March 2024 EnrichedLIFE Assisted Living						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
P:30 Rosary Group Televised on Cable 268 10:00 Catholic Mass Televised on Cable 268 12:00 Bible Study Materials Available 1:15 Exercise With Tom 2:00 Musical Movement With Tom! 3:00 Board Games With Tom 3:00 Easter Concert 5:30 Discovery Learning & Brain Games With Tom 6:30 Reader's Theater/Poetry With Tom	CONCORD PARK A VOLUNTEERS OF AMERICA SENIOR COMMUNITY	68 Commonwealth Ave Concord, MA 01742 (978) 369-4728	Cognitive Emotional & Expressive Arts Entertainment Outing Physical Social Spiritual	ENRICHED LIFE AN ASSISTED LIVING LIFESTYLE	,	10:00 Games with Krissy! 10:15 Exercise With Tom 11:30 Brain Games With Tom 1:00 Music History Presentation and Discussion With Tom 3:00 Discussion: History of the Day 3:30 Walking Group With Tom (Meet at front door) 5:50 Saturday Night Movie!
9:30 Rosary Group Televised on Cable 268 10:00 Catholic Mass Televised on Cable 268 12:00 Bible Study Materials Available 1:00 Communion with Rita from Holy Family 1:15 Exercise With Tom 2:00 Musical Movement With Tom! 3:00 Board Games With Tom 5:30 Discovery Learning & Brain Games With Tom 6:30 Reader's Theater/Poetry With Tom	9:30 Daily Chronicle 11:00 Hollywood Documentary 1:00 Board Games Available 3:30 CCHS Students Visit! 5:00 Monday Night Movie Shown (Go to Supper at 4:00)	9:30 Daily Chronicle 10:00 Eric Baldwin Performs! 12:30 Word Search Puzzles 1:00 St. Patrick's Day Art Project 1:30 Scrabble with Krissy 3:00 Documentary shown 5:00 Tuesday Night Movie Early (Go to Supper at 4:00)!	9:30 Current Events with Joanne 10:30 BINGO! with Krissy 10:30 Exercise and Stretching Video 11:30 Brain Game Videos 1:30 Flower Arranging 2:30 Knitting Group 5:00 "The Crown" Early on Netflix (Go to Supper at 4:00)!	9:30 Exercise with Sharon 10:30 Daily Chronicle and Horoscopes 11:00 Word Game Handouts 1:30 Afternoon Movie 3:00 Happy Hour Social 5:00 Nature Documentary Early (Go to Supper at 4:00)	9:30 Daily Chronicle 10:00 Horoscopes Review 12:30 Biography 1:30 Board Boggle 2:30 DJ John Kelly Sings! 5:00 Friday Movie Time (Go to supper at 4:00)!	9:30 Exercise and Stretching Video 10:00 Games with Krissy! 11:30 Puzzle Packets Available at Front Desk 1:15 Sing-a-long Music Videos 1:30 Saturday Afternoon Movie 2:30 History of the Day Packet Available at the Front Desk 5:50 Saturday Night Movie!
Paylight Saving Time Begins 9:30 ■ Rosary Group Televised on Cable 268 10:00 ■ Catholic Mass Televised on Cable 268 12:00 ■ Bible Study Materials Available 1:15 ■ Exercise and Stretching Video 2:00 ■ Sunday Afternoon Documentaries 3:00 ■ Board Games Available 5:50 ■ Sunday Night Movie!		9:30 Daily Chronicle 10:30 Dance Therapy w/ lvy 11:00 Crossword Puzzles 2:00 "The Magic of Ireland" Musical Performance 2:00 Bible Study with Chaplain Tom in The Dining Room Extension. 3:00 Tea Time Social! 5:50 Tuesday Night Movie!	9:30 Current Events with Joanne 10:30 Exercise With Tom 11:30 Brain Games With Tom 1:30 Flower Arranging 2:30 Stick Around Knitting/ Needlework 5:50 The Crown" on Netflix!	9:30 Exercise with Sharon 10:30 Daily Chronicle and Horoscopes 12:30 Trip to Groton Hill Music Center 3:00 Happy Hour Social 4:00 Evan's Tech Help 5:50 Nature Documentary	9:30 Daily Chronicle 10:00 Horoscopes Review 11:00 Name That TV Tune 12:30 Word in a Word 1:30 Trivia Challenge 2:00 By Your Side Singing Group 3:00 St. Patrick's Day Party! 5:00 Friday Movie Time (Go to supper at 4:00)!	10:15 Exercise With Tom 11:30 Brain Games With Tom 1:15 Music History Presentation and Discussion With Tom 2:30 Discussion: History of the Day 3:30 Walking Group With Tom (Meet at front door) 5:50 Saturday Night Movie!
