


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div><div>🌱 Environmental</div><div>💡 Mentally Stimulating</div><div>💚 Nourish Mind &amp; Body</div><div>🚶 Physically Active</div><div>🏠 Purpose + Meaning in Life</div><div>🦋 Social Engagement</div></div>	<div>Doctor's Appointments and Transportation Requests are to be made 72 hours prior to appointment date.</div>	<div><b>NEW YEAR'S DAY</b> <b>Rose Parade 2020</b> 9:30 🕒 Daily Chronicle 10:30 🕒 Hold The Pose Work Out 11:35 🚶 Walking Club 1:30 🕒 Music Bingo 2:00 🕒 New Year's Word Search 2:30 🚶 Wind Down Exercises 3:20 💚 Expressive Art Balloon Prints With Paint 5:30 🕒 Engagement Box Reminiscing 6:00 🕒 Dominos</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Sing - Fit 11:15 💚 Drum Circle Practice 1:30 🦋 Trivia Happy Hour 2:00 🦋 Shoreline Village Long Beach Outing 2:30 🚶 Silver Sneakers 3:00 🕒 Finish The Phrase / Every Picture Tells A Story 3:15 🕒 BINGO 3:30 🕒 Person Place or Thing 5:00 🦋 Engagement Box Reminiscing 6:00 🕒 Sorting Poker Chips By Color</div>	<div>9:30 🕒 Daily Chronicle 10:15 🦋 Meet &amp; Greet 10:25 🚶 Light &amp; lively Work Out 1:30 🕒 Art Therapy New Year's Resolutions Collage 2:30 🚶 Silver Sneakers 3:15 🍌 Banana Nut Cup Cake Baking &amp; Decorating 3:45 🚶 Strolling &amp; Rolling 5:00 🦋 Evening Movie (Resident Choice Netflix) 5:30 🕒 Sock Sorting 6:00 🕒 Life Skills / Task Napkin Folding</div>	<div><b>National Spaghetti Day</b> 9:30 🕒 Daily Chronicle 10:30 🚶 Range of Motion Exercise 11:00 🚶 Walking Club 1:30 💚 Citrus Hand Juicing 2:00 🍌 Expressive Art Spaghetti Noddle Painting 3:15 🦋 BINGO 3:45 🌱 Walking Trails 5:00 🕒 Independent Look &amp; Lace 5:30 🕒 Word Search 6:00 🕒 Shape Matching &amp; Puzzle</div>
<div>9:30 🕒 Newspaper &amp; Horoscope 10:25 🚶 Sing- Fit 11:15 🕒 Arm Chair Travel Niagara Falls 1:30 🍌 Saddleback Church 2:30 🦋 Coupon Clippers Club 3:30 🌱 Excursion to Friendship Bell 3:30 🦋 Sing Along 3:45 🚶 Walking Trails 5:30 🕒 Independent Large Dominos 6:00 🦋 Engagement boxes Reminiscing</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Fan Out Your Flexibility 11:15 🚶 Balloon Swat 1:30 🕒 Finish The Phrase /A Picture Tells A Thousand Words 2:00 🕒 Poet Corner 2:30 🚶 Silver Sneakers 3:15 🕒 Vocabulary Challenge How Strong Is You Vocabulary? 