





Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
<div><p>WWW.SENIORLIFESTYLE.COM</p><p>Activities are subject to change</p></div> <div><p>OAK POINTE OF WARRENTON</p><p>a Senior Lifestyle community</p></div> <div><div> *Outing</div><div> BRAIN HEALTH UNIVERSITY</div><div> CONNECT</div><div> CONTRIBUTE</div><div> FEEL</div><div> GROW</div><div> MOVE</div><div> REFLECT</div></div> <div><div>Location Keys</div><div>Activity Room</div><div>Dining Room</div><div>Family Gathering Room</div><div>Theater</div></div> <div>AR</div> <div>DR</div> <div>FR</div> <div>T</div>								<div><div>9:00  Balloon Ball [DR]</div><div>10:30  Walmart Trip</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Kickoff Class [T]</div><div>6:00  Resident Led Board Games [AR]</div></div> <div>1</div>		<div><div>9:00  Meditation &amp; Chair Yoga</div><div>10:00  Bible Study with Mike [DR]</div><div>2:00  Happy Hour w/ Paul Gibbs</div><div>6:00  Resident led Pinochle [AR]</div></div> <div>2</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:00  Cranium Crunch: Going Through All The Doors [AR]</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Class 1</div></div> <div>3</div>		<div><div>9:00  Newspaper and Coffee [DR]</div><div>11:00  Family and Friends Visit</div><div>1:00  Kitchen Club: Chocolate Coffee Cake [AR]</div><div>2:30  Easy Listening Music [DR]</div></div> <div>4</div>	
<div><div>9:00  Newspaper and Coffee [DR]</div><div>10:00  Sunday Service w/ Tony Mattox [DR]</div><div>11:00  Family and Friends Visit</div><div>1:00  Word Search [AR]</div><div>2:30  Easy Listening Music [DR]</div></div> <div>5</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:00  Coffee and Chat- Daily Chronicle [DR]</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Class 2</div><div>6:00  Resident led Uno Card Game [AR]</div></div> <div>6</div>		<div><div>9:00  Chair Dance Workout [T]</div><div>10:00  Bible Study w/ FCFC [DR]</div><div>1:30  K9 Kamp Therapy Dogs</div><div>2:30  Nail Spa [FR]</div><div>6:00  Resident Led Board Games [AR]</div></div> <div>7</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:30  5 Below &amp; KFC Trip [AR]</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Class 3</div><div>6:00  Resident Led Dominoes [AR]</div></div> <div>8</div>		<div><div>9:00  Meditation &amp; Chair Yoga</div><div>10:00  Bible Study with Mike [DR]</div><div>2:00  Happy Hour w/ John Scott [DR]</div><div>6:00  Resident led Pinochle [AR]</div></div> <div>9</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:00  Craft: Paper Shamrocks [AR]</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Class 4 [T]</div></div> <div>10</div>		<div><div>9:00  Newspaper and Coffee [DR]</div><div>11:00  Family and Friends Visit</div><div>1:00  Puzzle Time [DR]</div><div>2:30  Easy Listening Music [DR]</div></div> <div>11</div>			
<div><div><b>Daylight Saving Time Begins</b></div><div>9:00  Newspaper and Coffee [DR]</div><div>11:00  Family and Friends Visit</div><div>1:00  Brain Teasers [AR]</div><div>2:30  Easy Listening Music [DR]</div></div> <div>12</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:00  Presentation From the Scenic Regional Library [DR]</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Class 5 [T]</div><div>6:00  Resident Led Dominoes [AR]</div></div> <div>13</div>		<div><div><b>National Pi Day</b></div><div>9:00  Chair Dance Workout [T]</div><div>10:00  Bible Study w/ FCFC [DR]</div><div>2:00  Kitchen Club: Mini Pies [FR]</div><div>6:00  Resident Led Puzzles</div></div> <div>14</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:30  