November 2022 The Garnet of Casa Grande Monthly Activities							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beinspired WWW.SENIORLIFESTYLE.COM Activities are subject to change	Resident Birthdays Judith H. 11/23 Sally D. 11/24	THE GARNET OF CASA GRANDE a Senior Lifestyle community	8:30 • Ping Pong 8:45 • Thankful Stroll 1:00 • Mexican Train (Dominoes) 2:30 • Happy Hour 4:00 • Cards on Own	1 8:30 • Shopping at Walmart 10:00 • UNO Cards 1:00 • Family Feud 2:30 • Listen to Audio Book 3:00 • Yoga & Meditation	with Weights 10:00 Bob with Angel Care	8:30 Ping Pong 8:45 Walk Around the Building 10:30 Pretty Nails 1:00 M & M Gratitude Game 2:30 Loteria 3:30 Trivia	8:30 • Get Up & Go Workout 8:45 • Veterans Parade 1:00 • Special Game 3:00 • Games on Own
THE GARNET OF CASA GRANDE a Senior Lifestyle community	Daylight Saving Time Begins 9:00 • Church - Sign Up for Bus 10:30 • UNO Cards 1:00 • Creativity with Coloring 2:30 • Church at the Garnet 3:30 • Cards on Own	8:30 Strengthen Your Core 8:45 Walk Around the Building 9:30 Quarter Bingo 1:15 Chair Volleyball 2:30 Arts & Crafts	Election Day 8:30 Ping Pong 9:30 Yahtzee 1:00 Mexican Train (Dominoes) 2:30 Happy Hour 4:00 Cards on Own	8:30 Shopping at Walmart 10:00 UNO Cards 1:00 Family Feud 2:00 Paint with Amanda 3:00 Yoga & Meditation	8:30 • Workout with Weights 10:00 • LCR-Left Center Right Game 1:00 • Afternoon Book Club 2:30 • Hangman 3:30 • Cards on Own	Veterans Day 8:30 Ping Pong 8:45 Walk Around the Building 9:30 Pretty Nails 1:00 Yahtzee 2:30 Loteria 3:30 Trivia	8:30 • Get Up & Go Workout 8:45 • Morning Meditation 9:30 • Quarter Bingo 1:00 • Special Game 3:00 • Games on Own
CONNECTCONTRIBUTEFEELGROWMOVEREFLECT	9:00 Church - Sign Up for Bus 10:30 UNO Cards 1:00 Creativity with Coloring 2:30 Church at the Garnet 3:30 Cards on Own	8:30 Strengthen Your Core 8:45 Walk Around the Building 9:30 Quarter Bingo 1:00 Chair Volleyball 2:30 Arts & Crafts	8:30 • Ping Pong 9:30 • Yahtzee 1:00 • Mexican Train (Dominoes) 2:30 • Happy Hour 4:00 • Cards on Own	5 8:30 Shopping at Walmart 10:00 UNO Cards 1:00 Audio Book 1:00 Family Feud 3:00 Town Hall	8:30 • Workout with Weights 10:00 • Bob with Angel Care 1:00 • Resident Council 2:30 • Book Club 3:30 • Cards on Own	8:30 Ping Pong 8:45 Walk Around the Building 10:30 Pretty Nails 1:00 Yahtzee 2:30 Loteria 3:30 Trivia	8:30 • Get Up & Go Workout 8:45 • Morning Meditation 9:30 • Quarter Bingo 1:00 • Special Game 3:00 • Games on Own
	9:00 Church - Sign Up for Bus 10:30 UNO Cards 1:00 Creativity with Coloring 2:30 Church at the Garnet 3:30 Cards on Own	8:45 • Walk Around the Building 9:30 • Quarter Bingo 1:00 • Chair Volleyball	8:30 • Ping Pong 9:30 • Yahtzee 1:00 • Mexican Train (Dominoes) 2:30 • Happy Hour 4:00 • Cards on Own		Thanksgiving 8:30 • Workout with Weights 10:00 • LCR-Left Center Right Game 1:00 • Afternoon Book Club 3:30 • Cards on Own	8:30 Ping Pong 8:45 Walk Around the Building 10:30 Pretty Nails 1:00 Native American Trivia 2:30 Loteria 3:30 Trivia	8:30 • Get Up & Go Workout 8:45 • Morning Meditation 9:30 • Quarter Bingo 1:00 • Special Game 3:00 • Games on Own
	9:00 Church - Sign Up for Bus 10:30 UNO Cards 1:00 Creativity with Coloring 2:30 Church at the Garnet 3:30 Cards on Own	8:30 Strengthen Your Core 8:45 Walk Around the Building 9:30 Quarter Bingo 1:00 Chair Volleyball 2:30 Arts & Crafts	8:30 • Ping Pong 9:30 • Yahtzee 1:00 • Mexican Train (Dominoes) 2:30 • Happy Hour 4:00 • Cards on Own	8:30 Shopping at Walmart 10:00 UNO Cards 1:00 Family Feud 2:00 Audio Book 3:00 Yoga & Meditation			