## August 2025 **Compass East** Sunday Monday Tuesday Wednesday Thursdav Friday Saturday 10:00 PrimeFit Easy Aerobics August cont'd 10:00 PrimeFit Sit and Reach Notes 10:45 Would You Rather? 10:45 True of False? Cognitive 12:30 Daily Chronicle 12:30 Daily Chronicle **International Day of Peace** 1:15 Book Club 1:15 TikTok Games 10:00 Strength & Stretch Emotional & Expressive Arts 2:00 Friday Social 2:30 Social & Snack 10:00 Sunday Televised Mass Entertainment 3:00 Board Games, Card Games & Puzzles 3:00 Balloon Tennis 10:45 Armchair Travels with RCAs 4:00 Afternoon Music 12:30 Daily Chronicle Outing/Community 4:00 Sing Along 5:00 Resident Choice Movie 1:15 Women's Group With Christine Physical 5:00 Resident Choice Movie MEMORY SUPPORT 2:30 Social & Snack 3:00 Afternoon Meditation & Stretching A SENIOR LIVING RESIDENCE (SLR) Social **NEIGHBORHOOD** 4:00 Cranium Busters Spiritual 5:00 Resident Choice Movie 10:00 PrimeFit Easy Aerobics 10:45 Reminiscina 10:00 HasFit Exercise Birthday Bash **National Watermelon Day** 10:00 PrimeFit Easy Aerobics 10:00 PrimeFit Easy Weights National Happiness Day 9 10:45 Name That Elvis Tune (R) 10:45 Elvis Sing Along (R) 10:00 Strength & Stretch 10:45 Elvis Trivia! (R) 10:00 PrimeFit Sit & Twist 10:00 PrimeFit Sit and Reach 12:30 Daily Chronicle 12:30 Daily Chronicle 12:30 Daily Chronicle Conversations 10:45 Who Said It? Finish the 10:00 Sunday Televised Mass 10:45 True of False? 1:15 Elvis Presley (R) Arts & Crafts With 12:30 Daily Chronicle 1:00 Cardio Comedy W Wayne 1:00 Gardening Club 10:45 Armchair Travels - Graceland (R) Line 12:30 Daily Chronicle 1:15 Cooking Club 12:30 Daily Chronicle 2:00 Elvis' Many Careers: Military, Movies, Australia 1:15 Book Club 2:00 Add a Vowel Word Game 12:30 Daily Chronicle & Music (R) 2:00 Games and Music 2:30 Social & Snack 1:15 Women's Group With Christine 3:15 The Early Life of Elvis Presley (R) 1:00 Joe Malone Presents on West 2:00 Elvis Sandwich Social (R) 3:00 Mani's & Hand Massages 3:15 Elvis Presley: Later Life (R) 4:00 Classic Jokes 2:00 Outdoor Sports & Games 3:00 Velcro Darts 3:00 Board Games, Card Games & Puzzles 2:30 Social & Snack 4:00 You Be the Judge 4:00 Wheel of Fortune! 4:00 Afternoon Music 5:00 Comedy Movie Club 3:00 Family Feud 3:00 Afternoon Meditation & Stretching with RCAs 4:00 Move and Groove Dance Break 5:00 Best of Dick Van Dyke 6:00 Concert on the Lawn Presents Tim 4:00 Sing Along 5:00 Resident Choice Movie 4:00 Cranium Busters **Perry Rocks** 5:00 Resident Choice Movie 5:00 Movie Classics 5:00 Resident Choice Movie 10:00 HasFit Exercise 10:00 PrimeFit Easy Aerobics Hindu - Krishna Janmashtami 16 10:00 Strength & Stretch Jim Kelly's Birthday 10:00 PrimeFit Easy Weights **The Compass Games** 10:00 Sunday Televised Mass 10:45 📕 Greek Trivia! (R) 10:45 What / Who Am I? Greece 10:00 PrimeFit Sit & Twist 10:45 Sing Along 10:00 PrimeFit Sit and Reach National Tell A Joke Day 10:45 Who Said It? Finish the 10:45 Armchair Travels - Greece 12:30 Daily Chronicle 12:30 Daily Chronicle 10:45 True of False? 10:00 PrimeFit Easy Aerobics 12:30 Daily Chronicle 1:00 Cardio Comedy W Wayne 1:15 Olympic (R) Arts & Crafts With 1:00 The Compass Games 10:45 Jokes Jokes Jokes �� 12:30 Daily Chronicle 1:00 Gardening Club 2:00 Words within Words 12:30 Daily Chronicle Australia 2:00 The Compass Games 12:30 Daily Chronicle 1:15 Women's Group With Christine 2:00 Olympic Symbols & Ceremonies (R) 3:15 Ancient Olympics - History & Games 2:00 Games and Music 1:00 Walking Club 3:00 The Compass Games 1:15 TikTok Games 2:30 Social & Snack 3:00 Mani's & Hand Massages 3:15 Olympic Games (R) 2:00 Outdoor Sports & Games 4:00 Sing Along 2:30 Social & Snack 3:00 Afternoon Yoga 4:00 Classic Jokes 4:00 Finish the Line 4:00 Wheel of Fortune! 