August 2025
Assisted Living

EMPOWERED LIVING EVENTS

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TR

LR



Saturday

CLEARWATER at SOUTH BAY A Senior Living Community

Sunday August cont'd

Monday Tuesday Wednesday

Thursday

Mentally Stimulating

Nourish Mind & Body

➡ Physically Active

\$ Purchase Required

Social Engagement

Excursion

📜 Outina

Hello, August! 9:00 → Sunshine Stroll &

Tisha B'Av Begins 9:00 🗳 Sunshine Stroll [G]

10:00 How Do You See The World Game [LR] 10:00 🖶 Saturday Scavenger Hunt [P]

10:15 Morning Matinee Movie [TR] 11:00 • Bingo [LR]

1:30 Learn about Tisha B'Av [P] 2:00 . Bible Study [LR]

3:00 Self Care Saturday [LR]

6:00 & Evening Movie [TR]

Celebrating Nisei Week

2:00 * Friday Floral Arrangements [LR] 3:00 & Gratitude Attitude Happy

Friday

Clean Up the

9:30 A Scenic Drive [G]

11:00 • Bingo [LR]

Environment [G]

10:00 H Drumming for Exercise [LR]

10:15 Morning Matinee Movie [TR]

6:00 & Evening Movie [TR]

9:00

Sunshine Stroll &

9:30 A Scenic Drive [G]

Clean Up the

Environment [G]

10:00 🖶 Drumming for Exercise [LR]

2:00 You & Your Happy Place

3:00 & The Happiness Alphabet

Painting [LR]

Happiness Happens Day

Hour [P]

International Friendship Day 8:00 & Lutheran Church

8:00 & Lutheran Church Service

9:00 4 Catholic Church Service

10:00 → Sunday Scarf Mobility Exercise Class

1:45 * Episcopal Church Service (Virtual) [TR]

(Virtual) [LR]

(Virtual) [LR] 9:00 Sunshine Stroll [G]

2:00
Creativity with Clay [LR]

3:00 → Afternoon Exercise [LR]

6:00 & Evening Movie [TR]

Eat Outside Day

11:00 * Bingo [LR]

Service (Virtual) [LR] Catholic Church Service (Virtual) [LR]

9:00
Sunshine Stroll [G] 10:00

Sunday Scarf Mobility Exercise Class [LR]

11:00 🔻 Bingo [LR]

Episcopal Church Service (Virtual) How Well Do You Know Your

Neighbor Game [LR] ♣ Friendship Bracelets [LR]

6:00 & Evening Movie [TR]

Environment [G] 9:45 T CVS Errand [G] 10:15 Morning Matinee Movie [TR]

All Activities are

Subject to Change.

10:20 A Tokyo Central/Daiso Errand [G] 10:30 ↔ Tai Chi with Dan [LR] 11:00 💗 Bingo [LR]

1:30 . Thank You's for Coast Guard [LR] 2:30 P Delivering Thank You's to Coast Guard [G]

3:00 Independent Word Search [P] 6:00 & Evening Movie [TR]

9:00 ₩ Sunshine Stroll &

Clean Up the

Personal and Medical Transport

Pub

Courtyard

Game Lounge

Lifestyle Room

Theater Room

Great Room

9:00
Sunshine Stroll [G] 10:00

Chair Yoga [LR] 10:15 & Morning Movie: Shirley Temple Tuesday [TR]

Location Keys

11:00 • Bingo [LR] 2:00 Fika with Friends [P] 2:45 Walgreens Store Errand

3:00 📽 Watering the Garden and Upkeep [C]

6:00 & Evening Movie [TR]

Happy Birthday Kieko O.!
9:00 Sunshine Stroll [9:00
Sunshine Stroll [G]

10:00

Exercise with Fitness Balls [LR]

11:00 🌞 Bingo [LR] o Ice Cream Social with Torrance Pharmacy [P] Kanji's Friends Sing-a-Long

[LR] 2:00 Rain Forest Flora Garden

Excursion 3:00 . Resident Council [LR]

6:00 🛎 Evening Movie [TR]

Personal and Medical Transport

Celebrating Nisei Week

Transport

9:00
Sunshine Stroll [G] 10:00 ₩ Wellness with Weights Exercise [LR]

Purpose + Meaning in Life

11:00 • Bingo [LR] 2:00 Lattes and Listening Book Club: Talking with Strangers

3:00 🕎 Trader Joe's Store Run

3:15 & Live Entertainment with Matt Commerce [LR]

6:00 🛎 Evening Movie [TR]

Happy Hour [P] 6:00 & Evening Movie [TR]

Celebrating Nisei Week

9:00 → Sunshine Stroll &

9:30 A Scenic Drive [G]

Clean Up the

Environment [G]

11:00 * Bingo [LR]

9:00
Sunshine Stroll [G] 10:00 Minute to Win It:

Chopstick Skills [LR] 10:00 H Saturday Scavenger Hunt [P] 10:15 Morning Matinee Movie [TR]

11:00 • Bingo [LR]

10:15 Morning Matinee Movie [TR] 2:00 * Live Music with Bridge to Inspire [G]

3:00 Independent Word Search [P] 6:00 * Evening Movie [TR]

Celebrating Nisei Week

Celebrating Nisei Week Happy Birthday Peggy W!

