

# January 2026

## Independent Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
	<p><b>Location Keys</b></p> <p>3rd Floor Common Area Activity Room Dining Room In Room</p> <p>3rd F      Library AR      Lounge DR      Outing IR      Outside</p> <p>LB      L O      Outside</p>	<p><b>TerraBella</b></p>	<p><b>New Year's Day</b></p> <p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 11:00 🎤 Hayes Barton Church Telecast 1:00 Word Search 1:30 🎲 Bingo with Bill 2:30 🎰 Poker 3:30 🚶 Walking and Fun Fitness [Outside] 3:45 Jigsaw Puzzle Club [LB] 5:00 🎁 Pick up Sunday Night Snack 5:30 🎁 After Dinner Social [LB]</p>	<p>1</p> <p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 1:30 Canasta [AR] 1:30 Rummikub [3rd F] 2:00 🎤 Jerry Hicks Sings 3:00 Poker [L] 3:15 Jigsaw Puzzle Club [LB] 5:30 🎁 After Dinner Social [LB]</p>	<p>2</p> <p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 10:00 🎁 Check Your New Bingo Numbers [IR] 10:30 🚶 Walking to Stay Fit [Outside] 1:30 🎁 Canasta [AR] 3:00 Jigsaw Puzzle Club 5:30 🎁 After Dinner Social [LB] 6:00 🎤 Saturday Night Bingo</p>	<p>3</p>						
4	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 11:00 🎤 Hayes Barton Church Telecast 1:00 Word Search 1:30 🎲 Bingo with Bill 2:30 🎰 Poker 3:30 🚶 Walking and Fun Fitness [Outside] 3:45 Jigsaw Puzzle Club [LB] 5:00 🎁 Pick up Sunday Night Snack 5:30 🎁 After Dinner Social [LB]</p>	5	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 11:00 🚶 Exercise with Janasia [DR] 1:00 🎁 Word Search 1:30 Canasta [AR] 1:30 Poker [L] 1:30 Rummikub [AR] 2:15 🎁 Friendly Trivia 5:30 🎁 After Dinner Social [LB] 6:30 🎤 Kangaroo Group Sings and Plays [DR]</p>	6	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 11:00 🚶 Exercise with Janasia [DR] 1:00 🎁 Concentration Puzzle 2:00 🎤 Devotion and Piano with Kelley [DR] 1:30 Canasta [AR] 2:30 Rummikub [3rd F] 2:30 Scrabble [DR] 3:15 🎁 Happy Hour [L] 5:30 🎁 After Dinner Social [LB]</p>	7	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 11:00 🚶 Exercise with Janasia [DR] 1:00 🎁 Concentration Puzzle 2:00 🎤 Devotion and Piano with Kelley [DR] 1:30 Canasta [AR] 2:30 Rummikub [3rd F] 2:30 Scrabble [DR] 2:45 🎤 Resident Council Meeting [DR] 5:30 🎁 After Dinner Social [LB]</p>	8	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 10:45 🚶 Let's Play Cornhole! 1:30 Birthday Party (Cupcakes and Ice Cream) [L] 1:30 Canasta [AR] 1:30 Rummikub [3rd F] 2:00 🎁 Poker [L] 3:00 Jigsaw Puzzle Club [LB] 3:15 🎁 Happy Hour [L] 5:30 🎁 After Dinner Social [LB]</p>	9	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 10:00 🎁 Let's Play Cornhole! 1:30 Birthday Party (Cupcakes and Ice Cream) [L] 1:30 Canasta [AR] 1:30 Rummikub [3rd F] 2:00 🎁 Poker [L] 3:00 Jigsaw Puzzle Club [LB] 3:15 🎁 Happy Hour [L] 5:30 🎁 After Dinner Social [LB] 6:00 🎤 Saturday Night Bingo</p>	10
11	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 11:00 🎤 Hayes Barton Church Telecast 1:00 Word Search 1:30 🎲 Bingo with Bill 2:30 🚶 Walking and Fun Fitness [Outside] 3:45 Jigsaw Puzzle Club [LB] 5:00 🎁 Pick up Sunday Night Snack 5:30 🎁 After Dinner Social [LB]</p>	12	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 11:00 🚶 Exercise with Janasia [DR] 11:00 🎁 Lunch Outing (Western Sizzlin) [O] 1:00 Word Search 1:30 Canasta [AR] 1:30 Poker [L] 1:30 Rummikub [AR] 2:15 🎁 Friendly Trivia 5:30 🎁 After Dinner Social [LB]</p>	13	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 11:00 🚶 Exercise with Janasia [DR] 1:00 🎁 Word Search 2:00 🎤 Devotion and Piano with Kelley [DR] 1:30 Canasta [AR] 2:30 Rummikub [3rd F] 3:15 🎁 Happy Hour [L] 5:30 🎁 After Dinner Social [LB]</p>	14	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 11:00 🚶 Exercise with Janasia [DR] 1:00 🎁 Word Search 2:00 🎤 Devotion and Piano with Kelley [DR] 1:30 Canasta [AR] 2:30 Rummikub [3rd F] 3:15 🎁 Happy Hour with Teresa From Amada [L] 5:30 🎁 After Dinner Social [LB]</p>	15	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 10:45 🚶 Let's Play Cornhole! 1:30 Canasta [AR] 1:30 Rummikub [3rd F] 2:00 🎤 Jerry Hicks Sings [DR] 3:00 🎁 Happy Hour with Teresa From Amada [L] 5:30 🎁 After Dinner Social [LB] 6:00 🎤 Game Night [AR]</p>	16	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 10:00 🎁 Check Your New Bingo Numbers [IR] 10:30 🚶 Walking to Stay Fit [Outside] 1:30 Canasta [AR] 3:00 Jigsaw Puzzle Club [LB] 5:30 🎁 After Dinner Social [LB] 6:00 🎤 Saturday Night Bingo</p>	17
