

October 2025

AL/IL Monthly



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>A TerraBella Senior Living Community</p>	Location Keys 2nd Floor Dining Room 2 Front Porch FP Main Dining Room D Outing O Piano Room P Room 224 #224		Emotional Intellectual Physical Social	10:30 ↔ Sit & Be Fit and Worship Wednesday [2] 1 11:30 🕒 Daily Chronicle [P] 2:00 ↔ Ring Toss [2] 3:30 🍀 Bingo [2] 6:00 🎵 Gospel Song Fest [P]	10:30 ↔ Exercise Class [2] 2 11:30 🕒 Headlines and Highlights [P] 2:00 🍀 Chinese Checkers [2] 3:30 🍀 Bingo [2] 6:00 🎵 Television Thursday: Resident's Choice [P]	10:30 ↔ Muscles in Motion and Jesus in Our Lives [2] 3 11:30 🕒 Mindful Moments [P] 2:00 🍀 Resident Council [2] 3:30 🍀 Fall Social [2] 6:00 🎵 Gospel Song Fest [P]	9:15 🕒 Coffee and Morning News [P] 4 10:00 ↔ Walking Club [P] 10:45 🎨 Crafts [2] 1:30 🍀 Bingo [2] 3:00 🍀 Icecream Social [D] 3:15 🍀 Matinee Movie [P] 6:00 🎵 Evening Exchanges [P]
	9:15 🕒 Coffee and Morning News [P] 5 10:00 ↔ Walking Club [P] 10:45 🍀 Uno [2] 1:30 🍀 Bingo [2] 3:15 🍀 Matinee Movie [P] 6:00 🎵 Evening Reminiscing & Conversations [P]	10:30 ↔ Chair Aerobics and Daily Devotion [2] 6 11:30 🕒 Lifelong Learning [P] 2:00 ↔ Putt-Putt [2] 3:30 🍀 Bingo [2] 6:00 🎵 Resident's Choice: Independent Activities [P]	10:30 ↔ Exercise Class [2] 7 11:00 🍀 Food, Fun, & Fellowship [2] 11:30 🕒 Connecting Through Current Events [P] 2:00 🍀 Jigsaw Puzzle [2] 3:30 🍀 Bingo [2] 6:00 🎵 Resident's Choice: Independent Activities [2]	10:30 ↔ Sit & Be Fit and Worship Wednesday [2] 8 11:30 🕒 Daily Chronicle [P] 2:00 🍀 Popcorn Social [2] 3:30 🍀 Bingo [2] 6:00 🎵 Crafts with the UNC Dreamcatchers [2]	10:30 ↔ Exercise Class [2] 9 11:30 🕒 Headlines and Highlights [P] 2:00 ↔ Noodleball [2] 3:30 🍀 Bingo [2] 6:00 🎵 Television Thursday: Resident's Choice [P]	10:30 ↔ Muscles in Motion and Jesus in Our Lives [2] 10 11:30 🕒 Mindful Moments [P] 2:00 🍀 Hangman [2] 3:30 🍀 Fall Social [2] 6:00 🎵 Gospel Song Fest [P]	9:15 🕒 Coffee and Morning News [P] 11 10:00 ↔ Walking Club [P] 10:45 🎨 Crafts [2] 1:30 🍀 Bingo [2] 3:00 🍀 Icecream Social [D] 3:15 🍀 Matinee Movie [P] 6:00 🎵 Evening Exchanges [P]
	9:15 🕒 Coffee and Morning News [P] 12 10:00 ↔ Walking Club [P] 10:45 🍀 Uno [2] 1:30 🍀 Bingo [2] 3:15 🍀 Matinee Movie [P] 6:00 🎵 Evening Reminiscing & Conversations [P]	10:30 ↔ Chair Aerobics and Daily Devotion [2] 13 11:30 🕒 Lifelong Learning [P] 2:00 ↔ Axe Throwing [2] 3:30 🍀 Bingo [2] 6:00 🎵 Resident's Choice: Independent Activities [P] 6:30 🎵 Church Service with Dale [2]	10:30 ↔ Exercise Class [2] 14 11:30 🕒 Connecting Through Current Events [P] 2:00 🕒 Trivia [2] 3:30 🍀 Bingo [2] 6:00 🎵 Resident's Choice: Independent Activities [2]	10:30 ↔ Sit & Be Fit and Worship Wednesday [2] 15 11:30 🕒 Daily Chronicle [P] 2:00 🎨 Polish & Pamper [2] 3:30 🍀 Bingo [2] 6:00 🎵 Gospel Song Fest [P]	10:30 ↔ Exercise Class [2] 16 11:30 🕒 