

August 2025

EnrichedLIFE Independent & Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>August cont'd</div> <div>31</div> <div><div>10:00</div><div>Chalice Of Salvation 4th Floor [TH]</div><div>10:30</div><div>Rummikub 1st Floor [P]</div><div>11:30</div><div>End of the Month Brunch [DR]</div><div>3:30</div><div>Protestant Worship Service with Rev. Miriam 1st Floor [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div><div>Armbrook VILLAGE</div><div>A SENIOR LIVING RESIDENCE SLR</div></div> <div>551 North Rd Westfield, MA 01085 (413) 568-0000</div>	<div><div>Cognitive</div><div>Discovery Learning</div><div>Emotional & Expressive Arts</div><div>Entertainment</div><div>Grab Your Passport</div><div>Outing/Community</div><div>Outings</div><div>Physical</div><div>Social</div><div>Spiritual</div><div>Therapeutic</div></div>	<div><div>ENRICHEDLIFE</div><div>AN ASSISTED LIVING LIFESTYLE</div></div>	<div>1</div> <div><div>9:30</div><div>Walking Club [CR]</div><div>10:30</div><div>Outing: The Hash House [VT]</div><div>1:00</div><div>Knit-Wits Club [P]</div><div>2:00</div><div>Entertainment: Josh Farley Magician [CR]</div><div>3:30</div><div>Family Feud [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>2</div> <div><div>10:00</div><div>Art With Amy [CA]</div><div>10:30</div><div>Rummikub [P]</div><div>1:00</div><div>Matinee Movie: Driving Miss Daisy [TH]</div><div>2:30</div><div>Entertainment: Noah Lis [CR]</div><div>3:30</div><div>Van to Mass [VT]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	
<div>3</div> <div><div>10:00</div><div>Chalice Of Salvation 4th Floor [TH]</div><div>10:30</div><div>Rummikub 1st Floor [P]</div><div>2:30</div><div>Sunday Sundaes [JK]</div><div>3:30</div><div>Protestant Worship Service with Rev. Miriam 1st Floor [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>4</div> <div><div>Summer Road Trip (GYP) Maine</div><div>9:30</div><div>Exercise with Becca [CR]</div><div>10:30</div><div>Variety Game Show</div><div>1:00</div><div>Edible light House Craft [CA]</div><div>1:30</div><div>Vermont Documentary [TH]</div><div>2:00</div><div>Explore Acadia National Park [TH]</div><div>3:15</div><div>Entertainment: Jimmy Mazz [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>5</div> <div><div>9:30</div><div>Breakfast Club: Maine Blueberry Tea & Coffee with Donuts [JK]</div><div>10:30</div><div>Chair Yoga [CR]</div><div>1:00</div><div>Collage Journal Craft [CA]</div><div>1:00</div><div>St. Mary's Church Communion [CH]</div><div>2:30</div><div>Maine vs Connecticut Lobster Roll Demo [JK]</div><div>3:30</div><div>Light Houses of New England [TH]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>6</div> <div><div>9:00</div><div>Errands [VT]</div><div>9:30</div><div>Drum Exercise [CR]</div><div>10:45</div><div>Wii Bowling [4CR]</div><div>1:30</div><div>The Story of Maine Documentary [TH]</div><div>2:30</div><div>Poppin Fresh Day: Celebrate the Pillsbury Dough Boy [JK]</div><div>3:15</div><div>Entertainment: Musically Married [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>7</div> <div><div>9:30</div><div>Barre Exercise [CR]</div><div>10:00</div><div>Catholic Prayer Service [CH]</div><div>1:30</div><div>Catholic Rosary [CH]</div><div>2:00</div><div>Jordan Pond Popovers [JK]</div><div>3:00</div><div>Maine Themed Happy Hour [CA]</div><div>6:45</div><div>Pitch [CA]</div></div>	<div>8</div> <div><div>9:30</div><div>Walking Club [CR]</div><div>10:30</div><div>Sand Art Craft [CA]</div><div>1:00</div><div>Knit-Wits Club [P]</div><div>3:15</div><div>Entertainment: Matthew Bussell [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>9</div> <div><div>9:30</div><div>Weight Lifting (exercise) [CR]</div><div>10:30</div><div>Pokeno [CA]</div><div>1:30</div><div>Phase 10 (Card Game) [P]</div><div>3:30</div><div>Van to Mass [VT]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>
