

December 2023
Elements Activity Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December cont'd 31 New Year's Eve 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise (30 Min) [AR] 10:30 Virtual Church Worship (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:00 Sunday Football In The Lounge (240 Min) [CL] 2:15 Cafe On The Go (60 Min) 3:15 Balloon Volleyball (60 Min) [AR] 7:00 Anthology Cinema Presents : Resident's Choice [P]	Transportation for appointments are offered on Tuesday's and Thursday's.	Location Keys Activities Room AR Assisted Living Courtyard ALC Assisted Living Dining Room ALD Bistro Lobby B Computer Lounge CL Game Room GR Independent Living Dining Room ILD Library LIB Meet in Lobby LOB Pub P Theater TH	Resident Birthdays Robert M. 12/4 Coanne G. 12/7 Yvonne N. 12/7 Donald C. 12/12 Eleanor C. 12/22 Anne C. 12/26 Lisa L. 12/26 Scotty W. 12/29	Activities are subject to change. Please Check the schedule near and on elevators, as well as TV's to see updated changes.	1 9:15 Daily Devotion (15 Min) [AR] 9:30 Sit & Be Fit (30 Min) [AR] 10:15 Crafting Corner: Snow Flakes (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Bridge Club (120Min) [P] 3:00 Christmas Bingo (60 Min) [AR] 7:00 Anthology Cinema Presents : Christmas Inheritance [P]	2 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise (30 Min) [AR] 10:15 Richmond Christmas Parade Live Channel 6 [AR] 10:30 Taste and Chat (30 Min) [B] 1:00 Anthology Cinema Matinee : [P] 1:15 Pop Up Activities (45 Min) [AR] 2:30 Afternoon Stretching (30 Min) [AR] 3:15 Table Games Rummikub, Boggle, Scrabble (60 Min) [AR] 7:00 Anthology Cinema Presents : Resident's Choice [P]
3 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise (30 Min) [AR] 10:30 Virtual Church Worship (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:00 Sunday Football In The Lounge (240 Min) [CL] 2:15 Cafe On The Go (60 Min) 3:15 Balloon Volleyball (60 Min) [AR] 7:00 Anthology Cinema Presents : Resident's Choice [P]	4 9:15 Daily Devotion (15 Min) [AR] 9:30 Jammin With Jillson (30 Min) [AR] 10:15 Peppermint Shakes (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Gift Wrapping Contest(60 Min) [P] 3:00 Christmas Bingo (60 Min) [AR] 4:00 Rammikub With Aaliyah (60 Min) [AR] 7:00 Anthology Cinema Presents : Best Christmas [P]	5 9:15 Daily Devotion (15 Min) [AR] 9:30 Stretching (30Min) [AR] 10:15 Manicures (45 min) [AR] 11:30 Card Games Gen , Uno, Trash, Tunk (30 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Bridge Club (120Min) [P] 4:00 Chat With Leslie AL Residents (45 Min) [ALD] 7:00 Anthology Cinema Presents : Walk Ride Rodeo [P]	6 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise With Legacy (30 Min) [AR] 10:30 Blooming Roots Conner (120 Min) [AR] 10:30 Wal-Mart Shopping Trip (120 Min) [LOB] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (60 Min) [AR] 2:00 Theater Trivia (45 min) [TH] 3:00 Christmas Bingo (60 Min) [AR] 3:00 IL Resident Council (60 Min) [P] 4:15 Christmas Poems (45 Min) [LIB] 7:00 Anthology Cinema Presents : Walk Through The Wods [P]	7 9:15 Daily Devotion (15 Min) [AR] 9:30 Move and Groove (30Min) [AR] 10:30 Knitting Club Scarf Making (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Finish the Line Trivia (45 min) [LIB] 3:00 Happy Hour Live with Sam Singleton (60 Min) [P] 4:15 Afternoon Walk and Talk (30 Min) [AR] 7:00 Anthology Cinema Presents : A Boy Name Christmas [P]	8 9:15 Daily Devotion (15 Min) [AR] 9:30 Sit & Be Fit (30 Min) [AR] 10:30 Guitar Billy Live (60 Min) [B] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Bridge Club (120Min) [P] 3:00 Christmas Bingo (60 Min) [AR] 4:00 Initial Ornament Making (60 min) [AR] 7:00 Anthology Cinema Presents : 1000 Miles From Christmas [P]	9 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise (30 Min) [AR] 10:30 Taste and Chat (30 Min) [B] 1:00 Anthology Cinema Matinee : [P] 1:30 Santa Treats with Karla (45 Min) [AR] 2:30 Afternoon Stretching (30 Min) [AR] 3:15 Table Games Rummikub, Boggle, Scrabble (60 Min) [AR] 7:00 Anthology Cinema Presents : Resident's Choice [P]
