

# February 2026

## Love, Learning & A Night in Paris

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 🌟 Test your IQ! Search for February Words [LC] 1:30 🌟 Winter Cardio Walk [OS/WP] 2:30 🌈 Coffee & Conversation Social [LC] 3:45 🌈 Church Services with Russ & Becky [AR] 5:30 🌈 Fireside Chats [LR]	<b>1</b> <b>Groundhog Day</b> 10:00 🌟 Stretch & Balance with Aneesh [AR] 10:30 🌟 Groundhog Day Trivia [AR] 1:30 🌈 Strong Hearts Walk [OS/WP] 2:30 🌈 Black History Spotlight [AR] 3:30 🌈 Bingo Challenge [AR] 5:30 🌟 Puzzle Corner [AR]	<b>2</b> 10:00 🌟 Training with Aneesh [AR] 10:30 🌟 Recollection Road [AR] 1:30 🌈 Heart & Harmony with Al Mahan [LR] 2:30 🌈 Shopping Trip to Ross [O] 3:30 🌈 Rummikub Challenge & Friends [AR] 5:30 🌟 Music Listening [LR]	<b>3</b> 10:00 🌟 Balance Builders Exercise Class [AR] 10:30 🌟 Paris Letter Café - How many words? [LC] 1:00 🌈 Heart & Spirit with Deacon Joe [LR] 2:30 🌈 Soup Day Social [AR] 3:30 🌈 Bingo it is! [AR] 5:30 🌟 February Film Night - Casablanca [LR] 5:30 🌟 Music Listening [LR]	<b>4</b> 10:00 🌟 Active Living with Aneesh [AR] 10:30 🌟 Paris Pops Trivia - France [AR] 1:30 🌈 WalkWise Club [OS/WP] 2:30 🌈 February Fireside Social [LR] 3:30 🌈 Art: Creative Expressions [AR] 5:30 🌈 Puzzle & Unwind Station [AR]	<b>5</b> 10:00 🌟 Every Body a Champion: Fitness with Pam [AR] 10:30 🌟 Winter Olympics Trivia [AR] 1:30 🌈 Go for the Gold Walkers [OS/WP] 2:30 🌈 Paris Café Social [LR] 3:30 🌈 Big Money Bingo! [AR] 5:30 🌟 From Paris with Music	<b>6</b> 10:30 🌈 Morning News & Discussion [LC] 1:30 🌈 Saturday Stroll [OS/WP] 2:30 🌟 Brain Games Café [LC] 3:30 🌈 Tabletop Classics - Games [AR] 5:30 🌈 Fireside Chatters Club [AR]
10:30 🌟 Test your IQ! Crossword Puzzle Challenge [LC] 1:30 🌈 Winter Cardio Walk [OS/WP] 2:30 🌈 Coffee & Conversation Social [LC] 3:30 🌈 Hymns by Windell/CD [AR] 6:30 🌈 Touchdowns & Togetherness: 2026 Super Bowl LX [LC]	<b>8</b> 10:00 🌟 Stretch & Balance with Aneesh [AR] 10:30 🌈 Heart & Harmony with Ethan on Piano [LR] 1:30 🌈 Strong Hearts Walk [OS/WP] 2:30 🌈 Hearts & Smiles Studio: Photo Shoot Social 3:30 🌈 Bingo Challenge [AR] 5:30 🌟 Puzzle Corner [AR]	<b>9</b> 10:00 🌟 Training with Aneesh [AR] 10:30 🌟 Health Talk - Fox Rehabilitation [AR] 11:00 🌈 Lunch at the Smoke Pit [O] 1:30 🌈 Walk for your Health [OS/WP] 2:30 🌈 Afternoon Coffee & Cookies Social [AR] 3:30 🌈 Rummikub Challenge & Friends [AR] 5:30 🌟 Music Listening [LR]	<b>10</b> 10:00 🌟 Balance Builders Exercise Class [AR] 10:30 🌟 Brainwork: How many words? [AR] 11:00 