February 2023 Atrium Village							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEMORY CARE CENTRAL MEMORY CARE BY SENIOR LIFESTYLE WWW.SENIORLIFESTYLE.COM Activities are subject to change		"Surrender to what is. Let go of what was. Have faith in what will be." — Sonia Ricotti		10:00 • Black History Spotlight 10:00 • Praise and worship 10:30 • Winter Trivia 11:00 • Refreshment Time 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:00 • Romantic Couples through the ages 5:30 • Sing with me tonight 6:00 • Prayer Request	Groundhog Day 10:30 Sing-along 10:30 Larry Elgart- Hook on Swing (YouTube) 11:00 Thymeless Cooking 11:15 Fun Facts about Groundhog day 11:30 Zumba Gold Fitness 2:00 Crunch and munch (snack) 2:00 Put a Nickel in the Jukebox 3:00 Icebreakers 5:30 Toe Tapping tunes Blues 6:00 Spiritual Reading	10:00 Black History Spotlight 10:30 Heart Wreath 11:00 Its Puzzling 11:00 Refreshment Time 11:15 My first Love 11:30 Concert Hour 2:00 Crunch and munch (snack) 2:00 Put a Nickel in the Jukebox 3:00 Complete the proverb 5:30 Random Acts of kindness	10:00 • TV Commericials [LG] 10:30 • Sing with me 11:00 • Refreshment Time 11:30 • Let's move! 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:00 • Romantic Couples through the ages 6:00 • Prayer Jar
ATRIUM VILLAGE a Senior Lifestyle community	10:00 • Bob Marley Greatest Hits 11:00 • Refreshment Time	10:00 • Winter Quotes 10:30 • Martin Luther King Spot light [Lobby] 10:30 • Match the numbers [LG] 11:00 • Refreshment Time 11:30 • Frozen Yogurt Tasting Day 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:00 • Blindfold taste test 5:30 • Price was Right 6:00 • Toe Tapping tunes to the blues	Spotlight 10:30 • Larry Elgart- Hook on Swing (You Tube)	10:00 • Simon Says [LG] 10:30 • Guess the Candy 11:00 • Refreshment Time 11:15 • Make Holiday Snow 11:15 • Trivia Challenge 11:30 • Balloon Artwork 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:00 • Romantic Couples through the ages 5:30 • Tennis Game 6:00 • Meditation	10:00 • Black History Spotlight 10:30 • Pita Pizza - National Pizza Day 11:00 • Thymeless Cooking 11:30 • Zumba Gold Fitness 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:00 • Icebreakers 5:30 • Life Experiences Bingo 6:00 • Spiritual Reading	10:00 • Dog show 10:30 • Strawberry Dipping 11:00 • Refreshment Time 11:15 • Delicious Food Made with Love 11:15 • Ladies club 11:30 • Warm Winter Recipes 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 6:00 • Toe Tapping tunes to the blues	10:00 Black History Spotlight 10:00 TV Commericials [LG] 10:30 Love Story -Margaret Lockwood, steward Granger 11:00 Refreshment Time 11:15 Tea tasting 11:30 Zumba Gold Fitness 2:00 Crunch and munch (snack) 2:00 Put a Nickel in the Jukebox 3:00 Romantic Couples through the ages 5:30 Pioneer women 6:00 Prayer Jar
