


Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p><b>Heartfields at Easton</b> 700 Port St ~ Easton, MD</p> <p>Amy Little Director of Celebrations amlittle@seatonseniorliving.com</p> <p><b>**ALL PROGRAMMING IS SUBJECT TO CHANGE**</b></p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>1</b></p> <p>11:00 ↔ Pace Exercises</p> <p>1:30 F 🧑‍🦲 Men's group Wise Men Gathering [B]</p> <p>2:00 F 🧑‍🦲 Parkinson's Support Group [D]</p> <p>2:30 F 🎨 Drawing with Sheryl [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social Minosa Monday [B]</p> <p>6:30 F 🎮 Board Games [B]</p>	<p>9:00 ☕ Coffee &amp; Chat Motivational /Inspirational [DR] <b>2</b></p> <p>10:00 🌿 Garden Club [B]</p> <p>11:00 ↔ Upper Body Workout [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>2:30 🧑‍🦲 Triva [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social High Tea [B]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>3</b></p> <p>11:00 ↔ Pumping Weights [B]</p> <p>11:30 🌿 Walking Club [TBD]</p> <p>1:30 🧑‍🦲 Word Wednesday [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social Casey at the Bat Poem 1888 [B]</p> <p>6:30 F 📖 Bible Study [B]</p> <p>6:30 F 🎬 Movie:" A league Of Their Own" [GR]</p>	<p>9:00 ☕ Coffee &amp; Chat On this day [DR] <b>4</b></p> <p>10:00 🎨 Creative Journey Art Studio [B]</p> <p>11:00 ↔ Lower Body Workout- Elastic Bands [B]</p> <p>11:30 🧑‍🦲 Brain Games [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social [B]</p> <p>6:30 F 🌿 A night of Opera [GR]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>5</b></p> <p>10:00 🎵 Sing along Decades of Songs</p> <p>11:00 ↔ Chair Yoga [B]</p> <p>11:30 ↔ Walking Club [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social [B]</p> <p>6:30 F 📖 Book Club [GR]</p>	<p>10:00 ☕ Coffee N Chat [B] <b>6</b></p> <p>11:00 ↔ Pace Exercises [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social [B]</p> <p>6:30 F 🎬 Movie: TBA [GR]</p>
<p>10:00 🌿 Reflection with Word and Songs [B] <b>7</b></p> <p>11:00 ↔ Balloon Fitness [B]</p> <p>1:30 F 🌿 Spiritual Worship [GR]</p> <p>3:30 F 🍷 Happy Hour &amp; Social with Garrett [B]</p> <p>6:30 F 🎬 Movie: TBA [GR]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>8</b></p> <p>11:00 ↔ Pace Exercises [B]</p> <p>1:30 F 🧑‍🦲 Men's group Wise Men Gathering Frank Llyod Wright's Birthday [B]</p> <p>2:30 F 🎨 Drawing with Sheryl [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social~ Celebrating Day Ice Cream with Cheryl Todd Piano [DR]</p> <p>6:30 F 🎮 Board Games [B]</p>	<p>9:00 ☕ Coffee &amp; Chat~ Motivational Inspirational [DR] <b>9</b></p> <p>10:00 🌿 Garden Club [B]</p> <p>11:00 ↔ Upper Body Workout [B]</p> <p>1:30 F 🎮 Bingo (B) [B]</p> <p>2:30 🧑‍🦲 Triva [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social High Tea [B]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>10</b></p> <p>11:00 ↔ Pumping Weights [B]</p> <p>11:30 🌿 Walking Club [TBD]</p> <p>1:30 🧑‍🦲 Word Wednesday [B]</p> <p>3:30 🍷 Happy Hour Social [B]</p> <p>6:30 F 📖 Bible Study [B]</p> <p>6:30 