

August 2025
Charter Senior Living of Newport News Memory Care Calendar



Table with 7 columns (Sunday to Saturday) and 6 rows of activities. Each cell contains a date, a list of activities with icons, and a large number in the top right corner. The activities include Morning Greetings, Fitness classes, Mixology Drink Bar, Worship, Movie Matinee, IN2L Activities, Help set up for Dinner, and Meditation and Relaxation.