



December 2025

The Cottages of Perry Hall Assisted Living Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div>Hair Salon</div><div>10:30 Seated Stretch [LR]</div><div>11:30 Holiday Trivia [DR]</div><div>1:30 All Aboard Bingo [DR]</div><div>2:30 Winter Watercolor [DR]</div><div>3:30 Favorite Christmas Songs [LR]</div><div>4:30 Buddy Promises [DR]</div></div> <div>1</div>	<div><div>10:30 Snowball Toss [DR]</div><div>11:00 Tea By 2 Outing [O]</div><div>11:30 Total Brain Health Class [DR]</div><div>1:30 Dominoes & Cards [DR]</div><div>2:30 Wood Coasters [DR]</div><div>3:30 Relaxing Winter Background Music [LR]</div><div>4:30 Letter's to Santa [LR]</div></div> <div>2</div>	<div><div>10:00 Manicure Hour [DR]</div><div>10:30 Sit & Fit [LR]</div><div>11:30 Word Search O'clock [DR]</div><div>1:30 Be Your Own Chef [DR]</div><div>2:30 Gather & Chat [DR]</div><div>3:30 Peace in Nature [LR]</div><div>4:30 Elf On the Shelf [LR]</div></div> <div>3</div>	<div><div>10:30 Bean Bag Toss [LR]</div><div>11:30 Total Brain Health Class [DR]</div><div>1:30 All Aboard Bingo [DR]</div><div>2:30 Bookmark Craft [DR]</div><div>3:30 Gentlemans Club [LR]</div><div>4:30 Christmas Sing Along [LR]</div><div>5:30 Deck the Halls Family Event [4C]</div></div> <div>4</div>	<div><div>10:00 Mitten Tree</div><div>10:30 Seated Stretch [LR]</div><div>11:30 Documentary Hour [LR]</div><div>1:30 Hot Cocoa Mug Decorating [DR]</div><div>2:30 Hot Chocolate Social [DR]</div><div>3:30 Harmony in Teams [LR]</div><div>4:30 Winter Vision Board [LR]</div></div> <div>5</div>	<div><div>10:30 Bowling [DR]</div><div>11:30 Brain Games [DR]</div><div>1:30 Mocktail Hour [DR]</div><div>2:30 Mini Canvas Art [DR]</div><div>3:30 Holiday Cards [LR]</div><div>4:30 Spotless Spa [DR]</div></div> <div>6</div>
<div><div>10:30 Chair Aerobics [DR]</div><div>11:30 Finish the Phrase [DR]</div><div>1:30 Sit & Chat [LR]</div><div>2:30 Christmas Scene Art [DR]</div><div>3:30 Cozy Conversation Circle [LR]</div><div>4:30 Helping the Staff [LR]</div></div> <div>7</div>	<div><div>Hair Salon</div><div>10:30 Seated Stretch [LR]</div><div>11:00 Crossword Solvers Day [DR]</div><div>1:30 All Aboard Bingo [DR]</div><div>2:30 Making Our Own Snow Globe [DR]</div><div>3:30 A Place of Peace [LR]</div><div>4:30 Buddy Promises [DR]</div><div>5:30 Visit From Santa</div></div> <div>8</div>	<div><div>10:30 Balloon Volleyball [LR]</div><div>11:00 Pastor Chuck Devotional Visit [DR]</div><div>11:30 Total Brain Health Class [DR]</div><div>1:30 Dominoes & Cards [DR]</div><div>2:30 Teach Me Tuesday [DR]</div><div>3:30 Harmony Rocks Craft [LR]</div><div>4:30 Committing to Memory [LR]</div></div> <div>9</div>	<div><div>10:00 Manicure Hour [DR]</div><div>10:30 Sit & Fit [LR]</div><div>11:30 All About Christmas [DR]</div><div>1:30 All Aboard Bingo [DR]</div><div>2:30 Be Your Own Chef [DR]</div><div>4:30 Elf On the Shelf [LR]</div></div> <div>10</div>	<div><div>10:30 Stretch & Reach [LR]</div><div>11:30 Total Brain Health Class [DR]</div><div>1:30 Harbor City Chorus</div><div>2:30 Snack & Chat [DR]</div><div>3:30 Gentlemans