9:30 Rosary Group Televised on Cable 268 10:00 Catholic Mass Televised on Cable 268 10:00 Valery the Tap Dancer! 12:00 Bible Study Materials Available 1:15 Exercise With Tom 2:00 Musical Movement With Tom! 3:00 Board Games With Tom 5:30 Discovery Learning & Brain Games With Tom 6:30 Reader's Theater/Poetry With Tom	9:30 Daily Chronicle 11:00 Human Interest Documentary 1:00 Board Games Available 2:00 Yoga With Eileen! 3:30 CCHS Students Visit! 5:00 Monday Night Movie Shown (Go to Supper at 4:00)	9:30 Daily Chronicle 10:15 Exercise and Stretching 12:30 Word Search Puzzles 1:30 Scrabble with Krissy 2:00 Bible Study with Chaplain Tom in The Dining Room Extension. 3:00 Tea Time Social! 5:50 Tuesday Night Movie!	9:30 Current Events with Joanne 10:30 BINGO! with Krissy 10:30 Exercise With Tom 11:30 Brain Games With Tom 1:30 Flower Arranging 2:00 Reminscing Roundtable with Dawn 2:30 Stick Around Knitting/ Needlework 5:50 "The Crown" on Netflix!	9:30 Exercise with Sharon 10:30 Daily Chronicle and Horoscopes 11:00 Memory Lane 2:00 Resident Council Meeting 3:00 Happy Hour Social 4:00 Evan's Tech Help 5:50 Nature Documentary		10:00 Games with Krissy! 10:15 Exercise With Tom 11:30 Brain Games With Tom 1:15 Music Bingo 2:00 Ethan Stone on Piano 2:30 Discussion: History of the Day 3:30 Walking Group With Tom (Meet at front door) 5:50 Saturday Night Movie!
9:30 Rosary Group Televised on Cable 268 10:00 Catholic Mass Televised on Cable 268 12:00 Bible Study Materials Available 1:15 Exercise With Tom 3:00 Board Games With Tom 5:30 Discovery Learning & Brain Games With Tom 6:30 Sing-a-long With Tom!	9:30 Daily Chronicle 11:00 Health Documentary 1:00 Board Games Available 2:00 Yoga With Eileen! 3:30 CCHS Students Visit! 5:00 Monday Night Movie Shown (Go to Supper at 4:00)	9:30 Daily Chronicle 10:15 Exercise and Stretching 12:30 Crossword Puzzles 1:30 Scrabble with Krissy 2:00 Bible Study with Chaplain Tom in The Dining Room Extension. 3:00 Tea Time Social in Dining Room Extension 3:15 Resident Trip to Crosby's Marketplace/CVS 5:50 Tuesday Night Movie!	10:30 BINGO! with Krissy 10:30 Exercise With Tom 10:30 Pet Therapy: Golden Retriever with Jeff 11:30 Brain Games With Tom 1:30 BINGO! with Krissy in Dining Room Extension! 1:30 Flower Arranging 2:30 Stick Around Knitting/ Needlework 5:50 "The Crown" on Netflix!	9:30 Exercise with Sharon 10:30 Daily Chronicle and Horoscopes 11:00 Pictionary 3:00 Happy Hour Social 3:00 Jerry Hurley on Piano 5:50 Nature Documentary	Grab Your Passport/ France 9:30 Daily Chronicle 10:00 Horoscopes Review 11:00 Common French Words & Phrases 1:00 Brain Games 1:30 Grab your Passport to France 3:00 French Style Happy Hour! 5:00 Friday Movie Time (Go to supper at 4:00)!	10:00 Games with Krissy! 10:15 Exercise With Tom 11:30 Brain Games With Tom 1:15 Music History Presentation and Discussion With Tom 2:30 Discussion: History of the Day 3:30 Walking Group With Tom (Meet at front door) 5:50 Saturday Night Movie!