

March 2024

Compass Memory Support Neighborhood



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>March cont'd</div> <div>31</div> <div>Easter</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Exercise - Balance &amp; Cardio</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>2:00 Music &amp; Memories</div> <div>3:30 Afternoon Snack Social</div> <div>4:30 My Trivia - MemoryCo</div> <div>6:00 BINGO!</div>	Notes	<div></div> <div>Cognitive</div> <div>Emotional &amp; Expressive Arts</div> <div>Entertainment</div> <div>Outing</div> <div>Physical</div> <div>Social</div> <div>Spiritual</div>	<div></div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Silver Sneakers Metro Exercise Class</div> <div>11:00 Today in History</div> <div>11:30 Reconnections, LUNCH</div> <div>1:00 Zumba with Miss Kathy</div> <div>2:00 Guitarist and Singer Frank Adams</div> <div>2:00 Water Coloring</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Would You Rather?</div> <div>6:00 Jeopardy</div>	<div>10:00 Good Morning Sunshine!</div> <div>10:30 Zumba with Zoe</div> <div>11:00 Today in History</div> <div>11:30 Reconnections, LUNCH</div> <div>1:00 Yoga with Barbara</div> <div>2:00 Casino Games at Standish Villagio</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 BINGO!</div> <div>6:00 Sing-Along</div>	<div>10:00 Good Morning Sunshine!</div> <div>10:30 Yogalates with Rashmi for Seniors</div> <div>11:00 Sightseeing Seniors! Today's Trip: LUNCH</div> <div>1:00 Today in History</div> <div>1:30 Spa Hour with Lynda</div> <div>2:00 Coloring and Crafting</div> <div>3:30 Afternoon Snack Social</div> <div>3:30 Friday Funday Mocktails &amp; Merrymaking</div> <div>6:00 Documentary Night</div>	<div>10:00 Good Morning Sunshine!</div> <div>10:30 Move It Shake It Exercise</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:00 Word Masters</div> <div>2:00 Singer &amp; Dancer Holly Sommers</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Meditation &amp; Relaxation</div> <div>4:30 Hangman</div> <div>6:00 Story Time</div>
<div>3</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Exercise - Balance &amp; Cardio</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>2:00 First Baptist Church Service</div> <div>2:00 Music &amp; Memories</div> <div>3:30 Afternoon Snack Social</div> <div>4:30 My Trivia - MemoryCo</div> <div>6:00 BINGO!</div>	<div>4</div> <div>10:00 Catholic Communion</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Zumba with Zoe</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:30 Pretty Polish Manicures</div> <div>2:30 Coloring and Crafting</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Wheel of Fortune</div> <div>6:00 Monday Night Movie</div>	<div>5</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 LIFE Health &amp; Fitness Functional Strength Training</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:30 Crafting with Lynda</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Famous Faces</div> <div>6:00 Concert on the Screen</div>	<div>6</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Silver Sneakers Metro Exercise Class</div> <div>11:00 Today in History</div> <div>11:30 Reconnections, LUNCH</div> <div>1:00 Zumba with Miss Kathy</div> <div>2:00 Guitarist and Singer Frank Adams</div> <div>2:00 Water Coloring</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Would You Rather?</div> <div>6:00 Jeopardy</div>	<div>7</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Zumba with Zoe</div> <div>11:00 Today in History</div> <div>11:30 Reconnections, LUNCH</div> <div>1:00 Yoga with Barbara</div> <div>2:00 Casino Games at Standish Villagio</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 BINGO!</div> <div>6:00 Sing-Along</div>	<div>8</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Yogalates with Rashmi for Seniors</div> <div>11:00 Sightseeing Seniors! Today's Trip: LUNCH</div> <div>1:00 Today in History</div> <div>1:30 Spa Hour with Lynda</div> <div>2:00 Coloring and Crafting</div> <div>3:30 Afternoon Snack Social</div> <div>3:30 Friday Funday Mocktails &amp; Merrymaking</div> <div>6:00 Documentary Night</div>	<div>9</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Move It Shake It Exercise</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:00 Word Masters</div> <div>2:00 Singer &amp; Guitarist Tom Glavin</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Meditation &amp; Relaxation</div> <div>4:30 Hangman</div> <div>6:00 Story Time</div>
<div>Daylight Saving Time Begins</div> <div>10</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Exercise - Balance &amp; Cardio</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>2:00 Guitarist and Singer Matt Browne</div> <div>2:00 Music &amp; Memories</div> <div>3:30 Afternoon Snack Social</div> <div>4:30 My Trivia - MemoryCo</div> <div>6:00 BINGO!</div>	<div>11</div> <div>10:00 Catholic Communion</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Zumba with Zoe</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:30 Pretty Polish Manicures</div> <div>2:30 Coloring and Crafting</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Wheel of Fortune</div> <div>6:00 Monday Night Movie</div>	<div>12</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 LIFE Health &amp; Fitness Functional Strength Training</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:30 Crafting with Lynda</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Famous Faces</div> <div>6:00 Concert on the Screen</div>	<div>13</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Silver Sneakers Metro Exercise Class</div> <div>11:00 Today in History</div> <div>11:30 Reconnections, LUNCH</div> <div>1:00 Zumba with Miss Kathy</div> <div>2:00 Water Coloring</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Would You Rather?</div> <div>6:00 Jeopardy</div>	<div>14</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Farm Visits! - Pet Therapy</div> <div>10:30 Zumba with Zoe</div> <div>11:00 Today in History</div> <div>11:30 Reconnections, LUNCH</div> <div>1:00 Yoga with Barbara</div> <div>2:00 Casino Games at Standish Villagio</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 BINGO!