





































































































Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div><p>HERITAGE PLACE[™] OF FREDERICKSBURG <small>A Morada Senior Living Community</small></p></div>			<div> Emotional  Intellectual  Memory Enhancing  Physical  Sensory  Social  Spiritual</div>	<div><p>CELEBRATIONS ACTIVITIES & EVENTS</p></div>	<div> Group Exercise  Catholic Blessings and Communion  LIVE MUSIC  Invite a Friend To the Lobby for Puzzling or TV Lutheran Church cancelled for the 1st Game Time - Resident Dominoes Nightly News Ch. 4 Wheel of Fortune Ch. 4</div>	<div> Group Exercise  Catholic Blessings and Communion  LIVE MUSIC  Train Your Brain Fireplace Conversations Nightly News Ch. 4 Wheel of Fortune Ch. 4</div>	<div> Laughter in the Lobby - Funny Videos Coffee and Trivia with Rose Saturday College Football Brain Busters Afternoon Snack In Lobby with Meditative Music Group Evening Walk Inside Heritage Place Facility Game Time - Resident Dominoes</div>
9:00  CHURCH SERVICE 4 10:00 Catholic Communion 1:00  Books/ Brain Games 2:30  BINGO with Gina 6:00  After Dinner Stroll	10:00  Group Exercise 5 10:45  Mind Matters with Robyn Adkins, LCSW 2:30 BINGO 3:45  Random Acts of Kindness 5:45  Fireplace Conversations 6:00 Nightly News Ch. 4 6:00 Prayer Group 6:30 Wheel of Fortune Ch. 4	9:00 Blood Pressures after breakfast!! 6 9:30 Walmart 10:00  Group Exercise 10:45  Bible Study with First Baptist Church 2:00 Methodist Fellowship and Communion 3:00 Connie's Homemade Peppermint Ice Cream 5:45 Game Time - Resident Dominoes 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	HAIR SALON 7 9:15 Walking Club 10:00  Sit and Fit Wellness Center Exercise Class! 10:45  National Soup Month - Reminisce 4:00 Wind Down Wednesday 5:45 Aroma Therapy and Healing Tones 6:00  Nightly News 6:30 Wheel of Fortune Ch. 4	10:00  Group Exercise 8 2:00  Catholic Blessings and Communion 3:00 LIVE MUSIC 5:45 Game Time - Resident Dominoes 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	10:00  Group Exercise with Select Rehab. Therapist 9 10:45 Get Creative with Sharon 2:30 BINGO with Tracy 3:30 Jammin with Jim And Happy Hour Snack 4:00  Train Your Brain 5:45 Fireplace Conversations 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	10:00  Laughter in the Lobby - Funny Videos 10 10:30 Coffee and Trivia with Rose 12:45 Saturday College Football 2:00  Brain Busters 3:30  Afternoon Snack In Lobby with Meditative Music 5:30  Group Evening Walk Inside Heritage Place Facility 5:45 Game Time - Resident Dominoes	
9:00  CHURCH SERVICE 11 10:00 Catholic Communion 1:00  Books/ Brain Games 2:30  BINGO with Gina 6:00  After Dinner Stroll	10:00  Group Exercise 12 10:45  German Club 2:30 BINGO 5:45  Fireplace Conversations 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4 11:15 Lunch out - Hilda's Mexican Food	9:30 Walmart 13 10:00  Group Exercise 10:45  Bible Study with First Baptist Church 2:30 Healing with Stories & Songs 3:00 Scott Krippel - 5:45 Game Time - Resident Dominoes 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	HAIR SALON 14 9:15 Walking Club 10:00  Sit and Fit Wellness Center Exercise Class! 2:00 The Great Gatsby Movie 4:00 Wind Down Wednesday 5:45 Aroma Therapy and Healing Tones 6:00  Nightly News 6:30 Wheel of Fortune Ch. 4	PODIATRIST ALL DAY 15 9:30 Lutheran Church 10:00  Group Exercise 2:00  Catholic Blessings and Communion 3:00 LIVE MUSIC 4:00  Funny Animal Videos 5:45 Game Time - Resident Dominoes 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	10:00  Group Exercise with Select Rehab. Therapist 16 10:45 Get Creative with Sharon 2:30 BINGO with Tracy 4:00  Train Your Brain 5:45 Fireplace Conversations 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	10:00  Laughter in the Lobby - Funny Videos 17 10:30 Coffee and Trivia with Rose 12:45 Saturday College Football 2:00  Brain Busters 3:30  Afternoon Snack In Lobby with Meditative Music 5:30  Group Evening Walk Inside Heritage Place Facility 5:45 Game Time - Resident Dominoes	
