August 2025	The second second			The same of the same of	THE RESERVE OF THE PARTY OF THE	
Charter Senior Living of Bowie Assisted Living Calendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 Smarty Party with Concierge [FL]	LIVES IN FOCUS: Stories Behind the Lens 10:00 Sit and Be Fit [AR] 10:30 Trivia with Concierge [FL]	Charter SENIOR LIVING of Bowie - Salon Day - 10:00 → Tone Up Tuesday: Light Weightlifting [AR] 10:20 ↑ Trivia with Consider [EL]	Community & Connection Exploration & Adventure Harmony & Introspection Intentions & Commitments Knowledge & Learning Motion & Movement Motivation & Creation Coffee Ice Cream Day 10:00 Exercise with Weights [AR]	Location Keys Activity Room Al Courtyard C' Flourish FLI Front Lobby F Out Front Ol Outing (0) 10:00 ← Thursday's Tone Up W/ Tunes [AR] 10:30 ↑ Trivia with	with Concierge [FL] 10:30 Trivia with Concierge [FL] 11:00 Commitment Collage [AR] 12:00 Relax and Reflect [AR] 2:00 Water Balloon Toss [OF] 2:30 Early Bird B-I-N-G-O [AR] 3:30 Picture the Difference [AR] 6:00 Movie Mania [AR]	10:30 Knowledge Knockout with concierge [FL] 11:00 Glorious Devotion & Hymns with Trinity Reformed Church [AR] 2:00 Stretching for Seniors [FL] 2:30 Creation Station Club: Craft, Mandala & Create by Number Art [AR] 3:00 Bingo [AR] 10:30 Knowledge Knockout with concierge [FL] 11:00 Knowledge Knockout Obserbe Helifeite Carde Carries
11:30 Bingo [AR] 2:00 Devotional & Bible Reading w/ Fishers of Men Ministry - Volunteer Mr. Thorne [AR] 2:00 Look to Christ Church Worship [AR] 2:30 Sunday Joy Crafts Created By Number [AR] 3:00 Rapid Fire [AR]	11:00 Watermelon Salad and Fun Facts [AR] 2:00 Make your Own Ice Cream Sandwich [AR] 2:30 Creation Station Club: Craft, Mandala & Create by Number Art [AR] 4:00 Musical Stroll [AR] 6:30 Masical Stroll [AR] 6:30 Stand Be Fit [AR]	10:30 Trivia with Concierge [FL] 11:00 Total Brain Health: What's that Scent? [AR] 11:30 Legacy Letters [AR] 2:30 Creation Station Club: Craft, Mandala & Create by Number Art [AR] 2:30 Decoration Station [AR] 3:30 Bingo [AR]	10:30 Trivia with Concierge [AR] 11:30 Bingo [AR] 11:30 Photo Safari [0] 11:30 Water Gun Painting [CY] 2:30 Music with Moxie [AR] 3:30 Rootbeer Float Bar [AR] 6:00 Fire Side Chat [FL]	Concierge [FL] 11:00 Total Brain Health: Healthy Scents [AR] 11:30 Bingo [AR] 2:30 Creation Station Club: Craft Mandala & Create by Numb Art [AR] 3:30 Glamour Nails [AR]	12:00 Relax and Reflect [AR] 2:30 Early Bird B-I-N-G-O [AR] 3:30 From Still to Screen [AR] 6:00 Movie Mania [AR]	Church: Uplifting Sunday Service [AR] 2:00 Dance in your Pants with Eversound [AR] 2:30 Creation Station Club: Craft, Mandala & Create by Number Art [AR] 2:30 Taste Test: Mochi Ice Cream [AR] 3:00 Bingo [AR]
