January 2023 Atrium Village

explore | Independent Living

Atrium Village							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
10:30 Non Denominational Church Service [2nd FL IL] 11:00 Catholic Service [2nd FL IL]	Store & Bank Trip Giant) [Outing] 10:30 • Zumba [IL Movie Theater] 11:30 • Daily Chronicles & Trivia [IL Movie Theater] 1:30 • Art Class- Art with a heart [AS]	[Outing] 10:30 Morning Stretch [IL Movie Theater]	[II Movie Theoter]	10:30 • Chair Fitness [IL Movie Theater] 11:15 • Current Events with Allison [IL Movie Theater] 12:30 • Nurse Hours w/ Jenn [IL Movie Theater] 1:00 • Lunch Bunch- we will order carry out and bring it to you [AS] 1:30 • Entertainment with Larzine [IL Movie Theater] 1:30 • Monthly Birthday w/ Larzine [IL Movie Theater] 3:00 • Drama Club [IL Movie Theater] 6:30 • Bible Study W/ Pastor Robert J Anderson [Lobby]	Movie Theater] 11:15	Morning Fitness W/ Allison [IL Movie Theater] Horoscopes & Daily News [IL Movie Theater] Movies and Manicures [2nd FL IL] Horseracing Game! (Punch Card Activity) [Lobby IL] Musical Moments (You Tube) [IL Movie Theater] Evening Movie [IL Movie Theater]	INDEPENDENT LIVING BY SENIOR LIFESTYLE
10:30 Non Denominational Church Service [2nd FL IL] 11:00 Catholic Service [2nd FL IL] 11:30 Exercise class [IL Movie Theater] 1:30 Show Tune Sundays with John Oliver [IL Movie Theater] 3:00 Let's Play Board Games! [IL Movie Theater] 5:00 Comedy Classics (You Tube) [IL Movie Theater] 7:00 Evening Movie [IL Movie Theater]	10:30 10:30 am Grocery Store & Bank Trip (Weis Market) [Outing] 10:30 Zumba [IL Movie Theater] 11:30 Daily Chronicles & Trivia [IL Movie Theater] 1:30 Bingo! [Lobby] 3:00 Uplifting Monday Movie Matinee [IL Movie Theater] 4:00 Board Games! (Independant Activity) [4th fl] 7:00 Evening Movie [IL Movie Theater]	10:30 • Morning Stretch [IL Movie Theater] 10:30 • Walmart [Outing] 11:15 • Headbandz [Lobby IL] 11:45 • Indoor Meditation Walk /15 minutes [Lob] 1:30 • Craft Corner- Vision Board for your 2023 [AS] 2:00 • Fact or Fiction? You Decide [IL Movie Theater] 3:00 • Happy Hour w/ Cliff Winder [CK] 7:00 • Evening Movie [IL Movie Theater]	10:30 • Yoga w/ Laughter [IL Movie Theater] 11:30 • Current Events & Trivia with Allison [IL Movie Theater] 1:30 • Atrium Jeopardy! [2nd FL IL] 1:30 • Red Hat Society Meeting! [2nd FL IL] 2:00 • Bookmobile [Lob] 2:30 • You Be The Judge [IL Movie Theater] 3:00 • Choir Practice [IL Movie Theater] 4:00 • Jokes & Riddles [Lobby IL] 7:00 • Evening Movie [IL Movie Theater]	11:15 • Current Events with Allison [IL Movie Theater] 11:30 • Bowling Trip [Outing] 12:30 • Nurse Hours w/ Jenn [IL Movie Theater] 1:30 • Vintage Entertainment Performs [IL Movie Theater] 2:30 • Comedy Classics (You Tube) [IL Movie Theater] 3:00 • Drama Club [2nd FL IL] 6:30 • Bible Study W/ Pastor Robert J Anderson [Lobby]	Movie Theater] 11:15	Morning Fitness W/ Allison [IL Movie Theater] Horoscopes & Daily News [IL Movie Theater] Axe Throwing!!! Punch Card Activity [2nd FL IL] Musical Moments (You Tube) [IL Movie Theater] Movies and Manicures [2nd FL IL] Evening Movie [IL Movie Theater]	ATRIUM VILLAGE a Senior Lifestyle community
10:30 Non Denominational Church Service [2nd FL IL] 11:00 Catholic Service [2nd FL IL] 11:30 Exercise class [IL Movie Theater] 1:30 Let's Make Jewelry w/Anne [AS] 3:00 Let's Play Board Games! [IL Movie Theater] 5:00 Comedy Classics (You Tube) [IL Movie Theater] 7:00 Evening Movie [IL Movie Theater]	Martin Luther King, Jr. Day 10:30 am Grocery Store & Bank Trip (Weis Market) [Outing] 10:30 • Zumba [IL Movie Theater] 11:30 • Daily Chronicles & Trivia [IL Movie Theater] 1:30 • Art Class- Art with a heart [AS] 2:30 • Book Club Meeting [6th FI] 2:30 • Happy Birthday MLK [IL Movie Theater] 3:00 • Uplifting Monday Movie Matinee [IL Movie Theater] 4:00 • Board Games! (Independant Activity) [4th fi] 7:00 • Evening Movie [IL Movie Theater]	10:30 • Morning Stretch [IL Movie Theater] 10:30 • Target [Outing] 11:15 • Headbandz [Lobby IL] 11:45 • Indoor Meditation Walk /15 minutes [Lob] 1:30 • Craft Corner [AS] 2:00 • Fact or Fiction? You Decide [IL Movie Theater] 3:00 • Happy Hour!! 7:00 • Evening Movie [IL Movie Theater]	[IL Movie Theater] 11:30 • Current Events & Trivia with Allison [IL Movie Theater] 1:30 • Atrium Fashion Show [IL Movie Theater] 1:30 • Atrium Jeopardy! [2nd FL IL] 2:30 • You Be The Judge [IL Movie Theater] 4:00 • Jokes & Riddles [Lobby IL] 7:00 • Evening Movie [IL Movie Theater]	Cove [Outing] 12:30 Nurse Hours w/ Jenn [IL Movie Theater] 1:30 Seth Kibel [IL Movie Theater] 2:30 Comedy Classics (You Tube) [IL Movie Theater] 3:00 Drawing with Allison [AS] 6:30 Bible Study W/ Pastor Robert J Anderson [Lobby]	Movie Theater] 11:15	Morning Fitness W/ Allison [IL Movie Theater] Horoscopes & Daily News [IL Movie Theater] Movies and Manicures [2nd FL IL] Word Fun! [2nd FL IL] Musical Moments (You Tube) [IL Movie Theater] Evening Movie [IL Movie Theater]	 _CONNECT _FEEL _GROW _MOVE explore - Culture & the Arts explore - Leadership & Volunteerism explore - Lectures & Learning explore - Recreation & Entertainment explore - Spiritual Health & Religion explore - Strength & Vitality explore - Travels & Treks
10:30 Non Denominational Church Service [2nd FL IL] 11:00 Catholic Service [2nd FL IL] 11:30 Exercise class [IL Movie Theater] 2:00 Chinese New Year History & Fun Facts! [IL Movie Theater] 3:00 Let's Play Board Games! [IL Movie Theater] 5:00 Comedy Classics (You Tube) [IL Movie Theater] 7:00 Evening Movie [IL Movie Theater]	10:30 10:30 am Grocery Store & Bank Trip (Weis Market) [Outing] 10:30 Zumba [IL Movie Theater] 11:30 Daily Chronicles & Trivia [IL Movie Theater] 1:30 Bingo! [Lobby] 3:00 Uplifting Monday Movie Matinee [IL Movie Theater] 4:00 Board Games! (Independant Activity) [4th fl] 7:00 Evening Movie [IL Movie Theater]	10:30 Five Below [Outing] 10:30 Morning Stretch [IL Movie Theater] 11:15 Headbandz [Lobby IL] 11:45 Indoor Meditation Walk /15 minutes [Lob] 1:30 Craft Corner [AS] 2:00 Fact or Fiction? You Decide [IL Movie Theater] 3:00 Happy Hour!! 7:00 Evening Movie [IL Movie Theater]	10:30 Yoga w/ Laughter [IL Movie Theater] 11:30 Current Events & Trivia with Allison [IL Movie Theater] 1:30 Townhall Meeting [IL Movie Theater] 2:30 You Be The Judge [IL Movie Theater] 3:00 Choir Practice [IL Movie Theater] 4:00 Jokes & Riddles [Lobby IL] 7:00 Evening Movie [IL Movie Theater]	10:30 • Chair Fitness [IL Movie Theater] 11:00 • Movie Matinee at AMC Movie Theatre- Movie TBA [Outing] 11:15 • Current Events with Allison [IL Movie Theater] 12:30 • Nurse Hours w/ Jenn [IL Movie Theater] 1:30 • Entertainment W/Harvey Feldman [Lobby] 3:00 • Drama Club [IL Movie Theater] 3:00 • Meet Your Neighbor Social [Lobby IL] 6:30 • Bible Study W/ Pastor Robert J Anderson [Lobby]	& Daily News [IL Movie Theater] 11:30	Morning Fitness W/ Allison [IL Movie Theater] Horoscopes & Daily News [IL Movie Theater] Movies and Manicures [2nd FL IL] Win, Lose, Draw [2nd FL IL] Musical Moments (You Tube) [IL Movie Theater] Evening Movie [IL Movie Theater]	Location Keys 1st FL Lobby Lobby 1st Fl Lobby IL Lobby IL 1st Fl Movie Theater 2nd FL IL 2nd FL IL 4th Fl Card Room 4th fl 6th floor Library 6th Fl Art Studio AS Country Kitchen CK Outing Outside/ Lobby Lob
10:30 Non Denominational Church Service [2nd FL IL] 11:00 Catholic Service [2nd FL IL] 11:30 Exercise class [IL Movie Theater] 1:30 Let's Make Jewelry w/Anne [AS] 3:00 Let's Play Board Games! [IL Movie Theater] 5:00 Comedy Classics (You Tube) [IL Movie Theater] 7:00 Evening Movie [IL Movie Theater]	Store & Bank Trip (Weis Market) [Outing] 10:30 • Zumba [IL Movie Theater] 11:30 • Daily Chronicles & Trivia [IL	10:30 Dollar Tree [Outing] 10:30 Morning Stretch [IL Movie Theater] 11:45 Indoor Meditation Walk /15 minutes [Lob] 2:00 Fact or Fiction? You Decide [IL Movie Theater] 3:00 Happy Hour!! 7:00 Evening Movie [IL Movie Theater]	ATRIUM VILLAGE a Senior Lifestyle community	 _CONNECT _FEEL _GROW _MOVE explore - Culture & the Arts explore - Leadership & Volunteerism explore - Lectures & Learning explore - Recreation & Entertainment explore - Spiritual Health & Religion explore - Strength & Vitality explore - Travels & Treks 	Location Keys 1st FL Lobby Lobby Lobby IL 1st FI Movie Theater IL Movie Theater 2nd FL IL 4th FI Card Room 4th fl 6th floor Library 6th FI Art Studio AS Country Kitchen CK Outing Outside/ Lobby Lob		WWW.SENIORLIFESTYLE.COM ACTIVITIES ARE SUBJECT TO CHANGE