_CONNECT_CONTRIBUTE_FEEL_GROW_MOVE_REFLECT	10:30 • Love Story -Margaret Lockwood, steward Granger 11:00 • Refreshment Time 11:15 • Dot to Dot art 11:30 • Old Radio Show -(You Tube) 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:00 • Match the couples 5:30 • Do you know your teams? Football Trivia 6:00 • Superbowl Pre Party		Valentine's Day 10:00 • Love words & Meanings 10:30 • Love story: September Affair 11:00 • Refreshment Time 11:15 • Yarn wrapping cardboard hearts 11:30 • Hand Exercise 2:00 • Crunch and munch (snack) 2:00 • Valentine Ice Cream Bar 3:15 • Happy Hour 5:30 • Let's Chat (Discussion Questions) 6:00 • Spiritual Reading	10:00 • Black History Spotlight 10:00 • Praise and worship 10:30 • Winter Trivia 11:00 • Refreshment Time 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:00 • Romantic Couples through the ages 5:30 • Sing with me tonight 6:00 • Prayer Request	10:00 • Sing-along 10:30 • Larry Elgart- Hook on Swing (YouTube) 11:00 • Thymeless Cooking 11:15 • Real 1950's Rock & Roll dance 11:30 • Zumba Gold Fitness 2:00 • Art Class with Anne 2:00 • Crunch and munch (snack) 3:00 • Icebreakers 5:30 • Toe Tapping tunes Blues 6:00 • Spiritual Reading	10:00 Black History Spotlight 10:30 Heart Wreath 11:00 Refreshment Time 11:15 Lets make cookies 11:30 Acts of Kindness 2:00 Crunch and munch (snack) 2:00 Put a Nickel in the Jukebox 3:00 Complete the proverb 5:30 Random Acts of kindness	10:00 • TV Commericials [LG] 10:30 • Sing with me 11:00 • Refreshment Time 11:30 • Zumba Gold Fitness 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:00 • Romantic Couples through the ages 6:00 • Prayer Jar
Location Keys	Spotlight 10:00 • touch and feel 11:00 • Refreshment Time	10:00 • Winter Quotes 10:30 • Match the numbers [LG] 11:00 • Refreshment Time	10:00 • Black History Spotlight 10:30 • Larry Elgart- Hook on Swing (YouTube) 11:00 • Refreshment Time 11:15 • Yarn wrapping cardboard hearts 11:30 • Q- Tip Painted Heart Art 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:00 • Radio Show: Soap Opera 3:15 • Happy Hour 5:30 • love words connection 6:00 • Spiritual Reading	10:00 Stay in your PJ's! [LG] 10:30 Horse Race Game 11:00 Refreshment Time 11:15 Ladies club 11:30 Balloon Artwork 2:00 Crunch and munch (snack) 2:00 Put a Nickel in the Jukebox 3:00 Heart Conversation Starters 3:00 Romantic Couples through the ages 5:30 Tennis Game 6:00 Meditation	Spotlight 10:30 • Larry Elgart- Hook on Swing (YouTube) 11:00 • Thymeless Cooking 11:15 • Lets move to music 11:30 • Zumba Gold Fitness 2:00 • Crunch and munch (snack)	10:00 Candy Dice 10:30 Cars in my life 11:00 Refreshment Time 11:15 Ladies club 11:30 National Tortilla Chip Day 2:00 Crunch and munch (snack) 2:00 Put a Nickel in the Jukebox 6:00 Toe Tapping tunes to the blues	10:00 • Black History Spotlight 10:00 • TV Commericials [LG] 10:30 • Love Story -Margaret Lockwood, steward Granger 11:00 • Refreshment Time 11:15 • Tea tasting 11:30 • Zumba Gold Fitness 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:00 • Romantic Couples through the ages 5:30 • Pioneer women 6:00 • Prayer Jar
1st FL Lobby Lobby MC Lounge LG	10:30 • Love Story -Margaret Lockwood, steward Granger 11:00 • Refreshment Time 11:30 • Old Radio Show -(You Tube) 2:00 • Family Event: Learning your loved on love Language-Alz Association -Yoland Wright 3:00 • Match the couples 5:30 • Do you know your teams? Football Trivia 6:00 • Prayer Jar	Spotlight 10:30 Martin Luther King Spot light [Lobby] 10:30 Poetry Reading	10:00 • Tell me what this is! 10:30 • Larry Elgart- Hook on Swing (YouTube) 11:00 • Refreshment Time 11:15 • Yarn wrapping cardboard hearts 11:30 • Hand Exercise 2:00 • Crunch and munch (snack) 2:00 • Put a Nickel in the Jukebox 3:15 • Happy Hour 5:30 • Let's Chat (Discussion Questions) 6:00 • Spiritual Reading				