## May 2023 **Charter Senior Living of Vernon Hills** Sunday Monday Tuesdav Wednesday Saturdav Thursdav 9:30 •• Ring Hop 9:30 Pool Noodle Stretches! [LR] 9:30 •• Stretches with Legacy! [LR] 9:30 • Magic Mushrooms Fairytale Fridays! 9:30 Senior Stretch [LR] 10:30 •• Workout with Robert from 10:00 👺 Big Bad Wolf Can Jam! [LR] Musical Chairs! [LR] 10:30 🎥 Bullseve! [LR] 9:30 H Fairy-Tale Frolic! [LR] 10:00 👺 Sing with me! [LR] Legacy! [LR] 11:00 🌣 Fact or Fiction! [LR] 12:00 🕶 Happy Feet Walking Club! 10:00 Stand up if Exercise! [LR] 10:00 👺 Parachute Game [LR] 10:30 🕶 Shuffle board! [LR] 11:30 🌣 Community Scoop 11:30 🔇 Anagrams! [LR] 1:30 🌣 Word Blurt! [LR] 11:00 😯 Words in Word Game [LR] 11:00 🍄 Brain Games [LR] 12:00 → Happy Feet Walking Club! [CY] 12:00 - Golden Goose Chase! [LR] 12:15 🔇 Warm Towel Hand Massages and 12:00 → Happy Feet Walking Club! [CY] 11:30 👺 Comedy Corner! [LR] 12:15 🚱 Warm Towel Hand Massages and 11:30 🌣 Community Scoop! 12:00 → Happy Feet Walking Club! [CY] Relaxation- 12PM&4PM Daily [LR] 12:15 Warm Towel Hand Massages and 12:00 Happy Feet Walking Club! [CY] Relaxation- 12PM&4PM Daily [LR] 12:15 Warm Towel Hand Massages and Relaxation- 12PM&4PM Daily [LR] 12:00 Happy Feet Walking Club! [CY] 1:30 Puzzle Club! [LR] 12:15 😯 Warm Towel Hand Massages and 1:30 Gardening Club/facts! [CR] Relaxation- 12PM&4PM Daily [LR] 1:30 & Fractured Fairytales and Discussion! [LR] 12:15 🔇 Warm Towel Hand Massages and Relaxation- 12PM&4PM Daily [LR] 2:00 PHistory Club: Revolutionary War [LR] 1:30 👺 Siblings Stories! [LR] 2:00 🁺 Cinco De Mayo Party! [LR] 2:00 World of Color! [LR] Relaxation- 12PM&4PM Daily [LR] 2:00 A Mother Goose Golden Egg Delivery! [LR] 1:30 •• Earn Your Wings! [LR] 2:00 Staff Presents.. Brother's Grimm Play! [LR] 2:30 Once Upon a Time Capsules! [LR] 1:30 Gardening Club and facts [CY] 1:30 A Making: Chocolate Custard! [D] 3:00 & Go Fish and Facts 2:00 Fairy Houe Rocks! [CR] 2:30 Armchair Travel: Mexico! [LR] 3:00 Taily Chronicles [LR] 2:00 9 DIY Marbles [LR] Who is this Band? [LR] 2:30 Once Upon a Time Capsules! [LR] 3:30 @ Create a Story- w/ Photo! [LR] 3:30 & Now Showing.. Coco! [LR] SENIOR LIVING 3:30 Fairvtale Trivia! [LR] 4:00 🌣 Daily Chronicles Q&A [LR] 4:00 O Daily Chronicles [GR] 3:30 A Storybook Travels [LR] 4:00 O Daily Chronicles [LR] 4:00 Myths vs Facts! [LR] of Vernon Hills 9:30 Pool Noodle Stretches! 9:30 • Balloon swatters [LR] 9:30 Morning Yoga! [LR] 10:00 Mass w/ Church of Saint 9:30 🕸 Morning Yoga! [LR] 9:30 🁺 Vocal Warm Up! [LR] 9:30 Pixie Dust Relay! [LR] Fairytale Fridays! 9:30 • Balloon wake up [LR] 10:00 Boogie and Bowlin! [LR] 9:30 ← Fairy-Tale Frolic! [LR] 10:00 🍄 Word Blurt [LR] 9:30 → Stretches with Legacy! 