Club [LR]</div><div>4:30 Snowy Mason Jar Candles [DR]</div></div> <div>11</div>	<div><div>National Ambrosia Day</div><div>10:00 Coffee Chat w/Allie</div><div>10:30 Seated Tai Chi [LR]</div><div>11:00 Cracker Barrel Outing</div><div>11:30 Winter Animals [DR]</div><div>1:30 Wooden Ornaments [DR]</div><div>3:30 Evening Wind Down [LR]</div><div>4:30 Christmas Acts of Kindness Advent Calander [DR]</div></div> <div>12</div>	<div><div>10:30 Morning Mobility [DR]</div><div>11:30 This Day in History [DR]</div><div>1:30 Dominoes & Cards [DR]</div><div>2:30 Watercolor Painting [DR]</div><div>3:30 Best of the 50s [LR]</div><div>4:30 Sending Letters [LR]</div></div> <div>13</div>
<div><div>10:30 Walk & Talk [DR]</div><div>11:00 Focus Feud [DR]</div><div>1:30 Mocktail Hour [LR]</div><div>2:30 Winter Coloring [DR]</div><div>3:30 Gratitude Circle [DR]</div><div>4:30 Family Legacy's and Tree's [DR]</div></div> <div>14</div>	<div><div>Hair Salon</div><div>10:30 Seated Stretch [LR]</div><div>11:30 Name That Christmas Tune [DR]</div><div>1:30 All Aboard Bingo [DR]</div><div>2:30 Winter Door Wreaths [DR]</div><div>3:30 Blessings Countdown [LR]</div><div>4:30 Buddy Promises [DR]</div></div> <div>15</div>	<div><div>10:30 Core & Posture [LR]</div><div>11:30 Total Brain Health Class [DR]</div><div>1:30 Dominoes & Cards [DR]</div><div>2:30 Holiday Cards [DR]</div><div>3:30 What We Have in Common [LR]</div><div>4:30 Committing to Memory [LR]</div><div>6:00 Scenic Light Drive-AL</div></div> <div>16</div>	<div><div>10:00 Manicure Hour [DR]</div><div>10:30 Sit & Fit [LR]</div><div>11:30 Fun Facts [DR]</div><div>2:30 Gingerbread House [DR]</div><div>3:30 Icing Gingerbread Men [DR]</div><div>4:30 Elf On the Shelf [LR]</div></div> <div>17</div>	<div><div>10:30 Therapy Ball Exercises [LR]</div><div>11:00 Christmas Traditions Around the World [DR]</div><div>11:30 Total Brain Health Class [DR]</div><div>12:00 All Aboard the Cottages Express</div><div>1:30 Train Art [DR]</div><div>3:30 Gentlemans Club [LR]</div><div>4:30 Christmas Tunes [LR]</div></div> <div>18</div>	<div><div>National Ugly Christmas Sweater Day</div><div>10:30 Seated Stretch [LR]</div><div>11:30 Famous Christmas Landmarks [DR]</div><div>1:30 All Aboard Bingo [DR]</div><div>2:30 Pinecone Elves [DR]</div><div>3:30 Sing Along [LR]</div><div>4:30 Daily Gratitude [LR]</div></div> <div>19</div>	<div><div>10:30 Snowball Toss [DR]</div><div>11:30 History Travel [DR]</div><div>1:30 Danzations Performance [DR]</div><div>2:00 Craft w/Dance Group [DR]</div><div>3:30 Blessings in Bloom Meditation [LR]</div><div>4:30 Planning the Week [LR]</div></div> <div>20</div>
