

February 2026
Love, Learning & A Night in Paris



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:30 🧠 Test your IQ! Search for February Words [LC] 1 1:30 🌿 Winter Cardio Walk [OS/WP] 2:30 🍵 Coffee & Conversation Social [LC] 3:45 🏛️ Church Services with Russ & Becky [AR] 5:30 🍵 Fireside Chats [LR]	Groundhog Day 2 10:00 ➡️ Stretch & Balance with Aneesh [AR] 10:30 🧠 Groundhog Day Trivia [AR] 1:30 🌿 Strong Hearts Walk [OS/ WP] 2:30 📖 Black History Spotlight [AR] 3:30 🎲 Bingo Challenge [AR] 5:30 🧠 Puzzle Corner [AR]	10:00 ➡️ Training with Aneesh [AR] 3 10:30 🧠 Recollection Road [AR] 1:30 🍵 Heart & Harmony with Al Mahan [LR] 2:45 📝 Shopping Trip to Ross [O] 3:30 🍵 Rummikub Challenge & Friends [AR] 5:30 🧠 Music Listening [LR]	10:00 ➡️ Balance Builders Exercise Class [AR] 4 10:30 🧠 Paris Letter Café - How many words? [LC] 1:00 🏛️ Heart & Spirit with Deacon Joe [LR] 2:30 🍵 Soup Day Social [AR] 3:30 🎲 Bingo it is! [AR] 5:30 🧠 February Film Night - Casablanca [LR]	10:00 ➡️ Active Living with Aneesh [AR] 5 10:30 🧠 Paris Pops Trivia - France [AR] 1:30 🌿 WalkWise Club [OS/WP] 2:30 🍵 February Fireside Social [LR] 3:30 🎨 Art: Creative Expressions [AR] 5:30 🍵 Puzzle & Unwind Station [AR]	10:00 ➡️ Every Body a Champion: Fitness with Pam [AR] 6 10:30 🧠 Winter Olympics Trivia [AR] 1:30 🌿 Go for the Gold Walkers [OS/ WP] 2:30 🍵 Paris Café Social [LR] 3:30 🍵 Big Money Bingo! [AR] 5:30 🧠 From Paris with Music	10:30 🧠 Morning News & Discussion [LC] 7 1:30 🌿 Saturday Stroll [OS/WP] 2:30 🧠 Brain Games Cafe' [LC] 3:30 🎲 Tabletop Classics - Games [AR] 5:30 🍵 Fireside Chatters Club [AR]
10:30 🧠 Test your IQ! Crossword Puzzle Challenge [LC] 8 1:30 🌿 Winter Cardio Walk [OS/WP] 2:30 🍵 Coffee & Conversation Social [LC] 3:30 📖 Hymns by Windell/CD [AR] 6:30 🍵 Touchdowns & Togetherness: 2026 Super Bowl LX [LC]	10:00 ➡️ Stretch & Balance with Aneesh [AR] 9 10:30 🍵 Heart & Harmony with Ethan on Piano [LR] 1:30 🌿 Strong Hearts Walk [OS/ WP] 2:30 🍵 Hearts & Smiles Studio: Photo Shoot Social 3:30 🎲 Bingo Challenge [AR] 5:30 🧠 Puzzle Corner [AR]	10:00 ➡️ Training with Aneesh [AR] 10 10:30 🧠 Health Talk - Fox Rehabilitation [AR] 11:00 🍵 Lunch at the Smoke Pit [O] 1:30 🌿 Walk for your Health [OS/WP] 2:30 🍵 Afternoon Coffee & Cookies Social [AR] 3:30 🍵 Rummikub Challenge & Friends [AR] 5:30 🧠 Music Listening [LR]	10:00 ➡️ Balance Builders Exercise Class [AR] 11 10:30 🧠 Brainwork: How many words? [AR] 1:30 🌿 Friendship Walk: Grab-a-buddy [OS/WP] 2:30 🍵 Make-a-Friend Social [AR] 3:30 🎲 Bingo it is! [AR] 5:30 🧠 Popcorn & Flick: Smokey and the Bandit [AR]	10:00 ➡️ Active Living with Aneesh [AR] 12 10:30 🧠 Mindful Moments - Jeopardy Trivia & Hot Cocoa [AR] 1:30 🌿 WalkWise Club [OS/WP] 2:30 🍵 Music & Memories 3:30 🎲 Cards for Loved Ones [AR] 5:30 🍵 Puzzle & Unwind Station [AR]	10:00 ➡️ Fitness with Pam [AR] 13 10:30 🏛️ Church Services with Pastor Bill 1:00 📖 Spiritual Moments: St. Thomas Aquinas Visit 1:30 🌿 Heart & Sole Walk [OS/WP] 2:30 🍵 Galentine's Tea Party w/ Bethany 3:30 🍵 Big Money Bingo! [AR] 5:30 🧠 From Paris with Music	Happy Valentine's Day 14 10:30 🧠 Morning News & Discussion [LC] 12:00 📖 "Sweetheart" Luncheon & Martha on the Harp [PDR] 1:30 🌿 Saturday Stroll [OS/WP] 3:30 🎲 Tabletop Classics - Games [AR] 5:30 🍵 Fireside Chatters Club [AR]