10:00 • Velcro Darts [LR] Mary's [LR] 10:30 🁺 Wacky National Holidays of 10:30 Target Toss! [LR] 10:00 • Bullseye! [LR] 10:30 •• Workout with Robert from 11:00 🌣 Guess in 10 [LR] 10:30 🁺 Mini Golf! [CY] the Week! [LR] 12:00 A Mother's Day Bunches! [LR] 11:00 Sunday Devotion [LR] Legacy! [LR] 10:30 🎥 Darts Game! [LR] 11:30 🎸 Community Scoop! 11:00 Vord in Words Game! [LR] 12:15 🔇 Warm Towel Hand Massages and 11:30 😯 Riddle me This! [LR] 11:00 •• Knock out [LR] 11:30 & Favorite Food Disscusion! [LR] 12:00 Happy Feet Walking Club! [CY] 12:00 - Golden Goose Chase! [LR] 12:00 → Happy Feet Walking Club! [CY] Relaxation- 12PM&4PM Daily [LR] 12:00 → Happy Feet Walking Club! [CY] 11:30 ϔ Community Scoop 12:00 Happy Feet Walking Club! [CY] 12:00 → Happy Feet Walking Club! [CY] 12:15 Warm Towel Hand Massages and 1:30 & Fractured Fairytales and Discussion! [LR] 12:15 • Warm Towel Hand Massages and 12:15 Warm Towel Hand Massages and 12:00 •• Happy Feet Walking Club! [CY] 12:15 Warm Towel Hand Massages and Relaxation- 12PM&4PM Daily [LR] 12:15 • Warm Towel Hand Massages and 1:30 Three Little Pigs- Jenga! [LR] Relaxation- 12PM&4PM Daily [LR] Relaxation- 12PM&4PM Daily [LR] 12:15 🔇 Warm Towel Hand Massages and Relaxation- 12PM&4PM Daily [LR] 1:30 A May Longest Day Fundraiser! [LR] Relaxation- 12PM&4PM Daily [LR] 2:00 Hearn Your Wings! [LR] 1:30 Gardening Club and facts [CY] Dance like No ones Watching! [LR] Relaxation- 12PM&4PM Daily [LR] 1:30 & Poetry Club! [LR] 2:00 A Dance Party with Staff! [LR] Puzzle Club! [LR] 2:00 Staff Presents.. Brother's Grimm Play! [LR] 2:00 • Comedy Corner! [LR] 1:30 Gardening Club/facts! [CR] 2:00 Community Baking! [D] 3:00 Spring Bingo! [LR] 3:30 🌣 Myths vs Facts! [LR] 3:30 O Daily Chronicles [LR] 3:00 Guess the Tv Sitcom [LR] 2:30 • Guess the Image! [LR] 2:00 History Club: American Civil War [LR] 2:30 Melted Crayon Craft- Along [LR] 3:30 A Storybook Travels [LR] 4:30 Guess the Animal! [LR] 4:30 Paily Chronicles [LR] 3:30 🌣 50's Jeopardy! 4:00 O Daily Chronicles! [LR] 4:00 O Daily Chronicles [GR] 3:30 🏖 Comedy Movie Showing... [LR] 4:00 Paily Chronicles [LR] 10:30 🎥 Mad Hatter's Mini Tea! [LR] 4:30 Paily Chronicles [LR] 4:30 Tonge Twisters and Funny Phrases! 9:30 Magic Mushrooms Musical 9:30 • Stretches and Breathing 9:30 • Balloon Toss [LR] 9:30 • Morning Stretches & 9:30 • Stretches with Legacy! Fairytale Fridays! 9:30 Head to toe [LR] Chairs! [LR] Exercises! [LR] 10:30 •• Workout with Robert Wake Up! [LR] 9:30 Harry-Tale Frolic! [LR] 10:00 •• Curling Race [LR] 10:00 🎥 Boogie and Bowlin! [LR] 10:00 HORSE Basketball! [CY] 10:00 🁺 Parachute Game! [LR] 10:30 👺 Lawn Dart Target from Legacy! [LR] 11:30 😯 Anagrams! [LR] 11:30 🌣 Community Scoop! 