P]

4

**Let's Feel!**  
9:00 Morning Music and Introduction to the Day [P]  
9:00 Walking Club  
9:30 Building Muscle [P]  
9:30 Exercise Class [R]  
9:30 Hand Massages [P]  
10:00 Current Events [R]  
10:00 Morning Snack [P]  
10:30 Trivia [O]  
10:45 Jeopardy [A]  
11:00 Pet Therapy [P]  
1:00 Scenic Drive [O]  
1:30 Bingo [R]  
2:00 Food Committee [D]  
3:00 Afternoon Snack [P]  
3:00 Let's Bake with Trent! [A]  
3:30 Word Game [P]  
6:00 Movie Night [P]  
6:30 Table Games [P]

5

9:00 Morning Music and Introduction to the Day [P]  
9:00 Wild Walkers  
9:30 Balance Exercise [P]  
9:30 Communion [A]  
9:30 Exercise Class [R]  
10:00 Morning Snack [P]  
10:30 Chicken Soup for the Soul [A]  
10:30 Communion  
1:00 Group Sing Songs [P]  
1:00 Out to the Movies  
1:30 Black Jack [R]  
2:00 Bingo [P]  
3:00 Afternoon Snack [P]  
3:00 Creative Arts Class [A]  
3:30 Pet Therapy [P]  
6:00 Movie Night [P]  
7:00 Poker [A]  
7:30 Fyennin Snack [P]

6

9:00 Morning Music and Introduction to the Day [P]  
9:00 Morning Shopping 9-12  
9:30 Exercise Class [R]  
9:30 Staying Fit [P]  
10:00 Morning Snack [P]  
10:30 Art Class  
10:30 Word Game Club! [A]  
1:00 Scenic Drive [O]  
1:30 Bingo Fun!! [A]  
3:00 Trivia and Coffee in the Parlor [P]  
3:30 Bible Study [PD]  
6:00 Movie Night [P]  
6:30 Evening Movie in the Activity room [A]  
7:30 Evening Snack [P]

7

9:00 Morning Music and Introduction to the Day [P]  
9:15 Sunshine Walk  
9:30 Exercise Class [P]  
9:30 Yoga Class w/Marilyn [R]  
10:00 Morning Snack [P]  
10:30 Color Your Mind [P]  
10:30 Water Color Class [A]  
1:30 Baking Class  
2:00 Shabbat Service [D]  
3:15 Spanish Loteria [A]  
3:30 Bingo [P]  
6:00 Movie Night [P]  
7:00 Poker [A]  
7:30 Evening Snack [P]

8

9:00 Morning Music and Introduction to the Day [P]  
9:30 Exercise Class  
9:30 Exercise Class [R]  
10:00 Morning Snack  
10:10 Walking Club  
10:30 Penny Card Game [A]  
10:30 Trivia  
1:30 Black Jack [A]  
1:30 Puzzles [O]  
2:30 Chair Volleyball [P]  
3:00 Sing Along with Chard! [D]  
3:30 Arts & Crafts [P]  
6:00 Movie Night [P]  
6:30 Dominoes Club [P]  
6:45 Movie & Popcorn in the Activity room [A]  
7:30 Evening Snack [P]

9

9:00 Morning Music and Introduction to the Day [P]  
9:30 Bodies in Motion [P]  
9:30 Sunday Fitness! [R]  
10:00 Morning Snack [P]  
10:30 Crossword Game [A]  
10:30 Sunday Crossword [P]  
1:31 Wii Bowling Tournament [A]  
2:00 Afternoon Movie in the Media Room [M]  
2:00 Afternoon Reading Hour  
3:00 Afternoon Snack  
3:00 Bingo Lovers! [A]  
3:30 Chair Volleyball [P]  
6:00 Movie Night [P]  
6:15 Puzzle Club [P]  
6:30 Wine Social in the Parlor [P]  
7:30 Evening Snack [P]

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**Veterans Day**  
9:00 Morning Music and Introduction to the Day [P]  
9:30 Sit & Be Fit! [R]  
9:30 Sit & Stretch [P]  
10:00 Morning Snack [P]  
10:10 Sunshine Walk  
10:30 Aqua Painting [P]  
10:30 Trivia!  
12:00 Veterans Day BBQ  
1:00 Sing Along w/Frances [P]  
1:30 Word Game [P]  
2:00 Bingo [P]  
3:00 Honoring Our Veterans! [D]  
3:30 Art Class [P]  
6:00 Movie Night [P]  
6:30 Table Games in the Parlor  
7:30 Evening Snack [P]