Headlines and Highlights [P] 2:00 🎨 Baking with Brian [2] 3:30 🍀 Bingo [2] 6:00 🎵 Television Thursday: Resident's Choice [P]	10:30 ↔ Muscles in Motion and Jesus in Our Lives [2] 17 11:30 🕒 Mindful Moments [P] 2:00 ↔ Ring Toss [2] 3:30 🍀 Fall Social [2] 6:00 🎵 Gospel Song Fest [P]	9:15 🕒 Coffee and Morning News [P] 18 10:00 ↔ Walking Club [P] 10:45 🎨 Crafts [2] 1:30 🍀 Bingo [2] 3:00 🍀 Icecream Social [D] 3:15 🍀 Matinee Movie [P] 6:00 🎵 Evening Exchanges [P]
	9:15 🕒 Coffee and Morning News [P] 19 10:00 ↔ Walking Club [P] 10:45 🍀 Uno [2] 1:30 🍀 Bingo [2] 3:15 🍀 Matinee Movie [P] 6:00 🎵 Evening Reminiscing & Conversations [P]	10:30 ↔ Chair Aerobics and Daily Devotion [2] 20 11:30 🕒 Lifelong Learning [P] 2:00 ↔ Putt-Putt [2] 3:30 🍀 Bingo [2] 6:00 🎵 Resident's Choice: Independent Activities [P] 6:30 🎵 Church Service with Alan & Jennifer [2]	10:30 ↔ Exercise Class [2] 21 11:30 🕒 Connecting Through Current Events [P] 2:00 🍀 Caramel Apple Creations [2] 3:30 🍀 Bingo [2] 6:00 🎵 Resident's Choice: Independent Activities [2]	10:30 ↔ Sit & Be Fit and Worship Wednesday [2] 22 11:00 🎨 "Fancy Nancy" Book Reading [#224] 11:30 🕒 Daily Chronicle [P] 2:00 ↔ Cornhole [2] 3:30 🍀 Bingo [2] 6:00 🎵 Gospel Song Fest [P]	10:30 ↔ Exercise Class [2] 23 11:30 🕒 Headlines and Highlights [P] 11:30 🍀 Lunch Outing [0] 2:30 🍀 Flower Bulb Planting [2] 3:30 🍀 Bingo [2] 6:00 🎵 Television Thursday: Resident's Choice [P]	10:30 ↔ Muscles in Motion and Jesus in Our Lives [2] 24 11:30 🕒 Mindful Moments [P] 2:00 🎨 Pumpkin Decorating [2] 3:30 🍀 Fall Social [2] 6:00 🎵 Gospel Song Fest [P]	9:15 🕒 Coffee and Morning News [P] 25 10:00 ↔ Walking Club [P] 10:45 🎨 Crafts [2] 1:30 🍀 Bingo [2] 3:00 🍀 Icecream Social [D] 3:15 🍀 Matinee Movie [P] 6:00 🎵 Evening Exchanges [P]
	9:15 🕒 Coffee and Morning News [P] 26 10:00 ↔ Walking Club [P] 10:45 🍀 Uno [2] 1:30 🍀 Bingo [2] 3:00 🎵 Church Service with Bible Wesleyan Church [P] 3:15 🍀 Matinee Movie [P] 6:00 🎵 Evening Reminiscing & Conversations [P]	10:30 ↔ Chair Aerobics and Daily Devotion [2] 27 11:30 🎨 Reminiscing [2] 2:00 🎨 Music Performance by Bill Bottoms [2] 3:30 🍀 Bingo [2] 6:00 🎵 Resident's Choice: Independent Activities [P]	10:30 ↔ Exercise Class [2] 28 11:30 🕒 Connecting Through Current Events [2] 2:00 🕒 Trivia [2] 3:30 🍀 Bingo [2] 6:00 🎵 Resident's Choice: Independent Activities [2]	10:30 ↔ Sit & Be Fit and Worship Wednesday [2] 29 11:30 🍀 "About Me": Learning About Other Residents [2] 2:30 🍀 Ticket Store [2] 3:30 🍀 Bingo [2] 6:00 🎵 Gospel Song Fest [P]	10:30 ↔ Exercise Class [2] 30 11:30 🕒 Headlines and Highlights [2] 1:45 🍀 Outing: Cheesecake by Alex [0] 3:30 🍀 Bingo [2] 6:00 🎵 Television Thursday: Resident's Choice [P]	10:30 ↔ Muscles in Motion and Jesus in Our Lives [2] 31 11:30 🕒 Mindful Moments [2] 2:00 🎨 Halloween Craft [2] 3:30 🍀 Trick-or-Treating & Halloween Party [FP] 6:00 🎵 Gospel Song Fest [P]	