

March 2024

Charter Senior Living of Jefferson City Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>March cont'd</div> <div>31</div> <div>Easter</div> <div>Happy Birthday Marjorie N.</div> <div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Sunshine Stretches [SR]</div> <div>11:00 🧑‍🦲 Smart Art [AR]</div> <div>1:00 🧑‍🦲 Lending A Hand</div> <div>3:00 🧑‍🦲 Welcome to the Neighborhood [AR]</div> <div>4:15 🧑‍🦲 Devotions With Tracy and Robin [AR]</div> <div>6:00 🧑‍🦲 Today's Events [AR]</div>	<div></div> <div></div> <div></div>	<div>Location Keys</div> <div>Activity Room AR</div> <div>Courtyard CY</div> <div>Hallway HW</div> <div>Living Room LR</div> <div>Outing O</div> <div>Sun Room SR</div> <div>Theatre Room TR</div>	<div>Community &amp; Connection</div> <div>🚗 Exploration &amp; Adventure</div> <div>🌸 Harmony &amp; Introspection</div> <div>🧭 Intentions &amp; Commitments</div> <div>💡 Knowledge &amp; Learning</div> <div>➡️ Motion &amp; Movement</div> <div>🧠 Motivation &amp; Creation</div>	<div></div> <div></div> <div></div>	<div>National Compliment Day</div> <div>1</div> <div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Limber Up [SR]</div> <div>10:00 🧑‍🦲 Bible Study W/ James Goins [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>3:00 🧑‍🦲 Share Your Heart [LR]</div> <div>4:00 🧑‍🦲 Picasso Painters [AR]</div> <div>5:00 🧑‍🦲 Mind Over Matter's [AR]</div> <div>6:00 🧑‍🦲 Sunset Social [AR]</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Mindful Movements [SR]</div> <div>10:00 🧑‍🦲 Neighborly Nods [SR]</div> <div>1:00 🧑‍🦲 Busy Hands [AR]</div> <div>3:00 🧑‍🦲 Crossword Corner [AR]</div> <div>4:00 🧑‍🦲 Love Thy Neighbor [AR]</div> <div>6:00 🧑‍🦲 Evening Winddown [LR]</div>
<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Move to the Groove [SR]</div> <div>11:00 🧑‍🦲 Crafters Corner [AR]</div> <div>1:00 🧑‍🦲 Soup it Forward Day</div> <div>4:15 🧑‍🦲 Devotions With Tracy and Robin [AR]</div> <div>5:00 🧑‍🦲 Helping Hands [AR]</div> <div>6:00 🧑‍🦲 Today's Events [AR]</div> <div>3</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Move It or Lose It [SR]</div> <div>11:00 🧑‍🦲 Purposeful Paths in Whoville [AR]</div> <div>1:00 🧑‍🦲 Fun Facts about Your Name [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>3:00 🧑‍🦲 Daily Prayers [AR]</div> <div>4:00 🧑‍🦲 Advice For The Young [AR]</div> <div>6:00 🧑‍🦲 Cozy Connectivity [SR]</div> <div>4</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Raise the Roof Workout [SR]</div> <div>10:00 🧑‍🦲 UT Hospice Pick-n-grin [TR]</div> <div>11:00 🧑‍🦲 Tues Trivia [AR]</div> <div>2:00 🧑‍🦲 The Chosen Series [TR]</div> <div>3:00 🧑‍🦲 Journey to the inner Whoville [AR]</div> <div>4:00 🧑‍🦲 Wine a Little [AR]</div> <div>5:00 🧑‍🦲 Purpose Projects [AR]</div> <div>6:00 🧑‍🦲 Sunset Talks [AR]</div> <div>5</div>	<div>Happy Birthday Dr. Seuss</div> <div>Read Across America Day</div> <div>6</div> <div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Fit as A Fiddle [SR]</div> <div>11:00 🧑‍🦲 Wisdom Wednesday [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>3:00 🧑‍🦲 In Harmony [AR]</div> <div>5:00 🧑‍🦲 Random Acts Of Kindness [HW]</div> <div>6:00 🧑‍🦲 Choose Your Muse [AR]</div>	<div>Happy Birthday Drema H.