

February 2023

Plateau Village Memory Care

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
				 Cognitive  Creative  Physical  Purposeful  Sensory  Social  Spiritual									
7:30 🍷 Breakfast 9:45 ↔ Chair Exercise 10:00 🍷 Fruit Bowl & Refreshments 10:30 🦋 Spiritual Songs of Praise 11:00 ↔ Health Stroll / Walk / Outdoor Fun 11:30 🍷 Lunch 1:00 ↔ Ring Toss 2:00 🍷 Sundae Social 3:00 ↔ Spa Time (Nails and Hand Massages) 4:00 ↔ Toss It In The Bucket 4:30 🍷 Dinner 5:30 🍷 Hang Man 6:00 🍷 Movie Night and Popcorn 5		7:30 🍷 Breakfast 9:30 ↔ Arms and Leg Exercise 10:00 🍷 Danish and Coffee 10:30 ↔ Balloon Toss 11:00 🍷 Word Games 11:30 🍷 Lunch 1:00 🎨 Paint / Color Me A Picture 2:00 🍷 Parfait Time 3:00 🍷 Bingo / Table Games 4:00 ↔ Ring Toss 4:30 🍷 Dinner 5:30 🍷 Name This Song 6:00 🍷 Jeopardy 6	7:30 🍷 Breakfast 9:30 ↔ Balloon Toss 10:00 🍷 Fruit Bowls 10:00 🍷 Scenic Drive w/ Francis 11:00 🍷 Hang Man 11:30 🍷 Lunch 1:00 ↔ Corn Hole 1:30 🍷 Valentine Cookies Decorating 2:00 🍷 Ice Cream Social 3:00 🍷 Health Stroll / Walk / Outdoor Fun 4:00 🍷 Sing Along w/ Sinatra 4:30 🍷 Dinner 5:30 🍷 Finish The Line 6:00 🍷 The Lawrence Welk Show 7	7:30 🍷 Breakfast 9:30 ↔ Noodle Exercise 10:00 🍷 Denny's w/ Jennie and Dana 10:00 🍷 Peanut Butter & Jelly 10:30 🍷 Guesstures 11:00 🍷 Word Scramble 11:30 🍷 Lunch 1:00 🎨 Spa Time (Manicure & Hand Massages) 2:00 🍷 Happy Hour 3:00 🍷 B-I-N-G-O 4:00 ↔ Balloon Toss 4:30 🍷 Dinner 5:30 🍷 Name This Celebrity 6:00 🍷 I Love Lucy Show 8	7:30 🍷 Breakfast 9:30 ↔ Balloon Toss 10:00 🍷 Coffee Cake and Coffee 10:00 🍷 Scenic Drive w/ Francis 10:30 🍷 Sing A Long w/ Suzie Q. 11:00 🍷 Health Stroll / Walk / Outdoor Fun 11:30 🍷 Lunch 1:00 🎨 Paint / Color Me A Picture 2:00 🍷 Women's Tea Social / Men's Group 3:00 🦋 Church Service w/ Chaplain Dan 4:30 🍷 Dinner 5:30 ↔ Corn Hole 6:00 🍷 The Carol Burnett Show 9	7:30 🍷 Breakfast 9:30 ↔ Noodle Exercise 10:00 🍷 Chocolate Pudding and Fun Facts 10:30 🍷 Geography Trivia 11:00 ↔ Volley Balloon 11:30 🍷 Lunch 1:00 🍷 Spa Time (Nails and Hand Massages) 2:00 🍷 Pizza Party 3:00 🍷 Name The States 4:00 ↔ Ring Toss 4:30 🍷 Dinner 5:30 🍷 Table Games 6:00 🍷 The Beverly Hillbillies 10	7:30 🍷 Breakfast 9:30 ↔ Stretch and Flex 10:00 🍷 Parfait Time 10:30 🍷 Hang Man 11:00 ↔ Let's Bowl 11:30 🍷 Lunch 1:00 ↔ Bean Bag Toss 1:30 🍷 Name This Celebrity 2:00 🍷 Fruit Salad 3:00 🍷 B-I-N-G-O 4:00 ↔ Ring Toss 4:30 🍷 Dinner 5:30 🍷 Movie Trivia 6:00 🍷 The Andy Griffin Show 11						
