

October 2025

Dominion Village of Poquoson Memory Care Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div></div>	<div> Community & Connection</div> <div> Exploration & Adventure</div> <div> Harmony & Introspection</div> <div> Intentions & Commitments</div> <div> Knowledge & Learning</div> <div> Motion & Movement</div> <div> Motivation & Creation</div>	<div>National Sausage Day</div> <div>8:30 Morning Greetings [D]</div> <div>9:00 Eversound Yoga [ML]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Seniors Singing Group</div> <div>1:00 Eversound - Music Therapy [L]</div> <div>2:30 Watercolor Wonders [D]</div> <div>3:00 Wednesday Wine Wonders [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Feel Good Fitness [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>1:00 Arts and Crafts [D]</div> <div>2:00 Country Roads Painting [D]</div> <div>2:30 Focusing on Fitness [L]</div> <div>3:00 Game On: Bingo [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Music, Games & Meaningful Moments [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Beauty Makeovers [D]</div> <div>1:00 Golden Games Galore [D]</div> <div>3:00 Social Hour - Music Trivia [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>National Taco Day</div> <div>8:30 Morning Greetings [D]</div> <div>9:30 Rocking and Rolling [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>1:00 Name That Tune [L]</div> <div>2:00 Puzzle Club [L]</div> <div>3:30 Nail Lounge [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:30 Blessings and Reflections [L]</div>
<div>8:30 Morning Greetings [D]</div> <div>10:00 Hour of Power [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Midday Movement [L]</div> <div>2:00 World of Color [D]</div> <div>3:00 Weekly Happenings & Highlights [D]</div> <div>4:00 Trivia [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>10:00 Senior Stretch [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Beauty Makeovers [D]</div> <div>1:30 Eversound - Songs of Worship [L]</div> <div>2:00 Country Times Trivia</div> <div>3:00 Mix & Mingle Monday [D]</div> <div>3:00 Pet Therapy with Lulu [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:30 Chicken Soup for the Soul [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Exercises with Renee [ML]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Traveling Tuesday [N]</div> <div>1:00 Creative Choice Crafts [D]</div> <div>2:30 Puzzle Mania [D]</div> <div>3:00 Rustic Reads: Book Club [L]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Music, Games & Meaningful Moments [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Eversound Yoga [ML]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Seniors Singing Group</div> <div>1:00 Eversound - Music Therapy [L]</div> <div>2:30 Watercolor Wonders [D]</div> <div>3:00 Wednesday Wine Wonders [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Feel Good Fitness [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>1:00 Arts and Crafts [D]</div> <div>2:00 Country Roads Painting [D]</div> <div>2:30 Focusing on Fitness [L]</div> <div>3:00 Game On: Bingo [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Music, Games & Meaningful Moments [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Beauty Makeovers [D]</div> <div>1:00 Golden Games Galore [D]</div> <div>3:00 Social Hour - Music Trivia [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:30 Rocking and Rolling [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>1:00 Name That Tune [L]</div> <div>2:00 Puzzle Club [L]</div> <div>3:30 Nail Lounge [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:30 Blessings and Reflections [L]</div>
<div>8:30 Morning Greetings [D]</div> <div>10:00 Hour of Power [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Midday Movement [L]</div> <div>2:00 World of Color [D]</div> <div>3:00 Weekly Happenings & Highlights [D]</div> <div>4:00 Trivia [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>Columbus Day</div> <div>8:30 Morning Greetings [D]</div> <div>10:00 Senior Stretch [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Beauty Makeovers [D]</div> <div>1:30 Eversound - Songs of Worship [L]</div> <div>2:00 Country Times Trivia</div> <div>3:00 Mix & Mingle Monday [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:30 Chicken Soup for the Soul [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Exercises with Renee [ML]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Traveling Tuesday [N]</div> <div>1:00 Creative Choice Crafts [D]</div> <div>2:30 Puzzle Mania [D]</div> <div>3:00 Rustic Reads: Book Club [L]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Music, Games & Meaningful Moments [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Eversound Yoga [ML]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Seniors Singing Group</div> <div>1:00 Eversound - Music Therapy [L]</div> <div>2:00 Festival of Foamy Delights- Main Event [MD]</div> <div>2:30 Watercolor Wonders [D]</div> <div>3:00 Wednesday Wine Wonders [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Feel Good Fitness [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>1:00 Arts and Crafts [D]</div> <div>2:00 Country Roads Painting [D]</div> <div>2:00 Country Roads of Faith [L]</div> <div>2:30 Focusing on Fitness [L]</div> <div>3:00 Game On: Bingo [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Music, Games & Meaningful Moments [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Beauty Makeovers [D]</div> <div>1:00 Golden Games Galore [D]</div> <div>3:00 Social Hour - Music Trivia [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:30 Rocking and Rolling [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>1:00 Name That Tune [L]</div> <div>2:00 Puzzle Club [L]</div> <div>3:30 Nail Lounge [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:30 Blessings and Reflections [L]</div>