</div> <div>Middle Name Pride Day</div> <div>7</div> <div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Flex and Stretch [SR]</div> <div>11:00 🧑‍🦲 Lifelong Learners [AR]</div> <div>1:00 ➡️ Red Fish Blue Fish [AR]</div> <div>2:00 🧑‍🦲 Pass the Popcorn [AR]</div> <div>4:00 🧑‍🦲 Mix and Match [AR]</div> <div>5:00 🧑‍🦲 Caring is Sharing [AR]</div> <div>6:00 🧑‍🦲 Night Owl Club [AR]</div>	<div>Happy Birthday Anges S.</div> <div>8</div> <div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Rhythm and Motion [SR]</div> <div>10:00 🚗 Park [O]</div> <div>11:00 🧑‍🦲 Modern Day [AR]</div> <div>1:00 🧑‍🦲 Quiet the Mind [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>3:00 🧑‍🦲 Share Your Heart [LR]</div> <div>4:00 🧑‍🦲 Picasso Painters [AR]</div> <div>6:00 🧑‍🦲 Sunset Social [AR]</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Mindful Movements [SR]</div> <div>10:00 🧑‍🦲 Neighborly Nods [SR]</div> <div>11:00 🧑‍🦲 Pick Your Passion [AR]</div> <div>3:00 🧑‍🦲 Crossword Corner [AR]</div> <div>5:00 🧑‍🦲 A Cup of Kindness [AR]</div> <div>6:00 🧑‍🦲 Evening Winddown [LR]</div> <div>9</div>
<div>Daylight Saving Time Begins</div> <div>10</div> <div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Fitness fun [SR]</div> <div>11:00 🧑‍🦲 Crafty Creations [AR]</div> <div>1:00 🧑‍🦲 Lending A Hand</div> <div>4:15 🧑‍🦲 Devotions With Tracy and Robin [AR]</div> <div>5:00 🧑‍🦲 Welcome to the Neighborhood [AR]</div> <div>6:00 🧑‍🦲 Today's Events [AR]</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Limber Up [CY]</div> <div>10:00 🧑‍🦲 Puzzle Time [AR]</div> <div>11:00 🧑‍🦲 Crafternoon [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>4:00 🧑‍🦲 Fireside Stories [LR]</div> <div>5:00 🧑‍🦲 Sounds of Nature [AR]</div> <div>6:00 🧑‍🦲 Cozy Connectivity [SR]</div> <div>11</div>	<div>National Peanut Lover's Day</div> <div>12</div> <div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Light and Lively [SR]</div> <div>10:00 🧑‍🦲 UT Hospice Pick-n-grin [TR]</div> <div>11:00 🧑‍🦲 Tues Trivia [AR]</div> <div>2:00 🧑‍🦲 The Chosen Series [TR]</div> <div>3:00 🧑‍🦲 Oh the Stories You'll share [AR]</div> <div>4:00 🧑‍🦲 Love Thy Neighbor [HW]</div> <div>5:00 🧑‍🦲 Gratitude Gifting [AR]</div> <div>6:00 🧑‍🦲 Sunset Talks [AR]</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Fit and Fabulous [SR]</div> <div>10:00 🚗 Library Adventures [O]</div> <div>1:00 🧑‍🦲 History Happens [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>3:00 🧑‍🦲 Nourish Your Soul [AR]</div> <div>5:00 🧑‍🦲 Seniors Helping Seniors [AR]</div> <div>6:00 🧑‍🦲 Choose Your Muse [AR]</div> <div>13</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Forever Fit [SR]</div> <div>10:00 🧑‍🦲 Dr. Seuss Ted Talk Series [AR]</div> <div>1:00 🧑‍🦲 Yogurt Creations [AR]</div> <div>2:00 🧑‍🦲 Pass the Popcorn [AR]</div> <div>4:00 🧑‍🦲 Heartfelt Helpers [AR]</div> <div>6:00 🧑‍🦲 Night Owl Club [AR]</div> <div>14</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Free Style Friday [SR]</div> <div>10:00 🧑‍🦲 Bible Study W/ James Goins [AR]</div> <div>1:00 🧑‍🦲 National Peanut Lovers day [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>3:00 🧑‍🦲 Share Your Heart [LR]</div> <div>5:00 🧑‍🦲 Mind Over Matter's [AR]</div> <div>6:00 🧑‍🦲 Sunset Social [AR]</div> <div>15</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Mindful Movements [SR]</div> <div>10:00 🧑‍🦲 Neighborly Nods [SR]</div> <div>11:00 🧑‍🦲 Busy Hands [AR]</div> <div>3:00 🧑‍🦲 Crossword Corner [AR]</div> <div>4:00 🧑‍🦲 Love Thy Neighbor [LR]</div> <div>6:00 🧑‍🦲 Evening Winddown [LR]</div> <div>16</div>
<div>St. Patrick's Day</div> <div>17</div> <div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Body Moves [SR]</div> <div>11:00 🧑‍🦲 Hidden Gems [AR]</div> <div>1:00 🧑‍🦲 Lending A Hand</div> <div>3:00 🧑‍🦲 Caring is Sharing [AR]</div> <div>4:15 🧑‍🦲 Devotions With Tracy and Robin [AR]</div> <div>6:00 🧑‍🦲 Today's Events [AR]</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Muscle Monday [SR]</div> <div>11:00 🧑‍🦲 Brain Boosters [AR]</div> <div>1:00 🧑‍🦲 Color Craze [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>4:00 🧑‍🦲 Advice For The Young [AR]</div> <div>5:00 🧑‍🦲 Inner Peace [AR]</div> <div>6:00 🧑‍🦲 Cozy Connectivity [SR]</div> <div>18</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Let's get Lean and Mean [SR]</div> <div>10:00 🧑‍🦲 UT Hospice Pick-n-grin [TR]</div> <div>11:00 🧑‍🦲 Tues Trivia [AR]</div> <div>1:00 🧑‍🦲 Picture This [AR]</div> <div>2:00 🧑‍🦲 The Chosen Series [TR]</div> <div>3:00 🧑‍🦲 Interactive Story Telling Circle [AR]</div> <div>5:00 🧑‍🦲 Helping Hands [AR]</div> <div>6:00 🧑‍🦲 Sunset Talks [AR]</div> <div>19</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Ship Shape [SR]</div> <div>10:00 🚗 Nature Walk [O]</div> <div>11:00 🧑‍🦲 A Moment in Time [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>3:00 🧑‍🦲 Calm Space [AR]</div> <div>5:00 🧑‍🦲 Random Acts Of Kindness [HW]</div> <div>6:00 🧑‍🦲 Choose Your Muse [AR]</div> <div>20</div>	<div>Happy Birthday June L.</div> <div>Happy Birthday Norman S.