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9:00 Morning Music and Introduction to the Day [P]  
9:00 Walking Club  
9:30 Building Muscle [P]  
9:30 Fitness Class w/Lori [R]  
10:00 Current Events [R]  
10:00 Morning Snack [P]  
10:30 Trivia [O]  
10:45 Jeopardy [A]  
11:00 Pet Therapy [P]  
1:00 Scenic Drive [O]  
1:30 Bingo [R]  
2:00 Food Committee [D]  
3:00 Afternoon Snack [P]  
3:00 Sing Along w/Paula! [D]  
3:30 Word Game [P]  
6:00 Movie Night [P]  
6:30 Table Games [P]  
7:00 Poker Game [A]  
7:30 Evening Snack [P]

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**Let's Move!**  
9:00 Morning Music and Introduction to the Day [P]  
9:00 Wild Walkers  
9:30 Balance Exercise [P]  
9:30 Communion [A]  
9:30 Exercise Class [R]  
10:00 Morning Snack [P]  
10:30 Communion  
10:30 Letters to the Troops! [A]  
11:30 Out to Lunch (Persian)  
1:00 Group Sing Songs [P]  
2:00 Forever Young! [D]  
3:00 Afternoon Snack [P]  
3:00 Ice Cream Social [P]  
3:15 Black Jack [R]  
6:00 Movie Night [P]  
7:00 Poker [A]  
7:30 Evening Snack [P]

13

9:00 Morning Music and Introduction to the Day [P]  
9:00 Morning Shopping 9-12  
9:30 Exercise Class [R]  
9:30 Staying Fit [P]  
10:00 Morning Snack [P]  
10:30 Art Class  
10:30 Word Game Club! [A]  
1:00 Scenic Drive [O]  
1:30 Bingo Fun!! [A]  
3:00 Hand Massage Spa! [A]  
3:30 Bible Study [PD]  
6:00 Movie Night [P]  
6:30 Evening Movie in the Activity room [A]  
7:30 Evening Snack [P]

14

9:00 Morning Music and Introduction to the Day [P]  
9:15 Sunshine Walk  
9:30 Exercise Class [P]  
9:30 Yoga Class w/Marilyn [R]  
10:00 Catholic Service [A]  
10:00 Morning Snack [P]  
10:30 Color Your Mind [P]  
10:30 UNO in the Parlor [R]  
1:30 Baking Class  
2:00 Shabbat Service [D]  
3:15 Spanish Loteria [A]  
3:30 Happy Hour [P]  
6:00 Movie Night [P]  
7:00 Poker [A]  
7:30 Evening Snack [P]

15

9:00 Morning Music and Introduction to the Day [P]  
9:30 Exercise Class  
9:30 Exercise Class [R]  
10:00 Morning Snack  
10:10 Walking Club  
10:30 Penny Card Game [A]  
10:30 Trivia  
1:30 Black Jack [A]  
1:30 Puzzles [O]  
2:30 Chair Volleyball [P]  
3:00 Harmony Concert [D]  
3:30 Arts & Crafts [P]  
6:00 Movie Night [P]  
6:30 Dominoes Club [P]  
6:45 Movie & Popcorn in the Activity room [A]  
7:30 Evening Snack [P]

16

9:00 Morning Music and Introduction to the Day [P]  
9:30 Bodies in Motion [P]  
9:30 Sunday Fitness! [R]  
10:00 Morning Snack [P]  
10:30 Crossword Game [A]  
10:30 Sunday Crossword [P]  
1:30 Conversational Spanish [A]  
2:00 Afternoon Movie in the Media Room [M]  
2:00 Spelling Bees  
3:00 Afternoon Snack  
3:00 Bingo Lovers! [A]  
3:30 Chair Volleyball [P]  
6:00 Movie Night [P]  
6:15 Puzzle Club [P]  
6:30 Wine Social in the Parlor [P]  
7:30 Evening Snack [P]

