

March 2024

Charter Senior Living of Hermitage Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>March cont'd</div> <div>31</div> <div>Easter</div> <div>9:00 Church Live: Donelson Church of Christ [AR]</div> <div>10:00 Mind Joggers [O]</div> <div>10:00 Spiritual Reading (Our Daily Bread) [SR]</div> <div>10:30 Snack and Craft [AR]</div> <div>10:30 Sunday Jubilee(Charter Choir)</div> <div>11:00 Charter Card Club [LR]</div> <div>2:00 BINGO</div> <div>2:00 Bingo [SR]</div> <div>3:15 SeussSpark! Community Project Idea Time!</div> <div>4:00 Hop on Pop: Cardio and Jump! [AR]</div>	<div></div>	<div>4131 Andrew Jackson Parkway</div> <div>Hermitage, TN 37076</div> <div>(615) 885-9989</div>	<div>Community & Connection</div> <div>Exploration & Adventure</div> <div>Harmony & Introspection</div> <div>Intentions & Commitments</div> <div>Knowledge & Learning</div> <div>Motion & Movement</div> <div>Motivation & Creation</div>	<div>Location Keys</div> <div>Activities Room</div> <div>Club House</div> <div>Dining Room</div> <div>Front Porch</div> <div>Living Room</div> <div>Outing</div> <div>Sunroom</div> <div>AR</div> <div>CH</div> <div>DR</div> <div>FP</div> <div>LR</div> <div>O</div> <div>SR</div>	<div>Compliment Your Nurse Contest</div> <div>World Compliment Day</div> <div>9:30 Chronicle Cranium Crunches [AR]</div> <div>10:00 Let's Get Physical!</div> <div>10:00 Lets Get Seussical: Exercise Class [AR]</div> <div>11:00 Villa Lunch Outing</div> <div>11:00 Villa Lunch Outing: Salento Italia</div> <div>1:30 Joyful Moments(Reflect of Goodness of GOD)</div> <div>2:00 Creole Cocktail Class</div> <div>3:00 Seussville Social [AR]</div> <div>4:00 Making A Seussical Book! [LR]</div> <div>1</div>	<div>9:30 Dance It Out! [DR]</div> <div>10:00 Spa Manicures [AR]</div> <div>1:30 Joyful Word For The Day</div> <div>2:00 BINGO</div> <div>2:00 Bingo [SR]</div> <div>4:00 Lorax Logic Lounge</div> <div>2</div>
<div>Soup It Forward Day!</div> <div>9:00 Church Live: Donelson Church of Christ [AR]</div> <div>Mind Joggers [O]</div> <div>10:00 Spiritual Reading (Our Daily Bread) [SR]</div> <div>10:30 Soup It Foward: Soup Class [AR]</div> <div>10:30 Sunday Jubilee(Charter Choir)</div> <div>11:00 Charter Card Club [LR]</div> <div>2:00 BINGO</div> <div>2:00 Bingo [SR]</div> <div>3:15 SeussSpark! Community Project Idea Time!</div> <div>4:00 Hop on Pop: Cardio and Jump! [AR]</div> <div>3</div>	<div>Fun Facts About Your Name Day</div> <div>9:30 What's In A Name? Origin of your name and Paint Project [AR]</div> <div>Catch That Thing! Obstacle Course [SR]</div> <div>Work It Out with Chris from Legacy Rehab</div> <div>10:30 Horton Loves the Staff! Giving Back to our Staff! [LR]</div> <div>Go Brain Go! [AR]</div> <div>11:30 Mindful Meditation and breathing [AR]</div> <div>1:30 Mid day Word for the Soul W/Temple Baptist</div> <div>1:30 Mid day Word for the Soul W/Temple Baptist [LR]</div> <div>2:00 Villa's Bingo Party in Club House [CH]</div> <div>3:00 Horton Does a Craft! Craft Class [LR]</div> <div>4:00 Book Club(Resident Choice For June) [CH]</div> <div>Oh The Moments You'll Make: Knitting For the Cause [LR]</div> <div>4</div>	<div>Oh The Things You'll Stretch! [SR]</div> <div>Whoville Riddles [AR]</div> <div>Arm Chair Travels: France and New Orleans</div> <div>Dr. Seuss Poetry Jam [AR]</div> <div>Dining Experience community Meeting [CH]</div> <div>One Fish, Two Fish Watercolor Hour [AR]</div> <div>AL Dining Service Committee Meeting</div> <div>Cat in the Hat Matinee [AR]</div> <div>HAPPY HOUR [CH]</div> <div>Lorax Legacy: Planting the Courtyards! [FP]</div> <div>5</div>	<div>Happy Birthday Dr. Seuss</div> <div>9:30 Chronicle Cranium Crunches [AR]</div> <div>Let's Get Physical!