

# August 2025

## Armbrook Compass Memory Support Neighborhood

created with 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>August cont'd</div> <div>31</div> <div><div>10:00</div><div>Chalice Of Salvation</div><div>11:00</div><div>Sunday Stretch</div><div>1:30</div><div>Reading 2 Connect</div><div>2:00</div><div>Table Games</div><div>3:30</div><div>Fab, Fit &amp; Fun</div><div>4:15</div><div>Finish the Phrase</div><div>6:00</div><div>Sunday Concert</div></div>	<div>Notes</div> <div><div>Armbrook VILLAGE</div><div>A SENIOR LIVING RESIDENCE</div></div>	<div><div>Cognitive</div><div>Emotional &amp; Expressive Arts</div><div>Entertainment</div><div>Grab Your Passport</div><div>Outings</div><div>Physical</div><div>Social</div><div>Spiritual</div></div>	<div><div>Compass</div><div>MEMORY SUPPORT NEIGHBORHOOD</div></div>	<div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Fit and Fabulous</div><div>11:30</div><div>Good News!</div><div>1:00</div><div>Cheerful Trekkers Group</div><div>2:00</div><div>Bonkers!</div><div>3:00</div><div>Root Beer Float Happy Hour</div><div>4:00</div><div>Balloon Volleyball</div><div>6:00</div><div>Romantic Comedy Movie Night</div></div>	<div><div>1</div><div>10:30</div><div>Mixed Bag Exercise</div><div>11:30</div><div>Brain Games</div><div>1:30</div><div>Nail Salon</div><div>1:30</div><div>Small Tables</div><div>3:00</div><div>Saturday Snack</div><div>3:30</div><div>Target Ball</div><div>4:00</div><div>Music &amp; Memories</div><div>6:00</div><div>Saturday Movie</div></div>	
<div>3</div> <div><div>10:00</div><div>Chalice Of Salvation</div><div>11:00</div><div>Sunday Stretch</div><div>1:30</div><div>Reading 2 Connect</div><div>2:00</div><div>Table Games</div><div>3:00</div><div>Sunday Sundaes</div><div>3:30</div><div>Fab, Fit &amp; Fun</div><div>4:15</div><div>Finish the Phrase</div><div>6:00</div><div>Sunday Concert</div></div>	<div>4</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Monday Sweat Fest</div><div>11:30</div><div>Memory Co.</div><div>2:00</div><div>Music w/ the Nobles</div><div>3:30</div><div>Dog Matching Game (R)</div><div>4:30</div><div>Book Club James Herriot (R)</div><div>6:00</div><div>Doggone Enjoyable Songs (R)</div></div>	<div>5</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Be Fit &amp; Factual</div><div>11:30</div><div>Brain Games</div><div>1:45</div><div>Yoga Dance w/ Renee</div><div>3:30</div><div>Puposeful Paws- Dog Jobs (R)</div><div>4:30</div><div>Afternoon Stretch</div><div>6:00</div><div>MGM Musical Night</div></div>	<div>6</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Yoga &amp; Tai Chi</div><div>11:30</div><div>Morning Reflection</div><div>2:00</div><div>Orlen, Gabriel &amp; Avery Music</div><div>3:30</div><div>Floor Hockey</div><div>4:00</div><div>Lucky Dog Card Game (R)</div><div>6:00</div><div>Disney Sing Along</div></div>	<div>7</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Sculpt &amp; Shine Exercise</div><div>11:30</div><div>What Am I? (R)</div><div>1:30</div><div>Cookie Ba(r)king (R)</div><div>2:30</div><div>BINGO (R)</div><div>4:00</div><div>Fact or Fiction (R)</div><div>6:00</div><div>In Tune with Nature</div></div>	<div>8</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Fit and Fabulous</div><div>11:30</div><div>Good News!</div><div>1:30</div><div>Color Me Happy</div><div>2:00</div><div>Movie Matinee</div><div>4:00</div><div>Toss A Tune</div><div>6:00</div><div>Romantic Comedy Movie Night</div></div>	<div>9</div> <div><div>10:30</div><div>Mixed Bag Exercise</div><div>11:30</div><div>Brain Games</div><div>1:30</div><div>Nail Salon</div><div>2:00</div><div>Music Therapy w/ Emily</div><div>3:00</div><div>Saturday Snack</div><div>3:30</div><div>Balloon Volleyball</div><div>4:00</div><div>Music &amp; Memories</div><div>6:00</div><div>Saturday Movie</div></div>
