

September 2023
Charter Senior Living of Orland Park-Memory Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div>Location Keys ACTIVITY ROOM AR BISTRO B GREAT ROOM GR LARGE SOCIAL ROOM LSR</div>	<div> Community & Connection Harmony & Introspection Intentions & Commitments Knowledge & Learning Motion & Movement Motivation & Creation</div>	<div></div>	<div>"When life is sweet, say thank you and celebrate. And when life is bitter, say thank you and grow." — Shauna Niequist</div>		
<div>9:00 Worship Service/ Mass [LSR] 3</div> <div>9:30 Daily Chronicles</div> <div>10:30 Praise Fit [GR]</div> <div>1:30 Feel And Find [AR]</div> <div>2:00 Hymn Sync [AR]</div> <div>3:00 Spiritual Crafts [AR]</div> <div>4:00 Put A Ring On It Ring Toss [GR]</div> <div>6:00 Reflections [AR]</div>	<div>Labor Day 4</div> <div>9:30 Daily Chronicles</div> <div>9:30 Fitness Monday</div> <div>10:30 Stretch But Don't Snap (Eversound) [AR]</div> <div>1:30 Higher or Lower (Cards) [AR]</div> <div>2:00 Spa Day [GR]</div> <div>3:00 Dynamic Duos</div> <div>4:00 Laughter Yoga</div> <div>6:00 Healing Touch Massages [AR]</div>	<div>9:30 Daily Chronicles 5</div> <div>10:30 Disco Dancing [B]</div> <div>11:00 Communion [GR]</div> <div>1:30 Name That Sound [AR]</div> <div>2:00 Music And Memories [AR]</div> <div>3:00 Baking Group [AR]</div> <div>4:00 Boogie Bowling [AR]</div> <div>6:00 Twilight Talks [AR]</div>	<div>9:30 Daily Chronicles 6</div> <div>10:30 State the Facts [B]</div> <div>1:30 Word Storm [AR]</div> <div>3:00 Collages [AR]</div> <div>4:00 Tic Tac Toss [AR]</div> <div>6:00 Relaxation Station [AR]</div>	<div>9:30 Daily Chronicles 7</div> <div>9:30 Fitness Thursday</div> <div>10:30 Beach Ball Buddy Toss [B]</div> <div>1:30 Tall Tales Trivia [GR]</div> <div>2:00 Picture Perfect [GR]</div> <div>3:00 Senior Songsters [AR]</div> <div>4:00 Marching Melodies</div> <div>6:00 Soothing Sounds [AR]</div>	<div>9:30 Daily Chronicles 8</div> <div>9:30 Fitness Friday</div> <div>10:30 Ribbon Rythm Dance [GR]</div> <div>1:30 Finish The Phrase [GR]</div> <div>2:00 Who/What/Where Am I? [GR]</div> <div>3:00 Cooking with Renee [AR]</div> <div>4:00 Board Games</div> <div>6:00 Movie Matinee [GR]</div>	<div>9:30 Daily Chronicles 9</div> <div>10:30 Noodle Hockey [GR]</div> <div>1:30 Would You Rather [GR]</div> <div>2:00 Bingo</div> <div>3:00 National Coloring day! [AR]</div> <div>4:00 Minute To Win It [GR]</div> <div>6:00 Resident Spotlight [AR]</div>