5:00 🦋 Monday Night News 5:30 🚶 Independent Puzzles 6:00 🕒 Reminiscing with Engagement Box</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Stretching To The Beat 11:15 🕒 Drum Circle 1:30 🚶 Walking Club 2:30 🚶 Silver Sneakers 3:15 🕒 BINGO 3:30 🚶 Strolling &amp; Rolling 3:45 🍌 Book Club &amp; Hot Cocoa 5:30 🕒 Poker Sorting 6:00 🕒 Independent Look &amp; Lace</div>	<div>9:30 🕒 Daily Chronicle 10:30 🕒 Hold The Pose Work Out 11:15 🕒 This Was the Year Trivia 1:30 🕒 Music Bingo 2:00 🌱 Shopping At Walmart 2:30 🚶 Silver Sneakers 3:20 💚 Expressive Art Balloon Prints 5:00 💚 Piano Classics With Kou 5:30 🕒 Engagement Box Reminiscing 6:00 🕒 Dominos</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Sing - Fit 11:15 💚 Drum Circle Practice 1:30 🦋 Trivia Happy Hour 2:30 🚶 Silver Sneakers 3:15 🕒 BINGO 3:30 🕒 Person Place or Thing 5:00 🦋 Engagement Box Reminiscing 6:00 🕒 Sorting Poker Chips By Color</div>	<div><b>Houseplant Appreciation Day</b> 9:30 🕒 Daily Chronicle 10:15 🦋 Meet &amp; Greet 10:25 🚶 Light &amp; lively Work Out 1:30 🕒 Art Therapy Flower Collage 2:30 🚶 Silver Sneakers 3:15 🍌 BlueBerry Cup Cake Baking &amp; Decorating 3:30 💚 Gardening Repotting Succulents 3:45 🚶 Strolling &amp; Rolling 5:00 🦋 Evening Movie (Resident Choice Netflix) 5:30 🕒 Sock Sorting 6:00 🕒 Life Skills / Task Napkin Folding</div>	<div>9:30 🕒 Daily Chronicle 10:30 🚶 Range of Motion Exercise 11:00 🚶 Walking Club 11:15 🦋 Men's Outing Costco Hot Dog's 1:30 💚 Citrus Hand Juicing Social 2:00 🍌 Expressive Art Super Bowl Crafting Finger Print Foot Ball 3:15 🦋 BINGO 3:45 🌱 Walking Trails 5:00 🕒 Independent Look &amp; Lace 5:30 🕒 Word Search 6:00 🕒 Shape Matching &amp; Puzzle</div>
<div>9:30 🕒 Newspaper &amp; Horoscope 10:25 🚶 Sing- Fit 11:00 🕒 Arm Chair Travel Coral Reef 1:30 🍌 Saddleback Church 2:30 🦋 Coupon Clippers Club 3:30 🌱 Scenic Drive Old Town Torrance 3:30 🦋 Sing Along 3:45 🚶 Walking Trails /Hallway Bowling 5:30 🕒 Independent Large Dominos 6:00 🦋 Engagement boxes Reminiscing</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Fan Out Your Flexibility 11:15 🚶 Balloon Swat 1:30 🕒 Finish The Phrase /A Picture Tells A Thousand Words 2:00 🕒 Poet Corner 2:30 🚶 Silver Sneakers 3:15 🕒 Vocabulary Challenge How Strong Is You Vocabulary? 5:00 🦋 Monday Night News 5:30 🚶 Independent Puzzles 6:00 🕒 Reminiscing with Engagement Box</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Stretching To The Beat 11:15 🕒 Drum Circle 1:30 🚶 Walking Club 2:30 🚶 Silver Sneakers 3:15 🕒 BINGO 3:30 🚶 Strolling &amp; Rolling 3:45 🍌 Book Club &amp; Hot Cocoa 5:30 🕒 Poker Sorting 6:00 🕒 Independent Look &amp; Lace</div>	<div>9:30 🕒 Daily Chronicle 10:30 🕒 Hold The Pose Work Out 11:15 🕒 This Was the Year Trivia 1:30 🕒 Music Bingo 2:00 🌱 Shopping At Target 2:15 🗣 Hat Chat Current News 2:30 🚶 Silver Sneakers 3:20 💚 Expressive Art Balloon Prints 5:00 💚 Piano Classics With Kou 5:30 🕒 Engagement Box Reminiscing 6:00 🕒 Dominos</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Sing - Fit 11:15 💚 Drum Circle