

March 2024
Springwood Court Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>March cont'd</div> <div>31</div> <div>Easter</div> <div>9:30 Catholic Communion [R]</div> <div>10:15 News & Discussion [L]</div> <div>1:30 Happy Easter with M & M [L]</div> <div>2:00 Cards [R]</div> <div>2:30 Sweet Treats Easter Social [L]</div>	<div></div>	<div>Community & Connection</div> <div>Exploration & Adventure</div> <div>Harmony & Introspection</div> <div>Intentions & Commitments</div> <div>Knowledge & Learning</div> <div>Motion & Movement</div> <div>Motivation & Creation</div>	<div>Location Keys</div> <div>Courtyard</div> <div>Garden Room</div> <div>Library</div> <div>Living Room</div> <div>Therapy Room</div> <div>CY</div> <div>GR</div> <div>R</div> <div>L</div> <div>T</div>	<div></div>	<div>10:00 Pledge of Allegiance [L]</div> <div>10:05 Flexible Friday [L]</div> <div>10:30 Feel Good News [L]</div> <div>2:00 Happy Hour with Neil & Cheri [L]</div> <div>2:30 Cards [R]</div> <div>3:00 TGIF Social [L]</div>	<div>10:00 Exercise [L]</div> <div>10:30 Current Events [L]</div> <div>1:30 Nickel Bingo [GR]</div> <div>3:00 Saturday Social [GR]</div> <div>3:15 Sit & Stretch [GR]</div>
<div>9:30 Catholic Communion [R]</div> <div>10:15 News & Discussion [L]</div> <div>1:30 Wii Bowling Competition [L]</div> <div>2:00 Cards [R]</div> <div>3:00 Sunday Social [L]</div>	<div>Happy Birthday Ruth!</div> <div>10:00 Nickel Bingo [GR]</div> <div>2:00 Dominoes [GR]</div> <div>2:30 Cards [R]</div> <div>3:00 Monday Mingle [GR]</div> <div>6:00 Movie [L]</div>	<div>9:30 Fitness & Fun with Legacy [L]</div> <div>10:00 Non-Denominational Service [L]</div> <div>2:00 Pokeno [GR]</div> <div>2:30 Cards [R]</div> <div>3:00 Conversation & Refreshments [GR]</div>	<div>10:00 Today's Headlines [L]</div> <div>10:30 Forever Fit with Legacy [L]</div> <div>2:00 The Places You'll Go Word Travel Game [GR]</div> <div>3:00 Afternoon Social [GR]</div> <div>6:00 Movie [L]</div>	<div>10:00 Let's get Physical [L]</div> <div>10:30 Morning News [L]</div> <div>11:00 Blood Pressure & Weight Clinic with Legacy [L]</div> <div>2:00 Laughter Yoga with Linda [L]</div> <div>2:00 Publix Trip</div> <div>3:00 Relax & Refresh [L]</div>	<div>10:00 Pledge of Allegiance [L]</div> <div>10:05 Flexible Friday [L]</div> <div>10:30 Feel Good News [L]</div> <div>2:00 In Harmony Singing Group [L]</div> <div>2:30 Cards [R]</div> <div>3:00 TGIF Social [L]</div>	<div>9:30 Nail Polishing [GR]</div> <div>1:30 Nickel Bingo [GR]</div> <div>2:00 Cards [R]</div> <div>3:00 Saturday Social [GR]</div> <div>3:15 Sit & Stretch [GR]</div>
<div>Daylight Saving Time Begins</div> <div>9:30 Catholic Communion [R]</div> <div>10:15 News & Discussion [L]</div> <div>1:30 Wii Bowling Competition [L]</div> <div>2:00 Cards [R]</div> <div>3:00 Sunday Social [L]</div>	<div>10:00 Nickel Bingo [GR]</div> <div>2:00 Oh the Places We Will Go Together Travel Toss with Residents & Staff [L]</div> <div>2:30 Cards [R]</div> <div>3:00 Monday Mingle [L]</div> <div>6:00 Movie [L]</div>	<div>Podiatrist Visits</div> <div>9:30 Fitness & Fun with Legacy [L]</div> <div>10:00 Non-Denominational Service [L]</div> <div>2:00 Sing-A-Long with Linda [L]</div> <div>2:30 Cards [R]</div> <div>3:00 Conversation & Refreshments [GR]</div>	<div>10:00 Forever Fit with Legacy [L]</div> <div>10:30 Today's Headlines [L]</div> <div>2:00 Chef's Corner with Allen [L]</div> <div>3:00 Afternoon Social [L]</div> <div>6:00 Movie [L]</div>	<div>10:00 Let's get Physical [L]</div> <div>10:30 Morning News [L]</div> <div>11:00 Blood Pressure & Weight Clinic with Legacy [T]</div> <div>2:00 Community Outreach with Lee County Library [R]</div> <div>2:00 Yoga Shavasana & Meditation with Molly [L]</div> <div>3:00 Relax & Refresh [L]</div>	<div>10:00 Pledge of Allegiance [L]</div> <div>10:05 Feel Good News [L]</div> <div>2:00 Happy Hour with Pat & Marilyn [L]</div> <div>2:30 Cards [R]</div> <div>3:00 TGIF Social [L]</div>	<div>10:00 PAWS Pet Ministry [R]</div> <div>10:00 PAWS Pet Ministry [L]</div> <div>1:30 Nickel Bingo [GR]</div> <div>2:00 Cards [R]</div> <div>2:30 Saturday Social [GR]</div>