17

**Let's Reflect!**  
9:00 Morning Music and Introduction to the Day [P]  
9:30 Sit & Be Fit! [R]  
9:30 Sit & Stretch [P]  
10:00 Morning Snack [P]  
10:10 Sunshine Walk  
10:30 Aqua Painting [P]  
10:30 Book Club  
1:00 Sing Along w/Frances [P]  
1:30 Celebration of Jewish Life w/Rabbi Jim [A]  
2:00 Bingo [P]  
3:00 Word Game [A]  
3:30 Art Class [P]  
6:00 Movie Night [P]  
6:30 Table Games in the Parlor  
7:00 Poker Game [A]  
7:30 Evening Snack [P]

18

8:30 Pajama Breakfast Party! [D]  
9:00 Morning Music and Introduction to the Day [P]  
9:30 Building Muscle [P]  
9:30 Fitness Class w/Lori [R]  
10:00 Current Events [R]  
10:00 Morning Snack [P]  
10:30 Trivia [O]  
10:45 Jeopardy [A]  
11:00 Pet Therapy [P]  
1:00 Scenic Drive [O]  
1:30 Bingo [R]  
2:00 Food Committee [D]  
3:00 Afternoon Snack [P]  
3:00 Banana Split Party Meet your New Neighbors! [P]  
3:30 Word Game [P]  
6:00 Movie Night [P]  
6:30 Table Games [P]  
7:00 Poker Game [A]  
7:30 Evening Snack [P]

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**Let's Grow!**  
9:00 Chumash Casino Trip  
9:00 Morning Music and Introduction to the Day [P]  
9:00 Wild Walkers  
9:30 Balance Exercise [P]  
9:30 Communion [A]  
9:30 Exercise Class [R]  
10:00 Morning Snack [P]  
10:30 Communion  
10:30 Spelling Bee Tournament! [A]  
1:00 Current Event/Issues [P]  
2:30 Support Group [M]  
3:00 Afternoon Snack [P]  
3:00 Creative Arts Class [A]  
3:00 Ice Cream Social [P]  
6:00 Movie Night [P]  
7:00 Poker [A]  
7:30 Evening Snack [P]

20

9:00 Morning Music and Introduction to the Day [P]  
9:00 Morning Shopping 9-12  
9:30 Exercise Class [R]  
9:30 Staying Fit [P]  
10:00 Morning Snack [P]  
10:30 Painting  
10:30 Word Game Club! [A]  
1:00 Scenic Drive [O]  
1:30 Bingo Fun!! [A]  
2:00 Music Appreciation w/ Carol Kelly [P]  
3:00 November B-Day Celebration! [P]  
3:30 Bible Study [PD]  
6:00 Movie Night [P]  
6:30 Evening Movie in the Activity room [A]  
7:30 Evening Snack [P]

21

9:00 Morning Music and Introduction to the Day [P]  
9:15 Sunshine Walk  
9:30 Exercise Class [P]  
9:30 Yoga Class w/Marilyn [R]  
10:00 Morning Snack [P]  
10:30 Acrylic Paint Class [A]  
10:30 Color Your Mind [P]  
1:30 Baking Class  
2:00 Shabbat Service [D]  
3:15 Spanish Loteria [A]  
3:30 Happy Hour [P]  
6:00 Movie Night [P]  
7:00 Poker [A]  
7:30 Evening Snack [P]

22

9:00 Morning Music and Introduction to the Day [P]  
9:30 Exercise Class  
9:30 Exercise Class [R]  
10:00 Morning Snack  
10:10 Walking Club  
10:30 Penny Card Game [A]  
10:30 Trivia  
1:30 Black Jack [A]  
1:30 Puzzles [O]  
2:30 Chair Volleyball [P]  
3:00 Harvest Show Presentation! [D]  
3:30 Arts & Crafts [P]  
6:00 Movie Night [P]  
6:30 Dominoes Club [P]  
6:45 Movie & Popcorn in the Activity room [A]  
7:30 Evening Snack [P]