[FL] 10:30 Smarty Party	10:30 Trivia with Concierge [FL] 11:00 Fabulous Foodies [AR] 11:30 Fabulous Foodies [AR] 11:30 Fabulous Foodies [AR] 2:00 Fabulous Foodies [AR] 2:30 Fabulous Foodies [AR] 2:30 Fabulous Foodies [AR] 2:30 Fabulous Foodies [AR] 2:30 Fabulous Foodies [AR] 6:30 Fabulous Foodies [AR] 6:30 Fabulous Foodies [AR]	10:00 → Tone Up Tuesday: Light Weightlifting [AR] 10:30 ❖ Trivia with Concierge [FL] 11:00 ❖ Total Brain Health: Daily Drinks [AR] 11:30 ❖ Newscurrents [AR] 2:30 � Creation Station Club: Craft, Mandala & Create by Number Art [AR] 3:00 ❖ Resident Council Meeting [AR] 3:30 ❖ Bingo [AR]	Weights [AR] 10:30 Trivia with Concierge [AR] 11:00 Shaving Cream Art [AR] 11:30 Through the lens [0] 2:00 Mr. Charisma [FL] 3:00 Wine Down Wednesday [AR] 3:30 Bingo [AR] 6:00 Fire Side Chat [FL]	Tunes [AR] 10:30 Trivia with Concierge [FL] 11:00 Total Brain Health: Smooth Snacking [AR] 11:30 Bingo [AR] 2:30 Creation Station Club: Craft, Mandala & Create by Number Art [AR] 2:30 Culinary Creations Meeting with Dining Services Director Essie [FL 3:30 Glamour Nails [AR]	with Concierge [FL] 10:30 Trivia with Concierge [FL] 11:00 Hangman [AR] 12:00 Relax and Reflect [AR] 2:30 Early Bird B-I-N-G-0 [AR]	10:30
10:30 Smarty Party with Concierge [FL] 11:00 Hymn Singing [AR] 11:30 Bingo [AR] 2:00 Devotional & Bible Reading w/ Fishers of Men Ministry - Volunteer Mr. Thorne [AR] 2:30 Sunday Joy Crafts Created By Number [AR] 3:00 No Bake with Laura [AR]	Concierge [FL] 11:00 🏖 Jingo [AR] 2:00 👺 Rearview Mirror [AR]	10:00 → Tone Up Tuesday: Light Weightlifting [AR] 10:30 ❖ Trivia with Concierge [FL] 11:00 ❖ Total Brain Health: Poetry in Motion [AR] 11:30 ※ Tune It Up! [AR]	10:00 Exercise with Weights [AR] 10:30 Trivia with Concierge [AR] 11:30 Scenic Drive [0] 2:30 Wooden Photo Transfer [AR] 3:00 Wine Down Wednesday [AR] 3:30 Bingo [AR] 6:00 Fire Side Chat [FL]	10:00 → Thursday's Tone Up W/ Tunes [AR] 10:30 ❖ Trivia with Concierge [FL] 11:00 ❖ Total Brain Health: Poetry Class [AR] 11:30 ❖ Bingo [AR] 2:30 ❖ Creation Station Club: Craft, Mandala & Create by Number A [AR] 3:00 ❖ Captured in Time [FLR] 3:30 ❖ Glamour Nails [AR]	with Concierge [FL] 10:30 War Trivia with Concierge [FL] 11:00 War Drive It, Dig It, or Drink It? [AR] 11:30 War I Know My Music [AR] 12:00 War Relax and Reflect [AR] 2:30 War Early Bird B-I-N-G-O [AR] 3:30 Variable Left-Handed Jeopardy [AR] 6:00 War Night at the Movies: Mrs. Doubtfire [AR]	10:30
10:30 Smarty Party with Concierge [FL]	Concierge [FL] 11:00 Subject Jenga [AR] 2:00 Creation Station Club: Craft,	- Salon Day - 10:00 → Tone Up Tuesday: Light Weightlifting [AR] 10:30 ❖ Trivia with Concierge [FL] 11:00 ❖ Total Brain Health: Getting More Sleep [AR] 11:30 ● Tie-Dye with Laura [AR] 2:30 ● Creation Station Club: Craft, Mandala & Create by Number Art [AR] 2:30 ❖ Name that Tune: Time Machine [AR] 3:30 ♣ Bingo [AR]	10:00 ← Exercise with Weights [AR] 10:30	Tunes [AR] 10:30 Trivia with Concierge [FL] 11:00 Total Brain Health: Relaxing	[FL] 10:30 → Trivia with Concierge [FL] 11:00 ♣ Mad Libs [AR] 12:00 ♠ Relax and Reflect [AR] 2:30 ♣ Early Bird B-I-N-G-O [AR]	10:30 Knowledge Knockout with concierge [FL] 11:00 Dog Days of Summer [AR] 2:00 Stretching for Seniors [FL] 2:30 Creation Station Club: Craft, Mandala & Create by Number Art [AR] 2:30 Fun Facts! [AR] 3:00 Bingo [AR]