


April 2025

Southern Pines Senior Living Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div></div>	<div><div>9:30 Morning Devotional - Resident Led [C]</div><div>10:00 Tuesday Workout with Aletha [AA]</div><div>10:30 April Fool's Day Jokes [AA]</div><div>11:00 Total Brain Health - Mirror Mirror [AA]</div><div>2:00 Bingo [AA]</div><div>3:00 Independent Artist Day - Painting Fun [AA]</div><div>4:00 Rummikub [AA]</div></div> <div>1</div>	<div><div>9:30 Daily Chronicles [AA]</div><div>10:00 Wednesday Workout [AA]</div><div>10:30 Total Brain Health [AA]</div><div>11:00 Book Club [AA]</div><div>11:00 Lunch Bunch [O]</div><div>2:00 Pokeno [AA]</div><div>3:00 Walk to the Lake</div><div>3:30 Bingo - Village [AA]</div></div> <div>2</div>	<div><div>9:30 Morning Devotional - Resident Led [C]</div><div>10:00 Workout w/ Aletha [AA]</div><div>10:30 Making Dog Treats [AA]</div><div>10:30 Total Brain Health - Social Play [AA]</div><div>11:00 Book Club [AA]</div><div>12:00 Bingo [AA]</div><div>13:00 Drama Group [AA]</div><div>14:00 Rummikub [AA]</div></div> <div>3</div>	<div><div>9:30 Good News [AA]</div><div>10:00 Friday Fitness [AA]</div><div>1:00 Taking Dog Treats to our Humane Society [O]</div><div>3:00 Happy Hour [AA]</div></div> <div>4</div>	<div><div>10:00 Walking group-community stroll [F]</div><div>10:30 Saturday Stretch [AA]</div><div>2:00 Rummy card game [AA]</div><div>3:30 Bingo</div><div>6:00 Going To Dolly's to hear Dixie Desperado's [O]</div></div> <div>5</div>
<div><div>10:00 New Journey Singers [DR]</div><div>10:00 Sunday Stretches [AA]</div><div>11:00 Walking group-community stroll [F]</div><div>2:00 Travelogue - Discussion Group [AA]</div><div>4:00 Coolidge Church Of God [C]</div></div> <div>6</div>	<div><div>9:30 Chicken Soup for the Soul [AA]</div><div>10:00 Music and Motion w/ Sonuel [AA]</div><div>10:30 Baking Bunch [AA]</div><div>11:00 Manicure & Music [AA]</div><div>2:00 Let It Go Workshop [AA]</div><div>3:00 Easter Crafts [AA]</div><div>3:30 Bingo - Village [AA]</div></div> <div>7</div>	<div><div>9:30 Morning Devotional - Resident Led [C]</div><div>10:00 Christian Friends - Gardens [DR]</div><div>11:00 Tuesday Workout with Aletha [AA]</div><div>2:00 Bingo [AA]</div><div>3:00 Word Power [AA]</div><div>4:00 Rummikub [AA]</div></div> <div>8</div>	<div><div>9:30 Daily Chronicles [AA]</div><div>10:00 Walmart [O]</div><div>10:00 Wednesday Workout [AA]</div><div>10:30 Learning to Macrame' [AA]</div><div>10:30 Total Brain Health - Get The Beat [AA]</div><div>2:00 Music & Devotion - Ken Webb [C]</div><div>3:00 Pet Therapy [F]</div><div>3:30 Bingo - Village [AA]</div></div> <div>9</div>	<div><div>9:30 Morning Devotional - Resident Led [C]</div><div>10:00 Workout w/ Aletha [AA]</div><div>10:30 Total Brain Health - Line Grooves [AA]</div><div>11:00 Librarian is here (Bring your books to the activity room) [AA]</div><div>11:00 Short Stories [AA]</div><div>12:00 Bingo [AA]</div><div>13:00 Word in a Word [AA]</div><div>14:00 Rummikub [AA]</div></div> <div>10</div>	<div><div>9:30 Good News [AA]</div><div>10:00 Friday Fitness [AA]</div><div>10:30 Word Power [AA]</div><div>11:00 Manicure & Music Village [AA]</div><div>2:00 Trivia for Bucks [AA]</div><div>3:00 Happy Hour [AA]</div></div> <div>11</div>	<div><div>10:00 Walking group-community stroll [F]</div><div>10:30 Saturday Stretch [AA]</div><div>11:00 Spelling Bee Resident Led [AA]</div><div>11:30 Short Stories [F]</div><div>2:00 Uno Game [AA]</div><div>3:30 Bingo</div></div> <div>12</div>
<div><div>10:00 Sunday Stretches [AA]</div><div>11:00 Walking group-community stroll [F]</div><div>2:00 Reminiscing-Best Friends resident led [F]</div><div>4:00 Christ Community Christian Church [C]</div></div> <div>13</div>	<div><div>9:30 Chicken Soup for the Soul [AA]</div><div>9:30 Going to The Farm in Boston [O]</div><div>10:00 Exercise Group [AA]</div><div>10:30 Who wants to be a millionaire game [AA]</div><div>2:00 Ice Cream</div><div>3:00 Making Mosaics [AA]</div><div>3:30 Bingo - Village [AA]</div></div> <div>14</div>	<div><div>9:30 Morning Devotional - Resident Led [C]</div><div>10:00 Tuesday Workout with Aletha [AA]</div><div>10:30 A Novel Idea [AA]</div><div>10:30 Flower Power Arrangements to Sell [AA]</div><div>2:00 Bingo [AA]</div><div>3:00 Resident Council Meeting [AA]</div><div>4:00 Rummikub [AA]</div></div> <div>15</div>	<div><div>9:30 Daily Chronicles [AA]</div><div>10:00 Wednesday Workout [AA]</div><div>10:30 Flower Power Arrangements to Sell</div><div>10:30 Total Brain Health - Sounds Like ... [AA]</div><div>11:00 Lunch Bunch [O]</div><div>2:00 Cardio Drumming Outside</div><div>3:00 Let's Laugh Day [AA]</div><div>3:30 Bingo - Village [AA]</div></div> <div>16</div>	<div><div>9:30 Morning Devotional - Resident Led [C]</div><div>10:00 Workout w/ Aletha [AA]</div><div>10:30 Total Brain Health - Sounds Like a Story [AA]</div><div>2:00 Bingo [AA]</div><div>3:00 Drama Group [AA]</div><div>4:00 Rummikub [AA]</div></div> <div>17</div>	<div><div>9:30 Good News [AA]</div><div>10:00 Friday Fitness - Combined Exercise Group [AA]</div><div>10:30 The Year Was [AA]</div><div>2:00 Poetry Pals [F]</div><div>3:00 Happy Hour [AA]</div></div> <div>18</div>	<div><div>10:00 Walking group-community stroll [F]</div><div>10:30 Saturday Stretch [AA]</div><div>2:00 Rummy Card Game [AA]</div><div>3:30 Bingo</div></div> <div>19</div>
<div><div>Easter</div><div>10:00 Sunday Stretches [AA]</div><div>11:00 Walking group-community stroll [F]</div><div>4:00 Church with Calvary Baptist [C]</div></div> <div>20</div>	<div><div>9:30 Chicken Soup for the Soul [AA]</div><div>10:00 Music and Motion w/ Sonuel [AA]</div><div>10:30 Pokeno [AA]</div><div>2:00 Learning about diverse cultures [F]</div><div>3:00 Craft Club [AA]</div><div>3:30 Bingo - Village [AA]</div></div> <div>21</div>	<div><div>9:30 Morning Devotional - Resident Led [C]</div><div>10:00 Tuesday Workout with Aletha [AA]</div><div>10:30 A Novel Idea [AA]</div><div>10:30 Planting Project</div><div>11:00 Total Brain Health - What's That Scent? [AA]</div><div>2:00 Bingo [AA]</div><div>3:00 Who What Where [AA]</div><div>4:00 Rummikub [AA]</div></div> <div>22</div>	<div><div>9:30 Daily Chronicles [AA]</div><div>10:00 Publix [O]</div><div>10:00 Wednesday Workout [AA]</div><div>10:30 Book Club [AA]</div><div>2:00 Music & Devotion - Ken Webb [C]</div><div>3:00 Pet Therapy [AA]</div><div>3:30 Bingo - Village [AA]</div></div> <div>23</div>	<div><div>9:30 Morning Devotional - Resident Led [C]</div><div>10:00 Workout w/ Aletha [AA]</div><div>10:30 Total Brain Health - Healthy Scents [AA]</div><div>11:00 Book Club [AA]</div><div>12:00 Bingo [AA]</div><div>13:00 Rummikub [AA]</div></div> <div>24</div>	<div><div>9:30 Good News [AA]</div><div>10:00 Friday Fitness [AA]</div><div>10:30 Remember When? [AA]</div><div>10:30 Those were the Good old Days [AA]</div><div>2:00 Double or Nothing Trivia for Bucks [AA]</div><div>3:00 Happy Hour [AA]</div></div> <div>25</div>	<div><div>10:00 Walking group-community stroll [F]</div><div>10:30 Saturday Stretch [AA]</div><div>2:00 Uno Game [AA]</div><div>3:30 Bingo</div></div> <div>26</div>
<div><div>10:00 Sunday Stretches [AA]</div><div>11:00 Walking group-community stroll [F]</div><div>2:00 Mindjoggers [AA]</div><div>3:00 Famous Landmarks Travels</div><div>4:00 Climax Baptist Church [C]</div></div> <div>27</div>	<div><div>9:30 Chicken Soup for the Soul [AA]</div><div>10:00 Music and Motion w/ Sonuel [AA]</div><div>10:30 Brain Booster [AA]</div><div>10:30 Country Ride [AA]</div><div>2:00 Ice Cream</div><div>3:00 Craft Club [AA]</div><div>3:30 Bingo - Village [AA]</div></div> <div>28</div>	<div><div>9:30 Morning Devotional - Resident Led [C]</div><div>10:00 Tuesday Workout with Aletha [AA]</div><div>10:30 A Novel Idea [AA]</div><div>11:00 Total Brain Health - Daily Drinks [AA]</div><div>2:00 Bingo [AA]</div><div>3:00 Drama Group [AA]</div><div>4:00 Rummikub [AA]</div></div> <div>29</div>	<div><div>9:30 Daily Chronicles [AA]</div><div>10:00 Shopping at Goodwill in Moultrie [O]</div><div>10:00 Wednesday Workout [AA]</div><div>10:30 Total Brain Health - Smooth Snacking [AA]</div><div>11:00 Book Club [AA]</div><div>12:00 International Jazz Day [AA]</div><div>3:00 Pokeno [AA]</div><div>3:30 Bingo - Village [AA]</div></div> <div>30</div>	<div><div><div> Community & Connection</div><div> Exploration & Adventure</div><div> Harmony & Introspection</div><div> Intentions & Commitments</div><div> Knowledge & Learning</div><div> Motion & Movement</div><div> Motivation & Creation</div></div><div><div>Location Keys</div><div>Activity Area</div><div>Chapel</div><div>Dining Room</div><div>Front Porch</div><div>Outing</div></div><div><div>AA</div><div>C</div><div>DR</div><div>F</div><div>O</div></div></div> <div></div>		