8:00 . Lutheran Church Service (Virtual) [LR] 9:00 . Catholic Church Service (Virtual) [LR]

9:00 📽 Sunshine Stroll [G] 10:00 H Sunday Scarf Mobility Exercise Class

1:00 • Bingo [LR] 1:45 🍁 Episcopal Church Service (Virtual) [TR]

2:00 * Tech Talk with Joshua [LR] 3:00 Japanese Watercolor Salt Art [LR]

6:00 & Evening Movie [TR]

Celebrating Nisei Week Yama no Hi 9:00 ↔ Sunshine Stroll & Clean

Up the Environment [G] 9:45 関 CVS Errand [G] 0:00 ← Exercise with Fitness Balls [LR] 10:15 Morning Matinee Movie [TR] 10:20 🖨 Tokyo Central/Daiso Errand [G]

11:00 * Bingo [LR] 1:30
Virtual Mountain Climb [TR] 2:00 Japanese Block Carving [LR]

2:00 Target Store Errand 3:00 Rubber Block Stamping & Card Making

6:00 & Evening Movie [TR]

Personal and Medical Transport 9:00 Sunshine Stroll [G]

Celebrating Nisei Week

10:00

Chair Yoga [LR] 10:15 & Morning Movie: Shirley Temple Tuesday [TR]

11:00 • Bingo [LR] 2:00 Japanese Hand Fan Painting

3:00 → Axe Throwing [LR] 6:00 & Evening Movie [TR]

Happy Birthday Marcelino

3 Celebrating Nisei Weel Personal and Medical **Celebrating Nisei Week** 9:00 🗳 Sunshine Stroll [G]

10:30 \mapsto Tai Chi with Dan [LR] 11:00 🛎 Bingo [LR] 2:00 Kanji's Friends Sing-a-

Long [LR] 2:30 Mochi Shop Visit [G]

3:00 M Lifelong Learning: Gratitude [LR] 6:00 & Evening Movie [TR] 11:00 Fingo [LR] 2:00
Cherry Blossom Painting in the Courtyard [C]

10:00 ₩ Wellness with Weights

Exercise [LR]

9:00
Sunshine Stroll [G]

10:00 🎍 Catholic Church Service [GL]

2:30 Trader Joe's Store Run 3:00 . Left, Right, Center [LR] 6:00 Movie Night [TR]

2:00 Listen and Learn Book Club: The

3:00 Outdoor Games and Popsicles [C]

Seven Graces of Ageless Aging

11:00 * Bingo [LR] 2:00 # Friday Flower Arrangements for the Community [LR] 3:00 👺 Virtual Zen Garden Happy Hour [P]

6:00 & Movie Night! [TR]

9:30 A Scenic Drive [G]

Hour [P]

6:00 🛎 Evening Movie [TR]

1:00 • Bingo [LR]

Clean Up the

Environment [G]

10:00

☐ Drumming for Exercise [LR]

10:15 Morning Matinee Movie [TR]

2:00 . Colors of Me Watercolor [LR]

3:00 & Relax and De-stress Happy

10:00 \mapsto Saturday Scavenger Hunt [P] 10:00 H Drumming for Exercise [LR] 10:15 Morning Matinee Movie [TR] 10:15 Morning Matinee Movie [TR] 11:00 • Bingo [LR] 2:00 . Bible Study [LR]

9:00 🗳 Sunshine Stroll [G]

Mochi [LR]

10:00 Make Your Own

3:00 Self Care Saturday [LR] 6:00 * Evening Movie [TR]

9:00
Sunshine Stroll [G]

Maria and

Matthew [LR]

10:00 H Saturday Scavenger Hunt [P]

10:15 Morning Matinee Movie [TR]

2:00 Fika and Chronicles with

3:00 Self Care Saturday [LR]

Friends [P]

6:00 * Evening Movie [TR]

9:00 🗳 Excursion to

10:00 . Beading with

11:00 • Bingo [LR]

Beach Day

FIKA

SWEDISH

A SOCIAL COFFEE BREAK WITH ONE'S COLLEAGUES, FRIENDS, DATE, OR FAMILY, USUALLY ACCOMPANIED WITH SWEET BAKED GOODS

Resident Birthdays

Keiko O. Peggy W. Marcelino A. Violet P.