9:00  CHURCH SERVICE 18 10:00 Catholic Communion 1:00  Books/ Brain Games 2:30  BINGO with Gina 2:30 Texas Guitar Quartet 6:00  After Dinner Stroll	10:00  Group Exercise 19 10:45 Roberta's Read Aloud 2:30 BINGO 3:30 The David Lively Band 5:45  Fireplace Conversations 6:00 Nightly News Ch. 4 6:00 Prayer Group 6:30 Wheel of Fortune Ch. 4	9:30 Walmart 20 10:00  Group Exercise 10:45  Bible Study with First Baptist Church 10:45 Roberta's Read Aloud 3:00 Live Music and Happy Hour 5:45 Game Time - Resident Dominoes 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	HAIR SALON 21 9:15 Walking Club 10:00  Sit and Fit Wellness Center Exercise Class! 2:00 Scam Prevention - Police Dept. 4:00 Wind Down Wednesday 5:45 Aroma Therapy and Healing Tones 6:00  Nightly News 6:30 Wheel of Fortune Ch. 4	10:00  Group Exercise 22 10:45 Roberta's Read Aloud 2:00  Catholic Blessings and Communion 3:00 LIVE MUSIC 5:45 Game Time - Resident Dominoes 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	10:00  Group Exercise with Select Rehab. Therapist 23 10:45 Get Creative with Sharon 2:30 BINGO with Tracy 4:00  Train Your Brain 5:45 Fireplace Conversations 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	10:00  Laughter in the Lobby - Funny Videos 24 10:30 Coffee and Trivia with Rose 12:45 Saturday College Football 2:00  Brain Busters 3:30  Afternoon Snack In Lobby with Meditative Music 5:30  Group Evening Walk Inside Heritage Place Facility 5:45 Game Time - Resident Dominoes	
9:00  CHURCH SERVICE 25 10:00 Catholic Communion 1:00  Books/ Brain Games 2:30  BINGO with Gina 6:00  After Dinner Stroll	10:00  Group Exercise 26 10:45 Roberta's Read Aloud 2:30 BINGO 3:45  Health Talk 5:45  Fireplace Conversations 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	9:30 Walmart 27 10:00  Group Exercise 10:15  Happy Tails Exotic Animals 10:45  Bible Study with First Baptist Church 2:00  Heritage Place Willing Helpers - OPEN HOUSE 2:30 Anabelle Plays Your Favorites 5:45 Game Time - Resident Dominoes 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	HAIR SALON 28 9:15 Walking Club 10:00  Sit and Fit Wellness Center Exercise Class! 10:45  Resident Council Meeting 12:00 Resident Birthday Lunch Bunch 2:00 Sports Trivia 4:00 Wind Down Wednesday 5:45 Aroma Therapy and Healing Tones 6:00  Nightly News 6:30 Wheel of Fortune Ch. 4	10:00  Group Exercise 29 10:45  Roberta's Read Aloud 12:00 Connie's Lunch Bunch 2:00  Catholic Blessings and Communion 3:00 LIVE MUSIC 5:45 Game Time - Resident Dominoes 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	10:00  Group Exercise with Select Rehab. Therapist 30 10:45 Get Creative with Sharon 2:30 BINGO with Tracy 4:00  Train Your Brain 5:45 Fireplace Conversations 6:00 Nightly News Ch. 4 6:30 Wheel of Fortune Ch. 4	10:00  Laughter in the Lobby - Funny Videos 31 10:30 Coffee and Trivia with Rose 12:45 Saturday College Football 2:00  Brain Busters 3:30  Afternoon Snack In Lobby with Meditative Music 5:30  Group Evening Walk Inside Heritage Place Facility 5:45 Game Time - Resident Dominoes	