

July 2026

Cruisin' (Memory Care)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>THE LAURELS & THE HAVEN IN HIGHLAND CREEK <small>A TerraBella Senior Living Community</small></p>	<p>Calendar Subject to Change due to Resident Preference or Weather</p>	<p>Wellness Dimensions</p> <ul style="list-style-type: none"> • Physical Dimension • Social Dimension • Intellectual Dimension • Spiritual Dimension • Vocational Dimension • Environmental Dimension • Emotional Dimension 	<p>International Joke Day 1</p> <p>10:00 Reminisce with Aroma Therapy</p> <p>11:00 Praise Time</p> <p>2:00 Jokes in the Cafe with Nette</p> <p>3:30 Courtyard Stroll</p> <p>6:00 Community Wide-Mello Manicures</p>	<p>Double the Film Fun Day 2</p> <p>10:00 Encouragement Time [AR]</p> <p>10:30 B-Fit with Aneesh</p> <p>11:00 Deacon Joe Inspiration</p> <p>2:00 Haven Outing</p> <p>3:30 Double-Feature Matinee</p> <p>6:00 Community Wide (Jigsaw Puzzle Night)</p>	<p>Peachy Keen Day 3</p> <p>10:00 Catholic Services -Virtual</p> <p>10:30 Slimnastics</p> <p>11:00 Recollection Road</p> <p>2:00 East-Peasy Peach Cobbler Social</p> <p>3:30 Fresh Air</p> <p>6:00 Community Wide (Movie Matinee)</p>	<p>Independence Day 4</p> <p>10:00 Daily Affirmations</p> <p>10:30 Sit-N-Fit</p> <p>11:00 Flameless Sparkler Parade</p> <p>2:30 🌿 Fourth of July Celebration "Put it on the Grill"</p> <p>3:30 Fourth of July Celebration with Emily</p> <p>6:00 Community Wide (Family Feud)</p>
<p>Graham Cracker Day 5</p> <p>Happy Birthday, Deborah H</p> <p>10:00 Daily Affirmations</p> <p>11:00 🍪 Graham Cracker & Cream Cheese Snack</p> <p>11:00 Spiritual Elder Care Worship on Youtube (virtual)</p> <p>2:00 Ice Cream Social</p> <p>3:30 Sunday Hymn Sing</p> <p>6:00 Community Wide (Sonny & Cher)</p>	<p>Far from the Sun Day 6</p> <p>10:00 Montessori Moments</p> <p>10:30 Arm Stretches</p> <p>11:00 Funny Facts</p> <p>1:30 Motion with Aneesh</p> <p>2:00 Martha on the Harp</p> <p>3:30 An All Star Day Movie</p> <p>6:00 American Bandstand Night</p>	<p>Happy Birthday, Suzanne S 7</p> <p>Strawberry Sundae Day</p> <p>10:00 Keeping Fit with Aneesh-Asheville</p> <p>10:30 Tactile Art Tuesday</p> <p>11:00 Sip and Discuss (Daily Chronicle)</p> <p>2:00 Strawberry Sunday Snack Social</p> <p>Linda the Storyteller</p> <p>6:00 Community Wide Hand Massages</p>	<p>Fruit Freezer Pop Day 8</p> <p>10:00 Reminisce with Aroma Therapy</p> <p>10:30 Haven Laurels Social</p> <p>11:00 Praise Time</p> <p>2:00 Haven Cafe with Nette</p> <p>2:00 Tea Time</p> <p>3:30 Courtyard Stroll</p> <p>6:00 Community Wide-Mello Manicures</p>	<p>Annual Hot Dog Night 9</p> <p>10:00 Encouragement Time [AR]</p> <p>10:30 B-Fit with Aneesh</p> <p>10:30 Life is Like a Box of Chocolates</p> <p>11:00 Hot Dog Trivia & Facts</p> <p>2:00 Haven Outing</p> <p>3:30 Nature Walk</p> <p>6:00 Community Wide (Jigsaw Puzzle Night)</p>	<p>Slurpee Day 10</p> <p>10:00 Catholic Services -Virtual</p> <p>10:30 Friday Frolics</p> <p>11:00 🌿 Homemade Slurpee</p> <p>2:00 Friday Soire'e</p> <p>3:30 Fresh Air</p> <p>6:00 Community Wide (Movie Matinee)</p>	<p>10:00 Daily Affirmations 11</p> <p>10:30 Core Strength</p> <p>11:00 National Day Emphasis</p> <p>2:00 Outdoor Reflection</p> <p>3:30 Noodle Balloon</p> <p>6:00 Community Wide (Password)</p>
