

October 2025

MC Monthly



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Emotional</p> <p>Intellectual</p> <p>Physical</p> <p>Social</p> <p>Vocational</p>	<p>Location Keys</p> <p>Activity Room AR</p> <p>Assisted Living AL</p> <p>Memory Care MC</p>	<p>10:30 Musical Movies Sing-A-Long [MC] 1</p> <p>11:15 Flex & Stretch Exercise Class by AGILITY [MC]</p> <p>2:00 Flex Your Brain - Scattergories [MC]</p> <p>3:00 Sing-Along [MC]</p> <p>6:00 Classic Westerns [MC]</p>	<p>10:30 Chair Yoga [MC] 2</p> <p>11:00 Rhythm Band [MC]</p> <p>2:00 Picture Bingo [MC]</p> <p>3:00 Sing-Along [MC]</p> <p>7:00 Bible Study with Tracy [AL]</p>	<p>10:30 Move & Groove to the 60's [MC] 3</p> <p>11:15 Bible Study [MC]</p> <p>2:00 Friday Matinee</p> <p>6:00 Classic TV [MC]</p>	<p>10:30 Chair Yoga [MC] 4</p> <p>11:15 Noodle Ball [MC]</p> <p>2:00 Name 5 [MC]</p> <p>3:00 Joyful Sounds & Colors [MC]</p> <p>6:00 Sunset Stroll & Patio Visits [MC]</p>
<p>10:00 Gospel Music [AR] 5</p> <p>10:15 Church Service with Pastor Ken [AR]</p> <p>2:00 Sunday Flower Arranging [MC]</p> <p>3:00 Joyful Sounds & Colors [MC]</p> <p>6:00 Sunset Stroll [MC]</p>	<p>10:30 Exercising to the Oldies [AR] 6</p> <p>11:15 Sing-A-Long w/ Susie [MC]</p> <p>2:00 Name 5 [MC]</p> <p>3:00 Puzzles & Games [MC]</p> <p>6:00 Classic TV Westerns [MC]</p>	<p>10:30 Disco Dancing [MC] 7</p> <p>11:15 Crafts & Coloring [MC]</p> <p>2:00 Bingo Bash [MC]</p> <p>3:00 Puzzles & Games [MC]</p> <p>6:00 Exploring the World w/ National Geographic [MC]</p>	<p>10:30 Musical Movies Sing-A-Long [MC] 8</p> <p>11:15 Flex & Stretch Exercise Class by AGILITY [MC]</p> <p>2:00 Flex Your Brain - Scattergories [MC]</p> <p>3:00 Sing-Along [MC]</p> <p>6:00 Classic Westerns [MC]</p>	<p>10:30 Chair Yoga [MC] 9</p> <p>11:00 Rhythm Band [MC]</p> <p>2:00 Picture Bingo [MC]</p> <p>3:00 Sing Along [MC]</p> <p>7:00 Bible Study with Tracy [AL]</p>	<p>10:30 Move & Groove to the 60's [MC] 10</p> <p>11:15 Bible Study [MC]</p> <p>2:00 Friday Matinee</p> <p>6:00 Classic TV [MC]</p>	<p>10:30 Chair Yoga [MC] 11</p> <p>11:15 Noodle Ball [MC]</p> <p>2:00 Name 5 [MC]</p> <p>3:00 Joyful Sounds & Colors [MC]</p> <p>6:00 Sunset Stroll & Patio Visits [MC]</p>
<p>10:00 Gospel Music [AR] 12</p> <p>10:15 Church Service with Pastor Ken [AR]</p> <p>2:00 Sunday Flower Arranging [MC]</p> <p>3:00 Joyful Sounds & Colors [MC]</p> <p>6:00 Sunset Stroll [MC]</p>	<p>Columbus Day 13</p> <p>10:30 Exercising to the Oldies [AR]</p> <p>11:15 Sing-A-Long w/Susie [MC]</p> <p>2:00 Name 5 [MC]</p> <p>3:00 Puzzles & Games [MC]</p> <p>6:00 Classic TV Westerns [MC]</p>	<p>10:30 Disco Dancing [MC] 14</p> <p>11:15 Crafts & Coloring [MC]</p> <p>2:00 Bingo Bash [MC]</p> <p>6:00 Dementia Support Group with Affinity Hospice [AR]</p> <p>6:00 Exploring the World w/ National Geographic [MC]</p>	<p>10:30 Musical Movies Sing-A-Long [MC] 15</p> <p>11:15 Flex & Stretch Exercise Class by AGILITY [MC]</p> <p>2:00 Flex Your Brain - Scattergories [MC]</p> <p>3:00 