</div> <div>Let's Get Seussical! [SR]</div> <div>Sweet Talk(chat&refreshments)</div> <div>Let's Get Shopping!: Grocery Day</div> <div>Word Inside Words [AR]</div> <div>Word Phrases [AR]</div> <div>Let's get our B-I-N-G-O on! [AR]</div> <div>Happy Birthday Sr. Seuss Birthday Bash</div> <div>Villa Card Club</div> <div>Oh the Places We'll Go Outings into the Community</div> <div>6</div>	<div>Oh The Things You'll Stretch! [SR]</div> <div>Go Brain Go! Mental Puzzles [AR]</div> <div>A dose of Spiritual Vitamin [SR]</div> <div>Spa Time (Manicures and More) [AR]</div> <div>Bingo</div> <div>Lets Play a Cards! [AR]</div> <div>Oh the Thing's You'll Feel: Bible Study [LR]</div> <div>7</div>	<div>Chronicle Cranium Crunches [AR]</div> <div>Let's Get Physical!</div> <div>Lets Get Seussical: Exercise Class [AR]</div> <div>Villa Lunch Outing</div> <div>Villa Lunch Outing: Jonathan's</div> <div>Joyful Moments(Reflect of Goodness of GOD)</div> <div>Creole Cocktail Class</div> <div>Seussville Social [FP]</div> <div>Dr. Seuss Book Donations: Planning Day [LR]</div> <div>8</div>	<div>9:30 Dance It Out! [DR]</div> <div>10:00 Spa Manicures [AR]</div> <div>1:30 Joyful Word For The Day</div> <div>2:00 BINGO</div> <div>2:00 Bingo [SR]</div> <div>4:00 Lorax Logic Lounge</div> <div>9</div>
<div>Daylight Saving Time Begins</div> <div>9:00 Church Live: Donelson Church of Christ [AR]</div> <div>Mind Joggers [O]</div> <div>10:00 Spiritual Reading (Our Daily Bread) [SR]</div> <div>10:30 Snack and Craft [AR]</div> <div>10:30 Sunday Jubilee(Charter Choir)</div> <div>11:00 Charter Card Club [LR]</div> <div>2:00 BINGO</div> <div>2:00 Bingo [SR]</div> <div>3:15 SeussSpark! Community Project Idea Time!</div> <div>4:00 Hop on Pop: Cardio and Jump! [AR]</div> <div>10</div>	<div>Spirit Week! Famous Duo Day</div> <div>9:30 Chronicle Cranium Crunches [AR]</div> <div>The Beat Goes On : Drumming Exercise [SR]</div> <div>Work It Out with Chris from Legacy Rehab</div> <div>10:30 Horton Loves the Staff! Giving Back to our Staff! [LR]</div> <div>Go Brain Go! [AR]</div> <div>11:30 Mindful Meditation and breathing [AR]</div> <div>1:30 Mid day Word for the Soul W/Temple Baptist</div> <div>1:30 Mid day Word for the Soul W/Temple Baptist [LR]</div> <div>Villa's Bingo Party in Club House [CH]</div> <div>Horton Does a Craft! Craft Class [LR]</div> <div>Book Club(Resident Choice For June) [CH]</div> <div>11</div>	<div>Spirit Week! Loud & Proud Pattern Day</div> <div>9:30 Oh The Things You'll Stretch! [SR]</div> <div>Green Eggs and Ham Cooking Class</div> <div>Whoville Riddles [AR]</div> <div>Seuss Headband Game</div> <div>Dr. Seuss Poetry Jam [AR]</div> <div>One Fish, Two Fish Watercolor Hour [AR]</div> <div>Cat in the Hat Matinee [AR]</div> <div>HAPPY HOUR [CH]</div> <div>Lorax Legacy: Planting the Courtyards! [FP]</div> <div>12</div>	<div>Spirit Week! Superheron Day</div> <div>9:30 Chronicle Cranium Crunches [AR]</div> <div>Let's Get Physical!</div> <div>Let's Get Seussical! [SR]</div> <div>Sweet Talk(chat&refreshments)</div> <div>Let's Get Shopping!: Grocery Day</div> <div>Word Inside Words [AR]</div> <div>Word Phrases [AR]</div> <div>Let's get our B-I-N-G-O on! [AR]</div> <div>Billy Tarkington [DR]</div> <div>Villa Card Club</div> <div>Oh the Places We'll Go Outings into the Community</div> <div>13</div>	<div>Spirit Week! Throwback Thursday (90s Baby!)