<div>10</div> <div><div>10:00</div><div>Chalice Of Salvation 4th Floor [TH]</div><div>10:30</div><div>Rummikub 1st Floor [P]</div><div>1:30</div><div>Entertainment: Nashville Cats [CR]</div><div>2:30</div><div>Sunday Sundaes [JK]</div><div>3:30</div><div>Protestant Worship Service with Rev. Miriam 1st Floor [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>11</div> <div><div>Summer Road Trip (GYP) to Vermont & New Hampshire</div><div>9:30</div><div>Exercise with Becca [CR]</div><div>10:00</div><div>Westfield Bank [P]</div><div>10:30</div><div>Variety Game Show [TH]</div><div>1:00</div><div>Vermont Documentary [TH]</div><div>2:00</div><div>Cooking Demo: Vermonter Sandwiches [JK]</div><div>3:30</div><div>New Hampshires Cog Rail Way [TH]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>12</div> <div><div>9:30</div><div>Breakfast Cliub: King Arthur Flour Scones [JK]</div><div>10:30</div><div>Chair Yoga [CR]</div><div>1:00</div><div>St. Mary's Church Communion [CH]</div><div>2:30</div><div>Star Awards Nomination Ceremony [CR]</div><div>3:30</div><div>Apple Cider Slushie Social [C]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>13</div> <div><div>9:00</div><div>Errands [VT]</div><div>9:30</div><div>Drum Exercise [CR]</div><div>10:45</div><div>Wii Bowling [4CR]</div><div>1:00</div><div>Therapy Dogs [CR]</div><div>2:00</div><div>Ben & Jerry's Ice Cream Tasting [CA]</div><div>3:00</div><div>Welcome New Resident Social [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>14</div> <div><div>9:30</div><div>Barre Exercise [CR]</div><div>10:00</div><div>Catholic Prayer Service [CH]</div><div>10:30</div><div>The White and The Green Mountains [TH]</div><div>1:00</div><div>BP Clinic [CR]</div><div>1:30</div><div>Catholic Rosary [CH]</div><div>2:00</div><div>Discover Vermont [TH]</div><div>2:00</div><div>Entertainment: Combo Compact [CR]</div><div>3:00</div><div>Vermont & New Hampshire themed Happy Hour [CA]</div><div>6:45</div><div>Pitch [CA]</div></div>	<div>15</div> <div><div>9:30</div><div>Walking Club [CR]</div><div>10:30</div><div>Outing to the Vermont Country Store [VT]</div><div>1:00</div><div>Knit-Wits Club [P]</div><div>2:00</div><div>New Hampshire Documentary [TH]</div><div>3:00</div><div>Entertainment: Irving Lewis [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>16</div> <div><div>9:30</div><div>Weight Lifting (exercise) [CR]</div><div>10:30</div><div>Bingo [CA]</div><div>2:00</div><div>Kings in the Corners [P]</div><div>3:30</div><div>Van to Mass [VT]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>
<div>17</div> <div><div>10:00</div><div>Chalice Of Salvation 4th Floor [TH]</div><div>10:30</div><div>Rummikub 1st Floor [P]</div><div>2:00</div><div>Lifetime Achievement [CR]</div><div>2:30</div><div>Sunday Sundaes [JK]</div><div>3:30</div><div>Protestant Worship Service with Rev. Miriam 1st Floor [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>18</div> <div><div>Summer Road Trip (GYP) Connecticut</div><div>9:30</div><div>Exercise with Becca [CR]</div><div>10:30</div><div>Variety Game Show [TH]</div><div>1:00</div><div>Activity Committee Meeting [CR]</div><div>2:00</div><div>Crayon Art Project [CA]</div><div>3:30</div><div>Taste of the World [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>19</div> <div><div>9:30</div><div>Pancake Demo [JK]</div><div>10:30</div><div>Chair Yoga [CR]</div><div>1:00</div><div>St. Mary's Church Communion [CH]</div><div>1:30</div><div>The History behind the Harkness Family [TH]</div><div>2:30</div><div>Celebrate