

August 2021 Elements Events



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 Catholic Church TV- Use Your laptop or iPad 1 10:00 Sunday School Bible Lesson [MR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 2 10:45 Fit Minds! Cognitive Therapy [AR]	Doctor Drives and Personal Errands Begin! 3 10:00 Legacy Tuesdays: Health Talk and Fit You! [AR]	9:30 WALMART SHOPPING! [SUS] 4 10:00 Fit You! Aerobic Ball Basics and Stretching [AR]	Doctor Drives and Personal Errands Begin! 5 10:00 Legacy Thursdays: Health Talk and Fit You! [AR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 6 10:45 Fit Minds! Cognitive Therapy [AR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 7 10:45 Brain Freezers! Trivia [AR]
8:00 Catholic Church TV- Use Your laptop or iPad 8 10:00 Sunday School Bible Lesson [MR] – Popsicle Blast [P]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 9 10:45 Fit Minds! Cognitive Therapy [AR]	Camp at the Ranch!! 10 10:00 Summer Camp Games!! [CY] 11:00 Talent Show!! [DR]	9:30 Target SHOPPING! [SUS] 11 10:00 Fit You! Aerobic Ball Basics and Stretching [AR]	Doctor Drives and Personal Errands Begin! 12 10:00 Legacy Thursdays: Health Talk and Fit You! [AR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 13 10:45 Fit Minds! Cognitive Therapy [AR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 14 10:45 Brain Freezers! Trivia [AR] 1:30 Bingo!! [AR]
8:00 Catholic Church TV- Use Your laptop or iPad 15 10:00 Sunday School Bible Lesson [MR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 16 10:45 Fit Minds! Cognitive Therapy [AR]	Doctor Drives and Personal Errands Begin! 17 1:30 BINGO! [AR] 3:30 Opening Minds thru Art! (OMA) [CR]	9:30 WALMART SHOPPING! [SUS] 18 10:00 Fit You! Aerobic Ball Basics and Stretching [AR]	Doctor Drives and Personal Errands Begin! 19 10:00 Legacy Thursdays: Health Talk and Fit You! [AR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 20 10:45 Fit Minds! Cognitive Therapy [AR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 21 10:45 Brain Freezers! Trivia [AR] 1:30 Bingo!! [AR]
8:00 Catholic Church TV- Use Your laptop or iPad 22 10:00 Sunday School Bible Lesson [MR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 23 10:45 Fit Minds! Cognitive Therapy [AR]	Doctor Drives and Personal Errands Begin! 24 1:30 BINGO! [AR] 2:30 August Birthday Party!! [P]	9:30 Target SHOPPING! [SUS] 25 10:00 Fit You! Aerobic Ball Basics and Stretching [AR]	Doctor Drives and Personal Errands Begin! 26 10:00 Legacy Thursdays: Health Talk and Fit You! [AR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 27 10:45 Fit Minds! Cognitive Therapy [AR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 28 10:45 Brain Freezers! Trivia [AR] 1:30 Bingo!! [AR]
8:00 Catholic Church TV- Use Your laptop or iPad 29 10:00 Sunday School Bible Lesson [MR]	10:00 Fit You! Aerobic Ball Basics and Stretching [AR] 30 11:00 Resident Council / FOOD Meeting [MR]	Doctor Drives and Personal Errands Begin! 31 1:30 BINGO! [AR] 3:30 Opening Minds thru Art! (OMA) [CR]	<div style="display: flex; align-items: center;"> <div> <p>Location Keys</p> <ul style="list-style-type: none"> Activity Room AR Courtyard CY Craft Room CR Dining Room DR Front Living Room FLR Media Room MR Pool Table Living Room PTLR Pub P Sign Up Sheet SUS Sunroom SUN Sunroom Courtyard SRC </div> </div>			