

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>MORNINGSIDE OF RALEIGH A TerraBella Senior Living Community</p> <p>Location Keys Front Porch Sunroom The Magnolia Room The Parlor Room</p> <p>FP SR TMR TPR</p>	<p>Activities are subject to change based on changes in weather, volunteer availability, or changes in schedules.</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 1</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat [TMR]</p> <p>1:30 → Catholic Communion with Legions of Mary [SR]</p> <p>2:30 → Candy BINGO [SR]</p> <p>4:00 → Smoothie Station [TMR]</p> <p>4:10 → Puzzle Club: Let's Connect the Pieces [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 2</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Pep in Your Step with Fox [TPR]</p> <p>2:15 → 4th of July Grill Out [SR]</p> <p>4:00 → UNO Club [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 3</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:00 → Music with Luke Lowe [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → BINGO Bananza [TPR]</p> <p>2:30 → Flower Arranging/Decorating [TMR]</p> <p>4:00 → Independent Brain Games and Puzzles [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>Independence Day</p> <p>9:30 → Tending to the Garden and Flowers [FP] 4</p> <p>10:30 → Cookies and the Daily Chronicle and Devotion [TMR]</p> <p>11:00 → Puzzles [TMR]</p> <p>1:30 → Afternoon Exercise and Movement [TMR]</p> <p>2:15 → Reader's Corner: Book Club [TMR]</p> <p>3:45 → Movie Matinee and Popcorn: Residents Choice [TMR]</p> <p>6:00 → Porch Time -- Weather Permitting</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	
<p>9:30 → Puzzles [TMR] 5</p> <p>9:30 → Tending to the Garden and Flowers [FP]</p> <p>10:30 → Cookies and the Daily Chronicle and Devotion [TMR]</p> <p>11:00 → Hayes Barton Baptist Church on TV [TMR]</p> <p>1:30 → Afternoon Independent Movement [TMR]</p> <p>2:00 → Matinee Movie and Popcorn [TMR]</p> <p>4:00 → Chair Yoga [TMR]</p> <p>6:00 → Porch Time -- Weather Permitting</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 6</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion and Discussion [TPR]</p> <p>11:15 → Daily Chronicle and Chat [TPR]</p> <p>1:30 → Food For Thought: Demo with Chef Joe [TMR]</p> <p>2:00 → Monday Manicures [TMR]</p> <p>4:00 → Board Games: Social Hour [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 7</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:00 Resident Council [SR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Pep in Your Step with Fox [TPR]</p> <p>2:00 → Movercize with Richard [TPR]</p> <p>3:30 → Painting Class with Carolyn [TPR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>National Freezer Pop Day</p> <p>9:30 → Tending to the Garden and Flowers [FP] 8</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat [TMR]</p> <p>1:45 → Book Club: Chicken Soup for the Soul [TMR]</p> <p>2:30 → Candy BINGO [SR]</p> <p>4:00 → Freezer Pop Tasting [FP]</p> <p>4:10 → Puzzle Club: Let's Connect the Pieces [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 9</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Pep in Your Step with Fox [TPR]</p> <p>2:15 → Aromatherapy and Hand Massages [TPR]</p> <p>4:00 → UNO Club [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 10</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Flower Arranging/Decorating [TMR]</p> <p>2:30 → Mindful Coloring [TMR]</p> <p>3:00 → Matinee Movie and Popcorn [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 11</p> <p>10:30 → Cookies and the Daily Chronicle and Devotion [TMR]</p> <p>11:00 → Puzzles [TMR]</p> <p>1:30 → Afternoon Exercise and Movement [TMR]</p> <p>2:15 → Reader's Corner: Book Club [TMR]</p> <p>3:45 → Movie Matinee and Popcorn: Residents Choice [TMR]</p> <p>6:00 → Porch Time -- Weather Permitting</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>
<p>9:30 → Puzzles [TMR] 12</p> <p>9:30 → Tending to the Garden and Flowers [FP]</p> <p>10:30 → Cookies and the Daily Chronicle and Devotion [TMR]</p> <p>11:00 → Hayes Barton Baptist Church on TV [TMR]</p> <p>1:30 → Afternoon Independent Movement [TMR]</p> <p>2:00 → Matinee Movie and Popcorn [TMR]</p> <p>4:00 → Chair Yoga [TMR]</p> <p>6:00 → Porch Time -- Weather Permitting</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 13</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion and Discussion [TPR]</p> <p>11:15 → Daily Chronicle and Chat [TPR]</p> <p>1:30 → Musical Performance with Mike Gaskins [TPR]</p> <p>1:30 → Musical Performance with Mike Gaskins [TPR]</p> <p>2:00 → Monday Manicures [TMR]</p> <p>4:00 → Board Games: Social Hour [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 14</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Pep in Your Step with Fox [TPR]</p> <p>3:30 → Painting Class with Carolyn [TPR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 15</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat [TMR]</p> <p>1:30 → Catholic Communion with Legions of Mary [SR]</p> <p>1:45 → Book Club: Chicken Soup for the Soul [TMR]</p> <p>2:30 → Candy BINGO [SR]</p> <p>4:00 → Smoothie Station [TMR]</p> <p>4:10 → Puzzle Club: Let's Connect the Pieces [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 16</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Pep in Your Step with Fox [TPR]</p> <p>2:15 → Aromatherapy and Hand Massages [TPR]</p> <p>4:00 → UNO Club [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 17</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:00 → Music with Luke Lowe [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → BINGO Bananza [TPR]</p> <p>2:30 → Flower Arranging/Decorating [TMR]</p> <p>4:00 → Independent Brain Games and Puzzles [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 18</p> <p>10:30 → Cookies and the Daily Chronicle and Devotion [TMR]</p> <p>11:00 → Puzzles [TMR]</p> <p>1:30 → Afternoon Exercise and Movement [TMR]</p> <p>2:15 → Reader's Corner: Book Club [TMR]</p> <p>3:45 → Movie Matinee and Popcorn: Residents Choice [TMR]</p> <p>6:00 → Porch Time -- Weather Permitting</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>
<p>9:30 → Puzzles [TMR] 19</p> <p>9:30 → Tending to the Garden and Flowers [FP]</p> <p>10:30 → Cookies and the Daily Chronicle and Devotion [TMR]</p> <p>11:00 → Hayes Barton Baptist Church on TV [TMR]</p> <p>1:30 → Afternoon Independent Movement [TMR]</p> <p>2:00 → Matinee Movie and Popcorn [TMR]</p> <p>4:00 → Chair Yoga [TMR]</p> <p>6:00 → Porch Time -- Weather Permitting</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 20</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion and Discussion [TPR]</p> <p>11:15 → Daily Chronicle and Chat [TPR]</p> <p>1:30 → Let's Play Trivia! [TMR]</p> <p>2:00 → Monday Manicures [TMR]</p> <p>4:00 → Board Games: Social Hour [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>National Junk Food Day</p> <p>9:30 → Tending to the Garden and Flowers [FP] 21</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Pep in Your Step with Fox [TPR]</p> <p>2:00 → Movercize with Richard [TPR]</p> <p>3:30 → Painting Class with Carolyn [TPR]</p> <p>4:00 → Little Debbie Cake Tasting [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 22</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat [TMR]</p> <p>1:45 → Book Club: Chicken Soup for the Soul [TMR]</p> <p>2:30 → Candy BINGO [SR]</p> <p>4:00 → Smoothie Station [TMR]</p> <p>4:10 → Puzzle Club: Let's Connect the Pieces [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>National Vanilla Ice Cream Day</p> <p>9:30 → Tending to the Garden and Flowers [FP] 23</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Pep in Your Step with Fox [TPR]</p> <p>2:15 → Vanilla Ice Cream: Sundae Bar [TPR]</p> <p>4:00 → UNO Club [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 24</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Flower Arranging/Decorating [TMR]</p> <p>2:30 → Mindful Coloring [TMR]</p> <p>3:00 → Matinee Movie and Popcorn [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 25</p> <p>10:30 → Cookies and the Daily Chronicle and Devotion [TMR]</p> <p>11:00 → Puzzles [TMR]</p> <p>1:30 → Afternoon Exercise and Movement [TMR]</p> <p>2:15 → Reader's Corner: Book Club [TMR]</p> <p>3:45 → Movie Matinee and Popcorn: Residents Choice [TMR]</p> <p>6:00 → Porch Time -- Weather Permitting</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>
<p>9:30 → Puzzles [TMR] 26</p> <p>9:30 → Tending to the Garden and Flowers [FP]</p> <p>10:30 → Cookies and the Daily Chronicle and Devotion [TMR]</p> <p>11:00 → Hayes Barton Baptist Church on TV [TMR]</p> <p>1:30 → Afternoon Independent Movement [TMR]</p> <p>2:00 → Matinee Movie and Popcorn [TMR]</p> <p>4:00 → Chair Yoga [TMR]</p> <p>6:00 → Porch Time -- Weather Permitting</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 27</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion and Discussion [TPR]</p> <p>11:15 → Daily Chronicle and Chat [TPR]</p> <p>1:30 → Let's Play Trivia! [TMR]</p> <p>2:00 → Monday Manicures [TMR]</p> <p>4:00 → Board Games: Social Hour [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>National Milk Chocolate Day</p> <p>9:30 → Tending to the Garden and Flowers [FP] 28</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Pep in Your Step with Fox [TPR]</p> <p>2:15 → Milk Chocolate Taste Test [SR]</p> <p>3:30 → Painting Class with Carolyn [TPR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 29</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat [TMR]</p> <p>1:45 → Book Club: Chicken Soup for the Soul [TMR]</p> <p>2:30 → Candy BINGO [SR]</p> <p>4:00 → Smoothie Station [TMR]</p> <p>4:10 → Puzzle Club: Let's Connect the Pieces [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 30</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → Pep in Your Step with Fox [TPR]</p> <p>2:15 → Aromatherapy and Hand Massages [TPR]</p> <p>4:00 → UNO Club [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	<p>9:30 → Tending to the Garden and Flowers [FP] 31</p> <p>10:30 → Morning Exercise and Movement [TPR]</p> <p>11:00 → Daily Devotion & Discussion [TPR]</p> <p>11:15 → Daily Chronicle & Chat</p> <p>1:30 → BINGO Bananza [TPR]</p> <p>2:30 → Flower Arranging/Decorating [TMR]</p> <p>4:00 → Independent Brain Games and Puzzles [TMR]</p> <p>7:00 → Wheel of Fortune and Jeopardy [TMR]</p>	