Practice 1:30 🦋 Trivia Happy Hour 2:30 🚶 Silver Sneakers 3:15 🕒 BINGO 3:30 🕒 Person Place or Thing 5:00 🦋 Engagement Box Reminiscing 6:00 🕒 Sorting Poker Chips By Color</div>	<div>9:30 🕒 Daily Chronicle 10:15 🦋 Meet &amp; Greet 10:25 🚶 Light &amp; lively Work Out 1:30 🕒 Art Therapy Simple Strip Collage 2:30 🚶 Silver Sneakers 3:15 🍌 Banana Nut Cup Cake Baking &amp; Decorating 3:45 🚶 Strolling &amp; Rolling 5:00 🦋 Evening Movie (Resident Choice Netflix) 5:30 🕒 Sock Sorting 6:00 🕒 Life Skills / Task Napkin Folding</div>	<div>9:30 🕒 Daily Chronicle 10:30 🚶 Range of Motion Exercise 11:00 🚶 Walking Club 1:30 💚 Citrus Hand Juicing Social 2:00 🍌 Expressive Art Super Bowl Crafting DiY Foot Ball Pennant 3:15 🦋 BINGO 3:45 🌱 Walking Trails 5:00 🕒 Independent Look &amp; Lace 5:30 🕒 Word Search 6:00 🕒 Shape Matching &amp; Puzzle</div>
<div><b>National Popcorn Day</b> 9:30 🕒 Newspaper &amp; Horoscope 10:25 🚶 Sing- Fit 11:00 🕒 Arm Chair Travel The Colosseum ,Rome 1:30 🍌 Saddleback Church 2:00 🦋 Popcorn Topping Taste Testing &amp; A Movie Cat On A Hot Tin Roof 2:30 🦋 Coupon Clippers Club 3:30 🌱 Excursion to Redondo Beach Pier 3:30 🦋 Sing Along 3:45 🚶 Walking Trails /Hallway Bowling 5:30 🕒 Independent Large Dominos 6:00 🦋 Engagement boxes Reminiscing</div>	<div><b>Martin Luther Kings Day Jr. Day</b> 9:30 🕒 Daily Chronicle 10:25 🚶 Fan Out Your Flexibility 11:15 🚶 Balloon Swat 1:30 🍌 Create Art Inspired By King's Quotes 2:00 🕒 Poet Corner 2:30 🚶 Silver Sneakers 3:15 🕒 Vocabulary Challenge How Strong Is You Vocabulary? 5:00 🦋 Monday Night News 5:30 🚶 Independent Puzzles 6:00 🕒 Reminiscing with Engagement Box</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Stretching To The Beat 11:15 🕒 Drum Circle 1:30 🚶 Walking Club 2:30 🚶 Silver Sneakers 3:15 🕒 BINGO 3:30 🚶 Strolling &amp; Rolling 3:45 🍌 Book Club &amp; Hot Cocoa 5:30 🕒 Poker Sorting 6:00 🕒 Independent Look &amp; Lace</div>	<div>9:30 🕒 Daily Chronicle 10:30 🕒 Hold The Pose Work Out 11:15 🕒 This Was the Year Trivia 1:30 🕒 Music Bingo 2:00 🌱 Shopping At Costco 2:30 🚶 Silver Sneakers 3:20 💚 Expressive Art Balloon Prints 5:00 💚 Piano Classics With Kou 5:30 🕒 Engagement Box Reminiscing 6:00 🕒 Dominos</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Sing - Fit 11:15 💚 Drum Circle Practice 1:30 🦋 Trivia Happy Hour 2:30 🚶 Silver Sneakers 3:15 🕒 BINGO 3:30 🕒 Person Place or Thing 5:00 🦋 Engagement Box Reminiscing 6:00 🕒 Sorting Poker Chips By Color</div>	<div>9:30 🕒 Daily Chronicle 9:45 💚 Chen Art Gallery Outing 10:15 🦋 Morning Matinee Rebel With A Cause 1:30 🕒 Art Therapy Face Collage 2:30 🚶 Silver Sneakers 3:15 🍌 BlueBerry Cup Cake Baking &amp; Decorating 