August 2025 Charter Senior Livin	g of Fredericksburg N	Jomory Cara Cale	nda.				created	gelu
Sunday	Monday	Tuesday	MUCCL	Wednesday	Thursday	Friday	Saturday	
August cont'd Oshibori 7:30a 8:30	Charter SENIOR LIVING of Fredericksburg	Location Keys Activity Room Dining Room Living Room Lobby Outing	AR3 DR LR L O	LIVES IN FOCUS: Stories Behind the Lens	Community & Connection Exploration & Adventure Harmony & Introspection Intentions & Commitme Knowledge & Learning Motion & Movement Motivation & Creation	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Fitness Friday [LR] 10:30 Mixology Drink Bar [LR] 11:00 Kickball [LR]	1 Oshibori 7:30a 8:30	2 al [DR]
Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 9:30 Sunday Worship [LR] 10:00 Chair Exercise [LR] 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 Games on In2L [LR] 3:15 Gospel For Grannies [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	Oshibori 7:30a 8:30	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 9:30 Tone Up Tuesday [LR] 10:00 Morning Greetings [LR]	5	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Work Out Wednesday [LR] 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 Rootbeer Float Day [L] 3:15 Manicure & Massage [AR3] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	Oshibori 7:30a 8:30	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Fitness Friday [LR] 10:30 Mixology Drink Bar [LR] 11:00 Cickball [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 1:30 Gardening 2:00 Prize Bingo [AR3] 3:00 Church Service w/Franklin 4:00 Family Feud iN21 [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	8:30	9
Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 9:30 Sunday Worship [LR] 10:00 Chair Exercise [LR] 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 Games on In2L [LR] 3:15 Rhythm in Motion [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	Oshibori 7:30a 8:30	Oshibori 7:30a 8:30 Ocommunity Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 9:30 Tone Up Tuesday [LR] 10:00 Misology Drink Bar [LR] 10:30 Community Chores [DR] 1:00 Misology Drink Bar [LR] 2:00 Misology Drink Bar [LR] 2:00 Misology Drink Bar [LR] 3:00 Community Chores [DR] 7:00 Relax & Unwind [LR]	12	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Work Out Wednesday [LR] 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 DIY Photo Magnets [AR3] 3:15 Manicure & Massage [AR3] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	Oshibori 7:30a 8:30	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Fitness Friday [LR] 10:30 Mixology Drink Bar [LR] 11:00 Kickball [LR] 12:30 Sing-along [LR] 1:30 Gardening 2:00 Prize Bingo [AR3] 3:00 Church Service w/Franklin 4:00 Family Feud iN2 [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	15 Oshibori 7:30a 8:30	16
Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 9:30 Sunday Worship [LR] 10:00 Chair Exercise [LR] 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 Games on In2L [LR] 3:15 Rhythm in Motion [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Mighty Moves [AR3] 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 1:30 Gardening 3:15 Candy Bingo [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 9:30 Tone Up Tuesday [LR] 10:00 Bible Study 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 Trivia iN2L [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	19	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Mixology Drink Bar [LR] 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 Picture Puzzle [AR3] 3:15 Manicure & Massage [AR3] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	8:30	8:30 Community Chores [DR] 9:00 Beauty Day [LR] 10:00 Fitness Friday [LR] 10:30 Mixology Drink Bar [LR] 11:00 Community Chores [DR] 1:00 Sing-along [LR] 1:30 Gardening 2:00 Prize Bingo [AR3] 3:00 Church Service w/Franklin 4:00 Community Feud iN2! [LR] 5:30 Community Chores [DR]	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Mixology Drink Bar [LR] 10:30 Mixology Drink Bar [LR] 10:45 Battle Bags [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 Games on In2L [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	23
Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 9:30 Sunday Worship [LR] 10:00 Chair Exercise [LR] 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 Games on In2L [LR] 3:15 Gospel For Grannies [LR] 3:15 Rhythm in Motion [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Mighty Moves [AR3] 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 1:30 Gardening 2:00 Residents Birthday Party [AR3] 3:15 Candy Bingo [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	Oshibori 7:30a 8:30	26	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Work Out Wednesday [LR] 10:30 Mixology Drink Bar [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 Making Memories [AR3] 3:15 Manicure & Massage [AR3] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:30 Mixology Drink Bar [LR] 11:00 Lunch Bunch [0] 11:00 Lunch Bunch [0] 12:00 Music w/ Mike Milstead [L] 12:00 Praying the Rosary [DR] 12:30 Community Chores [DR] 12:30 Music w/ Mike Milstead [L] 12:00 Music w/ Mike Milstead [L] 12:00 Music w/ Mike Milstead [L] 12:00 Music w/ Mike Milstead [L] 13:00 Theater Thursday [LR] 13:00 Theater Thursday [LR] 13:00 Relax & Unwind [LR] 13:00 Relax & Unwind [LR]	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:30 Mixology Drink Bar [LR] 11:30 Kickball [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 1:30 Gardening 2:00 Prize Bingo [AR3] 3:00 Church Service w/Franklin 4:00 Family Feud iN2! [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	Oshibori 7:30a 8:30 Community Chores [DR] 9:00 Morning Greetings [LR] 9:15 Beauty Day [LR] 10:00 Stretching [LR] 10:30 Mixology Drink Bar [LR] 10:45 Battle Bags [LR] 12:30 Community Chores [DR] 1:00 Sing-along [LR] 2:00 Games on In2L [LR] 5:30 Community Chores [DR] 7:00 Relax & Unwind [LR]	30