

May 2026







Tequesta Terrace

Monthly Highlights

Message from the Executive Director

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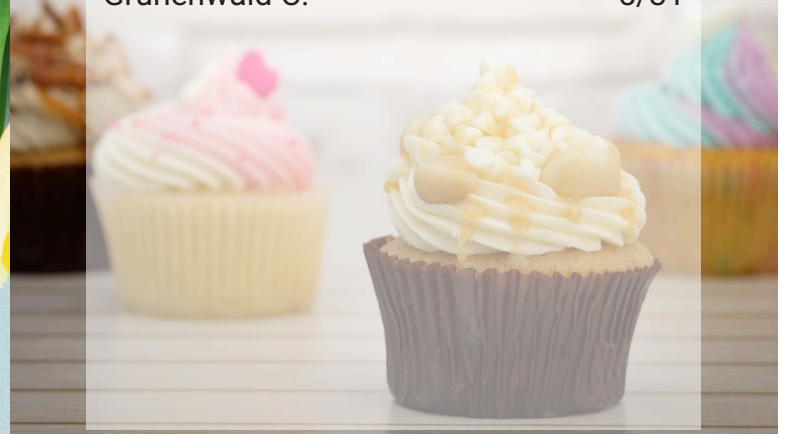


Resident Spotlight

Happy Birthday to YOU!

Grunenwald C.

5/31



“Earth laughs in flowers.”

- Ralph Waldo Emerson



A Season of Quiet Renewal

Spring arrives quietly, often without fanfare, yet its presence is unmistakable. The light lingers a little longer, the air softens, and familiar signs of life return to the landscape. For many, spring is less about rushing forward and more about gentle renewal—an invitation to notice what has endured through the colder months.

After winter’s stillness, spring reminds us that rest has a purpose. Trees bud not because they hurry, but because they are ready. In much the same way, this season encourages reflection on a life well lived, shaped by patience, resilience, and care. Each year of experience adds depth, just as each season adds meaning to the land.

Spring is a time to step outside, feel the warmth of the sun, and appreciate simple pleasures—a walk, a garden beginning to grow, a shared conversation. It reassures us that growth continues at every age, and that new beginnings often arrive softly, exactly when they are needed.