



August 2025  
EnrichedLIFE Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>▶ August cont'd</div> <div>31</div> <div><div>9:30 Church Run</div><div>10:15 Mass From St. Patrick's Cathedral</div><div>10:20 Coffee &amp; Chat with Erik</div><div>11:30 Stretch, Strength and Balance</div><div>1:30 📞 Cell Phone &amp; iPad Help/ Erik</div><div>2:00 Bingo with Erik</div><div>3:30 Jeopardy with Erik</div><div>6:45 Movie</div></div>	<div></div> <div>55 Old Quarry Rd. Ridgefield, CT 06877 (203) 403-0990</div>	<div><div>Cognitive</div><div>🔦 Discovery Learning</div><div>Emotional &amp; Expressive Arts</div><div>Entertainment</div><div>Outing</div><div>Physical</div><div>Social</div><div>Spiritual</div></div>	<div></div>	<div>10:00 Yoga</div> <div>11:00 Art with Julie</div> <div>1:30 Documentary: Salvatore: Shoemaker of Dreams (2020)</div> <div>3:30 Games in the Cafe</div> <div>6:45 Movie: The Swan (1956)</div>	<div>9:45 Stretch, Strength and Balance</div> <div>10:00 Resident led Rosary</div> <div>10:30 Stretch, Strength, and Balance</div> <div>11:00 🗼 Landmarks: Eiffel Tower</div> <div>1:30 Family Feud with Julie</div> <div>2:30 Bridge with Mike</div> <div>3:00 Guided Meditation with Julie</div> <div>3:30 Games in the Cafe</div> <div>6:45 Movie: The Best Man (1964)</div>	
<div>3</div> <div><div>9:30 Church Run</div><div>10:15 Mass From St. Patrick's Cathedral</div><div>10:20 Coffee &amp; Chat with Erik</div><div>11:30 Stretch, Strength and Balance</div><div>1:30 📞 Cell Phone &amp; iPad Help/ Erik</div><div>2:00 Bingo with Erik</div><div>3:30 Jeopardy with Erik</div><div>6:45 Movie: Mama Mia (2008)</div></div>	<div>4</div> <div>10:00 Yoga</div> <div>11:00 Arts and Crafts with Erik</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>2:00 Cafe Conversations with Erik</div> <div>2:30 Walking Club: Rec Center Path</div> <div>3:00 Rummikub with Katie</div> <div>4:00 Happy Hour</div> <div>6:45 Movie: The Life List (2025)</div>	<div>5</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Art with Julie</div> <div>1:30 Word Peck with Julie</div> <div>2:30 Documentary: Inside Alcatraz: Legends of The Rock</div> <div>3:00 Games in the Cafe</div> <div>6:45 Movie: Mystic Pizza (1988)</div>	<div>6</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Words in a Word with Julie</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>2:00 Classical Club</div> <div>3:30 Rummikub with Julie</div> <div>4:30 Fable Friendships with Aashna &amp; Aarika</div> <div>6:45 Movie: Arthur (1981)</div>	<div>7</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Jeopardy with Julie</div> <div>1:30 Dear Abby with Dear Julie</div> <div>2:00 Wheel of Fortune with Julie</div> <div>3:00 Ally the Therapy Dog</div> <div>4:00 Happy Hour</div> <div>6:15 CHIRP Concert: Charlie and the Tropicales</div> <div>6:45 Movie: A Home of Our Own (1993)</div>	<div>8</div> <div>10:00 Yoga</div> <div>11:00 Window Suncatcher Craft Project w/ Julie</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>2:00 Faith Talk with Fr. John</div> <div>3:30 Games in the Cafe</div> <div>6:45 Movie: Downhill Racer (1969)</div>	<div>9</div> <div>9:45 Stretch, Strength and Balance</div> <div>10:00 Resident led Rosary</div> <div>10:30 Stretch, Strength, and Balance</div> <div>11:00 Bridge with Mike</div> <div>1:30 Family Feud with Julie</div> <div>3:00 Guided Meditation with Julie</div> <div>3:30 Games in the Cafe</div> <div>6:45 Movie: Shake Hands With The Devil (1959)</div>