11:00 🁺 Mother's Day Mini Tea! [LR] 12:00 - Golden Goose Chase! [LR] Practice! [LR] 2:00 Happy Feet Walking Club! [CY] 11:30 🌣 Community Scoop 12:00 Happy Feet Walking Club! [CY] 12:00 Happy Feet Walking Club! [CY] 11:30 🦀 "Whos' ya Mama" Reminiscing Game 11:30 (2) Intergenerational Story-Times [LR] 12:00 → Happy Feet Walking Club! [CY] 12:00 Happy Feet Walking Club! [CY] 12:15 Warm Towel Hand Massages and 12:15 Warm Towel Hand Massages and 12:15 😯 Warm Towel Hand Massages 12:00 → Happy Feet Walking Club! [CY] Relaxation- 12PM&4PM Daily [LR] 12:15 🔇 Warm Towel Hand Massages and Relaxation- 12PM&4PM Daily [LR] and Relaxation- 12PM&4PM 12:00 → Happy Feet Walking Club! [CY] Relaxation- 12PM&4PM Daily [LR] 12:15 • Warm Towel Hand Massages and 1:30 See Fractured Fairvtales and Discussion! Relaxation- 12PM&4PM Daily [LR] 1:30 •• Afternoon Stretches and Motivation! [LR] Daily [LR] 12:15 Warm Towel Hand Massages and 1:30 & Poetry Club! [LR] Relaxation- 12PM&4PM Daily [LR] 1:30 • Gardening Club/facts! [CR] 2:00 Baking Cherry Cobbler! [D] Puzzle Club! [LR] Relaxation- 12PM&4PM Daily [LR] 1:30 Gardening Club and facts [CY] 2:00 Community Baking! [D] 2:00 Staff Presents.. Brother's Grimm 2:00 History Club: World Wars 1&2 [LR] 1:30 Junk Drawer Detective! [LR] 2:00 Laundry Club! [LR] 2:00 Famous Author [LR] 3:30 Armchair Travels: Experiencing Cultures Play! [LR] 3:00 • Beach ball stretches 2:00 World of Color [CR] 3:30 Open Daily Chronicles [LR] 2:00 9 Mug Bird Feeders! [LR] 4:00 O Daily Chronicles [LR] 3:30 A Storybook Travels [LR] 3:30 🌣 Invention Trivia! [LR] 4:00 V Most Popular Dog Breeds Trivia! [LR] 3:30 Y Myths vs Facts! [LR] 4:00 Suess That Tune! [LR] 4:00 O Daily Chronicles [GR] 4:00 O Daily Chronicles [LR] 9:30 → Egg Spoon Races! [LR] 9:30 Sunday Devotion [LR] 10:00 🁺 Bullseye! [LR] 9:30 ↔ Pool Noodle Exercise! [LR] 9:30 → Stretches with Legacy! Fairytale Fridays! 26 11:30 Community Scoop! 12:00 Happy Feet Walking 11:30 🌣 Community Scoop! 10:00 🁺 Mass w/ Church of Saint 10:00 👺 Boogie and Bowlin! [LR] 10:00 → Boogie and Bowlin! [LR] 10:30 •• Workout with Robert [LR] 9:30 H Fairy-Tale Frolic! [LR] Mary's [LR] 11:00 V Monthly Gazette! [LR] 10:30 🁺 Wacky National Holidays 12:00 Happy Feet Walking Club! from Legacy! [LR] 10:30 🁺 Basketball! [LR] Club! [CY] 12:00 - Golden Goose Chase! [LR] of the Week! [LR] 11:30 🌣 Word Blurt! [LR] 1:30 🌣 Community Scoop 11:30 🌣 Guess in 10 Game [LR] 12:15 🔇 Warm Towel Hand Massages 12:00 Happy Feet Walking Club! [CY] 12:15 😯 Warm Towel Hand Massages and 12:00 → Happy Feet Walking Club! [CY] 12:00 Happy Feet Walking Club! [CY] 12:00 Happy Feet Walking Club! [CY] and Relaxation- 12PM&4PM 12:15 Warm Towel Hand Massages and 12:00 → Happy Feet Walking Club! [CY] Relaxation-12PM&4PM Daily [LR] 12:15 Warm Towel Hand Massages and 12:15 🔾 Warm Towel Hand Massages and 12:15 😯 