<div>St. Patrick's Day</div> <div>9:30 Catholic Communion [R]</div> <div>10:15 News & Discussion [L]</div> <div>1:30 St. Patrick's Day with Mel Oldies [L]</div> <div>2:00 Cards [R]</div> <div>2:30 Shamrock Social [L]</div>	<div>Happy Birthday Penny!</div> <div>10:00 Nickel Bingo [GR]</div> <div>2:00 Pianist Mark Kovaly [L]</div> <div>2:30 Cards [R]</div> <div>3:00 Monday Mingle [L]</div> <div>6:00 Movie [L]</div>	<div>Spring Begins</div> <div>9:30 Fitness & Fun with Legacy [L]</div> <div>10:00 Non-Denominational Service [L]</div> <div>2:00 Flippo [GR]</div> <div>2:30 Cards [R]</div> <div>3:00 Conversation & Refreshments [GR]</div>	<div>10:00 Forever Fit with Legacy [L]</div> <div>10:30 Today's Headlines [L]</div> <div>11:00 Lunch Trip to Heavenly Pizza</div> <div>2:00 Birthday Bash with M & M [L]</div> <div>3:00 Birthday Cake & Punch Courtesy of Medri Caretenders [L]</div> <div>6:00 Movie [L]</div>	<div>Happy Birthday Deanna!</div> <div>10:00 Let's get Physical [L]</div> <div>10:30 Morning News [L]</div> <div>2:00 The Places You Will Go Health Talk with Legacy [L]</div> <div>3:00 Relax & Refresh [L]</div> <div>3:15 Dr. Seuss Trivia [GR]</div>	<div>10:00 Pledge of Allegiance [L]</div> <div>10:05 Flexible Friday [L]</div> <div>10:30 Feel Good News [L]</div> <div>2:00 Blinge Bingo [GR]</div> <div>2:30 Cards [R]</div> <div>3:00 tg [GR]</div>	<div>Purim begins at Sundown</div> <div>9:30 Nail Polishing [GR]</div> <div>1:30 Nickel Bingo [GR]</div> <div>2:00 Cards [R]</div> <div>3:00 Saturday Social [GR]</div> <div>3:15 Sit & Stretch [GR]</div>
<div>Palm Sunday</div> <div>9:30 Catholic Communion [R]</div> <div>10:15 News & Discussion [L]</div> <div>1:30 Wii Bowling Competition [L]</div> <div>2:00 Cards [R]</div> <div>3:00 Sunday Social [L]</div>	<div>Full Worm Moon</div> <div>10:00 Nickel Bingo [GR]</div> <div>2:00 Resident Council Meeting [L]</div> <div>2:30 Cards [R]</div> <div>3:00 Monday Mingle [L]</div> <div>6:00 Movie [L]</div>	<div>9:30 Fitness & Fun with Legacy [L]</div> <div>10:00 Non-Denominational Service [L]</div> <div>2:00 Cornhole with the International Cornhole Marketing Team [L]</div> <div>2:30 Cards [R]</div> <div>3:00 Conversation & Refreshments [L]</div>	<div>10:00 Forever Fit with Legacy [L]</div> <div>10:30 Today's Headlines [L]</div> <div>2:00 Shuffleboard [CY]</div> <div>3:00 Afternoon Social [CY]</div> <div>6:00 Movie [L]</div>	<div>Maundy Thursday</div> <div>10:00 Let's get Physical [L]</div> <div>10:30 Morning News [L]</div> <div>2:00 Aldi Trip</div> <div>2:00 Yoga Shavasana & Meditation with Molly [L]</div> <div>3:00 Relax & Refresh [L]</div>	<div>Good Friday</div> <div>10:00 Pledge of Allegiance [L]</div> <div>10:05 Give Thanks & Praise [L]</div> <div>10:15 Flexible Friday [L]</div> <div>10:30 Feel Good News [L]</div> <div>2:00 Easter Egg Coloring [GR]</div> <div>2:30 Cards [R]</div> <div>3:00 TGIF Social [GR]</div>	<div>Holy Saturday</div> <div>10:00 Exercise [L]</div> <div>10:30 Current Events [L]</div> <div>1:30 Nickel Bingo [GR]</div> <div>2:00 Cards [R]</div> <div>3:00 Saturday Social [GR]</div> <div>3:15 Sit & Stretch [GR]</div>