<p>10:00 Daily Affirmations 12</p> <p>10:30 Muscle Movement</p> <p>11:00 Spiritual Elder Care Worship on Youtube (virtual)</p> <p>11:00 🍪 Summer Song Fun</p> <p>2:00 JELLO-O Time Social</p> <p>3:30 Sunday Hymn Sing</p> <p>6:00 Community Wide (Red Skelton)</p>	<p>Happy Birthday, Barbara Ne 13</p> <p>10:00 Montessori Moments</p> <p>10:30 Move It</p> <p>11:00 Funny Facts</p> <p>1:30 Motion with Aneesh</p> <p>2:00 Garden Tending</p> <p>3:30 An All Star Day Movie</p> <p>3:30 Today in History Trivia</p> <p>6:00 American Bandstand Night</p>	<p>MLB All Star Game! 14</p> <p>10:00 Keeping Fit with Aneesh-Asheville</p> <p>10:30 Tactile Art Tuesday</p> <p>11:00 Baseball Trivia</p> <p>2:00 Games People Play</p> <p>3:30 Linda the Storyteller</p> <p>6:00 Community Wide Hand Massages</p>	<p>Eat A Bagel Day 15</p> <p>Happy Birthday, Frances W</p> <p>10:00 Reminisce with Aroma Therapy</p> <p>11:00 Praise Time</p> <p>2:00 Bagel Chips and Cream Cheese w/ Nette</p> <p>3:30 Courtyard Stroll</p> <p>6:00 Community Wide-Mello Manicures</p>	<p>Hula-Hoop-Day 16</p> <p>10:00 Encouragement Time [AR]</p> <p>10:30 B-Fit with Aneesh</p> <p>10:30 Ginger Rogers Dancing</p> <p>11:00 Deacon Joe Inspiration</p> <p>2:30 Birthday Party with Emily</p> <p>3:30 Nature Walk</p> <p>6:00 Community Wide (Jigsaw Puzzle Night)</p>	<p>10:00 Catholic Services -Virtual 17</p> <p>10:30 Cognitive Stimulation</p> <p>11:00 Recollection Road</p> <p>12:00 Alzheimer's Support Group ASG</p> <p>2:00 Friday Soire'e</p> <p>3:30 Fresh Air</p> <p>6:00 Community Wide (Movie Matinee)</p>	<p>10:00 Daily Affirmations 18</p> <p>10:30 Walk This Way</p> <p>11:00 National Day Emphasis</p> <p>11:00 🍷 Pucker Up (Sour) Day</p> <p>2:00 Outdoor Reflection</p> <p>3:15 Live Entertainment with Ethan</p> <p>3:30 Saturday Game Time</p> <p>6:00 Community Wide (Carol Burnette)</p>
<p>We All SCREAM for Ice Cream Day! 19</p> <p>10:00 Daily Affirmations</p> <p>10:30 Jazz-ercise</p> <p>11:00 🍪 Color Purple Day</p> <p>11:00 Spiritual Elder Care Worship on Youtube (virtual)</p> <p>2:00 Ice Cream Social</p> <p>3:30 Sunday Hymn Sing</p> <p>6:00 Community Wide (Ed Sullivan Show)</p>	<p>10:00 Montessori Moments 20</p> <p>10:30 Leg Strengthening</p> <p>11:00 Funny Facts</p> <p>1:30 Motion with Aneesh</p> <p>2:00 Garden Tending</p> <p>3:30 An All Star Day Movie</p> <p>3:30 Today in History Trivia</p> <p>5:00 World Hug day</p> <p>6:00 American Bandstand Night</p>	<p>Junk Food Day 21</p> <p>10:00 Keeping Fit with Aneesh-Asheville</p> <p>10:30 