<div>10</div> <div><div>9:30 Church Run</div><div>10:15 Mass From St. Patrick's Cathedral</div><div>10:20 Coffee &amp; Chat with Erik</div><div>11:30 Stretch, Strength and Balance</div><div>1:30 📞 Cell Phone &amp; iPad Help/ Erik</div><div>2:00 Bingo with Erik</div><div>3:30 Jeopardy with Erik</div><div>6:45 Movie: Grease (1978)</div></div>	<div>11</div> <div>10:00 Yoga</div> <div>11:00 Arts and Crafts with Erik</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>2:00 Cafe Conversations with Erik</div> <div>2:30 Walking Club: Rec Center Path</div> <div>3:00 Rummikub with Katie</div> <div>4:00 Happy Hour</div> <div>6:45 Movie: The Last Rifleman (2024)</div>	<div>12</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Art from the Aldrich with Holly</div> <div>1:30 Word Peck with Julie</div> <div>2:30 Documentary:</div> <div>3:00 Games in the Cafe</div> <div>6:45 Movie: Chicago (2002)</div>	<div>13</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Words in a Word with Julie</div> <div>12:00 Ladies Lunch: Chuck's Steakhouse</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>2:00 Classical Club</div> <div>3:30 Rummikub with Julie</div> <div>4:30 Fable Friendships with Aashna &amp; Aarika</div> <div>6:45 Movie: Bottle Shock (2008)</div>	<div>14</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Jeopardy with Julie</div> <div>1:30 Dear Abby with Dear Julie</div> <div>2:00 Wheel of Fortune with Julie</div> <div>3:00 Ally the Therapy Dog</div> <div>4:00 Happy Hour</div> <div>6:45 Movie: Mud (2013)</div>	<div>15</div> <div>10:00 Yoga</div> <div>11:00 Art with Julie</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>3:30 Games in the Cafe</div> <div>6:45 Movie: Houseboat (1958)</div>	<div>16</div> <div>9:45 Stretch, Strength and Balance</div> <div>10:00 Resident led Rosary</div> <div>10:30 Stretch, Strength, and Balance</div> <div>11:00 Bridge with Mike</div> <div>1:30 Family Feud with Julie</div> <div>3:00 Guided Meditation with Julie</div> <div>3:30 Games in the Cafe</div> <div>6:45 Movie: Top Gun: Maverick (2022)</div>
<div>17</div> <div><div>9:30 Church Run</div><div>10:15 Mass From St. Patrick's Cathedral</div><div>10:20 Coffee &amp; Chat with Erik</div><div>11:30 Stretch, Strength and Balance</div><div>1:30 📞 Cell Phone &amp; iPad Help/ Erik</div><div>2:00 Bingo with Erik</div><div>3:30 Jeopardy with Erik</div><div>6:45 Movie: Hidden Figures (2016)</div></div>	<div>18</div> <div>10:00 Yoga</div> <div>11:00 Arts and Crafts with Erik</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>2:00 Cafe Conversations with Erik</div> <div>2:30 Walking Club: Rec Center Path</div> <div>3:00 Rummikub with Katie</div> <div>4:00 Happy Hour</div> <div>6:45 Movie: Mrs. Harris Goes to Paris (2022)</div>	<div>19</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Art with Julie</div> <div>1:30 Word Peck with Julie</div> <div>2:30 Documentary:</div> <div>3:00 Games in the Cafe</div> <div>6:45 Movie: Me Before You (2016)</div>	<div>20</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Words in a Word with Julie</div> <div>1:30 A Celebration of Don Hale</div> <div>2:00 Classical Club</div> <div>3:00 Flower Power Event</div> <div>3:00 