10:30 🧠 Test your IQ! Ark of the Covenant - Mining Words [AR] 15 1:30 🌿 Daily Walk Club [OS/WP] 2:30 🍵 Music & Memories [LC] 3:45 🏛️ Independence Hill Baptist Church Services [LR] 5:30 🍵 Fireside Chats [LR]	Presidents' Day 16 10:00 ➡️ Stretch & Balance with Aneesh [AR] 10:30 🧠 Presidential Brain Boost [AR] 1:30 🌿 Strong Hearts Walk [OS/ WP] 2:30 🧠 Love Lines & Quotes [AR] 3:30 🎲 Bingo Challenge [AR] 5:30 🧠 Puzzle Corner [AR]	10:00 ➡️ Training with Aneesh [AR] 17 10:30 🧠 Resident Council Meets [AR] 1:30 🌿 Walk for your Health [OS/WP] 2:30 🍵 Shake, Rattle & Beads with Emily/Mardi Gras Mash-up [LR] 3:30 🍵 Rummikub Challenge & Friends [AR] 5:30 🧠 Music Listening: Come on Everybody! - Fats Domino [LR]	10:00 ➡️ Balance Builders Exercise Class [AR] 18 10:30 🧠 Sweetheart Shuffle Trivia [AR] 1:30 🌿 Friendship Walk: Grab-a-buddy [OS/WP] 2:30 🍵 All You Need Is Love... & Ice Cream [AR] 3:30 🎲 Bingo it is! [AR] 5:30 🧠 Romance on the Big Screen (See Flyer for Title of Movie) [AR]	10:00 ➡️ Active Living with Aneesh [AR] 19 10:30 🧠 Mindful Moments - Jeopardy Trivia & Hot Cocoa [AR] 1:00 📖 Celebrate YOU! Birthday Party w/ Todd on Guitar [AR] 1:30 🌿 WalkWise Club [OS/WP] 2:30 🍵 Paris Fun Facts & Afternoon Delight [LR] 3:30 📖 For Your Listening Pleasure: Motown Greats & Relaxation [AR] 5:30 🍵 Puzzle & Unwind Station [AR]	10:00 ➡️ Hearts in Motion Fitness [AR] 20 10:30 🧠 March of the Penguins: Documentary [AR] 1:30 🌿 Winter Strides for Your Heart [OS/WP] 2:30 🍵 A Heartfelt Welcome: Newcomers Social [LR] 3:30 🍵 Big Money Bingo! [AR] 5:30 🧠 From Paris with Music	10:30 🧠 Morning News & Discussion [LC] 21 1:30 🌿 Saturday Stroll [OS/WP] 2:00 🍵 Love Notes & Tunes with Ethan [LR] 3:30 🎲 Tabletop Classics - Games [AR] 5:30 🍵 Fireside Chatters Club [AR]
10:30 🧠 Test your IQ! Crossword Puzzle Challenge [LC] 22 1:30 🌿 Daily Walk Club [OS/WP] 2:30 🍵 February Memories: Music & Meaning [LR] 3:30 🍵 Games People Play [AR] 5:30 🍵 Friend Chats [LR]	10:00 ➡️ Stretch & Balance with Aneesh [AR] 23 10:30 🧠 Trivia Takeover: Jeopardy [AR] 1:30 🌿 Strong Hearts Walk [OS/WP] 2:30 🍵 Figuring it all out! Crossword Puzzles [AR] 3:30 🎲 Bingo Challenge [AR] 5:30 🍵 Evening by the Fire & Love Songs [LR]	10:00 ➡️ Training with Aneesh [AR] 24 10:30 🧠 Recollection Road [AR] 1:30 🌿 Walk for your Health [OS/WP] 2:00 🍵 Love at First Bite Pastry Run [O] 3:30 🍵 Rummikub Challenge & Friends [AR] 5:30 🧠 From Paris with Music	10:00 ➡️ Balance Builders Exercise Class [AR] 25 10:30 🧠 Words, Words & More Words - How many words? [LC] 1:30 🌿 Friendship Walk: Grab-a-buddy [OS/WP] 2:30 📖 Ol' Blue-Eyes, Frank Sinatra Tunes - He Did It His Way Day! [AR] 3:30 🎲 Bingo it is! [AR] 5:30 🍵 Evening News & Views with Neighbors [LC]	10:00 ➡️ Active Living with Aneesh [AR] 26 10:30 🍵 Sing, Sway & Celebrate Love with Emily on Piano 1:30 🌿 WalkWise Club [OS/WP] 2:30 🍵 Tea & Togetherness Social [AR] 3:30 🎨 Art: Creative Expressions [AR] 5:30 🍵 Puzzle & Unwind Station [AR]	10:00 ➡️ Heart Health Fitness [AR] 27 10:30 🧠 Armchair Travels to France [AR] 1:00 📖 Spiritual Moments: St. Thomas Aquinas Visit 1:30 🌿 Winter Strides [OS/WP] 2:30 🍵 Music for the Soul Social [LR] 3:30 🍵 Big Money Bingo! [AR] 5:30 🍵 Reel Relaxation & Popcorn: Featured Movie - Cat on a Hot Tin Roof [AR]	10:30 🧠 Morning News & Discussion [LC] 28 1:30 🌿 Saturday Stroll [OS/WP] 2:30 🧠 Brain Games Cafe' [LC] 3:30 🎲 Tabletop Classics - Games [AR] 5:30 🍵 Fireside Chatters Club [AR]

THE LAURELS & THE HAVEN
IN HIGHLAND CREEK

A TerraBella Senior Living Community

6101 Clarke Creek Pkwy.
Charlotte, NC 28269
(704) 947-8050



Location Keys

Activity Room AR
Laurels Cafe' LC
Living Room LR
Outing O
Outside/Weather Permitting OS/WP
Private Dining Room PDR



All Events are
Subject to
Change