🌈 Lunch at the Smoke Pit [O] 1:30 🌈 Walk for your Health [OS/WP] 2:30 🌈 Make-a-Friend Social [AR] 3:30 🌈 Bingo it is! [AR] 5:30 🌟 Popcorn & Flick: Smokey and the Bandit [AR] 5:30 🌟 Music Listening [LR]	<b>11</b> 10:00 🌟 Active Living with Aneesh [AR] 10:30 🌟 Mindful Moments - Jeopardy Trivia & Hot Cocoa [AR] 1:30 🌈 Friendship Walk: Grab-a-buddy [OS/WP] 2:30 🌈 Make-a-Friend Social [AR] 3:30 🌈 Bingo it is! [AR] 5:30 🌈 Cards for Loved Ones [AR] 5:30 🌈 Puzzle & Unwind Station [AR]	<b>12</b> 10:00 🌟 Fitness with Pam [AR] 10:30 🌈 Church Services with Pastor Bill 1:00 🌈 Spiritual Moments: St. Thomas Aquinas Visit 1:30 🌈 Heart & Sole Walk [OS/WP] 2:30 🌈 Galentine's Tea Party w/ Bethany 3:30 🌈 Big Money Bingo! [AR] 5:30 🌟 From Paris with Music	<b>13</b> <b>Happy Valentine's Day</b> 10:30 🌈 Morning News & Discussion [LC] 12:00 🌈 "Sweetheart" Luncheon & Martha on the Harp [PDR] 1:30 🌈 Saturday Stroll [OS/WP] 3:30 🌈 Tabletop Classics - Games [AR] 5:30 🌈 Fireside Chatters Club [AR]
10:30 🌟 Test your IQ! Ark of the Covenant - Mining Words [AR] 1:30 🌈 Daily Walk Club [OS/WP] 2:30 🌈 Music & Memories [LC] 3:45 🌈 Independence Hill Baptist Church Services [LR] 5:30 🌈 Fireside Chats [LR]	<b>15</b> <b>Presidents' Day</b> 10:00 🌟 Stretch & Balance with Aneesh [AR] 10:30 🌟 Resident Council Meets [AR] 1:30 🌈 Presidential Brain Boost [AR] 2:30 🌈 Strong Hearts Walk [OS/WP] 3:30 🌈 Shake, Rattle & Beads with Emily/Mardi Gras Mash-up [LR] 2:30 🌈 Love Lines & Quotes [AR] 3:30 🌈 Bingo Challenge [AR] 5:30 🌟 Puzzle Corner [AR]	<b>16</b> 10:00 🌟 Training with Aneesh [AR] 10:30 🌟 Sweetheart Shuffle Trivia [AR] 1:30 🌈 Walk for your Health [OS/WP] 2:30 🌈 Shake, Rattle & Beads with Emily/Mardi Gras Mash-up [LR] 3:30 🌈 Rummikub Challenge & Friends [AR] 5:30 🌟 Music Listening: Come on Everybody! - Fats Domino [LR]	<b>17</b> 10:00 🌟 Balance Builders Exercise Class [AR] 10:30 🌟 Sweetheart Shuffle Trivia [AR] 1:30 🌈 Friendship Walk: Grab-a-buddy [OS/WP] 2:30 🌈 All You Need Is Love... & Ice Cream [AR] 3:30 🌈 Bingo it is! [AR] 5:30 🌟 Romance on the Big Screen (See Flyer for Title of Movie) [AR]	<b>18</b> 10:00 🌟 Active Living with Aneesh [AR] 10:30 🌟 Mindful Moments - Jeopardy Trivia & Hot Cocoa [AR] 1:00 🌈 Celebrate YOU! Birthday Party w/ Todd on Guitar [AR] 1:30 🌈 WalkWise Club [OS/WP] 2:30 🌈 Paris Fun Facts & Afternoon Delight [LR] 3:30 🌈 For Your Listening Pleasure: Motown Greats & Relaxation [AR] 5:30 🌈 Puzzle & Unwind Station [AR]	<b>19</b> 10:00 🌟 Hearts in Motion Fitness [AR] 10:30 