



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|--|--|--|
|  |  | “Yesterday was not your defining moment. The calendar moved forward; why not you?” — Dr. Steve Maraboli | 1730 Parkwood Blvd W. Wilson, NC 27893 (252) 237-9050 | New Year's Day 9:30 🌿 Morning Circle 11:00 💅 Manicures with Rose 11:30 🕒 The Daily Chronicle 1:30 🗑️ Throwback Thursday New Year's Day Social 3:00 🌿 Artful Creations 4:00 🕒 1:1 Visits 6:00 🕒 Aromatherapy | 9:30 🌿 Morning Gathering with Friends 10:30 🗑️ Fun Fitness with Fox 11:00 🗑️ Lunch Outing to Western Sizzlin [O] 11:30 🕒 The Daily Chronicle 2:00 🌿 Fabulous Friday's Happy Hour 4:00 🕒 "The Andy Griffith Show" TV Show 6:00 🕒 Hand Massages | 9:00 🌿 Chair Aerobics 10:00 🌿 Saturday Morning Inspiration 11:30 🕒 The Daily Chronicle 2:00 🗑️ Snack & Chat 3:00 🌿 Reminiscing Corner [AR] 4:00 🌿 Fancy Artwork 6:00 🌿 Soothing Sounds |
| 9:30 Sunday Devotion's with Melba 10:30 🗑️ Morning Stretch 11:30 🕒 The Daily Chronicle 2:00 Hydration And Snacks 3:00 🗑️ Engagement Boxes 4:00 🕒 Spiritual Meditation 6:00 🗑️ Calming Music | 9:30 🗑️ Morning Gathering 10:30 Music Therapy with Amanda [AR] 11:30 🕒 The Daily Chronicle 2:00 Afternoon Snack & Chat 3:00 🗑️ Sing-Along 4:00 🕒 Chicken Soup For The Soul Short Stories 6:00 1:1 Back Down Memory Lane Visits | 9:15 Morning Chat & That 10:15 Roll That Workout 11:30 🕒 The Daily Chronicle 2:00 🌿 Spintopia/ Wheel of Fortune 4:00 The Reminiscence Circle 6:00 🌿 Calming Lights & Nature Sounds | 9:00 Beauty Shop by Appointment 10:30 Devotional Music with Dave Schwartz 11:30 🕒 The Daily Chronicle 1:30 🗑️ Exercise with Emmy 2:15 🌿 Bingo 4:00 🌿 Finish the Phrase 6:00 🌿 Short Stories Reading | 9:30 🌿 Morning Circle 10:30 Winter Pictures 11:00 Manicures with Rose 11:30 🕒 The Daily Chronicle 2:00 🗑️ Prayer Partner Ministry 3:00 🌿 Artful Creations 4:00 1:1 Visits 6:00 🕒 Aromatherapy | 9:30 🌿 Morning Gathering with Friends 10:30 Crafty Corners Snow Globe Craft 10:30 🗑️ Fun Fitness with Fox 11:30 🕒 The Daily Chronicle 2:00 🌿 Fabulous Friday's Happy Hour 4:00 "The Andy Griffith Show" TV Show 6:00 🕒 Hand Massages | 9:00 🌿 Chair Aerobics 10:00 🌿 Saturday Morning Inspiration 11:30 🕒 The Daily Chronicle 2:00 🗑️ Snack & Chat 3:00 🌿 Reminiscing Corner [AR] 4:00 🌿 Fancy Artwork 6:00 🌿 Soothing Sounds |
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