Celebrating Nisei Week National Nonprofit Day 8:00 . Lutheran Church Service

(Virtual) [LR] 9:00 * Catholic Church Service (Virtual) [LR] 9:00
Sunshine Stroll [G]

10:00 → Sunday Scarf Mobility Exercise Class 11:00 • Bingo [LR]

1:45 . Episcopal Church Service (Virtual) [TR] 2:00 Japanese Art and History [LR]

Service (Virtual) [LR]

Service (Virtual) [LR]

Catholic Church

3:00 → Afternoon Exercise [LR] 6:00 & Evening Movie [TR]

8:00 & Lutheran Church

9:00 🗳 Sunshine Stroll [G]

6:00 & Evening Movie [TR]

8/6

9:00 ↔ Sunshine Stroll & Clean Up the Environment [G] 9:45 📜 Walgreens Store

Errand [G] 10:15 Morning Matinee Movie [TR] 10:20 🖨 Tokyo Čentral/Daiso Errand [G]

10:30 ↔ Tai Chi with Dan [LR] 11:00 • Bingo [LR] 2:00 P Dollar Tree Outing

2:00 Wonderful World of Watercolor 3:00 & Blackjack with Maria [LR]

6:00 & Evening Movie [TR]

Clean Up the

Environment [G]

World Humanitarian Day

Personal and Medical Transport 9:00 🗳 Sunshine Stroll [G]

10:00

Chair Yoga [LR] 10:15 & Morning Movie: Shirley Temple Tuesday [TR] 11:00 • Bingo [LR]

2:00 \$ Smoothie Shop Outing [G] 3:00 Oil Pastels for Beginners [LR] 6:00 & Evening Movie [TR]

9:00 🗳 Sunshine Stroll National Senior Citizens Day **Personal and Medical** 10:00

Exercise with 9:00 🗳 Sunshine Stroll [G] Fitness Balls [LR] 10:00 H Wellness with Weights Exercise

11:00 & Bingo [LR] 1:30 🖨 China Buffet Restaurant Outing Kanji's Friends Sing-a-

Long [LR] Independent Word Search

6:00 & Evening Movie [TR]

10:00 🍁 Culinary

Chef Carlos [LR] 11:00 🛎 Bingo [LR] 1:30 Fika with Friends [P] 2:00 * Kanji's Friends Sing-a-Long

2:00 Sunshine stroll at Entradero

Do Something Thoughtful Day l Have a Dream Day Personal and Medical Transport

2:30 📜 Trader Joe's Store Run

6:00 & Evening Movie [TR]

11:00 • Bingo [LR]

9:00 📽 Sunshine Stroll [G] 10:00 . Catholic Church Service [GL] 10:00

Exercise with LIVE INSTRUCTOR Theo 10:30 🍁 Thoughtful Compliments [LR] 1:00 • Bingo [LR]

2:00 Lifelong Learning: Martin Luther King 2:30 Trader Joe's Store Run 3:00 🛎 Live Music with George Rossi [LR]

9:00 → Sunshine Stroll & Clean Up the Environment [G] 10:00

□ Drumming for Exercise [LR]

10:15 Morning Matinee Movie [TR] 11:00 • Bingo [LR]

for the Community [LR]

11:00 • Bingo [LR] 3:00 Self Care Saturday [LR] 6:00 * Evening Movie [TR]

Continued at top

8/10 8/19 8/25 Happy Birthday Violet P! 9:00

Sunshine Stroll &

9:45 曾 CVS Errand [G] 10:00 H Sunday Scarf Mobility Exercise 10:15 Morning Matinee Movie [TR]

Class [LR] 10:20 🖨 Tokyo Central/Daiso Errand [G] 11:00 • Bingo [LR] 10:30 → Tai Chi with Dan [LR] 1:45 * Episcopal Church Service (Virtual) 11:00 • Bingo [LR]

2:00 & King's Corner [LR] 2:00 . Tech Talk with Joshua [LR] 2:00 W Vons Grocery store errand 3:00 & Sunday Sing-a-Long [LR] 3:00 Brain Games [LR] 6:00 & Evening Movie [TR]

National Dog Day
Personal and Medical Transport Women's Equality Day 9:00 🗳 Sunshine Stroll [G]

10:00

Chair Yoga [LR] 10:15 🐸 Morning Movie: Shirley Temple Tuesday [TR] 10:30 History of Women's Rights [LR] 11:00 • Bingo [LR] 2:00 Puppy Portrait Painting [LR]

3:00 . Baking Dog Treats [LR]

6:00 & Evening Movie [TR]

3:00 & Kindness Cards [LR] 6:00 🛎 Evening Movie [TR]

9:00 Sunshine Stroll [G] Conversation with

6:00 🛎 Evening Movie [TR]

2:00 📽 Friday Flower Arrangements 3:00 & Birthday Celebration and Happy Hour [P] 6:00 🛎 Evening Movie [TR]

9:00
Sunshine Stroll [G] 10:00
→ Saturday Scavenger Hunt [P] 10:15 Morning Matinee Movie [TR]

Redondo Beach