F 🎬 Movie: The Bucket List [GR]</p>	<p>9:00 ☕ Coffee &amp; Chat On this day [DR] <b>11</b></p> <p>10:00 🎨 Creative Journey Art Studio [B]</p> <p>11:00 ↔ Lower Body Workout- Elastic Bands [B]</p> <p>11:30 🧑‍🦲 Brain Games [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>3:30 F 🍷 Happy Hour Social [DR]</p> <p>6:30 F 🌿 A night of Opera [GR]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>12</b></p> <p>10:00 🎵 Sing along Decades of Songs</p> <p>11:00 ↔ Chair Yoga [B]</p> <p>11:30 ↔ Walking Club [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social [B]</p> <p>6:30 F 📖 Book Club [GR]</p>	<p>10:00 ☕ Coffee N Chat [B] <b>13</b></p> <p>11:00 ↔ Pace Exercises [B]</p> <p>1:00p 🎮 Bingo [B]</p> <p>2:00 F 🍷 Happy Hour &amp; Social~ Piano Concert [GR]</p> <p>6:30 F 🎬 Movie: TBA [GR]</p>
<p>10:00 🌿 Reflection with Word and Songs [B] <b>14</b></p> <p>11:00 ↔ Balloon Fitness [B]</p> <p>1:30 F 🌿 Spiritual Worship [GR]</p> <p>3:30 F 🍷 Happy Hour &amp; Social Flag Day Patriotic Splash [B]</p> <p>6:30 F 🎬 Movie: TBA [GR]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>15</b></p> <p>11:00 ↔ Pace Exercises [B]</p> <p>1:00 🎵 Music By Vince Borrell [MC]</p> <p>1:30 F 🧑‍🦲 Men's group Wise Men Gathering [B]</p> <p>2:00 🎵 Music with Vince Borrell [B]</p> <p>2:30 F 🎨 Drawing with Sheryl [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social Minosa Monday [B]</p> <p>6:30 F 🎮 Board Games [B]</p>	<p>9:00 ☕ Coffee &amp; Chat~ Motivational Inspirational [DR] <b>16</b></p> <p>10:00 🌿 Garden Club [B]</p> <p>11:00 ↔ Upper Body Workout [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>2:30 🧑‍🦲 Triva [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social High Tea [B]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>17</b></p> <p>10:00 ☕ Make Your own bread Day Baking Bread [B]</p> <p>11:00 ↔ Pumping Weights [B]</p> <p>11:30 🌿 Walking Club [TBD]</p> <p>1:30 🧑‍🦲 Word Wednesday [B]</p> <p>3:30 🍷 Happy Hour Social [B]</p> <p>6:30 F 📖 Bible Study [B]</p> <p>6:30 F 🎬 Movie: Juila and Juliet [GR]</p>	<p>9:00 ☕ Coffee &amp; Chat On this day [DR] <b>18</b></p> <p>10:00 🎨 Creative Journey Art Studio [B]</p> <p>11:00 ↔ Lower Body Workout- Elastic Bands [B]</p> <p>11:30 🧑‍🦲 Brain Games [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>3:30 🍷 Happy Hour Social [B]</p> <p>6:30 F 🌿 A night of Opera [GR]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>19</b></p> <p>10:00 🎵 Sing along Decades of Songs</p> <p>11:00 ↔ Chair Yoga [B]</p> <p>11:30 ↔ Walking Club [B]</p> <p>3:30 🍷 Happy Hour Social [B]</p> <p>6:30 F 📖 Book Club [GR]</p>	<p>10:00 ☕ Coffee N Chat [B] <b>20</b></p> <p>11:00 ↔ Pace Exercises [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>3:30 🍷 Happy Hour [B]</p> <p>6:30 F 🎬 Movie: TBA [GR]</p>
