

March 2024

Compass Memory Support Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>March cont'd</div> <div>31</div> <div>Easter</div> <div>Happy Birthday RCA Berengere Bourdeau!</div> <div>0:00 Morning Spirituality</div> <div>0:30 Balloon Volley</div> <div>1:00 Daily Chronicle</div> <div>2:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Movie</div>	Notes	<div>FORESTDALE PARK</div> <div>A VOLUNTEERS OF AMERICA SENIOR COMMUNITY</div>	<div>Clubs / Games</div> <div>Cognitive</div> <div>Community/Outing</div> <div>Emotional & Expressive Arts</div> <div>Entertainment</div> <div>Physical</div> <div>Social</div> <div>Spiritual</div> <div>Compass</div> <div>MEMORY SUPPORT</div> <div>BY SENIOR LIVING RESIDENCES SLR</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>1:30 Entertainment with Joe Malone!</div> <div>2:00 Bingo!</div> <div>4:00 Ocean Facts & Trivia (R)</div> <div>6:00 Movie</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Music & Stretch!</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Marine Animal Facts & Trivia (R)</div> <div>6:00 Documentary: Our Planet II (R)</div>	
<div>Ireland (R)</div> <div>3</div> <div>10:00 Morning Spirituality</div> <div>10:30 Balloon Volley</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Movie</div>	<div>Happy Birthday RCA Konjit Nigussie!</div> <div>Happy Birthday to Server Hollanda Villasson!</div> <div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle & Ireland (R) Discussion</div> <div>12:30 Bible Study with Chaplain Tom</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Irish Flag Making (R)</div> <div>4:00 Word Games & Trivia</div> <div>6:00 Virtual Concert</div>	<div>10:00 Morning Spirituality</div> <div>10:00 Training w/ Tufts</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Movie</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Painter's Corner</div> <div>4:00 Word Games & Trivia</div> <div>6:00 Ireland Documentary (R)</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Community Outing</div> <div>10:30 Music & Stretch!</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>2:00 Irish Culinary Club (R)</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 U2 Virtual Concert (R)</div>	<div>Happy Birthday RCA Iris Kirnon!</div> <div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>2:00 Bingo!</div> <div>4:00 Irish Coloring Creations (R)</div> <div>6:00 Movie</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Music & Stretch!</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Documentary</div>
<div>Daylight Saving Time Begins</div> <div>Happy Birthday RCA Marie Guerline Paul!</div> <div>Olympics (R)</div> <div>10</div> <div>0:00 Morning Spirituality</div> <div>0:30 Balloon Volley</div> <div>1:00 Daily Chronicle</div> <div>2:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Movie</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle & Olympics (R) Discussion</div> <div>12:30 Bible Study with Chaplain Tom</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Aqua Paint</div> <div>4:00 Olympic Trivia (R)</div> <div>6:00 Virtual Concert</div>	<div>Happy Birthday Resident Care Director Desiree Figueroa!</div> <div>10:00 Morning Spirituality</div> <div>10:00 Training w/ Tufts</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Olympic Games Videos (R)</div>	<div>Happy Birthday Programming Assistant Amanda Pierce!</div> <div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Painter's Corner</div> <div>4:00 Word Games & Trivia</div> <div>6:00 Documentary</div>	<div>Happy Birthday to RCA Kethia Tilin!</div> <div>10:00 Morning Spirituality</div> <div>10:30 Community Outing</div> <div>10:30 Music & Stretch!</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Virtual Concert</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>2:00 Accordion Dave</div> <div>2:00 Bingo!</div> <div>4:00 Olympic Games Coloring Corner (R)</div> <div>6:00 Olympic Netflix Documentary (R)</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Music & Stretch!</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Documentary</div>
<div>Signs of Spring (R)</div> <div>St. Patrick's Day</div> <div>17</div> <div>0:00 Morning Spirituality</div> <div>0:30 Balloon Volley</div> <div>1:00 Daily Chronicle</div> <div>2:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>2:00 Music with George Lyons!</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Movie</div>	<div>10:00 Golden Moments Pet Visit!</div> <div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle & Signs of Spring (R) Discussion</div> <div>12:30 Bible Study with Chaplain Tom</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Aqua Paint</div> <div>4:00 Word Games & Trivia</div> <div>6:00 Virtual Concert</div>	<div>Happy Birthday Elisabeth!</div> <div>10:00 Morning Spirituality</div> <div>10:00 Training w/ Tufts</div> <div>11:00 Daily Chronicle</div> <div>12:30 Sounds of Spring (R)</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Little House on the Prairie (R)</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle</div> <div>12:30 Eucharist Service</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Spring Crafts (R)</div> <div>4:00 Word Games & Trivia</div> <div>6:00 Nature/Spring Documentary (R)</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Community Outing</div> <div>10:30 Music & Stretch!</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>2:00 Culinary Club</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Virtual Concert</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>2:00 Bingo!</div> <div>4:00 Coloring Corner</div> <div>6:00 Movie</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Music & Stretch!</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Spring Trivia (R)</div> <div>6:00 Documentary</div>
<div>Women's History Month (R)</div> <div>24</div> <div>10:00 Morning Spirituality</div> <div>10:30 Balloon Volley</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Movie</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle & Women's History Month (R) Discussion</div> <div>12:30 Bible Study with Chaplain Tom</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>2:00 Accordion Dave</div> <div>3:00 Aqua Paint</div> <div>4:00 Word Games & Trivia</div> <div>6:00 Virtual Concert</div>	<div>Happy Birthday RCA Vivianne Morosier!</div> <div>10:00 Morning Spirituality</div> <div>10:00 Training w/ Tufts</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>2:00 Kalifornia Karl</div> <div>3:00 Women's History Table Art (R)</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Movie</div>	<div>Happy Birthday Receptionist Brenda Guzman!</div> <div>10:00 Morning Spirituality</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>2:00 Lifetime Achievement Award</div> <div>3:00 Painter's Corner</div> <div>4:00 Women's History Trivia (R)</div> <div>6:00 Netflix Documentary: Becoming (R)</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Community Outing</div> <div>10:30 Music & Stretch!</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Resident Birthday Party!</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>4:00 Resident Council/Food Committee</div> <div>6:00 Virtual Concert</div>	<div>GYP!</div> <div>10:00 Morning Spirituality</div> <div>10:00 Zumba with Ana!</div> <div>10:30 Chair Exercises</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>2:00 Bingo!</div> <div>4:00 Coloring Corner</div> <div>6:00 Netflix Documentary: Knock Down the House (R)</div>	<div>10:00 Morning Spirituality</div> <div>10:30 Music & Stretch!</div> <div>11:00 Daily Chronicle</div> <div>12:30 Relaxing Rhythms</div> <div>1:30 Afternoon Stretches</div> <div>3:00 Table Art</div> <div>4:00 Puzzle Palooza</div> <div>6:00 Documentary</div>

Continued at top

Continued at top