<div>9:00 Worship Service/ Mass [LSR] 10</div> <div>9:30 Daily Chronicles</div> <div>10:30 Praise Fit [GR]</div> <div>1:30 Feel And Find [AR]</div> <div>2:00 Hymn Sync [AR]</div> <div>3:00 Spiritual Crafts [AR]</div> <div>4:00 Put A Ring On It Ring Toss [GR]</div> <div>6:00 Reflections [AR]</div>	<div>9:30 Daily Chronicles 11</div> <div>9:30 Fitness Monday</div> <div>10:30 Clay Creations [AR]</div> <div>11:15 Infusion Bar [AR]</div> <div>1:30 Higher or Lower (Cards) [AR]</div> <div>2:00 Spa Day [GR]</div> <div>3:00 Dynamic Duos</div> <div>4:00 Laughter Yoga</div> <div>6:00 Healing Touch Massages [AR]</div>	<div>9:30 Daily Chronicles 12</div> <div>10:30 Disco Dancing [B]</div> <div>11:00 Communion [GR]</div> <div>1:30 Name That Sound [AR]</div> <div>2:00 Music And Memories [AR]</div> <div>3:00 Baking Group [AR]</div> <div>4:00 Boogie Bowling [AR]</div> <div>6:00 Twilight Talks [AR]</div>	<div>9:30 Daily Chronicles 13</div> <div>10:30 Soleful Strutters Walking Club [B]</div> <div>1:30 Word Storm [AR]</div> <div>3:00 Bingo [AR]</div> <div>4:00 Tic Tac Toss [AR]</div> <div>6:00 Relaxation Station [AR]</div>	<div>9:30 Daily Chronicles 14</div> <div>9:30 Fitness Thursday</div> <div>10:30 Beach Ball Buddy Toss [B]</div> <div>1:30 Tall Tales Trivia [GR]</div> <div>2:00 Picture Perfect [GR]</div> <div>3:00 Senior Songsters [AR]</div> <div>4:00 Marching Melodies</div> <div>6:00 Soothing Sounds [AR]</div>	<div>9:30 Daily Chronicles 15</div> <div>9:30 Fitness Friday</div> <div>10:30 Ribbon Rythm Dance [GR]</div> <div>1:00 Works of Art</div> <div>1:30 Finish The Phrase [GR]</div> <div>2:00 Who/What/Where Am I? [GR]</div> <div>3:00 Painting Canvas [AR]</div> <div>4:00 Board Games</div> <div>6:00 Movie Matinee [GR]</div>	<div>9:30 Daily Chronicles 16</div> <div>10:30 Noodle Hockey [GR]</div> <div>1:30 Would You Rather [GR]</div> <div>2:00 Bingo</div> <div>3:00 Bejeweled Beads [AR]</div> <div>4:00 Minute To Win It [GR]</div> <div>6:00 Resident Spotlight [AR]</div>
<div>9:00 Worship Service/ Mass [LSR] 17</div> <div>9:30 Daily Chronicles</div> <div>10:30 Praise Fit [GR]</div> <div>1:30 Feel And Find [AR]</div> <div>2:00 Hymn Sync [AR]</div> <div>3:00 Spiritual Crafts [AR]</div> <div>4:00 Put A Ring On It Ring Toss [GR]</div> <div>6:00 Reflections [AR]</div>	<div>9:30 Daily Chronicles 18</div> <div>9:30 Fitness Monday</div> <div>10:30 Stretch But Don't Snap (Eversound) [AR]</div> <div>11:15 Infusion Bar [AR]</div> <div>1:30 Higher or Lower (Cards) [AR]</div> <div>2:00 Spa Day [GR]</div> <div>3:00 Dynamic Duos</div> <div>4:00 Laughter Yoga</div> <div>6:00 Healing Touch Massages [AR]</div>	<div>9:30 Daily Chronicles 19</div> <div>10:30 Disco Dancing [B]</div> <div>11:00 Communion [GR]</div> <div>1:30 Name That Sound [AR]</div> <div>2:00 Music And Memories [AR]</div> <div>3:00 Baking Group [AR]</div> <div>4:00 Boogie Bowling [AR]</div> <div>6:00 Twilight Talks [AR]</div>	<div>9:30 Daily Chronicles 20</div> <div>10:30 Soleful Strutters Walking Club [B]</div> <div>1:30 Word Storm [AR]</div> <div>3:00 Collages [AR]</div> <div>4:00 Tic Tac Toss [AR]</div> <div>6:00 Relaxation Station [AR]</div>	<div>9:30 Daily Chronicles 21</div> <div>9:30 Fitness Thursday</div> <div>10:30 