Seated Dance Fitness with Sofi</div> <div>3:30 Rummikub with Julie</div> <div>4:30 Fable Friendships with Aashna &amp; Aarika</div> <div>6:45 Movie: First Wives Club (1996)</div>	<div>21</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Jeopardy with Julie</div> <div>1:30 Dear Abby with Dear Julie</div> <div>2:00 Wheel of Fortune with Julie</div> <div>3:00 Ally the Therapy Dog</div> <div>4:00 Happy Hour</div> <div>6:15 CHIRP Concert: Susan Werne</div> <div>6:45 Movie: Last Vegas (2013)</div>	<div>22</div> <div>10:00 Yoga</div> <div>11:00 Resident Council/ Food Meeting</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>2:00 📞 History with Michael DiMinno: Women &amp; The War</div> <div>3:30 Games in the Cafe</div> <div>6:45 Movie: Ghost (1990)</div>	<div>23</div> <div>9:45 Stretch, Strength and Balance</div> <div>10:00 Resident led Rosary</div> <div>10:30 Stretch, Strength, and Balance</div> <div>11:00 Bridge with Mike</div> <div>1:30 Family Feud with Julie</div> <div>3:00 Guided Meditation with Julie</div> <div>3:30 Games in the Cafe</div> <div>6:45 Movie: Steel Magnolias (1989)</div>
<div>24</div> <div><div>9:30 Church Run</div><div>10:15 Mass From St. Patrick's Cathedral</div><div>10:20 Coffee &amp; Chat with Erik</div><div>11:30 Stretch, Strength and Balance</div><div>1:30 📞 Cell Phone &amp; iPad Help/ Erik</div><div>2:00 Bingo with Erik</div><div>3:30 Jeopardy with Erik</div><div>6:45 Movie</div></div>	<div>25</div> <div>10:00 Yoga</div> <div>11:00 Arts and Crafts with Erik</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>2:00 Cafe Conversations with Erik</div> <div>2:30 Walking Club: Rec Center Path</div> <div>3:00 Rummikub with Katie</div> <div>4:00 Happy Hour</div> <div>6:45 Movie</div>	<div>26</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Art with Julie</div> <div>1:30 Word Peck with Julie</div> <div>2:30 Documentary:</div> <div>3:00 Games in the Cafe</div> <div>6:45 Movie</div>	<div>27</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Words in a Word with Julie</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>2:00 Classical Club</div> <div>2:15 Outing: Men's Group</div> <div>3:00 Book Club: Personal Librarian</div> <div>3:00 Seated Dance Fitness with Sofi</div> <div>3:30 Rummikub with Julie</div> <div>4:30 Fable Friendships with Aashna &amp; Aarika</div> <div>6:45 Movie</div>	<div>28</div> <div>9:45 Stretch, Strength, and Balance with Julie</div> <div>10:30 Stretch, Strength, and Balance with Julie</div> <div>11:00 Live Music: James Dower Guitar &amp; Vocals</div> <div>1:30 Dear Abby with Dear Julie</div> <div>2:00 📞 History Club: Climate Change</div> <div>3:00 Ally the Therapy Dog</div> <div>4:00 Happy Hour</div> <div>6:45 Movie</div>	<div>29</div> <div>10:00 Yoga</div> <div>11:00 📞 Resident Council Meeting</div> <div>1:30 📞 The Briefing: Scott's News</div> <div>2:00 📞 Donut Get Scammed: Detective Victoria Ryan</div> <div>3:30 Games in the Cafe</div> <div>6:45 Movie</div>	<div>30</div> <div>9:45 Stretch, Strength and Balance</div> <div>10:00 Resident led Rosary</div> <div>10:30 Stretch, Strength, and Balance</div> <div>11:00 Bridge with Mike</div> <div>1:30 Family Feud with Julie</div> <div>3:00 Guided Meditation with Julie</div> <div>3:30 Games in the Cafe</div> <div>6:45 Movie</div>

Continued at top

Continued at top