<div>8:30 Morning Greetings [D]</div> <div>10:00 Hour of Power [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Midday Movement [L]</div> <div>2:00 World of Color [D]</div> <div>3:00 Weekly Happenings & Highlights [D]</div> <div>4:00 Trivia [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>National Chicken & Waffles Day</div> <div>8:30 Morning Greetings [D]</div> <div>10:00 Senior Stretch [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Beauty Makeovers [D]</div> <div>1:30 Eversound - Songs of Worship [L]</div> <div>2:00 Country Times Trivia</div> <div>3:00 Mix & Mingle Monday [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:30 Chicken Soup for the Soul [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Exercises with Renee [ML]</div> <div>10:00 Church with Vickie [ML]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Traveling Tuesday [N]</div> <div>1:00 Creative Choice Crafts [D]</div> <div>2:30 Puzzle Mania [D]</div> <div>3:00 Rustic Reads: Book Club [L]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Music, Games & Meaningful Moments [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Eversound Yoga [ML]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Seniors Singing Group</div> <div>1:00 Eversound - Music Therapy [L]</div> <div>2:30 Watercolor Wonders [D]</div> <div>3:00 Wednesday Wine Wonders [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Feel Good Fitness [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>1:00 Arts and Crafts [D]</div> <div>2:00 Country Roads Painting [D]</div> <div>2:30 Focusing on Fitness [L]</div> <div>3:00 Game On: Bingo [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Bonfire & Beers [C]</div>	<div>8:30 Morning Greetings [D]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Beauty Makeovers [D]</div> <div>2:00 Pumpkin Decorating [ML]</div> <div>3:00 Social Hour - Music Trivia [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:30 Rocking and Rolling [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>1:00 Name That Tune [L]</div> <div>2:00 Puzzle Club [L]</div> <div>3:30 Nail Lounge [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:30 Blessings and Reflections [L]</div>
<div>National Pumpkin Day</div> <div>8:30 Morning Greetings [D]</div> <div>10:00 Hour of Power [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Midday Movement [L]</div> <div>2:00 World of Color [D]</div> <div>3:00 Weekly Happenings & Highlights [D]</div> <div>4:00 Trivia [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>10:00 Senior Stretch [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Beauty Makeovers [D]</div> <div>1:30 Eversound - Songs of Worship [L]</div> <div>2:00 Country Times Trivia</div> <div>3:00 Mix & Mingle Monday [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:30 Chicken Soup for the Soul [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Exercises with Renee [ML]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Traveling Tuesday [N]</div> <div>1:00 Creative Choice Crafts [D]</div> <div>2:30 Puzzle Mania [D]</div> <div>3:00 Rustic Reads: Book Club [L]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Music, Games & Meaningful Moments [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Eversound Yoga [ML]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Seniors Singing Group</div> <div>1:00 Eversound - Music Therapy [L]</div> <div>2:30 Watercolor Wonders [D]</div> <div>3:00 Wednesday Wine Wonders [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>8:30 Morning Greetings [D]</div> <div>9:00 Feel Good Fitness [L]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>1:00 Arts and Crafts [D]</div> <div>2:00 Country Roads Painting [D]</div> <div>2:00 Country Roads of Faith [L]</div> <div>2:30 Focusing on Fitness [L]</div> <div>3:00 Game On: Bingo [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Music, Games & Meaningful Moments [L]</div>	<div>Halloween</div> <div>8:30 Morning Greetings [D]</div> <div>10:30 Mixology Drink Bar [D]</div> <div>11:00 Beauty Makeovers [D]</div> <div>2:00 Golden Games Galore [D]</div> <div>2:00 BOO Bash [ML]</div> <div>3:00 Social Hour - Music Trivia [D]</div> <div>4:30 Prepping with Purpose [D]</div> <div>6:00 Movie Night [L]</div>	<div>Location Keys</div> <div>Community Neighborhood N</div> <div>Courtyard C</div> <div>Dining Room D</div> <div>Living Room L</div> <div>Main Dining Room MD</div> <div>Main Living Room ML</div>