Warm Towel Hand Massages and Daily [LR] Relaxation- 12PM&4PM Daily [LR] 12:15 Warm Towel Hand Massages and Fractured Fairytales and Discussion! Relaxation- 12PM&4PM Daily [LR] Relaxation- 12PM&4PM Daily [LR] Relaxation- 12PM&4PM Daily [LR] 1:30 • Gardening Club and facts [CY] Relaxation- 12PM&4PM Daily [LR] 1:30 A The Spoon Theory [LR] 2:00 Mad Libs- Create a Sentence! [LR] 1:30 Gardening Club/facts! [CR] Puzzle Club! [LR] 1:30 Staff Scavenger Hunt! [LR] 2:00 9 Staff Presents.. Brother's Grimm 2:00 A Mini Fairy Garden [LR] 3:30 O Daily Chronicles [LR] 2:00 Thistory Club: Korean & Vietnam 2:00 A Mad Hatter's Tea Gala [LR] 2:00 Witchy Posions! [LR] 2:30 Junk Drawer Dectective! [LR] Play! [LR] 3:15 🏖 Cookies and comedy [LR] 4:00 Compare the Prices! [LR] Wars [LR] 3:30 🌣 Myths vs Facts! [LR] 2:30 A Botanical Gardens Outing! [LR] 3:30 Paily Chronicles [LR] 2:30 Make Believe Map Making! [LR] 4:00 O Daily Chronicles [GR] 4:00 Paily Chronicles [LR] 4:00 O Daily Chronicles [LR] 4:00 V Name that Person! [LR] 3:30 A Storybook Travels [LR] 3:30 Guess the Spring Flower! [LR] 4:00 O Guess the Price! [LR] 4:00 O Daily Chronicles [LR] 9:30 •• Reach for the Stars Stretches! 9:30 H Knock out [LR] 9:30 • Pixie Dust Relay! [LR] 9:30 Magic Mushrooms 1:00 **Q** Guess in 10: US Musical Chairs! [LR] 0:30 •• Workout with Robert Community & Connection 10:00 🎇 Dance Party with Staff! [LR] Landmarks [LR] 10:00 👺 Boogie and Bowlin! [LR] from Legacy! [LR] **Location Keys** 11:00 • Word Blurt! [LR] ♠ Exploration & Adventure 11:00 & Patriotic Singalong! [LR] 11:00 & End of the Month Wrap Up! [LR] 11:30 🌣 Community Scoop 11:30 & Riddle me This! [LR] 12:00 - Golden Goose Chase! [LR] 11:30 👺 Ball of Questions! [LR] CY Courtyard 12:00 Happy Feet Walking Club! [CY] 12:00 Happy Feet Walking Club! [CY] Harmony & Introspection 12:15 Warm Towel Hand Massages and 12:00 Happy Feet Walking Club! [CY] 12:15 😯 Warm Towel Hand Massages and 12:15 Warm Towel Hand Massages and CR Craft Room Relaxation- 12PM&4PM Daily [LR] 12:15 Warm Towel Hand Massages and Relaxation- 12PM&4PM Daily [LR] Intentions & Commitments Relaxation- 12PM&4PM Daily [LR] 1:30 A Poetry Club! [LR] Relaxation- 12PM&4PM Daily [LR] 1:30 •• Afternoon Stretches and Motivation! [LR] 1:30 Gardening Club/facts! [CR] D Diner 2:00 9 Birdfeeders! [CR] 1:30 A Poetry Club [LR] Y Knowledge & Learning 2:00 Tube Fairy Houses Craft! [LR] 2:00 Y History Club: America's last big wa 2:00 Light Up Gnome Mason Jars [CR] Game Room GR 3:30 Paily Chronicles [LR] ■ Motion & Movement 3:30 😝 Storybook Travels [LR] 3:30 America The Beautiful- Guess the 4:00 🌣 Jeoprady! [LR] 3:00 9 DIY Mini Fish tank [LR] LR Living Room Place! [LR] 4:00 O Daily Chronicles [LR] 4:00 O Daily Chronicles [LR] Motivation & Creation