

September 2026

Residences at Wellpoint Independent Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		11:00 🌸 The Daily Devotional [HL] 1 2:00 ➡ Resistance BandTraining w/Jaci [FC] 2:30 🍷 <i>Sky High Showdown: Build a Skyscraper! [ART]</i> 6:30 🎮 Bingo! [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 2 9:00 ➡ Aqua Confidence Class [POOL] 9:30 ➡ Strength and mobility Ball w/ Jaci [FC] 10:00 🌸 Holy Spirit Mass Service [MMR] 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Chair Yoga w/Jaci [FC] 3:00 🍷 Wine Down Wednesday: Live Music with John Onder! [BAR] 6:15 🕒 Mexican Train Game [ART]	9:30 ➡ Resistance Band Training w/Jaci! [FC] 3 10:45 🕒 Bible Study with Keith Hodges [PD] 11:00 🌸 The Daily Devotional [HL] 1:00 🎮 Social Bridge Club [ART] 2:00 ➡ Standing Balance w/jaci [MMR] 6:30 🍷 Bingo! [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 4 9:00 ➡ Aqua Confidence Class [POOL] 9:30 🚗 Bailey Cove Library Outing! Leave at 9:30am- 1 hour Trip [BUS] 9:30 ➡ Friday Fitness Fun w/Jaci [FC] 10:15 🕒 Total Brain Health: Brain Games [BAR] 11:00 🌸 The Daily Devotional [HL] 12:30 🚗 Walmart/Publix trip [BUS] 1:30 🍷 Resident Council Meeting [MMR] 2:00 ➡ Chair Yoga w/ Jaci 3:00 🎮 Museum at Home: The Jack Dornan Art Collection 6:15 🕒 Bible Study with Bob and Katie! Book of Colossians [PD] 6:30 🍷 Right, Left, Center Game [ART]	11:00 🌸 The Daily Devotional [HL] 5 2:00 🍷 The Old Friends Band Live! [BAR] 3:00 🍷 Bingo! [BAR] 3:30 🎮 Playing Cards- Show up! We will decide together! [ART] 4:00 🕒 Group Crossword! [HL] 6:30 🍷 Saturday Night Movie: How to Steal a Million [MMR]
11:00 🌸 The Daily Devotional [HL] 6 1:30 🎮 Board Games: Monopoly, Scrabble. [BAR] 2:00 🌸 Sunday Service with Andrew Staton! [MMR] 3:00 🕒 Rummikub [ART] 6:30 🕒 Bible Study with Pastor David Nelson: Prayer [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 7 9:00 ➡ Aqua Confidence Class [POOL] 10:15 🕒 Total Brain Health: Brain Games [BAR] 11:00 🌸 The Daily Devotional [HL] 3:00 🍷 Art Class! [ART] 3:00 🎮 <i>Veterans Group: The Italian Job- A Daytime Rescue Operation in Iraq [BAR]</i> 6:30 🍷 Monday Night Movie: Woman in Gold [MMR] 6:30 🍷 Right Left Center [ART]	9:30 ➡ Steady through the Ages: Fall Prevention Fitness [MMR] 8 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Resistance BandTraining w/ Jaci [FC] 2:30 🕒 <i>Paint a Picture with Words: A Grandma Moses Creative Writing Session [BAR]</i> 6:30 🎮 Bingo! [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 9 9:00 ➡ Aqua Confidence Class [POOL] 9:30 ➡ Strength and mobility Ball w/ Jaci [FC] 10:00 🌸 Communion with Holy Spirit Catholic Church [PD] 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Chair Yoga w/Jaci [FC] 3:00 🍷 Wine Down Wednesday: Live Music by 'Just the Two of Us' [BAR] 6:15 🕒 Mexican Train Game [ART]	9:30 ➡ Resistance Band Training w/Jaci! [FC] 10 10:45 🕒 Bible Study with Keith Hodges [PD] 11:00 🌸 The Daily Devotional [HL] 1:00 🎮 Social Bridge Club [ART] 2:00 ➡ Standing Balance w/jaci [MMR] 2:30 🍷 Live Music with John Onder [BAR] 6:30 🍷 Bingo! [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 11 9:00 ➡ Aqua Confidence Class [POOL] 9:30 ➡ Friday Fitness Fun w/Jaci [FC] 9:30 🚗 Walmart/Publix trip [BUS] 10:15 🕒 Total Brain Health: Brain Games [BAR] 11:00 