10 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise (30 Min) [AR] 10:30 Virtual Church Worship (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:00 Sunday Football In The Lounge (240 Min) [CL] 2:15 Cafe On The Go (60 Min) 3:15 Balloon Volleyball (60 Min) [AR] 7:00 Anthology Cinema Presents : Resident's Choice [P]	11 9:15 Daily Devotion (15 Min) [AR] 9:30 Jammin With Jillson (30 Min) [AR] 10:30 Pool Tournament (60 Min) [GR] 11:30 Hallway Bowling (30 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Fun Facts (30 Min) [LIB] 3:00 Christmas Bingo (60 Min) [AR] 7:00 Anthology Presents : The Knight Before Christmas [P]	12 9:15 Daily Devotion (15 Min) [AR] 9:30 Stretching (30Min) [AR] 10:15 Manicures (45 min) [AR] 11:15 Theater Trivia (45 min) [TH] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Bridge Club (120Min) [P] 4:00 Chat With Leslie IL Residents (45 Min) [ILD] 6:30 Stories Matter With Jodie (30 Min) [LIB] 7:00 Anthology Cinema Presents : Christmas With A View [P]	13 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise With Legacy (30 Min) [AR] 10:15 Can You Name 5 Trivia (60 Min) [AR] 10:30 Kroger Shopping Trip (60 Min) [LOB] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (60 Min) [AR] 3:00 AL Resident Council (60 Min) [P] 3:00 Book Club (60 Min) [LIB] 4:00 Short Stories With Aaliyah (30 Min) [LIB] 7:00 Anthology Cinema Presents : Christmas Wedding Planning [P]	14 9:15 Daily Devotion (15 Min) [AR] 9:30 Move and Groove (30Min) [AR] 10:15 Knitting Club (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Let's Talk Business With Kim (45 Min) [P] 3:00 Happy Hour (60 min) [P] 4:00 Gaming Hour Pool , Magnetic Scramble , Pocker (60 Min) [GR] 7:00 Anthology Cinema Presents : Holidate [P]	15 9:15 Daily Devotion (15 Min) [AR] 9:30 Sit & Be Fit (30 Min) [AR] 10:15 Hot Chocolate And Bon Fire social (45Min) [ALC] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Bridge Club (120Min) [P] 3:00 Christmas Bingo (60 Min) [AR] 4:00 Chocolate Covered Pretzel Wreaths (60 min) [AR] 7:00 Anthology Cinema Presents : Castle For Christmas [P]	16 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise (30 Min) [AR] 10:30 Taste and Chat (30 Min) [B] 1:00 Anthology Cinema Matinee : [P] 1:15 Pop Up Activities (45 Min) [AR] 2:30 Afternoon Stretching (30 Min) [AR] 3:15 Table Games Rummikub, Boggle, Scrabble (60 Min) [AR] 7:00 Anthology Cinema Presents : Resident's Choice [P]
17 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise (30 Min) [AR] 10:30 Virtual Church Worship (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:00 Sunday Football In The Lounge (240 Min) [CL] 2:15 Cafe On The Go (60 Min) 3:15 Balloon Volleyball (60 Min) [AR] 7:00 Anthology Cinema Presents : Resident's Choice [P]	18 9:15 Daily Devotion (15 Min) [AR] 9:30 Chair Yoga (30Min) [AR] 10:30 Decorate Christmas Stockings (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:15 Learning Dementia With LaKeisha (30 Min) [P] 1:30 Dominoes (90 Min) [AR] 2:00 Christmas Caroling Sing-A-Long (60 Min) [P] 3:00 Christmas Bingo (60 Min) [AR] 7:00 Anthology Cinema Presents : Operation Christmas Drop [P]	19 9:15 Daily Devotion (15 Min) [AR] 9:30 Stretching (30Min) [AR] 10:15 Manicures (45 min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Bridge Club (120Min) [P] 3:00 Chef Demo (30 Min) [LOB] 4:00 Chat With Leslie AL Residents (45 Min) [ALD] 7:00 Anthology Cinema Presents : Feast Of The Seven Fishes [P]	20 