</div> <div>9:30 Oh The Things You'll Stretch! [SR]</div> <div>Go Brain Go! Mental Puzzles [AR]</div> <div>A dose of Spiritual Vitamin [SR]</div> <div>Spa Time (Manicures and More) [AR]</div> <div>Bingo</div> <div>Villa Council Meeting [CH]</div> <div>AL Council Meeting</div> <div>Lets Play a Cards! [AR]</div> <div>Oh the Thing's You'll Feel: Bible Study [LR]</div> <div>14</div>	<div>Spirit Week! Wacky Hair Day</div> <div>9:30 Chronicle Cranium Crunches [AR]</div> <div>Let's Get Physical!</div> <div>Lets Get Seussical: Exercise Class [AR]</div> <div>Villa Lunch Outing</div> <div>Villa Lunch Outing: Eggs Up Grill</div> <div>Joyful Moments(Reflect of Goodness of GOD)</div> <div>Creole Cocktail Class</div> <div>Sam I Am Social: Meet Our New Residents [AR]</div> <div>Red Fish, Blue Fish: Indoor Fishing! [LR]</div> <div>15</div>	<div>9:30 Dance It Out! [DR]</div> <div>10:00 Spa Manicures [AR]</div> <div>1:30 Joyful Word For The Day</div> <div>2:00 BINGO</div> <div>2:00 Bingo [SR]</div> <div>4:00 Lorax Logic Lounge</div> <div>16</div>
<div>St. Patrick's Day</div> <div>9:00 Church Live: Donelson Church of Christ [AR]</div> <div>Mind Joggers [O]</div> <div>10:00 Spiritual Reading (Our Daily Bread) [SR]</div> <div>10:30 Snack and Craft [AR]</div> <div>10:30 Sunday Jubilee(Charter Choir)</div> <div>11:00 Charter Card Club [LR]</div> <div>2:00 BINGO</div> <div>2:00 Bingo [SR]</div> <div>3:15 SeussSpark! Community Project Idea Time!</div> <div>4:00 Hop on Pop: Cardio and Jump! [AR]</div> <div>17</div>	<div>9:30 Chronicle Cranium Crunches [AR]</div> <div>The Beat Goes On : Drumming Exercise [SR]</div> <div>Work It Out with Chris from Legacy Rehab</div> <div>10:30 Horton Loves the Staff! Giving Back to our Staff! [LR]</div> <div>Go Brain Go! [AR]</div> <div>11:30 Mindful Meditation and breathing [AR]</div> <div>1:30 Mid day Word for the Soul W/Temple Baptist</div> <div>1:30 Mid day Word for the Soul W/Temple Baptist [LR]</div> <div>Villa's Bingo Party in Club House [CH]</div> <div>Horton Does a Craft! Craft Class [LR]</div> <div>Book Club(Resident Choice For June) [CH]</div> <div>PJ PARTY [AR]</div> <div>18</div>	<div>Oh The Things You'll Stretch! [SR]</div> <div>Green Eggs and Ham Cooking Class</div> <div>Whoville Riddles [AR]</div> <div>Seuss Headband Game</div> <div>Dr. Seuss Poetry Jam [AR]</div> <div>One Fish, Two Fish Watercolor Hour [AR]</div> <div>Cat in the Hat Matinee [AR]</div> <div>HAPPY HOUR [CH]</div> <div>Lorax Legacy: Planting the Courtyards! [FP]</div> <div>19</div>	<div>Won't You Be My Neighbor? Day!</div> <div>9:30 Chronicle Cranium Crunches [AR]</div> <div>Let's Get Physical!</div> <div>Let's Get Seussical! [SR]</div> <div>Sweet Talk(chat&refreshments)</div> <div>Let's Get Shopping!: Grocery Day</div> <div>Word Inside Words [AR]</div> <div>Word Phrases [AR]</div> <div>Mr. Roger's Bingo [AR]</div> <div>Villa Card Club</div> <div>Oh the Places We'll Go Outings into the Community</div> <div>20</div>	<div>Oh The Things You'll Stretch! [SR]</div> <div>Go Brain Go! Mental Puzzles [AR]</div> <div>A dose of Spiritual Vitamin [SR]</div> <div>Spa Time (Manicures and More) [AR]</div> <div>Bingo</div> <div>Power of Pages: Dr. Seuss Read-A-Lympics</div> <div>Lets Play a Cards! [AR]</div> <div>Oh the Thing's You'll Feel: Bible Study [LR]</div> <div>21</div>	<div>Chronicle Cranium Crunches [AR]</div> <div>Let's Get Physical!