🌸 The Daily Devotional [HL] 12:30 🚗 Bailey Cove Library Outing! Leave at 12:30pm- 1 Hour Trip [BUS] 2:00 ➡ Chair Yoga w/ Jaci 3:00 🕒 Don't Become and Exhibit: Fall Prevention 101 with Dr. Dennis Sehgal [MMR] 6:15 🕒 Bible Study with Bob and Katie! Book of Colossians [PD] 6:30 🍷 Right, Left, Center Game [ART]	11:00 🌸 The Daily Devotional [HL] 12 2:00 🍷 Bingo! [BAR] 3:30 🎮 Playing Cards- Show up! We will decide together! [ART] 4:00 🕒 Group Crossword! [HL] 6:30 🍷 Saturday Night Movie: The Monuments Men [MMR]
11:00 🌸 The Daily Devotional [HL] 13 1:30 🎮 Board Games: Monopoly, Scrabble. [BAR] 2:00 🌸 Sunday Service with Andrew Staton! [MMR] 3:00 🕒 Rummikub [ART] 6:30 🕒 Bible Study with Pastor David Nelson: Prayer [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 14 9:00 ➡ Aqua Confidence Class [POOL] 9:30 ➡ Monday Morning Mobility w/ Jaci [FC] 10:15 🕒 Total Brain Health: Brain Games [BAR] 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Dumbbell Strength w/Jaci [FC] 2:30 🕒 Menu Chat [DR] 6:30 🍷 Monday Night Movie: The Indian in the Cupboard [MMR] 6:30 🍷 Right Left Center [ART]	9:30 ➡ Steady through the Ages: Fall Prevention Fitness [MMR] 15 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Resistance BandTraining w/Jaci [FC] 3:30 🍷 Monthly Resident Birthday Social [BAR] 6:30 🎮 Bingo! [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 16 9:00 ➡ Aqua Confidence Class [POOL] 9:30 ➡ Strength and mobility Ball w/ Jaci [FC] 10:00 🚗 U.S. Veteran Memorial Museum (Departure 10am) [BUS] 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Chair Yoga w/Jaci [FC] 3:00 🍷 Wine Down Wednesday with music by Danny Pigg [BAR] 6:00 🍷 VFW POST 12242 Monthly Meeting for Veterans [BAR] 6:15 🕒 Mexican Train Game [ART]	9:30 ➡ Resistance Band Training w/Jaci! [FC] 17 10:00 🌸 Preserving Quality of Life: Understanding Your Care Options [BAR] 10:45 🕒 Bible Study with Keith Hodges [PD] 11:00 🌸 The Daily Devotional [HL] 1:00 🎮 Social Bridge Club [ART] 2:00 ➡ Standing Balance w/jaci [MMR] 2:30 🍷 Live Music with Sylvia Dean! [BAR] 6:30 🍷 Bingo! [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 18 9:00 ➡ Aqua Confidence Class [POOL] 9:30 🚗 Bailey Cove Library Outing! Leave at 9:30am- 1 hour Trip [BUS] 9:30 ➡ Friday Fitness Fun w/Jaci [FC] 10:15 🕒 Total Brain Health: Brain Games [BAR] 11:00 🌸 The Daily Devotional [HL] 12:30 🚗 Walmart/Publix trip [BUS] 2:00 ➡ Chair Yoga w/ Jaci 3:00 🍷 Stories worth Preserving: [MMR] 6:15 🕒 Bible Study with Bob and Katie! Book of Colossians [PD] 6:30 🍷 Right, Left, Center Game [ART]	11:00 🌸 The Daily Devotional [HL] 19 2:00 🍷 Bingo! [BAR] 3:30 🎮 Playing Cards- Show up! We will decide together! [ART] 4:00 🕒 Group Crossword! [HL] 6:30 🍷 Saturday Night Movie: The Maiden Heist [MMR]
11:00 🌸 The Daily Devotional [HL] 20 1:30 🎮 Board Games: Monopoly, Scrabble. [BAR] 3:00 🕒 Rummikub [ART] 6:30 🕒 Bible Study with Pastor David Nelson: Prayer [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 21 9:00 ➡ Aqua Confidence Class [POOL] 9:30 ➡ Monday Morning Mobility w/ Jaci [FC] 10:15 🕒 Total Brain Health: Brain Games [BAR] 10:50 🚗 Lunch Bunch: City Cafe (10:50am Deprature) [BUS] 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Dumbbell Strength w/Jaci [FC] 6:30 🍷 Monday Night Movie: The