<div><div>10:30 Simon Says [DR]</div><div>11:30 Problem Solving Puzzles [DR]</div><div>1:30 Tea & Talk [DR]</div><div>2:30 Puzzle Piece Wreaths [DR]</div><div>3:30 Hymns Sing Along [LR]</div><div>4:30 Thanking the Staff [LR]</div></div> <div>21</div>	<div><div>Hair Salon</div><div>10:30 Ring Toss</div><div>11:30 Fact or Fiction [LR]</div><div>1:30 All Aboard Bingo [DR]</div><div>2:30 Rustic Twig Tree Ornaments [DR]</div><div>3:30 Christmas Musicals [LR]</div><div>4:30 Buddy Promises [DR]</div></div> <div>22</div>	<div><div>10:30 Daily Warm-Up [LR]</div><div>11:00 Pastor Chuck Devotional Visit [DR]</div><div>11:30 Total Brain Health Class [DR]</div><div>1:30 Resident Council Meeting [DR]</div><div>2:30 Jingle Bell Bracelets [DR]</div><div>4:30 Committing to Memory [LR]</div><div>6:00 Scenic Light Drive-MC</div></div> <div>23</div>	<div><div>Christmas Eve</div><div>10:00 Manicure Hour [DR]</div><div>10:30 Sit & Fit [LR]</div><div>11:30 Where in the World? [DR]</div><div>1:30 Be Your Own Chef [DR]</div><div>1:30 Eating What We Made Social [LR]</div><div>2:30 Pinecone Penguins [DR]</div><div>4:30 Elf On the Shelf [LR]</div></div> <div>24</div>	<div><div>Christmas Day</div><div>10:30 Jingle Bell Movement [DR]</div><div>11:30 Total Brain Health Class [DR]</div><div>1:30 All Aboard Bingo [DR]</div><div>2:30 Star of Hope Craft [DR]</div><div>3:30 Gentlemans Club [LR]</div><div>4:30 Christmas Gathering [LR]</div></div> <div>25</div>	<div><div>10:30 Seated Stretch [LR]</div><div>11:30 Music Match Up [DR]</div><div>1:30 Hot Chocolate Bar [DR]</div><div>2:30 Birdseed Hangers [DR]</div><div>3:30 Nature Walk [LR]</div><div>4:30 Staff Raffle [LR]</div></div> <div>26</div>	<div><div>10:30 Guided Breathing [DR]</div><div>11:30 Riddle Round [DR]</div><div>1:30 Sit & Chat [LR]</div><div>2:30 Northern Light Art [DR]</div><div>3:30 Music Videos [LR]</div><div>4:30 Pour with a Purpose [LR]</div></div> <div>27</div>
<div><div>10:30 Coordination Exercise [DR]</div><div>11:00 Focus Feud [DR]</div><div>1:30 Mocktail Hour [DR]</div><div>2:30 DIY New Year Eve Party Hats [DR]</div><div>3:30 Gratitude Circle [DR]</div><div>4:30 Family Legacy's and Tree's [DR]</div></div> <div>28</div>	<div><div>Hair Salon</div><div>10:30 Seated Stretch [LR]</div><div>11:30 Name 5 [DR]</div><div>1:30 All Aboard Bingo [DR]</div><div>2:30 Painted Champagne Flutes [DR]</div><div>3:30 50's Sing Along [LR]</div><div>4:30 Buddy Promises [DR]</div></div> <div>29</div>	<div><div>10:30 Chair Yoga [DR]</div><div>11:00 Friendly's Outing</div><div>11:30 Total Brain Health Class [DR]</div><div>1:30 Dominoes & Cards [DR]</div><div>2:30 Sparkler Centerpiece Craft [DR]</div><div>3:30 New Years Reflection [LR]</div><div>4:30 Committing to Memory [LR]</div></div> <div>30</div>	<div><div>New Year's Eve</div><div>10:00 Manicure Hour [DR]</div><div>10:30 Countdown Warmup [DR]</div><div>11:30 Holiday Legends [DR]</div><div>1:30 New Year's Eve Social [DR]</div><div>2:30 Be Your Own Chef [DR]</div><div>3:30 New Years Resolution [LR]</div><div>4:30 Reflect & Chat [LR]</div></div> <div>31</div>	<div></div>	<div><div> Community & Connection</div><div> Exploration & Adventure</div><div> Harmony & Introspection</div><div> Intentions & Commitments</div><div> Knowledge & Learning</div><div> Motion & Movement</div><div> Motivation & Creation</div></div> <div><div>Location Keys</div><div>All (4) Cottages</div><div>Dining Room</div><div>Living Room</div><div>Outing</div></div> <div><div>4C</div><div>DR</div><div>LR</div><div>O</div></div>	