


December 2022
Proveer at Quail Creek / Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div><div>🦋 Be Enriched</div><div>👥 Build Relationships</div><div>🌱 Environmental</div><div>🎨 Explore Art</div><div>❤️ Give Back</div><div>🔍 Pursue Knowledge</div><div>🌀 Stay Moving</div></div><div><div>Location Keys</div><div>Bus Outing BO</div><div>Cherish - 1st Floor CH</div><div>Dining Room DR</div><div>In Motion Rec Room - 3rd Floor RR</div><div>Life Enrichment Studio - 1st Floor LES</div><div>Living Room - 1st Floor LR</div><div>Quail Creek Cinema - 2nd Floor QCC</div><div>The Gathering Place Bistro - 1st Floor GPB</div><div>Therapy Room - 3rd Floor TR</div></div></div>					
				<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Cardio Drumming for Everyone! [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>11:00 🦋 Nail Care and Polish [LES]</div><div>1:00 🧠 Arts and Crafts - Christmas Tree in Frame [LES]</div><div>3:00 🧠 The Gathering Place Social Hour with BINGO [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>11:00 🧠 Finish Craft from Thursday [LES]</div><div>1:00 🧠 Friday Afternoon Movie [LR]</div><div>1:00 🦋 Shopping Trip [BO]</div><div>3:00 🧠 The Gathering Place Social Hour with Laughs [GPB]</div></div>	<div><div>10:00 🌀 Individual Exercise in the Therapy Room 3rd Floor [RR]</div><div>12:30 🧠 Ask a Neighbor to Join You for a Visit After Lunch! [LR]</div><div>2:00 🧠 Saturday at the Movies [LR]</div><div>2:30 🔍 Let's Puzzle Together! [GPB]</div></div>
<div><div>9:30 🦋 Meet Together for a Devotional. The Reading is Available in the Lobby [LR]</div><div>10:30 🔍 Ask a Neighbor to Join You for a Card Game or Dominos [GPB]</div><div>2:00 🧠 Colored Pencil / Pen Art Available [LES]</div><div>3:00 🌀 Walk the Community for Sunday Exercise! [TR]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🧠 New Projects with the Art Council in the Cherish Community [CH]</div><div>1:00 🔍 Documentary [LR]</div><div>1:00 🌱 Scenic Drive [BO]</div><div>3:00 🧠 The Gathering Place Social Hour with Family Feud [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Cardio Drumming for Everyone! [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>11:00 🦋 Nail Care and Polish [LES]</div><div>2:00 🧠 Game Day - Chrokinole, Cards, Checkers [GPB]</div><div>3:00 🧠 The Gathering Place Social Hour with Trivia [GPB]</div><div>6:00 🧠 Christmas Light Night Drive - Edmond / North OKC [BO]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>1:00 ❤️ Midweek Devotional and Hymns [LES]</div><div>2:00 🦋 Putting Our Life History on Paper [LES]</div><div>3:00 🧠 The Gathering Place Social Hour with Music [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Cardio Drumming for Everyone! [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>11:00 🦋 Nail Care and Polish [LES]</div><div>1:00 🧠 Arts and Crafts - Door Snowmen [LES]</div><div>3:00 🧠 The Gathering Place Social Hour with BINGO [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>1:00 🧠 Friday Afternoon Movie [LR]</div><div>1:00 🦋 Shopping Trip [BO]</div><div>2:30 🧠 Entertainer Gatham Graham in Cherish [CH]</div><div>3:00 🧠 The Gathering Place Social Hour with Laughs [GPB]</div></div>	<div><div>10:00 🌀 Individual Exercise in the Therapy Room 3rd Floor [RR]</div><div>12:30 🧠 Ask a Neighbor to Join You for a Visit After Lunch! [LR]</div><div>2:00 🧠 Saturday at the Movies [LR]</div><div>2:30 🔍 Let's Puzzle Together! [GPB]</div></div>
<div><div>9:30 🦋 Meet Together for a Devotional. The Reading is Available in the Lobby [LR]</div><div>2:00 🧠 Colored Pencil / Pen Art Available [LES]</div><div>3:00 🌀 Walk the Community for Sunday Exercise! [TR]</div><div>4:30 🔍 Ask a Neighbor to Join You for a Card Game or Dominos [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>1:00 🦋 Christmas Devotional and Singing w/Rick Hamm Valir Hospice [LR]</div><div>3:00 🧠 The Gathering Place Social Hour with Family Feud [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Cardio Drumming for Everyone! [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>11:00 🦋 Nail Care and Polish [LES]</div><div>2:00 🧠 Game Day - Chrokinole, Cards, Checkers [GPB]</div><div>3:00 🧠 The Gathering Place Social Hour with Trivia [GPB]</div><div>6:00 🧠 Christmas Light Night Drive - Downtown OKC, Heritage Hills, Nichols Hills [BO]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>1:00 ❤️ Midweek Devotional and Hymns [LES]</div><div>2:00 🦋 Putting Our Life History on Paper [LES]</div><div>2:30 🦋 Christmas Music Show w/Gary Parks [QCC]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Cardio Drumming for Everyone! [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>11:00 🦋 Nail Care and Polish [LES]</div><div>1:30 🦋 The Noel Diary Movie [LR]</div><div>3:00 🧠 The Gathering Place Social Hour with BINGO [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>1:00 🧠 Friday Afternoon Movie [LR]</div><div>1:00 🦋 Shopping Trip [BO]</div><div>3:00 🧠 The Gathering Place Social Hour with Laughs [GPB]</div></div>	<div><div>10:00 🌀 Individual Exercise in the Therapy Room 3rd Floor [RR]</div><div>12:30 🧠 Ask a Neighbor to Join You for a Visit After Lunch! [LR]</div><div>2:00 🧠 Saturday at the Movies [LR]</div><div>2:30 🔍 Let's Puzzle Together! [GPB]</div></div>