Tactile Art Tuesday</p> <p>11:00 Sip and Discuss (Daily Chronicle)</p> <p>2:00 Games People Play</p> <p>3:30 Linda the Storyteller</p> <p>6:00 Community Wide Hand Massages</p>	<p>Casual Pi Day 22</p> <p>10:00 Reminisce with Aroma Therapy</p> <p>11:00 Praise Time</p> <p>2:00 Pie & Chai with Ty [DR]</p> <p>3:30 Courtyard Stroll</p> <p>6:00 Community Wide-Mello Manicures</p>	<p>10:00 Encouragement Time [AR] 23</p> <p>10:30 B-Fit with Aneesh</p> <p>10:30 Jelly and Jam Day</p> <p>11:00 Word Games</p> <p>2:00 Haven Outing</p> <p>3:30 Nature Walk</p> <p>5:00 Get Outside Day</p> <p>6:00 Community Wide (Jigsaw Puzzle Night)</p>	<p>Jelly and Jam Day 24</p> <p>10:00 Catholic Services -Virtual</p> <p>10:30 Move All Around</p> <p>11:00 Recollection Road</p> <p>2:00 Friday Soire'e</p> <p>3:30 Fresh Air</p> <p>3:30 Let's Get Pampered💎💎</p> <p>6:00 Community Wide (Movie Matinee)</p>	<p>10:00 Daily Affirmations 25</p> <p>10:30 Exertion Time</p> <p>11:00 National Day Emphasis</p> <p>2:00 Outdoor Reflection</p> <p>3:30 Giant Ring Toss</p> <p>6:00 Community Wide (Wheel of Fortune)</p>
<p>10:00 Daily Affirmations 26</p> <p>10:30 Tone Those Abs</p> <p>11:00 🍪 Rock n Roll Day</p> <p>11:00 Spiritual Elder Care Worship on Youtube (virtual)</p> <p>2:00 Ice Cream Social</p> <p>3:30 Sunday Hymn Sing</p> <p>6:00 Community Wide (What's My Line)</p>	<p>Comedy Celebration Day 27</p> <p>Happy Birthday, Flossie D</p> <p>10:00 Montessori Moments</p> <p>10:30 Monday Stretch</p> <p>11:00 Funny Facts</p> <p>1:30 Motion with Aneesh</p> <p>2:00 Garden Tending</p> <p>3:30 An All Star Day Movie</p> <p>3:30 Today in History Trivia</p> <p>6:00 American Bandstand Night</p>	<p>Sculpture Day 28</p> <p>10:00 Keeping Fit with Aneesh-Asheville</p> <p>10:30 Tactile Art Tuesday</p> <p>11:00 Sip and Discuss (Daily Chronicle)</p> <p>2:00 Cook Demo with Chef</p> <p>2:00 Games People Play</p> <p>3:30 Linda the Storyteller</p> <p>6:00 Community Wide Hand Massages</p>	<p>Full Moon Day 29</p> <p>Happy Birthday, Toni</p> <p>10:00 Reminisce with Aroma Therapy</p> <p>10:30 ➡ Getting to Know You Day</p> <p>10:30 Knee and Hip Stretches</p> <p>11:00 Praise Time</p> <p>2:00 Moon Pie's with Nette</p> <p>3:30 Courtyard Stroll</p> <p>6:00 Community Wide-Mello Manicures</p>	<p>Chili Dog Day 30</p> <p>10:00 Encouragement Time [AR]</p> <p>10:30 B-Fit with Aneesh</p> <p>10:30 Elvis Has Entered the Building Day</p> <p>11:00 Deacon Joe Inspiration</p> <p>2:00 Haven Outing</p> <p>3:30 Nature Walk</p> <p>6:00 Community Wide (Jigsaw Puzzle Night)</p>	<p>10:00 Catholic Services -Virtual 31</p> <p>10:30 Stretch Those Quads</p> <p>11:00 Recollection Road</p> <p>11:00 🌿 Show Your True Colors Day</p> <p>2:00 Friday Soire'e</p> <p>2:30 Parachute Fun</p> <p>3:30 Fresh Air</p> <p>6:00 Community Wide (Movie Matinee)</p>	<p>SHINE An Exclusive Memory Care Program By Discovery Senior Living</p>