<div>10</div> <div><div>10:00</div><div>Chalice Of Salvation</div><div>11:00</div><div>Sunday Stretch</div><div>1:30</div><div>Reading 2 Connect</div><div>2:00</div><div>Table Games</div><div>3:00</div><div>Sunday Sundaes</div><div>3:30</div><div>Fab, Fit &amp; Fun</div><div>4:15</div><div>Finish the Phrase</div><div>6:00</div><div>Sunday Concert</div></div>	<div>11</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Monday Sweat Fest</div><div>11:30</div><div>Memory Co.</div><div>1:15</div><div>Hobby Shop</div><div>2:00</div><div>BINGO</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>4:30</div><div>Book Club</div><div>6:00</div><div>Music Appreciation w/ Callie</div></div>	<div>12</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Be Fit &amp; Factual</div><div>2:00</div><div>Puffy Ice Cream Cone Painting (R)</div><div>3:15</div><div>Ding Dong Cart (R)</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>4:30</div><div>How It's Made (R)</div><div>6:00</div><div>MGM Musical Night</div></div>	<div>13</div> <div><div>Happy Birthday, Florence!</div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Barre Exercise</div><div>11:30</div><div>What's the Scoop? (R)</div><div>2:00</div><div>Outing to Sheldon's (R)</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>5:45</div><div>Evening Sing and Stretch w/ Lee-Ann</div></div>	<div>14</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Sculpt &amp; Shine Exercise</div><div>11:30</div><div>What Am I?</div><div>1:00</div><div>Reading 2 Connect</div><div>2:00</div><div>Crafting Corner</div><div>3:30</div><div>Cheerful Trekkers Group</div><div>4:00</div><div>Name That Tune</div><div>6:00</div><div>In Tune with Nature</div></div>	<div>15</div> <div><div>9:30</div><div>Morning Chat</div><div>10:15</div><div>Friday Fitness</div><div>11:00</div><div>Music w/ Frank S.</div><div>1:30</div><div>Ice Cream Games (R)</div><div>3:00</div><div>Sundae Toppings Bar (R)</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>6:00</div><div>Romantic Comedy Movie Night</div></div>	<div>16</div> <div><div>10:30</div><div>Mixed Bag Exercise</div><div>11:30</div><div>Brain Games</div><div>1:30</div><div>Nail Salon</div><div>1:30</div><div>Small Tables</div><div>3:00</div><div>Saturday Snack</div><div>3:30</div><div>Balloon Volleyball</div><div>4:00</div><div>Music &amp; Memories</div><div>6:00</div><div>Saturday Movie</div></div>
<div>17</div> <div><div>10:00</div><div>Chalice Of Salvation</div><div>11:00</div><div>Sunday Stretch</div><div>1:30</div><div>Reading 2 Connect</div><div>2:00</div><div>Table Games</div><div>3:00</div><div>Sunday Sundaes</div><div>3:30</div><div>Fab, Fit &amp; Fun</div><div>4:15</div><div>Finish the Phrase</div><div>6:00</div><div>Sunday Concert</div></div>	<div>18</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Monday Sweat Fest</div><div>11:30</div><div>Vacation Memories (R)</div><div>2:00</div><div>BINGO (R)</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>4:30</div><div>Mapping Our Vacation Spots (R)</div><div>6:00</div><div>Music Appreciation w/ Callie</div></div>	<div>19</div> <div><div>9:30</div><div>Morning Chat</div><div>10:15</div><div>Be Fit &amp; Factual</div><div>11:00</div><div>Sarah the Fiddler</div><div>1:45</div><div>Yoga Dance w/ Renee</div><div>3:00</div><div>Melon Fruit Salad</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>4:30</div><div>Book Club</div><div>6:00</div><div>MGM Musical Night</div></div>	<div>20</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Barre Exercise</div><div>11:30</div><div>Brain Teasers</div><div>12:00</div><div>Lunch Outing</div><div>1:00</div><div>Sensing the Seashore (R)</div><div>2:00</div><div>Lifetime Achievement</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>4:30</div><div>Day Tripping in New England (R)</div><div>5:45</div><div>Evening Sing and Stretch w/ Lee-Ann</div></div>	<div>21</div> <div><div>GYP Canada</div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Sculpt &amp; Shine Exercise</div><div>11:30</div><div>Oh, Canada!