<div><div>9:30 🦋 Meet Together for a Devotional. The Reading is Available in the Lobby [LR]</div><div>2:00 🧠 Colored Pencil / Pen Art Available [LES]</div><div>3:00 🌀 Walk the Community for Sunday Exercise! [TR]</div><div>4:30 🔍 Ask a Neighbor to Join You for a Card Game or Dominos [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🧠 Let's Make Hot Chocolate Snowman Toppers! [LES]</div><div>10:30 🧠 New Projects with the Art Council in the Cherish Community [CH]</div><div>1:00 🔍 Documentary [LR]</div><div>1:00 🌀 Meet Us to Prepare for Tomorrow's Christmas Party! [LR]</div><div>3:00 🧠 The Gathering Place Social Hour with Family Feud [GPB]</div><div>4:00 🌀 Cardio Drumming Performance Run Through [LR]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>9:30 🧠 A Christmas Musical Family Entertainment - Lisa Curb Combo [LR]</div><div>1:00 🌀 Cardio Drumming Performance Run Through [LR]</div><div>2:00 🧠 Let's Make Chocolate Covered Pretzels for the Party! [LES]</div><div>3:00 🧠 Prepare for Christmas Party at 5:00! [LR]</div><div>5:00 ❤️ Chocolate Covered Christmas - Quail Creek Christmas Party [LR]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>1:00 ❤️ Midweek Devotional and Hymns [LES]</div><div>1:00 ❤️ RESIDENT COUNCIL MEETING [LR]</div><div>2:00 🦋 Putting Our Life History on Paper [LES]</div><div>3:00 🧠 The Gathering Place Social Hour with Music [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Cardio Drumming for Everyone! [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>11:00 🦋 Nail Care and Polish [LES]</div><div>1:00 🧠 Arts and Crafts - Christmas Cookies [LES]</div><div>3:00 🧠 The Gathering Place Social Hour with BINGO [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>11:00 🧠 Decorate Our Christmas Cookies [LES]</div><div>1:00 🧠 Decorate Christmas Cookies [LES]</div><div>2:00 🧠 Christmas Party for All Residents at The Gathering Place [GPB]</div></div>	<div><div>Christmas Eve</div><div>10:00 🌀 Individual Exercise in the Therapy Room 3rd Floor [RR]</div><div>1:00 ❤️ A Christmas Eve Devotional with Karen [LR]</div><div>2:00 🧠 Saturday at the Movies [LR]</div><div>2:30 🔍 Let's Puzzle Together! [GPB]</div><div>5:30 🧠 Ask a Neighbor to Join You for a Visit After Dinner! [LR]</div></div>
<div><div>Christmas Day</div><div>9:30 🦋 Meet Together for a Christmas Reading of the Birth of Christ [LR]</div><div>11:15 🧠 Christmas Music with Gatham Graham [CH]</div><div>2:00 🧠 Christmas Movie in the Living Room [LES]</div><div>3:00 🌀 Walk the Community for Sunday Exercise! [TR]</div><div>4:30 🔍 Ask a Neighbor to Join You for a Card Game or Dominos [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>1:00 🔍 Documentary [LR]</div><div>1:00 🌱 Scenic Drive [BO]</div><div>3:00 🧠 The Gathering Place Social Hour with Family Feud [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Cardio Drumming for Everyone! [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>11:00 🦋 Nail Care and Polish [LES]</div><div>2:00 🧠 Game Day - Chrokinole, Cards, Checkers [GPB]</div><div>3:00 🧠 The Gathering Place Social Hour with Trivia [GPB]</div><div>6:00 🧠 Christmas Light Night Drive [BO]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>1:00 ❤️ Midweek Devotional and Hymns [LES]</div><div>1:30 🦋 BINGO Store! [LES]</div><div>2:00 🦋 Putting Our Life History on Paper [LES]</div><div>3:00 🧠 Let's Celebrate All of This Month's Birthdays! [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Cardio Drumming for Everyone! [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>11:00 🦋 Nail Care and Polish [LES]</div><div>1:00 🧠 Arts and Crafts - Painting Winter Landscape [LES]</div><div>3:00 🧠 The Gathering Place Social Hour with BINGO [GPB]</div></div>	<div><div>8:15 🔍 Daily Schedule Delivery with Breakfast [DR]</div><div>10:00 🌀 Stretch and Strengthening Exercises [RR]</div><div>10:30 🌀 Exercises for Balance, Standing and Walking [RR]</div><div>1:00 🧠 Friday Afternoon Movie [LR]</div><div>1:00 🦋 Shopping Trip [BO]</div><div>3:00 🧠 The Gathering Place Social Hour with a Look Over 2022! Bringing in 2023! [GPB]</div></div>	<div><div>New Year's Eve</div><div>10:00 🌀 Individual Exercise in the Therapy Room 3rd Floor [RR]</div><div>12:30 🧠 Ask a Neighbor to Join You for a Visit After Lunch! [LR]</div><div>2:00 🧠 Saturday at the Movies [LR]</div><div>2:30 🔍 Let's Puzzle Together! [GPB]</div><div>7:00 🧠 New Year's Eve Party! We will bring in 2023 on our time! Join us for a fun evening! [GPB]</div></div>