Sing-Along [MC]</p> <p>6:00 Classic Westerns [MC]</p>	<p>10:30 Chair Yoga [MC] 16</p> <p>11:00 Rhythm Band [MC]</p> <p>2:00 Picture Bingo [MC]</p> <p>3:00 Sing Along [MC]</p> <p>7:00 Bible Study with Tracy [AL]</p>	<p>10:30 Move & Groove to the 60's [MC] 17</p> <p>11:15 Bible Study [MC]</p> <p>2:00 Friday Matinee</p> <p>6:00 Classic TV [MC]</p>	<p>10:30 Chair Yoga [MC] 18</p> <p>11:15 Noodle Ball [MC]</p> <p>2:00 Name 5 [MC]</p> <p>3:00 Joyful Sounds & Colors [MC]</p> <p>6:00 Sunset Stroll & Patio Visits [MC]</p>
<p>10:00 Gospel Music [AR] 19</p> <p>10:15 Church Service with Pastor Ken [AR]</p> <p>2:00 Sunday Flower Arranging [MC]</p> <p>3:00 Joyful Sounds & Colors [MC]</p> <p>6:00 Sunset Stroll [MC]</p>	<p>10:30 Exercising to the Oldies [AR] 20</p> <p>11:15 Sing-A-Long w/ Susie [MC]</p> <p>2:00 Halloween Price is Right w/Lisa (Affinity Hospice) [MC]</p> <p>3:00 Puzzles & Games [MC]</p> <p>6:00 Classic TV Westerns [MC]</p>	<p>10:30 Disco Dancing [MC] 21</p> <p>11:15 Crafts & Coloring [MC]</p> <p>2:00 Music w/Alan (Sings & plays Guitar) [AR]</p> <p>6:00 Exploring the World w/ National Geographic [MC]</p>	<p>10:30 Musical Movies Sing-A-Long [MC] 22</p> <p>11:15 Flex & Stretch Exercise Class by AGILITY [MC]</p> <p>2:00 Flex Your Brain - Scattergories [MC]</p> <p>3:00 Sing-Along [MC]</p> <p>6:00 Classic Westerns [MC]</p>	<p>10:30 Chair Yoga [MC] 23</p> <p>11:00 Rhythm Band [MC]</p> <p>2:00 Picture Bingo [MC]</p> <p>3:00 Sing Along [MC]</p> <p>7:00 Bible Study with Tracy [AL]</p>	<p>10:30 Move & Groove to the 60's [MC] 24</p> <p>11:15 Bible Study [MC]</p> <p>2:00 Friday Matinee</p> <p>6:00 Classic TV [MC]</p>	<p>10:30 Chair Yoga [MC] 25</p> <p>11:15 Noodle Ball [MC]</p> <p>2:00 Name 5 [MC]</p> <p>3:00 Joyful Sounds & Colors [MC]</p> <p>6:00 Sunset Stroll & Patio Visits [MC]</p>
<p>10:00 Gospel Music [AR] 26</p> <p>10:15 Church Service with Pastor Ken [AR]</p> <p>2:00 Sunday Flower Arranging [MC]</p> <p>3:00 Joyful Sounds & Colors [MC]</p> <p>6:00 Sunset Stroll [MC]</p>	<p>10:30 Exercising to the Oldies [AR] 27</p> <p>11:15 Sing-A-Long w/ Susie [MC]</p> <p>2:00 Name 5 [MC]</p> <p>3:00 Puzzles & Games [MC]</p> <p>6:00 Classic TV Westerns [MC]</p>	<p>10:30 Disco Dancing [MC] 28</p> <p>11:15 Crafts & Coloring [MC]</p> <p>2:00 Bingo Bash [MC]</p> <p>6:00 Exploring the World w/ National Geographic [MC]</p>	<p>10:30 Musical Movies Sing-A-Long [MC] 29</p> <p>11:15 Flex & Stretch Exercise Class by AGILITY [MC]</p> <p>2:00 Flex Your Brain - Scattergories [MC]</p> <p>3:00 Sing-Along [MC]</p> <p>6:00 Classic Westerns [MC]</p>	<p>10:30 Chair Yoga [MC] 30</p> <p>11:00 Rhythm Band [MC]</p> <p>2:00 Happy Halloween! Music Madness with Ricky on Sax [AR]</p> <p>3:30 Spooky Treats & Costume Contest [AR]</p> <p>7:00 Bible Study with Tracy [AL]</p>	<p>Halloween 31</p> <p>10:30 Move & Groove to the 60's [MC]</p> <p>11:15 Bible Study [MC]</p> <p>2:00 Halloween Butter Bean Auction w/Dani (Golden Rule Hospice) [AR]</p> <p>6:00 Classic TV [MC]</p>	