3:00 Family Feud 5:00 The Compass Games Staff Beach 3:00 Bean Bag Tic-Tac-Toe 5:00 Best of Lucile Ball 5:00 Comedy Movie Club 6:00 Concert on the Lawn Presents 4:00 Cranium Busters 4:00 Afternoon Tai Chi Volleyball Game 4:00 Afternoon Music **Gregory Peters** 5:00 Resident Choice Movie 5:00 Movie Classics 5:00 Resident Choice Movie Jim O'Connor's Birthday **Brooks' 80th Birthday** 10:00 HasFit Exercise **World Humanitarian Day** Senior Citizen's Day More Herbs Less Salt Day Rosanne's Birthday 10:45 Movie Jeopardy Trivia! (R) 10:00 PrimeFit Easy Aerobics 10:00 PrimeFit Sit & Twist 10:00 PrimeFit Sit and Reach 10:00 PrimeFit Easy Aerobics **National Massachusetts Day** 10:00 PrimeFit Easy Weights 12:30 Daily Chronicle 10:45 Guess the Movie Plot (R) 10:45 Who Said It? Famous 10:45 Sing Along - Movie Scores 10:45 True of False? 10:45 Reminiscing 10:00 Strength & Stretch 1:00 Cardio Comedy W Wayne Conversations Movie Quotes (R) 12:30 Daily Chronicle 12:30 Daily Chronicle 10:00 Sunday Televised Mass 2:00 Word Scramble 12:30 Daily Chronicle 12:30 Daily Chronicle 12:30 Daily Chronicle 1:00 Gardening Club 1:15 Book Club 10:45 Armchair Travels - Car Hops (R) 3:15 The History of Drive-Ins (R) 1:15 Popcorn Mosaic (R) Arts & Crafts With 1:00 Walking Club 1:15 Cooking Club 2:00 The Movies: B&W to Talkies(R) 2:00 Movie Night Snack Social (R) 12:30 Daily Chronicle 1:15 Women's Group With Christine 4:00 Classic Jokes 2:00 Outdoor Sports & Games Australia 2:30 Social & Snack 3:00 Mani's & Hand Massages 3:00 Board Games, Card Games & Puzzles 2:00 Games and Music 5:00 Comedy Movie Club 4:00 You Be the Judge 3:00 Family Feud with RCAs 3:00 Chair Dance 2:30 Social & Snack 4:00 Move and Groove Dance Break 3:15 Famous Actors of the Big Screen (R) 4:00 Sing Along 4:00 Afternoon Music 3:00 Afternoon Meditation & Stretching 5:00 Best of Dick Van Dyke 5:00 Drive-In Outdoor Movie Night (R) 4:00 Wheel of Fortune! 5:00 Resident Choice Movie 5:00 Resident Choice Movie 4:00 Cranium Busters 6:00 Concert on the Lawn Presents Frank 5:00 Resident Choice Movie 10:00 Strength & Stretch 10:00 HasFit Exercise Women's Equality Day GYP Road Trip Canada Australia's Birthday Yolanda's 102nd Birthday 10:00 PrimeFit Easy Aerobics 10:00 Sunday Televised Mass 10:45 Would You Rather? 10:45 Jeopardy Trivia! 10:00 PrimeFit Sit & Twist 10:00 PrimeFit Easy Aerobics 10:00 PrimeFit Easy Weights 10:00 PrimeFit Sit and Reach 10:45 Armchair Travels - Ice 12:30 Daily Chronicle 10:45 Sing Along 10:45 Fun Facts About Ice Cream 12:30 Daily Chronicle 10:45 What / Who Am I? - A-Z Ice 10:45 GYP Road Trip Canada 1:00 Cardio Comedy W Wayne Cream Factory (R) 1:15 TikTok Games Cream Flavors (R) 12:30 Daily Chronicle 12:30 Daily Chronicle 12:30 Daily Chronicle 2:00 Word That Start With 12:30 Daily Chronicle 2:30 Social & Snack 12:30 Daily Chronicle 1:00 Walking Club 1:15 Arts & Crafts With Australia 1:15 Women's Group With Christine 3:15 The History of Ice Cream (R) 1:00 Gardening Club 2:00 | Ice Cream Making (R) 1:15 Book Club 3:00 Balloon Tennis 2:00 Games and Music 2:30 Social & Snack 4:00 Afternoon Music 4:00 Classic Jokes 2:00 Who Invented the Ice Cream Cone? 3:00 Family Feud 3:15 Ice Cream Parlors & Shops (R) 2:00 lce Cream Social (R) 3:00 Afternoon Yoga 5:00 Comedy Movie Club 4:00 Afternoon Tai Chi 3:00 Board Games, Card Games & Puzzles 5:00 Resident Choice Movie 4:00 Wheel of Fortune! 3:00 Mani's & Hand Massages 4:00 Cranium Busters with RCAs 5:00 Movie Classics 6:00 Concert on the Lawn Presents Richie 5:00 Resident Choice Movie 4:00 Finish the Line 4:00 Sing Along Bern 5:00 Best of Lucile Ball 5:00 Resident Choice Movie Continued at top