National Potato Day [JK]</div><div>6:00</div><div>Drive In Movie Day [C]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>20</div> <div><div>9:00</div><div>Errands [VT]</div><div>9:30</div><div>Drum Exercise [CR]</div><div>10:45</div><div>Wii Bowling [4CR]</div><div>1:30</div><div>Chopped Cooking Demo Joe Vs Becca Rematch [JK]</div><div>3:15</div><div>Entertainment: Eddie Forman [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>21</div> <div><div>9:30</div><div>Barre Exercise [CR]</div><div>10:00</div><div>Catholic Prayer Service [CH]</div><div>10:30</div><div>Historical People From Connecticut [TH]</div><div>1:30</div><div>Catholic Rosary [CH]</div><div>2:00</div><div>Food Committee Meeting [CR]</div><div>2:00</div><div>Men's Group [P]</div><div>3:00</div><div>Happy Hour [CA]</div><div>6:45</div><div>Pitch [CA]</div></div>	<div>22</div> <div><div>9:30</div><div>Walking Club [CR]</div><div>10:00</div><div>Outing to the Pez Visitors Center and Lunch [VT]</div><div>1:00</div><div>Knit-Wits Club [P]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>23</div> <div><div>9:30</div><div>Weight Lifting (exercise) [CR]</div><div>10:30</div><div>Pokeno [CA]</div><div>2:00</div><div>Poker [P]</div><div>3:30</div><div>Van to Mass [VT]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>
<div>24</div> <div><div>10:00</div><div>Chalice Of Salvation 4th Floor [TH]</div><div>10:30</div><div>Rummikub 1st Floor [P]</div><div>1:30</div><div>Entertainment: Steve Cherette [CR]</div><div>2:30</div><div>Sunday Sundaes [JK]</div><div>3:30</div><div>Protestant Worship Service with Rev. Miriam 1st Floor [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>25</div> <div><div>Summer Road Trip (GYP) Rhode Island</div><div>9:30</div><div>Exercise with Becca [CR]</div><div>10:30</div><div>Garden Club with Jeff [CA]</div><div>10:30</div><div>Outing to Frank Pepes and Tour of Historic Weathersfield [VT]</div><div>2:00</div><div>Jewelry Repair [CH]</div><div>3:15</div><div>Entertainment: Carlos Odria [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>26</div> <div><div>9:30</div><div>Rhode islands State Fruit Casserole [JK]</div><div>10:30</div><div>Chair Yoga [CR]</div><div>1:00</div><div>St. Mary's Church Communion [CH]</div><div>1:30</div><div>Discover the History behind the Newport Mansions [TH]</div><div>2:30</div><div>Rhode Island Cooking Demo [JK]</div><div>3:30</div><div>Water Balloon Toss [C]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>27</div> <div><div>9:00</div><div>Errands [VT]</div><div>9:30</div><div>Drum Exercise [CR]</div><div>10:45</div><div>Wii Bowling [4CR]</div><div>2:00</div><div>Resident Birthday Party [DR]</div><div>3:15</div><div>Entertainment: Elderly Brothers [CR]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>28</div> <div><div>9:30</div><div>Barre Exercise [CR]</div><div>10:00</div><div>Catholic Prayer Service [CH]</div><div>1:30</div><div>Catholic Rosary [CH]</div><div>2:00</div><div>Resident Council Meeting [CR]</div><div>3:00</div><div>Happy Hour [CA]</div><div>6:45</div><div>Pitch [CA]</div></div>	<div>29</div> <div><div>9:30</div><div>Walking Club [CR]</div><div>10:30</div><div>Beach Coaster Craft [CA]</div><div>1:00</div><div>Knit-Wits Club [P]</div><div>2:00</div><div>Dels Lemonade Social [C]</div><div>3:30</div><div>Satchmo Fest [C]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>	<div>30</div> <div><div>9:30</div><div>Weight Lifting (exercise) [CR]</div><div>10:30</div><div>Phase 10 (Card Game) [P]</div><div>2:00</div><div>Bingo [CA]</div><div>3:30</div><div>Van to Mass [VT]</div><div>6:30</div><div>After Dinner Movie 4th Floor [TH]</div></div>

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