3:45 🚶 Strolling &amp; Rolling 5:00 🦋 Evening Movie (Resident Choice Netflix) 5:30 🕒 Sock Sorting 6:00 🕒 Life Skills / Task Napkin Folding</div>	<div><b>Chinese New Year</b> 9:30 🕒 Daily Chronicle 10:30 🚶 Range of Motion Exercise 11:00 🍌 Arm Chair Travel To China 1:30 💚 Citrus Hand Juicing Social 2:00 🍌 Expressive Art Super Bowl Crafting Noise Maker 3:15 🦋 BINGO 3:45 🌱 Walking Trails 5:00 🕒 Independent Look &amp; Lace 5:30 🕒 Word Search 6:00 🕒 Shape Matching &amp; Puzzle</div>
<div>9:30 🕒 Newspaper &amp; Horoscope 10:25 🚶 Sing- Fit 11:00 🕒 Arm Chair Travel The Northern Lights 1:30 🍌 Saddleback Church 2:30 🦋 Coupon Clippers Club 3:30 🌱 Excursion to Friendship Bell 3:30 🦋 Sing Along 3:45 🚶 Walking Trails /Hallway Bowling 5:30 🕒 Independent Large Dominos 6:00 🦋 Engagement boxes Reminiscing</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Fan Out Your Flexibility 11:15 🚶 Balloon Swat 1:30 🕒 Finish The Phrase /A Picture Tells A Thousand Words 2:00 🕒 Poet Corner 2:30 🚶 Silver Sneakers 3:15 🕒 Vocabulary Challenge How Strong Is You Vocabulary? 5:00 🦋 Monday Night News 5:30 🚶 Independent Puzzles 6:00 🕒 Reminiscing with Engagement Box</div>	<div>9:30 🕒 Daily Chronicle 10:25 🚶 Stretching To The Beat 11:15 🕒 Drum Circle 11:30 🦋 ladies luncheon at Dennys 1:30 💚 Food For Thought With Moinca 2:30 🚶 Silver Sneakers 3:15 🕒 BINGO 3:30 🚶 Strolling &amp; Rolling 3:45 🍌 Book Club &amp; Hot Cocoa 5:30 🕒 Poker Sorting 6:00 🕒 Independent Look &amp; Lace</div>	<div>9:30 🕒 Daily Chronicle 10:30 🕒 Hold The Pose Work Out 11:15 🕒 This Was the Year Trivia 1:30 🕒 Music Bingo 2:00 🌱 Shopping At 99 cent only Store 2:30 🚶 Silver Sneakers 3:20 💚 Expressive Art Balloon Prints 5:00 💚 Piano Classics With Kou 5:30 🕒 Engagement Box Reminiscing 6:00 🕒 Dominos</div>	<div><b>January Birthday Celebration</b> <b>National Croissant Day</b> 9:30 🕒 Daily Chronicle 10:25 🚶 Sing - Fit 11:15 💚 Drum Circle Practice 1:30 🦋 New Resident Welcoming Committee Join Us for Croissants &amp; Coffee 2:00 🍌 Birthday Celebration With Live Entertainment 2:30 🚶 Silver Sneakers 3:15 🕒 BINGO 3:30 🕒 Person Place or Thing 5:00 🦋 Engagement Box Reminiscing 6:00 🕒 Sorting Poker Chips By Color</div>	<div>9:30 🕒 Daily Chronicle 10:15 🦋 Meet &amp; Greet 10:25 🚶 Light &amp; lively Work Out 1:30 🕒 Art Therapy Color Collage 2:30 🚶 Silver Sneakers 3:15 🍌 Banana Nut Cup Cake Baking &amp; Decorating 3:45 🚶 Strolling &amp; Rolling 5:00 🦋 Evening Movie (Resident Choice Netflix) 5:30 🕒 Sock Sorting 6:00 🕒 Life Skills / Task Napkin Folding</div>	<div>“Yesterday was not your defining moment. The calendar moved forward; why not you?” — Dr. Steve Maraboli</div>