March 2024



EnrichedLife Monthly						with
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March cont'd 10:15 Weekend Review 10:30 Televised Mass 11:00 Zumba Gold 1:30 Walking Club 2:00 High Stakes Bingo 3:30 Refreshments 4:00 Name that Tune 6:00 Sunday Netflix	Ornerstone AT CANTON A SENIOR LIVING RESIDENCE (SLR)	175 Revere St Canton, MA 02021 (781) 821-3616	Cognitive Emotional & Expressive Arts Entertainment Outing / Community Physical Social Spiritual	ENRICHEDLIFE AN ASSISTED LIVING LIFESTYLE		10:15 Morning News 10:30 Low Impact Exercises 11:00 Discovery Learning 2:00 Uno, Scrabble or Rumikkub 3:30 Café Refreshments 4:00 Biography 6:00 PBS Special
	10:15 This Day in History 10:30 Strength Training w/ Sue 11:00 Rosary 2:00 Music & movement w/ Hillary 3:30 Monday Mocktails 4:00 AKA: Word Game 5:30 Biography	10:15 The Daily Chronicle 10:30 Mark West 1:00 St. John's Students 2:00 Disco party w/ Chris Waters 3:30 Refreshments 4:00 Discovery Learning 5:30 Movie	10:00 Blue Hills Students 10:30 Coffee & Donuts trip 11:00 Rosary 1:15 Deb Block presents 2:30 John Kelly 3:30 Happy Hour 4:00 Mindstretcher 5:30 Express Art w/ Anne Marie	10:30 Strength Training 11:00 Rosary 1:30 MemoryCo games 2:15 Hand Reflexology 3:30 Cafe Refreshments 4:00 Karaoke 5:30 Turner Classic Movie		10:15 Morning News 10:30 Low Impact Exercises 11:00 Discovery Learning 2:30 Matthew Wright 3:30 Café Refreshments 4:00 Biography 6:00 PBS Special
10:15 Weekend Review 10:30 Televised Mass 11:00 Zumba Gold 1:30 Walking Club 2:00 High Stakes Bingo 3:30 Refreshments 4:00 Name that Tune 6:00 Sunday Netflix	10:15 This Day in History 10:30 Art w/ Anne Marie 11:00 Rosary 1:30 Resident Council Meeting 2:00 Golden Moments 3:30 Monday Mocktails 4:00 AKA: Word Game 5:30 Biography	10:00 Massages w/ Kristen 10:15 Food Committee 10:30 Thera Band workout 1:30 MemoryCo games 2:00 Nicole Sings 3:30 Refreshments 4:00 Discovery Learning 5:30 Art w/ Anne Marie				10:15 Morning News 10:30 Low Impact Exercises 11:00 Discovery Learning 2:00 Uno, Scrabble or Rumikkub 3:30 Café Refreshments 4:00 Biography 6:00 PBS Special
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