</div> <div>Lets Get Seussical: Exercise Class [AR]</div> <div>Villa Lunch Outing</div> <div>Villa Lunch Outing: Sam's on the Cove</div> <div>Joyful Moments(Reflect of Goodness of GOD)</div> <div>Creole Cocktail Class</div> <div>Seussville Social [FP]</div> <div>Lorax Illumination: Lantern Making [LR]</div> <div>22</div>	<div>9:30 Dance It Out! [DR]</div> <div>10:00 Spa Manicures [AR]</div> <div>1:30 Joyful Word For The Day</div> <div>2:00 BINGO</div> <div>2:00 Bingo [SR]</div> <div>4:00 Lorax Logic Lounge</div> <div>23</div>
<div>9:00 Church Live: Donelson Church of Christ [AR]</div> <div>Mind Joggers [O]</div> <div>10:00 Spiritual Reading (Our Daily Bread) [SR]</div> <div>10:30 Snack and Craft [AR]</div> <div>10:30 Sunday Jubilee(Charter Choir)</div> <div>11:00 Charter Card Club [LR]</div> <div>2:00 BINGO</div> <div>2:00 Bingo [SR]</div> <div>3:15 SeussSpark! Community Project Idea Time!</div> <div>4:00 Hop on Pop: Cardio and Jump! [AR]</div> <div>24</div>	<div>9:30 Chronicle Cranium Crunches [AR]</div> <div>The Beat Goes On : Drumming Exercise [SR]</div> <div>Work It Out with Chris from Legacy Rehab</div> <div>10:30 Horton Loves the Staff! Giving Back to our Staff! [LR]</div> <div>Go Brain Go! [AR]</div> <div>11:30 Mindful Meditation and breathing [AR]</div> <div>1:30 Mid day Word for the Soul W/Temple Baptist</div> <div>1:30 Mid day Word for the Soul W/Temple Baptist [LR]</div> <div>Villa's Bingo Party in Club House [CH]</div> <div>Horton Does a Craft! Craft Class [LR]</div> <div>Book Club(Resident Choice For June) [CH]</div> <div>25</div>	<div>Oh The Things You'll Stretch! [SR]</div> <div>Green Eggs and Ham Cooking Class</div> <div>Whoville Riddles [AR]</div> <div>Seuss Headband Game</div> <div>Dr. Seuss Poetry Jam [AR]</div> <div>One Fish, Two Fish Watercolor Hour [AR]</div> <div>Cat in the Hat Matinee [AR]</div> <div>HAPPY HOUR [CH]</div> <div>Lorax Legacy: Planting the Courtyards! [FP]</div> <div>26</div>	<div>Chronicle Cranium Crunches [AR]</div> <div>Let's Get Physical!</div> <div>Let's Get Seussical! [SR]</div> <div>Sweet Talk(chat&refreshments)</div> <div>Let's Get Shopping!: Grocery Day</div> <div>Word Inside Words [AR]</div> <div>Word Phrases [AR]</div> <div>Let's get our B-I-N-G-O on! [AR]</div> <div>Villa Card Club</div> <div>Oh the Places We'll Go Outings into the Community</div> <div>27</div>	<div>Oh The Things You'll Stretch! [SR]</div> <div>Go Brain Go! Mental Puzzles [AR]</div> <div>A dose of Spiritual Vitamin [SR]</div> <div>Spa Time (Manicures and More) [AR]</div> <div>Bingo</div> <div>Birthday Bash For AL and MC [DR]</div> <div>Lets Play a Cards! [AR]</div> <div>Villa Birthday Bash [CH]</div> <div>Oh the Thing's You'll Feel: Bible Study [LR]</div> <div>Villa Birthday Bash</div> <div>28</div>	<div>Chronicle Cranium Crunches [AR]</div> <div>Let's Get Physical!</div> <div>Lets Get Seussical: Exercise Class [AR]</div> <div>Villa Lunch Outing</div> <div>Villa Lunch Outing: Caney Fork River Valley Grill</div> <div>Joyful Moments(Reflect of Goodness of GOD)</div> <div>Creole Cocktail Class</div> <div>Sam I Am Social: Meet Our New Residents [AR]</div> <div>Get Seussy With It: Costume Creation [LR]</div> <div>29</div>	<div>9:30 Dance It Out! [DR]</div> <div>10:00 Spa Manicures [AR]</div> <div>1:30 Joyful Word For The Day</div> <div>2:00 BINGO</div> <div>2:00 Bingo [SR]</div> <div>4:00 Lorax Logic Lounge</div> <div>30</div>

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