</div> <div>6:00 Sing-Along</div>	<div>15</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Yogalates with Rashmi for Seniors</div> <div>11:00 Sightseeing Seniors! Today's Trip: LUNCH</div> <div>1:00 Today in History</div> <div>1:30 Spa Hour with Lynda</div> <div>2:00 Coloring and Crafting</div> <div>3:30 Afternoon Snack Social</div> <div>3:30 Friday Funday Mocktails &amp; Merrymaking</div> <div>6:00 Documentary Night</div>	<div>16</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Move It Shake It Exercise</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:00 Word Masters</div> <div>2:00 Singer &amp; Pianist Steve King</div> <div>3:30 Afternoon Snack Social</div> <div>3:30 Church of Christ Visits</div> <div>4:00 Meditation &amp; Relaxation</div> <div>4:30 Hangman</div> <div>6:00 Story Time</div>
<div>St. Patrick's Day</div> <div>17</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Exercise - Balance &amp; Cardio</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>2:00 Music &amp; Memories</div> <div>2:00 Singer &amp; Guitarist Ted Powers</div> <div>3:30 Afternoon Snack Social</div> <div>4:30 My Trivia - MemoryCo</div> <div>6:00 BINGO!</div>	<div>18</div> <div>10:00 Catholic Communion</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Zumba with Zoe</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:30 Pretty Polish Manicures</div> <div>2:30 Coloring and Crafting</div> <div>3:20 Pianist Michael Leidig</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Wheel of Fortune</div> <div>6:00 Monday Night Movie</div>	<div>19</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 LIFE Health &amp; Fitness Functional Strength Training</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:30 Crafting with Lynda</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Famous Faces</div> <div>6:00 Concert on the Screen</div>	<div>20</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Silver Sneakers Metro Exercise Class</div> <div>11:00 Today in History</div> <div>11:30 Reconnections, LUNCH</div> <div>1:00 Zumba with Miss Kathy</div> <div>2:00 Water Coloring</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Would You Rather?</div> <div>6:00 Jeopardy</div>	<div>21</div> <div>Grab Your Passport to France!</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Zumba with Zoe</div> <div>11:00 Today in History</div> <div>11:30 Reconnections, LUNCH</div> <div>1:00 Yoga with Barbara</div> <div>2:00 Casino Games at Standish Villagio</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 BINGO!</div> <div>6:00 Sing-Along</div>	<div>22</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Yogalates with Rashmi for Seniors</div> <div>11:00 Sightseeing Seniors! Today's Trip: LUNCH</div> <div>1:00 Today in History</div> <div>1:30 Spa Hour with Lynda</div> <div>2:00 Coloring and Crafting</div> <div>3:30 Afternoon Snack Social</div> <div>3:30 Friday Funday Mocktails &amp; Merrymaking</div> <div>6:00 Documentary Night</div>	<div>23</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Move It Shake It Exercise</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:00 Word Masters</div> <div>2:00 Singer &amp; Guitarist Jeff Thomas</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Meditation &amp; Relaxation</div> <div>4:30 Hangman</div> <div>6:00 Story Time</div>
<div>24</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Exercise - Balance &amp; Cardio</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>2:00 Music &amp; Memories</div> <div>2:00 Pianist Andy Lantz</div> <div>3:30 Afternoon Snack Social</div> <div>4:30 My Trivia - MemoryCo</div> <div>6:00 BINGO!</div>	<div>25</div> <div>10:00 Catholic Communion</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Zumba with Zoe</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:30 Pretty Polish Manicures</div> <div>2:30 Coloring and Crafting</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Wheel of Fortune</div> <div>6:00 Monday Night Movie</div>	<div>26</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 LIFE Health &amp; Fitness Functional Strength Training</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:30 Crafting with Lynda</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Famous Faces</div> <div>6:00 Concert on the Screen</div>	<div>27</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Silver Sneakers Metro Exercise Class</div> <div>11:00 Today in History</div> <div>11:30 Reconnections, LUNCH</div> <div>1:00 Zumba with Miss Kathy</div> <div>2:00 Water Coloring</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 Would You Rather?</div> <div>6:00 Jeopardy</div>	<div>28</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Zumba with Zoe</div> <div>11:00 Today in History</div> <div>11:30 Reconnections, LUNCH</div> <div>1:00 Yoga with Barbara</div> <div>2:00 Casino Games at Standish Villagio</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Tea Table Time</div> <div>4:30 BINGO!</div> <div>6:00 Sing-Along</div>	<div>29</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Yogalates with Rashmi for Seniors</div> <div>11:00 Sightseeing Seniors! Today's Trip: LUNCH</div> <div>1:00 Today in History</div> <div>1:30 Spa Hour with Lynda</div> <div>2:00 Coloring and Crafting</div> <div>3:30 Afternoon Snack Social</div> <div>3:30 Friday Funday Mocktails &amp; Merrymaking</div> <div>6:00 Documentary Night</div>	<div>30</div> <div>10:00 Good Morning Sunshine!</div> <div>10:30 Move It Shake It Exercise</div> <div>11:00 Today in History</div> <div>12:00 LUNCH</div> <div>1:00 Word Masters</div> <div>2:00 Guitarist and Singer - Tom Glavin</div> <div>3:30 Afternoon Snack Social</div> <div>4:00 Meditation &amp; Relaxation</div> <div>4:30 Hangman</div> <div>6:00 Story Time</div>

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