<p>10:00 🌿 Reflection with Word and Songs [B] <b>21</b></p> <p>11:00 ↔ Balloon Fitness [B]</p> <p>1:30 F 🌿 Spiritual Worship with Jay Pierce, 1st Baptist Church [GR]</p> <p>3:30 F 🍷 Happy Hour &amp; Social Cheers to Dad ! [B]</p> <p>6:30 F 🎬 Movie: TBA [GR]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>22</b></p> <p>11:00 ↔ Pace Exercises [B]</p> <p>1:30 F 🧑‍🦲 Men's group Wise Men Gathering [B]</p> <p>2:30 F 🎨 Drawing with Sheryl [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social Minosa Monday [B]</p> <p>6:30 F 🎮 Board Games [B]</p>	<p>9:00 ☕ Coffee &amp; Chat~ Motivational Inspirational [DR] <b>23</b></p> <p>10:00 🌿 Garden Club [B]</p> <p>11:00 ↔ Upper Body Workout [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>2:30 🧑‍🦲 Triva [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social Birthday Celebration with Shelley Abbott [B]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>24</b></p> <p>11:00 ↔ Pumping Weights [B]</p> <p>11:30 🌿 Walking Club [TBD]</p> <p>1:00p Resident Council</p> <p>1:30 🧑‍🦲 Word Wednesday [B]</p> <p>3:30 🍷 Happy Hour Social [B]</p> <p>6:30 F 📖 Bible Study [B]</p> <p>6:30 F 🎬 Movie: On Golden Pond [GR]</p>	<p>9:00 ☕ Coffee &amp; Chat On this day [DR] <b>25</b></p> <p>10:00 🎨 Creative Journey Art Studio Oyster Art [B]</p> <p>11:00 ↔ Lower Body Workout- Elastic Bands [B]</p> <p>11:30 🧑‍🦲 Brain Games [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>3:30 F 🍷 Happy Hour with Susan's Clarinet Summer Celebration [B]</p> <p>6:30 F 🌿 A night of Opera [GR]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>26</b></p> <p>10:00 🎵 Sing along Decades of Songs</p> <p>11:00 ↔ Chair Yoga [B]</p> <p>11:30 ↔ Walking Club [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social with Darren Jones [B]</p> <p>6:30 F 📖 Book Club [GR]</p>	<p>10:00 ☕ Coffee N Chat [B] <b>27</b></p> <p>11:00 ↔ Pace Exercises [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>3:30 🍷 Happy Hour [B]</p> <p>6:30 F 🎬 Movie: TBA [GR]</p>
<p>10:00 🌿 Reflection with Word and Songs [B] <b>28</b></p> <p>11:00 ↔ Balloon Fitness [B]</p> <p>1:30 F 🌿 Spiritual Worship [GR]</p> <p>1:30 F 🌿 Spiritual Worship [GR]</p> <p>3:30 🍷 Happy Hour with Garrett [B]</p> <p>6:30 F 🎬 Movie: TBA [GR]</p>	<p>9:30 🌿 Spiritual Reflections [SC] <b>29</b></p> <p>11:00 ↔ PACE Exercise [B]</p> <p>1:30 F 🧑‍🦲 Men's group Wise Men Gathering Ducks and Wetlands Day [B]</p> <p>2:30 F 🎨 Drawing with Sheryl [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social Minosa Monday [B]</p> <p>6:30 F 🎮 Board Games [B]</p>	<p>9:00 ☕ Coffee &amp; Chat~ Motivational Inspirational [DR] <b>30</b></p> <p>10:00 🌿 Garden Club [B]</p> <p>11:00 ↔ Upper Body Workout [B]</p> <p>1:30 F 🎮 Bingo [B]</p> <p>2:30 🧑‍🦲 Triva [B]</p> <p>3:30 F 🍷 Happy Hour &amp; Social High Tea [B]</p>	<p><b>Location Keys</b></p> <p>Bistro B</p> <p>Dining Room DR</p> <p>Great Room GR</p> <p>Great Room Deck D</p> <p>Memory Care MC</p> <p>Spiritual Corner SC</p> <p>TBD TBD</p>	<p> <b>CELEBRATIONS</b> ACTIVITIES &amp; EVENTS</p>	<ul style="list-style-type: none"> <li>🌿 Emotional</li> <li>🌿 Enviornmental</li> <li>🧑‍🦲 Intellectual</li> <li>🎨 Memory Enhancing</li> <li>↔ Physical</li> <li>🎮 Recreation</li> <li>🍷 Social</li> <li>🌿 Spiritual</li> <li>🎨 Vocational</li> </ul>	