Train (1964) [MMR] 6:30 🍷 Right Left Center [ART]	9:30 ➡ Steady through the Ages: Fall Prevention Fitness [MMR] 22 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Resistance BandTraining w/ Jaci [FC] 2:30 🍷 Autumn Artifacts: Scarecrow Craft with Darlene [ART] 6:30 🎮 Bingo! [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 23 9:00 ➡ Aqua Confidence Class [POOL] 9:30 ➡ Strength and mobility Ball w/ Jaci [FC] 10:00 🌸 Communion with Holy Spirit Catholic Church [PD] 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Chair Yoga w/Jaci [FC] 3:00 🍷 Wine Down Wednesday & Music with Tom B! [BAR] 6:15 🕒 Mexican Train Game [ART]	9:30 ➡ Resistance Band Training w/Jaci! [FC] 24 10:45 🕒 Bible Study with Keith Hodges [PD] 11:00 🌸 The Daily Devotional [HL] 1:00 🎮 Social Bridge Club [ART] 2:00 ➡ Standing Balance w/jaci [MMR] 6:30 🍷 Bingo! [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 25 9:00 ➡ Aqua Confidence Class [POOL] 9:30 ➡ Friday Fitness Fun w/Jaci [FC] 9:30 🚗 Walmart/Publix trip [BUS] 10:15 🕒 Total Brain Health: Brain Games [BAR] 11:00 🌸 The Daily Devotional [HL] 12:30 🚗 Bailey Cove Library Outing! Leave at 12:30pm- 1 Hour Trip [BUS] 2:00 ➡ Chair Yoga w/ Jaci 2:30 🕒 <i>One Hit Wonder Trivia! [BAR]</i> 6:15 🕒 Bible Study with Bob and Katie! Book of Colossians [PD] 6:30 🍷 Right, Left, Center Game [ART]	11:00 🌸 The Daily Devotional [HL] 26 2:00 🍷 Bingo! [BAR] 3:30 🎮 Playing Cards- Show up! We will decide together! [ART] 4:00 🕒 Group Crossword! [HL] 6:30 🍷 Saturday Night Movie: Night at the Museum [MMR]
11:00 🌸 The Daily Devotional [HL] 27 1:30 🎮 Board Games: Monopoly, Scrabble. [BAR] 2:00 🌸 Sunday Service with Andrew Staton! [MMR] 3:00 🕒 Rummikub [ART] 6:30 🕒 Bible Study with Pastor David Nelson: Prayer [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 28 9:00 ➡ Aqua Confidence Class [POOL] 9:30 ➡ Monday Morning Mobility w/ Jaci [FC] 10:15 🕒 Total Brain Health: Brain Games [BAR] 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Dumbbell Strength w/Jaci [FC] 6:30 🍷 Monday Night Movie: Night at the Museum: Battle of the Smithsonian [MMR] 6:30 🍷 Right Left Center [ART]	9:30 ➡ Steady through the Ages: Fall Prevention Fitness [MMR] 29 11:00 🌸 The Daily Devotional [HL] 2:00 🍷 "Museum of Memories: Every Item has a Story" [MS] 2:00 ➡ Resistance BandTraining w/ Jaci [FC] 6:30 🎮 Bingo! [BAR]	8:30 ➡ Aqua Aerobics with Chelsie [POOL] 30 9:00 ➡ Aqua Confidence Class [POOL] 9:30 ➡ Strength and mobility Ball w/ Jaci [FC] 10:00 🌸 Communion with Holy Spirit Catholic Church [PD] 10:00 🚗 Signals Museum of Communication Technology (Departure at 10am) [BUS] 11:00 🌸 The Daily Devotional [HL] 2:00 ➡ Chair Yoga w/Jaci [FC] 3:00 🍷 WDW & Live Music with Nedra Keel! [BAR] 6:15 🕒 Mexican Train Game [ART]	Location Keys Art Studio Bus Cove Bar & Grill Dining Room Fitness Center Hampton Library Main Street Multi Media Room Pool Private Dining ART BUS BAR DR FC HL MS MMR POOL PD	Community & Connection Exploration & Adventure Harmony & Introspection Intentions & Commitments Knowledge & Learning Motion & Movement Motivation & Creation	Resident Birthdays Bonnie W. 9/7 Donald N. 9/8 Patricia H. 9/9 Mary D. 9/13 John O. 9/14 Raymond "Ray" T. 9/18 William C. 9/19 William E. 9/23 David T. 9/25 Jean G. 9/26 Joyce B. 9/29