


November 2024  
Arbor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>Happy Fall! First day of Fall is Sunday September 22nd</div>	<p><b>Please Note:</b> The calendar is subject to change, especially due to recent weather conditions. Updates will be posted on the weekly calendar &amp; daily activity whiteboard. All activities with (Weather Permitting) labels will have alternatives in place marked as so.</p>		<div><div>Cognitive</div><div>Creative</div><div>Physical</div><div>Purposeful</div><div>Sensory</div><div>Social</div><div>Spiritual</div></div>	<div>1</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Basketball [DiningRm] 10:45 ⚡ Would You Rather Game [DiningRm] 1:30 🍄 Happy Hour [DiningRm] 2:30 Arts and Crafts-Veteran's Day Creations 3:45 ↔ Walking Club 6:00 ⚡ Jig Saw Puzzling W/ Friends [DiningRm]</div>	<div>2</div> <div>10:00 ↔ Morning Exercises [DiningRm] 10:30 ↔ Balloon Jousting [DiningRm] 1:00 Karaoke [DiningRm] 2:00 Movie and Popcorn 3:45 ↔ Walking Club 7:00 🌿 Trailblazers - Suns [DiningRm]</div>
<div>3</div> <div>Daylight Saving Time Begins 10:00 ↔ Morning Exercises [DiningRm] 10:30 🦋 <b>Sunday Church Service: Portland Community Church</b> 1:00 ⚡ Staff's Choice: Staff Will Pick the Activity [DiningRm] 2:30 🍄 Coffee &amp; Snack Hour [DiningRm] 3:45 ↔ Walking Club 6:00 🍄 Tea Talks [DiningRm]</div>	<div>4</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Active Games-Dice Games 1:00 ⚡ Staff's Choice Staff Will Pick the Activity 3:00 🚩 Resident 1:1 Time 3:45 ↔ Walking Club 6:00 🌿 Monday Night Sports [DiningRm]</div>	<div>5</div> <div>Election Day 8:30 🦋 Catholic Communion with Mike Weber 9:30 🚩 Beauty Shop Opened [Salon] 9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Bean Bag Baseball 10:45 Music Trivia [DiningRm] 2:00 🍄 Baking-Cooking Club [MCK] 3:00 🚩 Resident 1:1 Time 3:45 ↔ Art Walk and Talk 6:00 🍄 Tea Talks [DiningRm]</div>	<div>6</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Bellz Game [DiningRm] 10:45 ⚡ Would You Rather Game [DiningRm] 1:15 🚩 Community Service Club 3:00 🌿 Fingernail Social [DiningRm] 3:45 ↔ Into the Wild Walking Club Wednesday 6:00 ⚡ Jig Saw Puzzling W/ Friends [DiningRm]</div>	<div>7</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Ring Toss 10:45 ⚡ Finish the Lyrics [DiningRm] 1:15 ⚡ Candy Bingo 2:30 🌿 <b>John VB on A.L.</b> 3:45 🌿 The Beat Goes On 6:00 🍄 Tea Talks [DiningRm]</div>	<div>8</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Basketball [DiningRm] 10:45 ⚡ Would You Rather Game [DiningRm] 1:30 🍄 Happy Hour [DiningRm] 2:30 Arts and Crafts-Shell Necklaces 3:45 ↔ Parachute Play 6:00 ⚡ Jig Saw Puzzling W/ Friends [DiningRm]</div>	<div>9</div> <div>10:00 ↔ Morning Exercises [DiningRm] 10:30 ↔ Balloon Jousting [DiningRm] 1:00 Karaoke 2:00 Movie and Popcorn 3:45 ↔ Garden Strolls-Weather Permitting 7:30 🌿 Raptors - Clippers [DiningRm]</div>
<div>10</div> <div>10:00 ↔ Morning Exercises [DiningRm] 10:30 🦋 <b>Sunday Church Service: Portland Community Church</b> 1:00 ⚡ Staff's Choice: Staff Will Pick the Activity [DiningRm] 2:30 🍄 Coffee &amp; Snack Hour [DiningRm] 6:00 🍄 Tea Talks [DiningRm]</div>	<div>11</div> <div>Veterans Day 9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Active Games-Dice Games 1:00 Staff's Choice Staff Will Pick the Activity 2:00 🌿 <b>Pet Therapy W/ Lars the Dog [DiningRm]</b> 3:00 🚩 Resident 1:1 Time 6:00 🌿 Monday Night Sports [DiningRm]</div>	<div>12</div> <div>8:30 🦋 Catholic Communion with Mike Weber 9:30 🚩 Beauty Shop Opened [Salon] 9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Bean Bag Baseball 10:45 Music Trivia [DiningRm] 1:00 🌿 <b>Group Rhythm with Steve Skolnik [DiningRm]</b> 2:00 🍄 Baking-Cooking Club [MCK] 3:00 🚩 Resident 1:1 Time 3:45 ↔ Art Walk and Talk 6:00 🍄 Tea Talks [DiningRm]</div>	<div>13</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Target Practice 10:45 ⚡ Would You Rather Game [DiningRm] 1:15 🚩 Community Service Club 3:00 🌿 Fingernail Social [DiningRm] 3:45 ↔ Into the Wild Walking Club Wednesday 6:00 ⚡ Jig Saw Puzzling W/ Friends [DiningRm]</div>	<div>14</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Ring Toss 10:45 ⚡ Finish the Lyrics [DiningRm] 1:15 ⚡ Candy Bingo 2:30 Eclectic Guitar - Freddie Perez on A.L. 3:45 🌿 The Beat Goes On 6:00 🍄 Tea Talks [DiningRm]</div>	<div>15</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Basketball [DiningRm] 10:45 ⚡ Would You Rather Game [DiningRm] 1:30 🍄 Happy Hour [DiningRm] 2:30 Arts and Crafts-Fall Leaves 3:45 ↔ Parachute Play 6:00 ⚡ Jig Saw Puzzling W/ Friends [DiningRm]</div>	<div>16</div> <div>10:00 ↔ Morning Exercises [DiningRm] 10:30 Balloon Jousting [DiningRm] 1:00 Karaoke 2:00 Movie and Popcorn 3:45 ↔ Garden Strolls-Weather Permitting 7:00 🌿 Jazz - Kings [DiningRm]</div>