</div><div>1:00</div><div>Baking Bannock</div><div>2:00</div><div>Canadian Immigration to Western MA</div><div>4:00</div><div>Floor Hockey</div><div>4:30</div><div>Canadian Musical Imports</div><div>6:00</div><div>Anne of Green Gables</div></div>	<div>22</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Barre Exercise</div><div>11:30</div><div>Good News!</div><div>1:30</div><div>Travel Poster Puzzles (R)</div><div>2:00</div><div>Baking Blueberries (R)</div><div>3:00</div><div>Camping Memories (R)</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>6:00</div><div>Romantic Comedy Movie Night</div></div>	<div>23</div> <div><div>10:30</div><div>Mixed Bag Exercise</div><div>11:30</div><div>Brain Games</div><div>1:30</div><div>Nail Salon</div><div>1:30</div><div>Small Tables</div><div>3:00</div><div>Saturday Snack</div><div>3:30</div><div>Balloon Volleyball</div><div>4:00</div><div>Music &amp; Memories</div><div>6:00</div><div>Saturday Movie</div></div>
<div>24</div> <div><div>10:00</div><div>Chalice Of Salvation</div><div>11:00</div><div>Sunday Stretch</div><div>1:30</div><div>Reading 2 Connect</div><div>2:00</div><div>Table Games</div><div>3:00</div><div>Sunday Sundaes</div><div>3:00</div><div>Sunday Sundaes</div><div>3:30</div><div>Fab, Fit &amp; Fun</div><div>4:15</div><div>Finish the Phrase</div><div>6:00</div><div>Sunday Concert</div></div>	<div>25</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Monday Sweat Fest</div><div>11:30</div><div>Memory Co.</div><div>1:00</div><div>Color Me Happy</div><div>2:00</div><div>BINGO (R)</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>4:30</div><div>Book Club (R)</div><div>6:00</div><div>Music Appreciation w/ Callie</div></div>	<div>26</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Exercise Down the Road (R)</div><div>1:30</div><div>Who am I? (R)</div><div>2:00</div><div>Over the Rainbow Cupcakes (R)</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>4:30</div><div>Melodies of the Wizard (R)</div><div>6:00</div><div>Wizard of Oz (R)</div></div>	<div>27</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Barre Exercise</div><div>11:30</div><div>Brain Teasers</div><div>1:00</div><div>Mystery Outing</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>4:30</div><div>The March on Washington</div><div>5:45</div><div>Disney Sing Along</div></div>	<div>28</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Sculpt &amp; Shine Exercise</div><div>11:30</div><div>What Am I? (R)</div><div>2:00</div><div>Designing Bookmarks (R)</div><div>3:00</div><div>Remembering Children's Books (R)</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>6:00</div><div>In Tune with Nature</div></div>	<div>29</div> <div><div>9:30</div><div>Morning Chat</div><div>10:30</div><div>Barre Exercise</div><div>11:30</div><div>Good News!</div><div>1:00</div><div>Hobby Shop</div><div>2:00</div><div>Bowling</div><div>3:00</div><div>Peachy Keen Happy Hour</div><div>4:00</div><div>Cheerful Trekkers Group</div><div>6:00</div><div>Romantic Comedy Movie Night</div></div>	<div>30</div> <div><div>10:30</div><div>Mixed Bag Exercise</div><div>11:30</div><div>Brain Games</div><div>1:30</div><div>Nail Salon</div><div>1:30</div><div>Small Tables</div><div>3:00</div><div>Saturday Snack</div><div>3:30</div><div>Balloon Volleyball</div><div>4:00</div><div>Music &amp; Memories</div><div>6:00</div><div>Saturday Movie</div></div>

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