Beach Ball Buddy Toss [B]</div> <div>1:30 Tall Tales Trivia [GR]</div> <div>2:00 Picture Perfect [GR]</div> <div>3:00 Senior Songsters [AR]</div> <div>4:00 Marching Melodies</div> <div>6:00 Soothing Sounds [AR]</div>	<div>9:30 Daily Chronicles 22</div> <div>9:30 Fitness Friday</div> <div>10:30 Ribbon Rythm Dance [GR]</div> <div>1:30 Finish The Phrase [GR]</div> <div>2:00 Who/What/Where Am I? [GR]</div> <div>3:00 Painting Canvas [AR]</div> <div>4:00 Board Games</div> <div>6:00 Movie Matinee [GR]</div>	<div>9:30 Daily Chronicles 23</div> <div>10:30 Noodle Hockey [GR]</div> <div>1:30 Would You Rather [GR]</div> <div>2:00 Budding Friendships/ Flower Arranging</div> <div>3:00 Bejeweled Beads [AR]</div> <div>4:00 Minute To Win It [GR]</div> <div>6:00 Resident Spotlight [AR]</div>
<div>9:00 Worship Service/ Mass [LSR] 24</div> <div>9:30 Daily Chronicles</div> <div>10:30 Praise Fit [GR]</div> <div>1:30 Feel And Find [AR]</div> <div>2:00 Hymn Sync [AR]</div> <div>3:00 Spiritual Crafts [AR]</div> <div>4:00 Put A Ring On It Ring Toss [GR]</div> <div>6:00 Reflections [AR]</div>	<div>9:30 Daily Chronicles 25</div> <div>9:30 Fitness Monday</div> <div>10:30 Stretch But Don't Snap (Eversound) [AR]</div> <div>11:15 Infusion Bar [AR]</div> <div>1:30 Higher or Lower (Cards) [AR]</div> <div>2:00 Resident Council and Food Committee [GR]</div> <div>3:00 Dynamic Duos</div> <div>4:00 Laughter Yoga</div> <div>6:00 Healing Touch Massages [AR]</div>	<div>9:30 Daily Chronicles 26</div> <div>10:30 Disco Dancing [B]</div> <div>11:00 Communion [GR]</div> <div>1:30 Name That Sound [AR]</div> <div>2:00 Music And Memories [AR]</div> <div>3:00 Baking Group [AR]</div> <div>4:00 Boogie Bowling [AR]</div> <div>6:00 Twilight Talks [AR]</div>	<div>9:30 Daily Chronicles 27</div> <div>10:30 Fitness Wednesday [B]</div> <div>1:30 Word Storm [AR]</div> <div>3:00 Collages [AR]</div> <div>4:00 Tic Tac Toss [AR]</div> <div>6:00 Relaxation Station [AR]</div>	<div>9:30 Daily Chronicles 28</div> <div>9:30 Fitness Thursday</div> <div>10:30 Brain Busters [B]</div> <div>1:30 Tall Tales Trivia [GR]</div> <div>2:00 Picture Perfect [GR]</div> <div>3:00 Senior Songsters [AR]</div> <div>4:00 Marching Melodies</div> <div>6:00 Soothing Sounds [AR]</div>	<div>9:30 Daily Chronicles 29</div> <div>9:30 Fitness Friday</div> <div>10:30 Ribbon Rythm Dance [GR]</div> <div>1:30 Finish The Phrase [GR]</div> <div>2:00 Who/What/Where Am I? [GR]</div> <div>3:00 End of the month birthday party [AR]</div> <div>4:00 Board Games</div> <div>6:00 Movie Matinee [GR]</div>	<div>9:30 Daily Chronicles 30</div> <div>10:30 Noodle Hockey [GR]</div> <div>1:30 Would You Rather [GR]</div> <div>2:00 Budding Friendships/ Flower Arranging</div> <div>3:00 Bejeweled Beads [AR]</div> <div>4:00 Minute To Win It [GR]</div> <div>6:00 Resident Spotlight [AR]</div>