<div>17</div> <div>10:00 ↔ Morning Exercises [DiningRm] 10:30 🦋 <b>Sunday Church Service: Portland Community Church</b> 1:00 ⚡ Staff's Choice: Staff Will Pick the Activity [DiningRm] 2:30 🍄 Coffee &amp; Snack Hour [DiningRm] 6:00 🍄 Tea Talks [DiningRm]</div>	<div>18</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Active Games-Dice Games 1:00 Staff's Choice Staff Will Pick the Activity 1:30 ⚡ Candy Bingo [DiningRm] 3:00 🚩 Resident 1:1 Time 6:00 🌿 Monday Night Sports [DiningRm]</div>	<div>19</div> <div>8:30 🦋 Catholic Communion with Mike Weber 9:30 🚩 Beauty Shop Opened [Salon] 9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Bean Bag Baseball 10:45 Music Trivia [DiningRm] 2:00 🍄 Baking Cooking Club [MCK] 3:00 🚩 Resident 1:1 Time 3:45 ↔ Art Walk and Talk 6:00 🍄 Tea Talks [DiningRm]</div>	<div>20</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Target Practice 10:45 ⚡ Would You Rather Game [DiningRm] 1:15 🚩 Community Service Club 3:00 🌿 Fingernail Social [DiningRm] 3:45 ↔ Into the Wild Walking Club Wednesday 6:00 ⚡ Jig Saw Puzzling W/ Friends [DiningRm]</div>	<div>21</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Ring Toss 10:45 ⚡ Finish the Lyrics [DiningRm] 1:15 ⚡ Candy Bingo 2:30 Harp Music - Angela Reiswig on A.L. 3:45 🌿 The Beat Goes On 6:00 🍄 Tea Talks [DiningRm]</div>	<div>22</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Basketball [DiningRm] 10:45 ⚡ Would You Rather Game [DiningRm] 1:30 🍄 Happy Hour [DiningRm] 2:30 Arts and Crafts-Thankful Tree 3:45 ↔ Parachute Play 6:00 ⚡ Jig Saw Puzzling W/ Friends [DiningRm]</div>	<div>23</div> <div>10:00 ↔ Morning Exercises [DiningRm] 10:30 ↔ Balloon Jousting [DiningRm] 1:00 Karaoke 2:00 🍄 Movie and Popcorn [DiningRm] 3:45 ↔ Garden Strolls-Weather Permitting 7:30 🌿 Nuggets - Lakers [DiningRm]</div>
<div>24</div> <div>10:00 ↔ Morning Exercises [DiningRm] 10:30 🦋 <b>Sunday Church Service: Portland Community Church</b> 1:00 ⚡ Staff's Choice: Staff Will Pick the Activity [DiningRm] 2:30 🍄 Coffee &amp; Snack Hour [DiningRm] 6:00 🍄 Tea Talks [DiningRm]</div>	<div>25</div> <div>Dr. Ko (Podiatrist) is coming today 9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Active Games-Dice Games 1:00 Staff's Choice Staff Will Pick the Activity 2:00 🌿 <b>Pet Therapy W/ Lars the Dog [DiningRm]</b> 6:00 🌿 Monday Night Sports [DiningRm]</div>	<div>26</div> <div>8:30 🦋 Catholic Communion with Mike Weber 9:30 🚩 Beauty Shop Opened [Salon] 9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Bean Bag Baseball 10:45 Music Trivia [DiningRm] 1:00 🌿 <b>Group Rhythm with Steve Skolnik [DiningRm]</b> 2:00 🍄 Baking-Cooking Club [MCK] 3:00 🚩 Resident 1:1 Time 3:45 ↔ Art Walk and Talk 6:00 🍄 Tea Talks [DiningRm]</div>	<div>27</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Target Practice 10:45 ⚡ Would you Rather Game [DiningRm] 1:15 🚩 Community Service Club 3:00 🌿 Fingernail Social [DiningRm] 3:45 ↔ Into the Wild Walking Club Wednesday 6:00 ⚡ Jigsaw Puzzling W/ Friends [DiningRm]</div>	<div>28</div> <div>Thanksgiving 9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Ring Toss 10:45 ⚡ Finish the Lyrics [DiningRm] 1:15 ⚡ Candy Bingo 3:45 🌿 The Beat Goes On 6:00 🍄 Tea Talks [DiningRm]</div>	<div>29</div> <div>9:55 ↔ Morning Exercise Class [DiningRm] 10:15 ↔ Basketball [DiningRm] 10:45 ⚡ Would You Rather Game [DiningRm] 1:30 🍄 Happy Hour [DiningRm] 2:30 Arts and Crafts-Holiday Card Making 3:45 ↔ Parachute Play 6:00 ⚡ Jig Saw Puzzling W/ Friends [DiningRm]</div>	<div>30</div> <div>10:00 ↔ Morning Exercises [DiningRm] 10:30 ↔ Balloon Jousting [DiningRm] 1:00 Karaoke [DiningRm] 2:00 🍄 Movie and Popcorn [DiningRm] 3:45 ↔ Garden Strolls-Weather Permitting 6:00 🌿 Mavericks - Jazz [DiningRm]</div>