7:30 🍷 Breakfast 9:45 ↔ Chair Exercise 10:00 🍷 Fruit Bowl & Refreshments 10:30 🦋 Spiritual Songs of Praise 11:00 ↔ Health Stroll / Walk / Outdoor Fun 11:30 🍷 Lunch 1:00 ↔ Ring Toss 2:00 🍷 Sundae Social 3:00 ↔ Spa Time (Nails and Hand Massages) 4:00 ↔ Toss It In The Bucket 4:30 🍷 Dinner 5:30 🍷 Hang Man 6:00 🍷 Movie Night and Popcorn 12		7:30 🍷 Breakfast 9:30 ↔ Arms and Leg Exercise 10:00 🍷 Danish and Coffee 10:30 ↔ Balloon Toss 11:00 🍷 Word Games 11:30 🍷 Lunch 1:00 🎨 Paint / Color Me A Picture 2:00 🍷 Parfait Time 3:00 🍷 Bingo / Table Games 4:00 ↔ Ring Toss 4:30 🍷 Dinner 5:30 🍷 Name This Song 6:00 🍷 Jeopardy 13	Valentine's Day 7:30 🍷 Breakfast 9:30 ↔ Balloon Toss 10:00 🍷 King & Queen Coronation 11:00 🍷 Hang Man 12:00 🍷 Valentine's Day Luncheon 1:00 ↔ Corn Hole 2:00 🍷 Cookies and Milk 2:30 🍷 MusicStation 3:30 🍷 Valentine's Card Exchange 4:30 🍷 Dinner 5:30 🍷 Finish The Line 6:00 🍷 The Lawrence Welk Show 14	7:30 🍷 Breakfast 9:30 ↔ Noodle Exercise 10:00 🍷 Peanut Butter & Jelly 10:30 🎨 Arts For All Ages 11:00 🍷 Word Scramble 11:30 🍷 Lunch 1:00 🎨 Spa Time (Manicure & Hand Massages) 2:00 🍷 Happy Hour 3:00 🍷 B-I-N-G-O 4:00 ↔ Balloon Toss 4:30 🍷 Dinner 5:30 🍷 Name This Celebrity 6:00 🍷 I Love Lucy Show 15	7:30 🍷 Breakfast 9:30 ↔ Balloon Toss 10:00 🍷 Coffee Cake and Coffee 10:00 🍷 Scenic Drive w/ Francis 10:30 🍷 Sing A Long w/ Suzie Q. 11:00 🍷 Health Stroll / Walk / Outdoor Fun 11:30 🍷 Lunch 1:00 🎨 Paint / Color Me A Picture 2:00 🍷 Women's Tea Social w/ Heather / Men's Group 4:30 🍷 Dinner 5:30 ↔ Corn Hole 6:00 🍷 The Carol Burnett Show 16	7:30 🍷 Breakfast 9:30 ↔ Noodle Exercise 10:00 🍷 Chocolate Pudding and Fun Facts 10:30 🍷 Geography Trivia 11:00 ↔ Volley Balloon 11:30 🍷 Lunch 1:00 🍷 Spa Time (Nails and Hand Massages) 2:00 🍷 Pizza Party 3:00 🍷 Name The States 4:00 ↔ Ring Toss 4:30 🍷 Dinner 5:30 🍷 Table Games 6:00 🍷 The Beverly Hillbillies 17	7:30 🍷 Breakfast 9:30 ↔ Stretch and Flex 10:00 🍷 Parfait Time 10:30 🍷 Hang Man 11:00 ↔ Let's Bowl 11:30 🍷 Lunch 1:00 ↔ Bean Bag Toss 1:30 🍷 Name This Celebrity 2:00 🍷 Fruit Salad 3:00 🍷 B-I-N-G-O 4:00 ↔ Ring Toss 4:30 🍷 Dinner 5:30 🍷 Movie Trivia 6:00 🍷 The Andy Griffin Show 18						
7:30 🍷 Breakfast 9:45 ↔ Chair Exercise 10:00 🍷 Fruit Bowl & Refreshments 10:30 🦋 Spiritual Songs of Praise 11:00 ↔ Health Stroll / Walk / Outdoor Fun 11:30 🍷 Lunch 1:00 ↔ Ring Toss 2:00 🍷 Sundae Social 3:00 ↔ Spa Time (Nails and Hand Massages) 4:00 ↔ Toss It In The Bucket 4:30 🍷 Dinner 5:30 🍷 Hang Man 6:00 🍷 Movie Night and Popcorn 19		Presidents' Day 7:30 🍷 Breakfast 9:30 ↔ Arms and Leg Exercise 10:00 🍷 Danish and Coffee 10:30 ↔ Balloon Toss 11:00 🍷 Word Games 11:30 🍷 Lunch 1:00 🎨 Paint / Color Me A Picture 2:00 🍷 Parfait Time 3:00 🍷 Bingo / Table Games 4:00 ↔ Ring Toss 4:30 🍷 Dinner 5:30 🍷 Name This Song 6:00 