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise With Legacy (30 Min) [AR] 10:15 Gaming Hour (60 Min) [GR] 10:30 Target shopping Trip (60 Min) [LOB] 1:00 Anthology Cinema Matinee : [P] 1:15 Activities Committee (45 min) [AR] 1:30 Dominoes (60 Min) [AR] 2:00 Book Mobile (60Min) [B] 2:00 Phil Mckenney Live (60 Min) [P] 3:00 Christmas Bingo (60 Min) [AR] 7:00 Anthology Cinema Presents :Dolly Parton Christmas On The Square [P]	21 9:15 Daily Devotion (15 Min) [AR] 9:30 Move and Groove (30Min) [AR] 10:30 Knitting Club (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:15 Poetry Reading (30Min) [LIB] 1:30 Dominoes (90 Min) [AR] 2:00 Health Talks with Dannie (30 Min) [P] 3:00 Happy Hour (60 min) [P] 7:00 Anthology Cinema Presents : Christmas Full Of Grace [P]	22 9:15 Daily Devotion (15 Min) [AR] 9:30 Sit & Be Fit (30 Min) [AR] 10:30 Culinary Committee (45 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Bridge Club (120Min) [P] 3:00 Christmas Bingo (60 Min) [AR] 4:00 Grinch Punch (45 Min) [AR] 7:00 Anthology Cinema Presents : A California Christmas City Lights [P]	23 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise (30 Min) [AR] 10:30 Taste and Chat (30 Min) [B] 1:00 Anthology Cinema Matinee : [P] 1:15 Pop Up Activities (45 Min) [AR] 2:30 Afternoon Stretching (30 Min) [AR] 3:15 Table Games Rummikub, Boggle, Scrabble (60 Min) [AR] 7:00 Anthology Cinema Presents : Resident's Choice [P]
Christmas Eve 24 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise (30 Min) [AR] 10:30 Virtual Church Worship (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:00 Sunday Football In The Lounge (240 Min) [CL] 2:15 Cafe On The Go (60 Min) 3:15 Balloon Volleyball (60 Min) [AR] 7:00 Anthology Cinema Presents : Resident's Choice [P]	Christmas Day 25 9:15 Daily Devotion (15 Min) [AR] 9:30 Chair Yoga (30Min) [AR] 10:30 Weekly Christmas Packet (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 3:00 Christmas Bingo (60 Min) [AR] 7:00 Anthology Cinema Presents : Believe In Santa [P]	26 9:15 Daily Devotion (15 Min) [AR] 9:30 Stretching (30Min) [AR] 10:15 Manicures (45 min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:00 Bridge Club (120Min) [P] 3:00 Make Your Own Grippy Socks [AR] 4:00 Chat With Leslie IL Residents (45 Min) [ALC] 7:00 Anthology Cinema Presents : Delivery By Christmas [P]	27 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise With Legacy (30 Min) [AR] 10:15 Pop Up Activities (45 Min) [AR] 10:30 Publix shopping Trip (60 Min) [B] 1:00 Anthology Cinema Matinee : [P] 1:15 Spelling Bee (60 Min) [AR] 1:30 Dominoes (60 Min) [AR] 3:00 Christmas Bingo (60 Min) [AR] 4:00 Afternoon Walk and Talk (30 Min) [AR] 7:00 Anthology Cinema Presents : Falling For Christmas [P]	28 9:15 Daily Devotion (15 Min) [AR] 9:30 Move and Groove (30Min) [AR] 10:15 Knitting Club (60 Min) [AR] 11:30 Table Games Rummikub, Boggle, Scrabble (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:30 Dominoes (90 Min) [AR] 2:30 Short Stories With Aaliyah (30 Min) [LIB] 3:00 Happy Hour (60 min) [P] 7:00 Anthology Cinema Presents : The Holiday Calendar [P]	29 9:15 Daily Devotion (15 Min) [AR] 9:30 Sit & Be Fit (30 Min) [AR] 10:15 Theater Trivia (45 min) [TH] 11:00 Rammikub With Aaliyah (60 Min) [AR] 1:00 Anthology Cinema Matinee : [P] 1:15 Corn Hole (45 Min) [AR] 1:30 Dominoes (90 Min) [AR] 2:00 Bridge Club (120Min) [P] 3:00 Christmas Bingo (60 Min) [AR] 7:00 Anthology Cinema Presents : Christmas With You [P]	30 9:15 Daily Devotion (15 Min) [AR] 9:30 Exercise With Karla (30 Min) [AR] 10:30 Taste and Chat (30 Min) [B] 1:00 Anthology Cinema Matinee : [P] 1:15 Pop Up Activities (45 Min) [AR] 2:30 Afternoon Stretching (30 Min) [AR] 3:15 Table Games Rummikub, Boggle, Scrabble (60 Min) [AR] 7:00 Anthology Cinema Presents : Resident's Choice [P]