</div> <div>The Power of Pages</div> <div>21</div> <div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Actively Aging [SR]</div> <div>11:00 🧑‍🦲 This or That [AR]</div> <div>1:00 🧑‍🦲 Photoshop [AR]</div> <div>2:00 🧑‍🦲 Pass the Popcorn [AR]</div> <div>4:00 🧑‍🦲 Purpose Projects [AR]</div> <div>6:00 🧑‍🦲 Night Owl Club [AR]</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Free Style Friday [SR]</div> <div>11:00 🧑‍🦲 Purposeful Paths n Whoville [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>3:00 🧑‍🦲 Share Your Heart [LR]</div> <div>4:00 🧑‍🦲 Picasso Painters [AR]</div> <div>5:00 🧑‍🦲 Crossroads [AR]</div> <div>6:00 🧑‍🦲 Sunset Social [AR]</div> <div>22</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Mindful Movements [SR]</div> <div>10:00 🧑‍🦲 Neighborly Nods [SR]</div> <div>11:00 🧑‍🦲 Fit and Sip [AR]</div> <div>3:00 🧑‍🦲 Crossword Corner [AR]</div> <div>4:00 🧑‍🦲 Welcome to the Neighborhood [AR]</div> <div>6:00 🧑‍🦲 Evening Winddown [LR]</div> <div>23</div>
<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Fit Happens [SR]</div> <div>11:00 🧑‍🦲 Pick Your Passion [AR]</div> <div>1:00 🧑‍🦲 Lending A Hand</div> <div>3:00 🧑‍🦲 Heartfelt Helpers [LR]</div> <div>4:15 🧑‍🦲 Devotions With Tracy and Robin [AR]</div> <div>6:00 🧑‍🦲 Today's Events [AR]</div> <div>24</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Muscle Monday [SR]</div> <div>10:00 🧑‍🦲 Puzzle Time [AR]</div> <div>11:00 🧑‍🦲 Photoshop [AR]</div> <div>1:00 🧑‍🦲 Better Days [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>4:00 🧑‍🦲 Fireside Stories [LR]</div> <div>6:00 🧑‍🦲 Cozy Connectivity [SR]</div> <div>25</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Muscle Mania [SR]</div> <div>10:00 🧑‍🦲 UT Hospice Pick-n-grin [TR]</div> <div>11:00 🧑‍🦲 Tues Trivia [AR]</div> <div>1:00 🧑‍🦲 Caring is Sharing [AR]</div> <div>2:00 🧑‍🦲 The Chosen Series [TR]</div> <div>3:00 🚗 Community Concert [O]</div> <div>4:00 🧑‍🦲 Resident Council Meeting [AR]</div> <div>5:00 🧑‍🦲 Love Thy Neighbor [HW]</div> <div>6:00 🧑‍🦲 Sunset Talks [AR]</div> <div>26</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Senior Steppers [SR]</div> <div>11:00 🧑‍🦲 Buzz Word [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>3:00 🧑‍🦲 Find Balance [AR]</div> <div>4:00 🧑‍🦲 Gratitude Gifting [AR]</div> <div>6:00 🧑‍🦲 Choose Your Muse [AR]</div> <div>27</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Music in Motion [SR]</div> <div>11:00 🧑‍🦲 State the Facts [AR]</div> <div>1:00 🧑‍🦲 Works of Art [AR]</div> <div>2:00 🧑‍🦲 Pass the Popcorn [AR]</div> <div>4:00 🧑‍🦲 A Cup of Kindness [AR]</div> <div>6:00 🧑‍🦲 Night Owl Club [AR]</div> <div>28</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Free Style Friday [SR]</div> <div>10:00 🧑‍🦲 Bible Study W/ James Goins [AR]</div> <div>2:00 🧑‍🦲 B-I-N-G-O [AR]</div> <div>3:00 🧑‍🦲 Share Your Heart [LR]</div> <div>4:00 🧑‍🦲 Picasso Painters [AR]</div> <div>5:00 🧑‍🦲 Mind Over Matter's [AR]</div> <div>6:00 🧑‍🦲 Sunset Social [AR]</div> <div>29</div>	<div>9:00 🧑‍🦲 Morning Greeting's [LR]</div> <div>9:30 ➡️ Mindful Movements [SR]</div> <div>10:00 🧑‍🦲 Neighborly Nods [SR]</div> <div>11:00 🧑‍🦲 Musical Memories [AR]</div> <div>3:00 🧑‍🦲 Crossword Corner [AR]</div> <div>5:00 🧑‍🦲 Love Thy Neighbor [LR]</div> <div>6:00 🧑‍🦲 Evening Winddown [LR]</div> <div>30</div>

Continued at top