





February 2023

Charter Senior Living of Glen Ellyn



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div></div>	<div><div>Location Keys</div><div>Art RoomAT</div><div>BistroB</div><div>CottageC</div><div>DenD</div><div>Main Living RoomMR</div><div>OuttingO</div></div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Hand Massages with Voyage [C]</div><div>10:00  Seated Yoga [MR]</div><div>11:00  Daily Dose of Nostalgia [D]</div><div>11:15  Lessons From People Of The Bible [D]</div><div>1:30  Laughter Club [D]</div><div>2:00  Reading Club [MR]</div><div>3:00  Color Therapy [AT]</div><div>4:00  Black History Picture Bingo [MR]</div></div> <div>1</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Partner Workout [MR]</div><div>10:00  Spiritual Music social with Voyage [C]</div><div>11:00  Stream Groundhog Day Event [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:30  Reading Club- Groundhog day History [MR]</div><div>2:00  Groundhog Day Trivia [MR]</div><div>2:30  Baking Club Shopping Trip [O]</div><div>3:00  Groundhog Day Movie [D]</div><div>4:00  Music Relaxation [MR]</div></div> <div>2</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Art with Voyage [C]</div><div>10:00  Pool Noodle Workouts [MR]</div><div>11:00  Seated Yoga [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Laughter Club [D]</div><div>1:00  Rosary recitation [MR]</div><div>2:00  Reading Club [MR]</div><div>3:00  Drum Circle with Joe [MR]</div><div>4:00  Volleyball Balloon [MR]</div></div> <div>3</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Workout with weights [MR]</div><div>11:00  Name 10 if you can [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Reading Club-History of the Postal Service [MR]</div><div>1:30  You Got Mail Craft [AT]</div><div>2:30  Movie Day With Fresh Popcorn -Residents Choice [D]</div><div>4:00  Music in Motion</div></div> <div>4</div>
<div><div>9:30  Morning Mass Live Stream [D]</div><div>10:00  Morning Gathering [MR]</div><div>11:00  Morning Stretches [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  TV Classic Shows [D]</div><div>1:30  bowling [MR]</div><div>2:00  Reading Club [MR]</div><div>2:30  Sunday Ice Cream Social</div><div>3:00  Uno Game [D]</div><div>4:00  Bingo with Prizes [MR]</div></div> <div>5</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Pool Noodle Workouts [MR]</div><div>10:00  Seated Yoga [MR]</div><div>10:00  Sensory with Voyage [C]</div><div>11:00  Celebrating Black History Month Discussion [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:30  Laughter Club [D]</div><div>2:00  Reading Club [MR]</div><div>3:00  Pinterest Valentines Craft [AT]</div><div>4:00  Love Songs Sing A Long [D]</div></div> <div>6</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Exploring pictures with Voyage [C]</div><div>10:00  Workout with Legacy [MR]</div><div>11:00  Trivia Tuesday [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Jenga [D]</div><div>2:00  Reading Club [MR]</div><div>3:00  Photo Finish: Roses Craft</div><div>4:00  Mindful Yoga [MR]</div></div> <div>7</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Hand Massages with Voyage [C]</div><div>10:00  Pool Noodle Workouts [MR]</div><div>11:00  Who am I? [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:30  Laughter Club [D]</div><div>1:30  St. Petronilla church with Deacon Ron [MR]</div><div>2:00  Reading Club [MR]</div><div>3:00  Make Friendship Bracelets [AT]</div><div>4:00  Black History Picture Bingo [MR]</div></div> <div>8</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Food Pantry Donation [O]</div><div>10:00  Workout with weights [MR]</div><div>10:30  Donuts &amp; BINGO at Main Street Recreation Center [O]</div><div>11:00  Trivia Thursday [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Bowling [MR]</div><div>2:00  Importance of helping others Discussion [MR]</div><div>3:00  Clay Conversation Hearts [AT]</div><div>4:00  Love Songs Sing A Long [D]</div></div> <div>9</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Art with Voyage [C]</div><div>10:00  Seated Yoga [MR]</div><div>11:00  Traveling the Underground Railroad [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:30  Laughter Club [D]</div><div>2:00  Reading Club [MR]</div><div>3:00  Q-Tip Painted Hearts Art [AT]</div><div>4:00  Rosary recitation [MR]</div></div> <div>10</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Workout with weights [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>11:30  Name 10 if you can [D]</div><div>1:00  Pen Pal Letter [D]</div><div>2:00  Reading Club [MR]</div><div>2:30  Movie Day With Fresh Popcorn -Residents Choice [D]</div><div>4:00  Cards Game [D]</div><div>11:30  Who am I? [D]</div><div>11:30  Who am I? [D]</div></div> <div>11</div>
<div><div>9:30  Morning Mass Live Stream [D]</div><div>10:00  Morning Gathering [MR]</div><div>11:00  Morning Stretches [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>12:00  Romeo Club Super Bowl Lunch at Main Street Pub [O]</div><div>1:00  TV Classic Shows [D]</div><div>1:30  Hangman [D]</div><div>2:00  Reading Club [MR]</div><div>2:30  Sunday Ice Cream Social</div><div>4:00  Black History Picture Bingo [MR]</div><div>4:00  Mindful Yoga [MR]</div><div>5:30  Super Bowl LVII Watching Party</div></div> <div>12</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Pool Noodle Workouts [MR]</div><div>10:00  Seated Yoga [MR]</div><div>10:00  Sensory with Voyage [C]</div><div>11:00  Name 10 If You Can [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Reading Club [MR]</div><div>2:00  Baking Club-Valentine's Kabobs [B]</div><div>3:00  Bowling [MR]</div><div>4:00  Love Songs Sing A Long [D]</div></div> <div>13</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Exploring pictures with Voyage [C]</div><div>10:00  Workout with Legacy [MR]</div><div>11:00  Trivia Tuesday [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Remembering Valentines Day [D]</div><div>2:00  Reading Club-Valentine's Day [MR]</div><div>2:30  Valentine's Day Celebration [MR]</div><div>3:00  Guess the Kisses in a Jar [MR]</div><div>4:00  Valentine's Day Bingo [MR]</div></div> <div>14</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Hand Massages with Voyage [C]</div><div>10:00  Seated Yoga [MR]</div><div>11:00  Name 10 If You Can [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:30  Church with JP from Three Oaks Hospice [MR]</div><div>1:30  Laughter Club [D]</div><div>2:00  Reading Club [MR]</div><div>4:00  Black History Picture Bingo [MR]</div></div> <div>15</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Partner Workout [MR]</div><div>10:00  Spiritual Music social with Voyage [C]</div><div>11:00  Trivia Thursday [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Jenga [D]</div><div>2:00  Reading Club [MR]</div><div>3:00  Ladies Matching Mani and Pedis [O]</div><div>4:00  Love Songs Sing A Long [D]</div><div>4:00  Mindful Yoga [MR]</div></div> <div>16</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Art with Voyage [C]</div><div>10:00  Pool Noodle Workouts [MR]</div><div>11:00  Axe Throwing Game [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:30  Laughter Club [D]</div><div>2:00  Reading Club [MR]</div><div>3:00  Rosary recitation [MR]</div><div>4:00  Puzzles [D]</div></div> <div>17</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Workout with weights [MR]</div><div>11:00  Who am I? [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Baking Club- Birthday Cake for Marty</div><div>2:00  Reading Club [MR]</div><div>2:30  Movie Day With Fresh Popcorn -Residents Choice [D]</div><div>4:00  Balloon Volleyball [MR]</div></div> <div>18</div>