Dollar Tree Trip</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Class 6 [T]</div><div>6:00  Resident led Uno Card Game [AR]</div></div> <div>15</div>		<div><div>8:00  Veterans' Breakfast [FR]</div><div>9:00  Meditation &amp; Chair Yoga [T]</div><div>10:00  Bible Study with Mike [DR]</div><div>2:00  Happy Hour w/ Carlene [T]</div><div>6:00  Resident led Pinochle [AR]</div></div> <div>16</div>		<div><div><b>St. Patrick's Day</b></div><div>9:00  Balloon Ball [DR]</div><div>10:00  Craft: Lucky Letter Board</div><div>2:00  St. Patrick's Day Party [DR]</div><div>3:30  Hang Man</div></div> <div>17</div>		<div><div>9:00  Newspaper and Coffee [DR]</div><div>11:00  Family and Friends Visit</div><div>1:00  Crossword [AR]</div><div>2:30  Easy Listening Music [DR]</div></div> <div>18</div>			
<div><div>9:00  Newspaper and Coffee [DR]</div><div>10:00  Sunday Service w/ Tony Mattox [DR]</div><div>11:00  Family and Friends Visit</div><div>1:00  Word Search [AR]</div><div>2:30  Easy Listening Music [DR]</div></div> <div>19</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:30  Resident Council/Food Meeting [DR]</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Class 7 [T]</div><div>6:00  Resident Led Board Games [AR]</div></div> <div>20</div>		<div><div>9:00  Chair Dance Workout [T]</div><div>10:00  Bible Study w/ FCFC [DR]</div><div>1:30  K9 Kamp Therapy Dogs</div><div>2:30  Nail Spa [FR]</div><div>6:00  Resident Led Card Game [AR]</div></div> <div>21</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:30  Bin Store</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Class 8 [T]</div><div>6:00  Resident Led Puzzles [AR]</div></div> <div>22</div>		<div><div>9:00  Meditation &amp; Chair Yoga [T]</div><div>10:00  Bible Study with Mike [DR]</div><div>2:00  Happy Hour w/ Bryan Fogg [DR]</div><div>6:00  Resident led Pinochle [AR]</div></div> <div>23</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:00  Cranium Crunch: What Comes Next? [AR]</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Class 9</div></div> <div>24</div>		<div><div>9:00  Newspaper and Coffee [DR]</div><div>11:00  Family and Friends Visit</div><div>1:00  Puzzle Time [DR]</div><div>2:30  Easy Listening Music [DR]</div></div> <div>25</div>			
<div><div>9:00  Newspaper and Coffee [DR]</div><div>11:00  Family and Friends Visit</div><div>1:00  Brain Teasers [AR]</div><div>2:30  Easy Listening Music [DR]</div></div> <div>26</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:00  Coffee and Chat- Daily Chronicle [DR]</div><div>2:00  BINGO [DR]</div><div>3:30  Brain Health University Class 10 [T]</div><div>6:00  Resident led Uno Card Game [AR]</div></div> <div>27</div>		<div><div>9:00  Chair Dance Workout [T]</div><div>10:00  Bible Study w/ FCFC [DR]</div><div>2:00  Garden Club: Prep &amp; Planting [FR]</div><div>6:00  Resident Led Dominoes [AR]</div></div> <div>28</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:30  Museum Trip</div><div>2:00  BINGO [DR]</div><div>5:30  BHU Graduation Party! [T]</div></div> <div>29</div>		<div><div>9:00  Meditation &amp; Chair Yoga</div><div>10:00  Bible Study with Mike [DR]</div><div>2:00  Happy Hour with Sterling L./Monthly B-day Party [T]</div><div>6:00  Resident led Pinochle [AR]</div></div> <div>30</div>		<div><div>9:00  Balloon Ball [DR]</div><div>10:30  Cranium Crunch: What Comes Next?</div><div>2:00  BINGO [DR]</div><div>3:30  Connect 4</div></div> <div>31</div>		<div><p>A Friend is someone who helps you up when you are down, and if they can't, they lay down beside you and listen.</p><p>Winnie-the-Pooh</p></div>			