18	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 11:00 🎤 Hayes Barton Church Telecast 1:00 Word Search 1:30 🎲 Bingo with Bill 3:30 🚶 Walking and Fun Fitness [Outside] 3:45 Jigsaw Puzzle Club [LB] 5:00 🎁 Pick up Sunday Night Snack 5:30 🎁 After Dinner Social [LB]</p>	19	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 11:00 🚶 Exercise with Janasia [DR] 11:00 I have a Dream Word Search 1:30 Canasta [AR] 1:30 Poker [L] 1:30 Rummikub [AR] 2:15 🎁 Friendly Trivia 3:15 🎁 Martin Luther King Cross word Puzzle 5:30 🎁 After Dinner Social [LB]</p>	20	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 10:30 🎤 David Swartz Sing-a Long 11:00 🚶 Exercise with Janasia [DR] 1:00 🎁 Concentration Puzzle 2:00 🎤 Devotion and Piano with Kelley [DR] 1:30 Canasta [AR] 2:30 Rummikub [3rd F] 3:15 🎁 Popcorn with Brenda Happy Hour [L] 5:30 🎁 After Dinner Social [LB]</p>	21	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 10:30 🎤 David Swartz Sing-a Long 11:00 🚶 Exercise with Janasia [DR] 1:00 🎁 Concentration Puzzle 2:00 🎤 Devotion and Piano with Kelley [DR] 1:30 Canasta [AR] 2:30 Rummikub [3rd F] 3:15 🎁 Popcorn with Brenda Happy Hour [L] 5:30 🎁 After Dinner Social [LB]</p>	22	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 10:00 🎤 Music Therapy with Meredith 1:30 Canasta [AR] 1:30 Rummikub [3rd F] 2:30 🚶 Let's Play Cornhole! 1:30 🚶 Emmy's Fun Fitness [DR] 2:00 🎁 Poker [L] 3:15 🎁 Happy Hour with Harold [L] 5:30 🎁 After Dinner Social [LB]</p>	23	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 10:00 🎁 Check Your New Bingo Numbers [IR] 10:30 🚶 Walking to Stay Fit [Outside] 1:30 Canasta [AR] 3:00 Jigsaw Puzzle Club [LB] 5:30 🎁 After Dinner Social [LB] 6:00 🎤 Saturday Night Bingo</p>	24
25	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 11:00 🎤 Hayes Barton Church Telecast 1:00 Word Search 1:30 🎲 Bingo with Bill 3:30 🚶 Walking and Fun Fitness [Outside] 3:45 Jigsaw Puzzle Club [LB] 5:00 🎁 Pick up Sunday Night Snack 5:30 🎁 After Dinner Social [LB]</p>	26	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 11:00 🚶 Exercise with Janasia [DR] 1:30 Canasta [AR] 1:30 Poker [L] 1:30 Rummikub [AR] 2:15 🎁 Friendly Trivia 5:30 🎁 After Dinner Social [LB]</p>	27	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 11:00 🚶 Exercise with Janasia [DR] 1:00 🎁 Concentration Puzzle 2:00 🎤 Devotion and Piano with Kelley [DR] 1:30 Canasta [AR] 2:30 Rummikub [3rd F] 3:15 🎁 Happy Hour [L] 5:30 🎁 After Dinner Social [LB]</p>	28	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 8:45 🎤 Beauty Shop with Sandra 9:00 🚶 Morning Walk! 11:00 🚶 Exercise with Janasia [DR] 1:00 🎁 Concentration Puzzle 2:00 🎤 Devotion and Piano with Kelley [DR] 1:30 Canasta [AR] 2:30 Rummikub [3rd F] 3:15 🎁 Happy Hour [L] 5:30 🎁 After Dinner Social [LB]</p>	29	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 10:45 🚶 Let's Play Cornhole! 1:30 Canasta [AR] 1:30 Rummikub [3rd F] 2:00 🎁 Poker [L] 3:15 🎁 Jigsaw Puzzle Club [LB] 5:30 🎁 After Dinner Social [LB]</p>	30	<p>8:00 🍞 Breakfast and Daily Chronicle [IR] 9:00 🚶 Morning Walk! 10:00 🎁 Check Your New Bingo Numbers [IR] 10:30 🚶 Walking to Stay Fit [Outside] 1:30 Canasta [AR] 3:00 Jigsaw Puzzle Club [LB] 5:00 Spirit Day! (Don't Forget To Wear Your Favorite Sport Paraphernalia) 5:30 🎁 After Dinner Social [LB] 6:00 🎤 Saturday Night Bingo</p>	31