23

9:00 Morning Music and Introduction to the Day [P]  
9:30 Bodies in Motion [P]  
9:30 Sunday Fitness! [R]  
10:00 Morning Snack [P]  
10:30 Crossword Game [A]  
10:30 Sunday Crossword [P]  
1:30 Outside Games/Cornhole [PT]  
2:00 Afternoon Movie in the Media Room [M]  
2:00 Spelling Bees  
3:00 Afternoon Snack  
3:00 Bingo Lovers! [A]  
3:30 Chair Volleyball [P]  
6:00 Movie Night [P]  
6:15 Puzzle Club [P]  
6:30 Wine Social in the Parlor [P]  
7:30 Evening Snack [P]

24

9:00 Morning Music and Introduction to the Day [P]  
9:30 Sit & Be Fit! [R]  
9:30 Sit & Stretch [P]  
10:00 Morning Snack [P]  
10:10 Sunshine Walk  
10:30 Aqua Painting [P]  
10:30 Poetry Corner! [A]  
1:00 Sing Along w/Frances [P]  
1:30 Sharper Minds! [A]  
2:00 Bingo [P]  
3:00 Word Game [A]  
3:30 Art Class [P]  
6:00 Movie Night [P]  
6:30 Table Games in the Parlor  
7:00 Poker Game [A]  
7:30 Evening Snack [P]

25

**Let's Contribute!**  
9:00 Morning Music and Introduction to the Day [P]  
9:00 Walking Club  
9:30 Building Muscle [P]  
9:30 Exercise Class [R]  
10:00 Current Events [R]  
10:00 Morning Snack [P]  
10:30 Trivia [O]  
10:45 Jeopardy [A]  
11:00 Pet Therapy [P]  
1:00 Scenic Drive [O]  
2:00 Resident Council Meeting [D]  
3:00 Afternoon Snack [P]  
3:15 Bingo [R]  
3:30 Music Therapy [P]  
6:00 Movie Night [P]  
7:00 Poker Game [A]

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**Let's Connect!**  
9:00 Morning Music and Introduction to the Day [P]  
9:00 Wild Walkers  
9:30 Balance Exercise [P]  
9:30 Communion [A]  
9:30 Exercise Class [R]  
10:00 Morning Snack [P]  
10:30 Communion  
12:00 Meadowbrook Thanksgiving Buffet [D]  
1:00 Current Event/Issues [P]  
1:30 Black Jack [R]  
3:00 Afternoon Snack [P]  
3:30 Arts & Crafts [P]  
6:00 Thanksgiving Celebration! [P]  
6:00 Movie Night [P]  
7:00 Poker [A]  
7:30 Evening Snack [P]

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**Thanksgiving Day**  
9:00 Morning Music and Introduction to the Day [P]  
9:00 Morning Shopping 9-12  
9:30 Exercise Class [R]  
9:30 Staying Fit [P]  
10:00 Morning Snack [P]  
10:30 Painting  
10:30 Word Game Club! [A]  
1:00 Scenic Drive [O]  
1:30 Thanksgiving Day Movie Marathon! [A]  
3:30 Birthday Celebration [P]  
6:00 Movie Night [P]  
6:30 Evening Movie in the Activity room [A]  
7:30 Evening Snack [P]

28

9:00 Morning Music and Introduction to the Day [P]  
9:15 Sunshine Walk  
9:30 Exercise Class [P]  
9:30 Yoga Class w/Marilyn [R]  
10:00 Catholic Service [A]  
10:00 Morning Snack [P]  
10:30 Color Your Mind [P]  
10:30 UNO in the Parlor [R]  
1:30 Baking Class  
2:00 Shabbat Service [D]  
3:15 Spanish Loteria [A]  
3:30 Happy Hour [P]  
6:00 Movie Night [P]  
7:00 Poker [A]  
7:30 Evening Snack [P]

29

9:00 Morning Music and Introduction to the Day [P]  
9:30 Exercise Class  
9:30 Exercise Class [R]  
10:00 Morning Snack  
10:10 Walking Club  
10:30 Penny Card Game [A]  
10:30 Trivia  
1:30 Black Jack [A]  
1:30 Puzzles [O]  
2:30 Chair Volleyball [P]  
3:00 The Show of David [D]  
3:30 Arts & Crafts [P]  
6:00 Movie Night [P]  
6:30 Dominoes Club [P]  
6:45 Movie & Popcorn in the Activity room [A]  
7:30 Evening Snack [P]

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