🌟 March of the Penguins: Documentary [AR] 1:30 🌈 Winter Strides for Your Heart [OS/WP] 2:30 🌈 A Heartfelt Welcome: Newcomers Social [LR] 3:30 🌈 Big Money Bingo! [AR] 5:30 🌟 From Paris with Music	<b>20</b> 10:30 🌈 Morning News & Discussion [LC] 1:30 🌈 Saturday Stroll [OS/WP] 2:00 🌈 Love Notes & Tunes with Ethan [LR] 3:30 🌈 Tabletop Classics - Games [AR] 5:30 🌈 Fireside Chatters Club [AR]
10:30 🌟 Test your IQ! Crossword Puzzle Challenge [LC] 1:30 🌈 Daily Walk Club [OS/WP] 2:30 🌈 February Memories: Music & Meaning [LR] 3:30 🌈 Games People Play [AR] 5:30 🌈 Friend Chats [LR]	<b>22</b> 10:00 🌟 Stretch & Balance with Aneesh [AR] 10:30 🌟 Trivia Takeover: Jeopardy [AR] 1:30 🌈 Strong Hearts Walk [OS/WP] 2:30 🌈 Figuring it all out! Crossword Puzzles [AR] 3:30 🌈 Bingo Challenge [AR] 5:30 🌈 Evening by the Fire & Love Songs [LR]	<b>23</b> 10:00 🌟 Training with Aneesh [AR] 10:30 🌟 Recollection Road [AR] 1:30 🌈 Walk for your Health [OS/WP] 2:00 🌈 Love at First Bite Pastry Run [O] 3:30 🌈 Rummikub Challenge & Friends [AR] 5:30 🌟 From Paris with Music	<b>24</b> 10:00 🌟 Balance Builders Exercise Class [AR] 10:30 🌟 Words, Words & More Words - How many words? [LC] 1:30 🌈 Friendship Walk: Grab-a-buddy [OS/WP] 2:30 🌈 Ol' Blue-Eyes, Frank Sinatra Tunes - He Did It His Way Day! [AR] 3:30 🌈 Bingo it is! [AR] 5:30 🌈 Evening News & Views with Neighbors [LC]	<b>25</b> 10:00 🌟 Active Living with Aneesh [AR] 10:30 🌈 Sing, Sway & Celebrate Love with Emily on Piano 1:30 🌈 WalkWise Club [OS/WP] 2:30 🌈 Tea & Togetherness Social [AR] 3:30 🌈 Art: Creative Expressions [AR] 5:30 🌈 Puzzle & Unwind Station [AR]	<b>26</b> 10:00 🌟 Heart Health Fitness [AR] 10:30 🌟 Armchair Travels to France [AR] 1:00 🌈 Spiritual Moments: St. Thomas Aquinas Visit 1:30 🌈 Winter Strides [OS/WP] 2:30 🌈 Music for the Soul Social [LR] 3:30 🌈 Big Money Bingo! [AR] 5:30 🌈 Reel Relaxation & Popcorn: Featured Movie - Cat on a Hot Tin Roof [AR]	<b>27</b> 10:30 🌈 Morning News & Discussion [LC] 1:30 🌈 Saturday Stroll [OS/WP] 2:30 🌟 Brain Games Café [LC] 3:30 🌈 Tabletop Classics - Games [AR] 5:30 🌈 Fireside Chatters Club [AR]

THE LAURELS & THE HAVEN<sup>®</sup>  
IN HIGHLAND CREEK

A TerraBella Senior Living Community

6101 Clarke Creek Pkwy.  
Charlotte, NC 28269  
(704) 947-8050

  
**CELEBRATIONS**  
ACTIVITIES & EVENTS



### Location Keys

Activity Room  
Laurels Café  
Living Room  
Outing  
Outside/Weather Permitting OS/WP  
Private Dining Room

AR  
LC  
LR  
O  
OS/WP  
PDR



All Events are  
Subject to  
Change