🍷 Jeopardy 20	7:30 🍷 Breakfast 9:30 ↔ Balloon Toss 10:00 🍷 Fruit Bowls 10:00 🍷 Scenic Drive w/ Francis 11:00 🍷 Hang Man 11:30 🍷 Lunch 1:00 ↔ Corn Hole 1:30 🍷 Guesstures 2:00 🍷 Ice Cream Social 3:00 🍷 Pet Therapy w/ Anne Marie 4:00 🍷 Sing Along w/ Sinatra 4:30 🍷 Dinner 5:30 🍷 Finish The Line 6:00 🍷 The Lawrence Welk Show 21	7:30 🍷 Breakfast 9:30 ↔ Noodle Exercise 10:00 🍷 Peanut Butter & Jelly 11:00 🍷 Word Scramble 11:30 🍷 Lunch 1:00 🎨 Spa Time (Manicure & Hand Massages) 2:00 🍷 Birthday Celebration 3:00 🍷 B-I-N-G-O 4:00 ↔ Balloon Toss 4:30 🍷 Dinner 5:30 🍷 Name This Celebrity 6:00 🍷 I Love Lucy Show 22	7:30 🍷 Breakfast 9:30 ↔ Balloon Toss 10:00 🍷 Coffee Cake and Coffee 10:00 🍷 Scenic Drive w/ Francis 10:30 🍷 Sing A Long w/ Suzie Q. 11:00 🍷 Health Stroll / Walk / Outdoor Fun 11:30 🍷 Lunch 1:00 🎨 Paint / Color Me A Picture 2:00 🍷 Women's Tea Social / Men's Group 4:30 🍷 Dinner 5:30 ↔ Corn Hole 6:00 🍷 The Carol Burnett Show 23	7:30 🍷 Breakfast 9:30 ↔ Noodle Exercise 10:00 🍷 Chocolate Pudding and Fun Facts 10:30 🍷 Geography Trivia 11:00 ↔ Volley Balloon 11:30 🍷 Lunch 1:00 🍷 Spa Time (Nails and Hand Massages) 2:00 🍷 Pizza Party 3:00 🍷 Name The States 4:00 ↔ Ring Toss 4:30 🍷 Dinner 5:30 🍷 Table Games 6:00 🍷 The Beverly Hillbillies 24	7:30 🍷 Breakfast 9:30 ↔ Stretch and Flex 10:00 🍷 Parfait Time 10:30 🍷 Hang Man 11:00 ↔ Let's Bowl 11:30 🍷 Lunch 1:00 ↔ Bean Bag Toss 1:30 🍷 Name This Celebrity 2:00 🍷 Fruit Salad 3:00 🍷 B-I-N-G-O 4:00 ↔ Ring Toss 4:30 🍷 Dinner 5:30 🍷 Movie Trivia 6:00 🍷 The Andy Griffin Show 25						
7:30 🍷 Breakfast 9:45 ↔ Chair Exercise 10:00 🍷 Fruit Bowl & Refreshments 10:30 🦋 Spiritual Songs of Praise 11:00 ↔ Health Stroll / Walk / Outdoor Fun 11:30 🍷 Lunch 1:00 ↔ Ring Toss 2:00 🍷 Sundae Social 3:00 ↔ Spa Time (Nails and Hand Massages) 4:00 ↔ Toss It In The Bucket 4:30 🍷 Dinner 5:30 🍷 Hang Man 6:00 🍷 Movie Night and Popcorn 26		7:30 🍷 Breakfast 9:30 ↔ Arms and Leg Exercise 10:00 🍷 Danish and Coffee 10:30 ↔ Balloon Toss 11:00 🍷 Word Games 11:30 🍷 Lunch 1:00 🎨 Paint / Color Me A Picture 2:00 🍷 Parfait Time 3:00 🍷 Bingo / Table Games 4:00 ↔ Ring Toss 4:30 🍷 Dinner 5:30 🍷 Name This Song 6:00 🍷 Jeopardy 27	7:30 🍷 Breakfast 9:30 ↔ Balloon Toss 10:00 🍷 Fruit Bowls 10:00 🍷 Scenic Drive w/ Francis 11:00 🍷 Hang Man 11:30 🍷 Lunch 1:00 ↔ Corn Hole 1:30 🍷 Guesstures 2:00 🍷 Ice Cream Social 3:00 🍷 Health Stroll / Walk / Outdoor Fun 4:00 🍷 Sing Along w/ Sinatra 4:30 🍷 Dinner 5:30 🍷 Finish The Line 6:00 🍷 The Lawrence Welk Show 28	Mission Statement We genuinely foster bonds between those that live and serve in our communities, just like family.									