<div><div>9:30  Morning Mass Live Stream [D]</div><div>10:00  Morning Gathering [MR]</div><div>11:00  Morning Stretches [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  TV Classic Shows [D]</div><div>1:30  How Well Do You know Your Friend Game [D]</div><div>2:00  Reading Club [MR]</div><div>2:30  Marty's Birthday Social</div><div>3:00  Balloon Volleyball [MR]</div><div>4:00  Bingo with Prizes [MR]</div><div>4:00  Mindful Yoga [MR]</div></div> <div>19</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Seated Yoga [MR]</div><div>10:00  Sensory with Voyage [C]</div><div>11:00  Presidents Trivia [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  First Ladies Who Am I?</div><div>1:30  Laughter Club [D]</div><div>2:00  Reading Club [MR]</div><div>3:00  Presidents Color Art [AT]</div><div>4:00  Love Songs Sing A Long [D]</div></div> <div>20</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Exploring pictures with Voyage [C]</div><div>10:00  Workout with Legacy [MR]</div><div>11:00  Trivia Tuesday [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Jenga [D]</div><div>2:00  Reading Club [MR]</div><div>3:00  Baking Club-Cheese Cake</div><div>4:00  Mindful Yoga [MR]</div></div> <div>21</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Hand Massages with Voyage [C]</div><div>10:00  Pool Noodle Workouts [MR]</div><div>11:00  Name 10 If You Can [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:30  Laughter Club [D]</div><div>1:30  St. Petronilla church with Deacon Ron [MR]</div><div>2:00  Reading Club [MR]</div><div>4:00  Black History Picture Bingo [MR]</div></div> <div>22</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Partner Workout [MR]</div><div>10:00  Spiritual Music social with Voyage [C]</div><div>11:00  Trivia Thursday [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>2:00  Girls Matching mani and pedis [O]</div><div>3:00  Baking Club -Birthday Cake for Joma [B]</div><div>4:00  Love Songs Sing A Long [D]</div><div>4:00  Mindful Yoga [MR]</div></div> <div>23</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Seated Yoga [MR]</div><div>10:30  Joan T Birthday Social</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:30  Laughter Club [D]</div><div>2:00  "And If You Threw a Party" [MR]</div><div>3:00  Golden Girls Theme Bingo [MR]</div><div>3:00  Golden Girls Watch Party [C]</div></div> <div>24</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Workout with weights [MR]</div><div>11:00  Name 10 if you can</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Jenga</div><div>2:00  Reading Club [MR]</div><div>2:30  Movie Day With Fresh Popcorn -Residents Choice [D]</div><div>4:00  Music in motion</div></div> <div>25</div>
<div><div>9:30  Morning Mass Live Stream [D]</div><div>10:00  Morning Gathering [MR]</div><div>11:00  Morning Stretches [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  TV Classic Shows [D]</div><div>1:30  Hangman [D]</div><div>2:00  Reading Club [MR]</div><div>2:30  Sunday Ice Cream Social</div><div>3:00  Bingo with Prizes [MR]</div><div>4:00  Mindful Yoga [MR]</div></div> <div>26</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Pool Noodle Workouts [MR]</div><div>10:00  Sensory with Voyage [C]</div><div>11:00  Name 10 If You Can [MR]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:30  Laughter Club [D]</div><div>2:00  Reading Club [MR]</div><div>3:00  Play Dought Craft</div><div>4:00  Love Songs Sing A Long [D]</div></div> <div>27</div>	<div><div>9:30  Morning Gathering [MR]</div><div>10:00  Exploring pictures with Voyage [C]</div><div>10:00  Workout with Legacy [MR]</div><div>11:00  Trivia Tuesday [D]</div><div>11:30  Daily Dose of Nostalgia [D]</div><div>1:00  Jenga [D]</div><div>2:00  Reading Club [MR]</div><div>3:00  World of Color [AT]</div><div>4:00  Mindful Yoga [MR]</div></div> <div>28</div>	<div><div> Community &amp; Connection</div><div> Exploration &amp; Adventure</div><div> Harmony &amp; Introspection</div><div> Intentions &amp; Commitments</div><div> Knowledge &amp; Learning</div><div> Motion &amp; Movement</div><div> Motivation &amp; Creation</div></div>	<div><div>Happy BIRTHDAY</div><div>Martha z. 2/19</div><div>Joan T 2/24</div></div>	<div></div>	<div></div>